

Fruit crops in Cuba.
Some were familiar, some were new.





Guava



Barbados
cherry

Mango

Papaya

Pineapple

Cashew
Anacardium occidentale



A cashew nut develops atop a swollen receptacle.



The swollen receptacle is also edible and is called a cashew apple. It can be yellow, orange or red.



We were given the chance to sample a cashew apple at one of the farms.

It is very juicy and a bit astringent.



Hannah

Grace was
not a big fan.



Soursop
Annona muricata



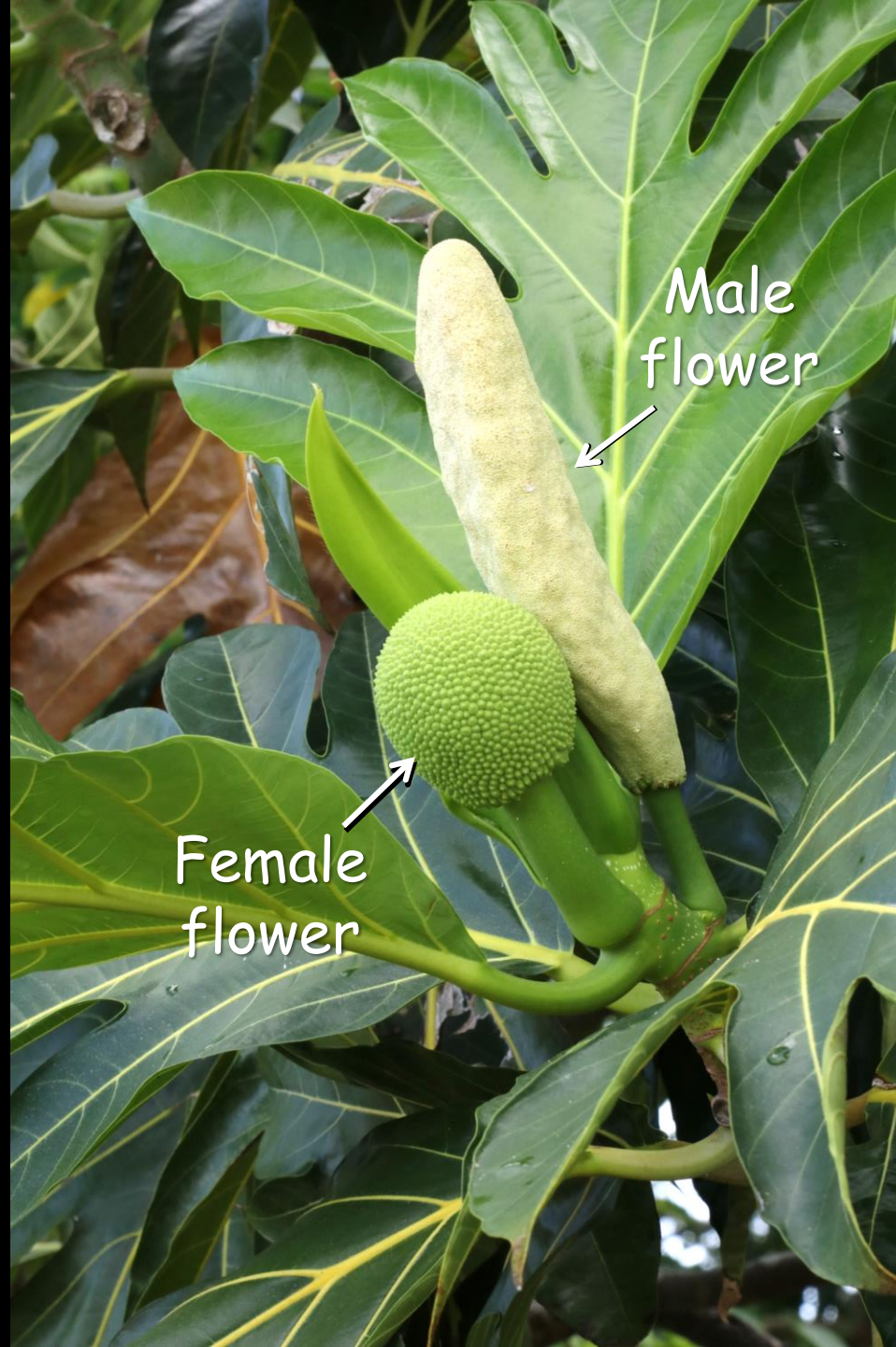
Soursop is called guanábana and is eaten fresh or used to make smoothies.



Breadfruit
Artocarpus altilis



Breadfruit is in the mulberry family with male and female flowers on the same plant.



Male
flower

Female
flower

Papaya
Carica papaya



Papaya field
intercropped
with pepper.



Papaya produces three types of flowers. Male, female and perfect flowers on the same plant.

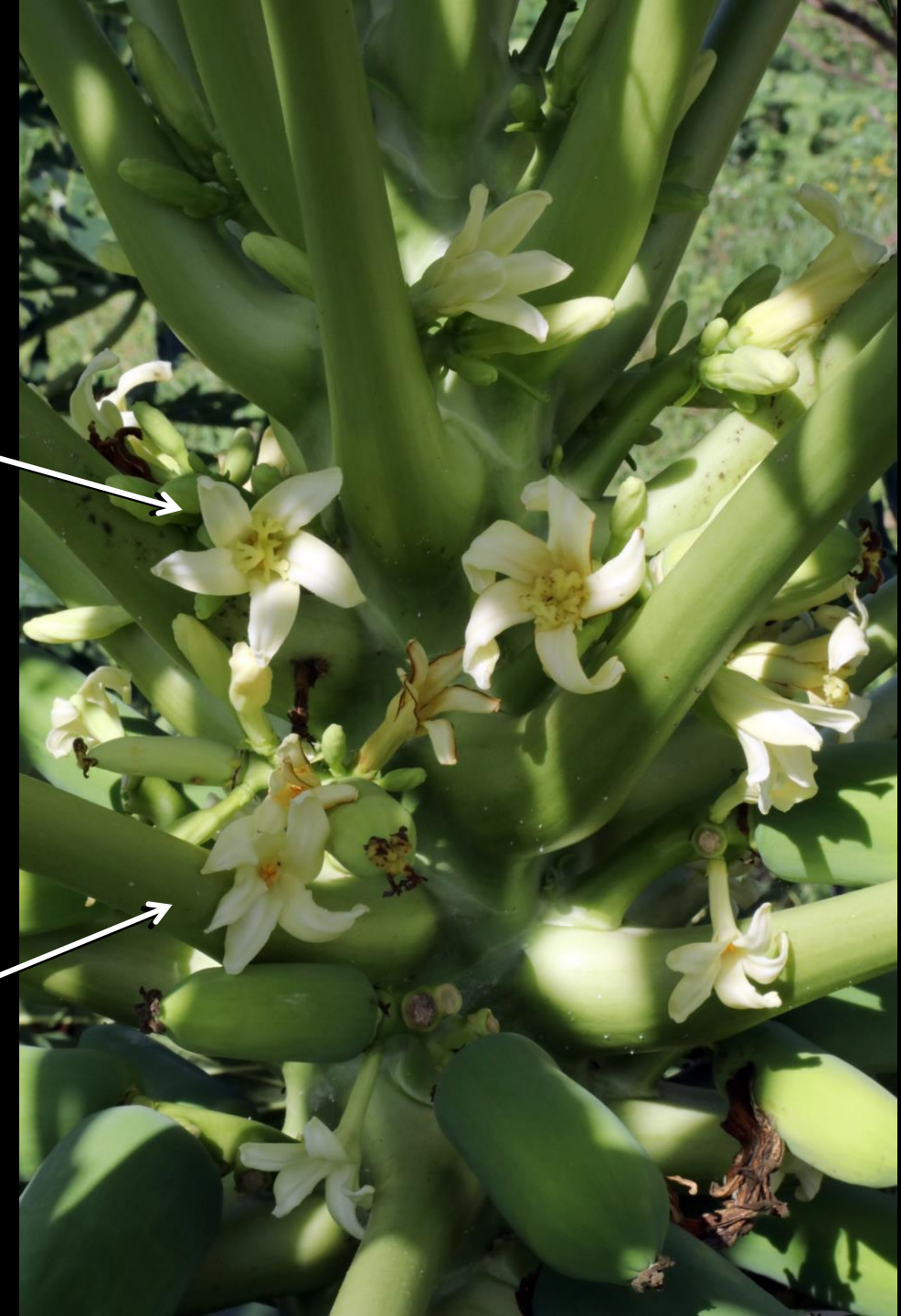


Female flower

Male flowers



Hermaphroditic flower



Cocoplum
Chrysobalanus icaco

Cocoplum fruit and seeds are edible.
The fruit is made into a jam.



Coccinia grandis
Scarlet gourd

Ivy gourd is a member of the cucumber family from Asia and Africa. The young shoots and fruit are edible.



Coconut palm
Cocos nucifera



Coconut palm
Cocos nucifera



Elena



Hannah

Coconuts for everyone



Barbados cherry
Malpighia emarginata



Mango (*Mangifera indica*) was a very common fruit in Cuba.



Banana and plantains (*Musa x paradisiaca*)



Banana and plantains
Musa x paradisiaca
Lady Finger type



Banana and plantains
Musa x paradisiaca
Saba type



Red mamey
Pouteria sapota



Red mamey (*Pouteria sapote*) has an orange red flesh and was grown on most farms we visited.



Red mamey is often confused with mamey de Santo Domingo (*Mammea americana*) because they share common names and a similar fruit shape. We saw it sold at several markets.



Common guava
Psidium guajava



Tamarind
Tamarindus indica

