The Republic of the Union of Myanmar Ministry of Environmental Conservation and Forestry Forest Department



Study on Distribution and Medicinal Values of Wild Orchids in Matu Pe Township, Southern Chin State



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# ချင်းပြည်နယ် တောင်ပိုင်း မတူပီမြို့နယ်အတွင်းရှိ သစ်ခွမျိုးစိတ်များပျံနှံ့ပေါက်ရောက်ပုံနှင့် ဆေးဖက်အသုံးဝင်ပုံများကိုလေ့လာခြင်း

မြင်မြင့်စန်း၊ လက်ထောက်သုတေသနအရာရှိ နွေးမွန်မွန်အောင်၊ တောအုပ်ကြီး ထိုက်စံစိုး၊ တောအုပ်ကြီး ယွန်းမီမီကျော်၊ သုတေသနလက်ထောက်- ၃ သစ်တောသုတေသနဌာန

ချင်းပြည်နယ်၊မတူပီမြို့နယ်အတွင်းရှိ နေရာ(၃)နေရာမှ စုစုပေါင်းမျိုးစု(၁၇)မျိုး၊ မျိုးစိတ် (၅၃)မျိုးတို့ကိုစုဆောင်းခဲ့ပါသည်။ ၄င်းတို့အနက် မျိုးစိတ်(၃၂)မျိုးမှာ ဆေးဖက် အသုံးဝင်ကြောင်း တွေ့ရှိရ ပါသည်။ တိမ်းဆီးကျေးရွာမှ မျိုးစိတ်အများဆုံး စုဆောင်း ရရှိပြီး အများဆုံး မျိုးစိတ်မှာ Dendrobium ဖြစ်ပါသည်။ ထို့အပြင် ဒေသခံများ အသုံးပြုသော ဆေးဖက်ဝင် သစ်ခွမျိုးစိတ်အချို့နှင့် ထိန်းသိမ်း ကာကွယ်ရန် လိုအပ်ပုံများကို လေ့လာ တင်ပြထားပါသည်။

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#### Abstract

A total of 53 plant species, belonging to 19 genera were observed in study areas. Among then, (32) species have medicinal value. The largest number of species is *Dendrobium* species and most of the species were collected from near the forest of Taine Si village. Moreover, some of the medicinal orchid species were using by the local people and, needed for conservation statues are presented in this paper.

Key Words: orchid species, medicinal uses, conservation

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#### Study on Distribution and Medicinal values of Wild Orchids in Matu Pe Township, Southern Chin State

#### 1. Introduction

Orchidaceae is one of the largest families of flowering plants in the world. They comprise somewhere between 18,000 and 25, 000 different species. Orchids are distributed all over the world and grow in nearly every habitat, ranging from tropical rainforest to semi- desert, temperate, grassland and arctic tundra. However, by far the largest concentration is found in the tropics, particularly in mountainous regions. Myanmar is still endowed with diverse forest resources. Although a recent revision of all flowering of Myanmar lists 11,800 species in 273 families (Kress et al. 2003) and current estimates range from 13,000- 15,000. Plant families which are particularly diverse are Orchidaceae, Zingiberaceae and Dipterocarpaceae.

. According to (Kress et al. 2003), 841 orchid species in Myanmar but about 800 orchid species and 150 genera are currently known in Myanmar (H. Kurzweil &Saw Lwin, 2014). They are important aesthetically, medicinally and also regarded as ecological indicators (Joshi et al., 2009). Several orchid species are cultivated for their various economic uses especially in floriculture. Orchids are grown primarily as ornamentals and are valued as cut flowers because of their exotic beauty and their long lasting blooming period (Hew et al., 1997). Though orchids are grown primarily as ornamentals, many are used as herbal medicines, food, and other cultural value by many different cultures and tribes in the different parts of world (Rao,1999) Though large population of orchid is still confined in their natural habitat, in many parts of the world their number is decreasing due to their high demand and population pressure. Many orchid species are threatened due to their habitat destruction and indiscriminate collection. At present, the orchids also figure prominently in the Red Data Book prepared by International Union for Conservation of Nature (IUCN). In fact, the entire family is now included in Appendix-II of Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES), where the international trade is strictly controlled and monitored.

Historically, Chin people inhabit the area near the forest, forest patches, and forest boundary, and they are more concentrated on the rural hilly areas. Orchids which are getting lost or becoming less available because of habitat destruction and deforestation. Population growth, lack of conservation knowledge etc. or new generation do not care for it through affected by the modernization are also effect on orchids destruction. Economic point of view, illegal collection and selling of wild orchids by domestic, along with increasing consumer demand for orchids and most of the orchid species are endangered in their native habitats.

Therefore, there is urgently needed to prevent deforestation, habitat destruction and indiscriminate collection by orchid's lovers and exploitation by traders. The distribution of the orchids species with in township boundary are important as well as study on uses and medicinal value of orchids are required for documentation.. Hence, this study consists of two major components; (1) collection, identification and distribution of wild orchids and, (2) uses of some orchid species as medicine in Matupe township of Southern Chin State.

#### 2. Objectives

The objectives of the study are:

- To collect, identify and document the wild orchid species as permanent specimen for herbarium
- To study the distribution of orchid species and the information on uses and medicinal value of orchid species

#### **3.** Literature review

The history of orchids might start with their uses in the medicinal purpose. Chinese were the first to cultivate and describe orchids (Li H *et al.*, 1996). These plants first received recognition in the herbal writings of China and Japan 3,000 to 4,000 years ago, and they were the first to describe orchids for medicinal use (V. Balasubramaniam, and M. Murugesan, 2004).

Orchids are long known for their medicinal value. It is believed that the Chinese were the first to cultivate, describe and use orchids as early as 200 BC( Rao, A. 2000).

According to the report of J.T.Atwood,(1986), medicinal orchids belong mainly to genera: Anoctochilus, Bletilla, Calanthe, Coelogyne, Cymbidium, Cypipedium, Dendrobium, Ephemerantha, Eri9, Galeola, Gastrodia, Gymnadenia, Habenaria, Ludisia, Luisia, Nevilia and Thunia.

In India, the Ayurvedic medicinal system uses formulations based on orchid species. Ashtavarga, a group of eight medicinal plants includes four orchid ingredients, namely Habenaria edgeworthii Hook.f. ex Collet, H. intermedia, Malaxis acuminata D. Don, and M. muscifera (Rao, A. 1999). Encyclia citrina, used by natives on infected wounds was described in the earliest literature. Laelia autumnal is for coughs; Stanhopea hernandezii for sunstroke; Arpophyllum spicatum, Bletia catenulate and Epidendrum pastoris for dysentery. Different species of Cypripedium were used in North America by different ethnic groups for its sedative and antispasmodic properties and to counter insomnia and nervous tension (Wilson, 2007). In North America, species collected for medicinal purposes include Cypripedium acaule, C. reginae, C. candidum and C. parvifolium (Rao, A. (1997).

Similarly, use of orchids in America also has a long history. In Mexico, Vanilla has been used since ancient time to add aroma and flavor cocoa. In America, *Vanilla planifolia* was used as useful herb for the treatment of hysteria, fevers, impotence, and rheumatism and to increase the energy of muscular systems since 15th century.

Wild orchids in Nepal have been used extensively as traditional medicines to treat a wide range of ailments of the central nervous system, endocrine system, gastrointestinal tract, reproductive system, respiratory system and infectious disorders.( Abishkar Subedi and Bimal Kunwar, 2002)

The first comprehensive account of orchids of Myanmar was published by Captain Bartle Grant in 1895, in which he listed about 500species in 78 genera (Grant),1895).

In Mt. Popa, local practitioners use the underground parts of various ground orchids such as *Eulophia, Habenaria and Geodorum* species but many people in Shan State believe that consuming the underground organs of *Geodorum* increase life expectancy. Moreover, in many parts of the country dried stem of *Dendrobium* species are also used for medicine such as, retard the growth of cancer, improve the immune system of the human body, enhance blood flow and strengthen the body's resistance.

And also, Kachin people are used the pseudobulb of *Cymbidium aloifoium*, to cure stomach ache, dysentery and earache for traditional medicine. Indigenous people believe that underground leaves and other parts of *Cymbidium aloifoium* plants wrapped around a fractured bone will facilitate healing. Woman in the Ayryarwady Delta and in Taninthayi Region are still using the pseudobulbs of some species of *Bulbophyllum* to make shampoo. They believe that natural shampoo can enhance the growth and colour of hair and also kill dandruff.( Hubert Kurzweil and Saw Lwin, 2014)

#### 4. Materials & Methods

The intensive field survey works were carried out during the period October 2014-June 2015 covering all the seasons of the year in 4 locations of Mindut district of Matupe Township, including around the Tain Si village, Hte Sound village, 10 miles of Matupe - Palat Wa Road side, and forest areas, along the stream of Le - Myo river. Collected Orchid specimens were made into standard mounted herbarium sheets following the procedure. The authors have done photographs and sketch of available orchid species of the site with the region.

The relevant data from the field notebooks were then transferred to the labels of the herbarium sheets and recorded in the computer. Normally, each specimen per species in flowering or fruiting stage was collected and life form photographs were prepared. But since some specimens have not flower or fruit at the time of collection, we have to cultivate in FRI medicinal garden. The specimens were identified, described and nomenclature checked with the help of the relevant literatures and matched, and all the voucher specimens have been deposited at the herbarium of Botany Section, Forest Research Institute, Yezin. All the species were arranged systematically with botanical names, habitat, local distribution and flowering month.

#### 4.1. Profile of the study area

#### 4.1.1. Location

Matupe Township is lies between  $28^{\circ}53'24'' - 31^{\circ}27'50''$  N latitudes and  $77^{\circ}34'27'' - 81^{\circ}02'22''$  E longitudes, (Figure 1) making up an area of 894.52sq.miles.It is situated along the Min dut– Matupe– Hakha road . About 12800 acre of Matupe Township is including in the Nama Taung National Park. Elevation ranges from 1283 meter to over 2606 meter above sea level. The climate of Matupe Township, relatively cool and humid compared to the rest township with in Minduct District. Except for inner dry ranges, much of the township receives high precipitation during the months of May to November and cold season is during the months of November to February. At higher altitudes (>7900 feet asl.),it is a hot dry season with temperatures up to 30°C.

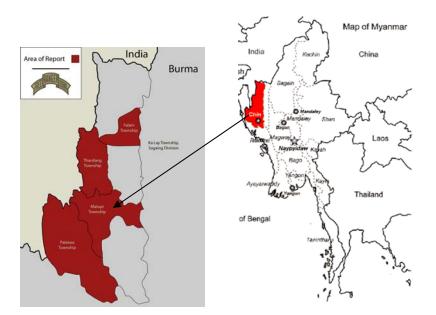


Figure1. Location of Map

#### 4.1.2 Vegetation

The forest types mostly are found upper mix deciduous forests, Inding forest, dry forest and hill evergreen forest. The dominant forest species are growing about *Tectona grandis*, *Pterocarpus macrocarpus, Shorea obtusa, Shorea siamensis, Dipterocarpus tuberculatus, Terminalia tomentosa, Chukrasia tabularis, Gmelina arborea,Duabanga grandiflora, Vitex quilata, lagerstroemia speciosa, Lagerstroemia villosa, Acacia catechu, Mitragyna Diversifolia/ rotundifolia, Adina cordifolia.* In the hill evergreen forest Pinus spp, *Rhododendron arboretum, Qurcus , Qurcus samisarrata and Chima wallichii* are found.

Moreover, most of the bamboo species such as *Dendrocalamus membranaceus*, *Dendrocalamus stritatus* and *Cephalostachyum pergracile* are growing everywhere but *Melocanna arundina* is a few. The total forest area of the township is approximately 56.89% of the total geo-graphical area.

#### 5. Result & Discussion

#### **5.1 Species analysis**

During recent field studies in the Matupe Township, 17 genera with 53 Orchid species diversity and distribution have been recorded from the four locations. Of them, 4 species with 3

genera are terrestrial and the rest 38 species with 17 genera are epiphytic.(Figure 2.) The numbers of epiphytic are greater than terrestrial species. The total numbers of recorded species of each genus are 1 *Ascocentrum* pp., 6 *Bulbophyllum* spp., 5 *Coelogyne* spp., 3 *Cymbidium* spp., 18 *Dendrobium* spp., 4 *Eria* spp., 1 *Malaxis* spp., 3 *Oberonia* spp., 1 *Otochilus* spp., 1 *Pleione* spp., 2 *Pholidota* spp., 1 *Propaxs* spp., 1 *Rhynchostylis* spp., 1 *Sunipia* spp., 2 *Thunia* spp., 1 *Paphiopedilum* spp and 2 *Vanda* spp., are found wildly distributed in the region (Annex .1).

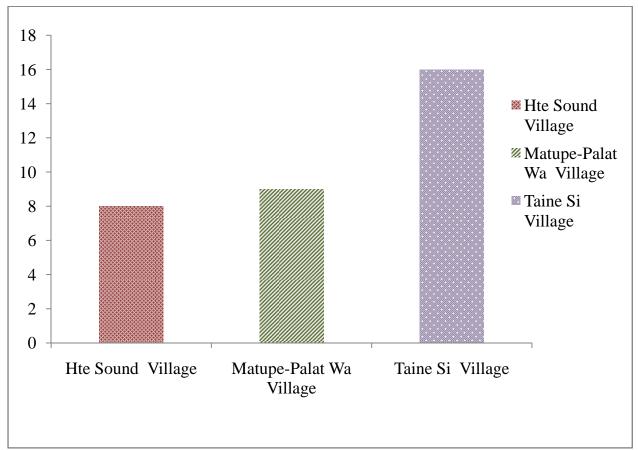


Figure 2. Growth form of orchid genera

Terrestrial Orchid species like *Malaxis biaurita* frequently found in marshy habitat. Epiphytic Orchid species like *Dendrobium, Eria* and *Bulbophyllum* found highest number of species diversity and wide distribution throughout the Matupe Township. Some attractive Orchid species in the regions which include *Ascocentrum ampullaceum, , Bulbophyllum odoratissum Cymbidium ensifolium, Cymbidium aloifolium Coelogyne stricta, Dendrobium aphyllum, D. laterale, D. pulchellum, vanda denisoniana, Rhynchostylis retusa* etc. Following Orchid species are rare and high risk of threat in the regions are *Bulbophyllum spathulatum, Paphiopedilum*  villosum,, Cymbidium ensifolium, Dendrobium crystallinum, Dendrobium laterale, Dendrobium gregulus, Dendrobium dickasonii, Dendrobium incurvum and Pleione procax.

#### **5.2 Species Collection**

Firstly, our collection team collected near the forest of Hte Sound village and along the road side of BonTala Water fall on October, 2014. Hte Sound village is situated 1332m above sea level of plain between the mountain and rocky mass on land. It is far from 3 miles of Bon-Tala Water fall.

The road is narrow and the other side is chasm in through out the waterfall. Some places are found not only with open forest but also with close forest. Normally grown undergrowth of the forest are fern species, *Begonia* species, *Plantago major*, *Zingiber* spp, others and also small and medium size tree species of *Taramix* spp: *Schima* spp; , *Michelia chempaca*, *Gmelina arborea*, *Taxus* spp; *Cinnamomum* spp; are growing. Totally about about 8 genera 17 orchid species collected such as ten *Dendrobium* species, each species of *Coelogyne*, *Cymbidium*, *Bulbophyllum*, *Oberonia*, *Eira*, *Thunia* and *Vanda* spp.(Figure. 3)

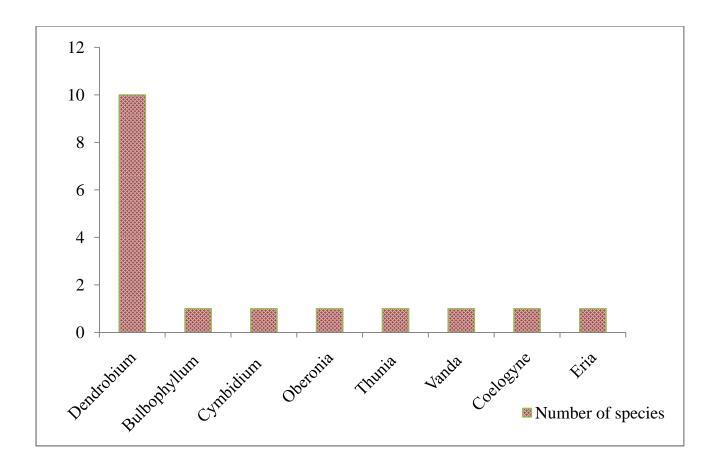


Figure 3. Species list of Hte Sound village

Secondly, on February, 2015, we collected at two locations such as from 5 miles to 10 miles of Matu pe - Palat Wa Road side & forest areas, and along the Lae Myo river side. The elevation of 5 miles to 10 miles of Matu pe - Pala Wa Road side & forest areas is between 768m to 1753m above sea level. The season is cool but some of the orchid species are dried. We found the road sides of 5 miles to 6miles has abyss and on the other hand dwarf of trees. From 7miles to 10 miles both side has evergreen forest and canopy is close. Most of the species are found *Rhododendron* species, *Listea* species, Moema Kha species and others. But the road construction is preparing at this area. About 19 orchid species were collected such as, eleven *Dendrobium* species, two species of *Coelogyne, Pholidota, and each are Oberonia, Eira* and *Bulbophyllum, Paphiodilum* in that area. (Figure 4)

Along the Lae Myo river side is 764m above sea level and it is across by the iron bridge. About 6 orchid species such as of *Otochilus, Bulbophyllum, Eira, Dendrobium*, *Rhynostylis,* and *Oberonia* were collected. Totally about 9 genera, 25 species collected from two locations.

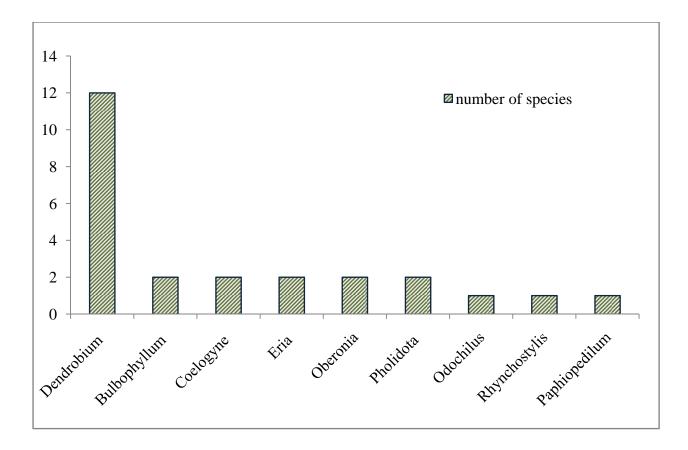


Figure 4. Species list of Matu pe- PalatWa Road & Lae – Myo River

The last collection started on June, 2015. Taine Si village is situated at a mountain peak, of the Matupe- Haka road, 1771m above sea level. It is about 30miles away from Matupe and within the forest. We collected about 16 genera, 25 species at along the road side of Gant-Gaw – Maran Si and Matupe – Haka road within 13 mile of stretch. There are 4 species of *Dendrobium*, 3 species of *Bulbophyllum*, 2 species each of *Eira*, , *Coelogyne*, *Cymbidium*, *Pholidota*, *Thunia* and one species each of *Rhynostylis*, *Ascocentrum*, *Pleione*, *Oberonia*, *Malaxis*, *Sunipia*, *Otochilus*, *propax* and *Vanda* were collected. The beautiful orchid of *Renanthera* species are also found in the area of township. (Figure.5)

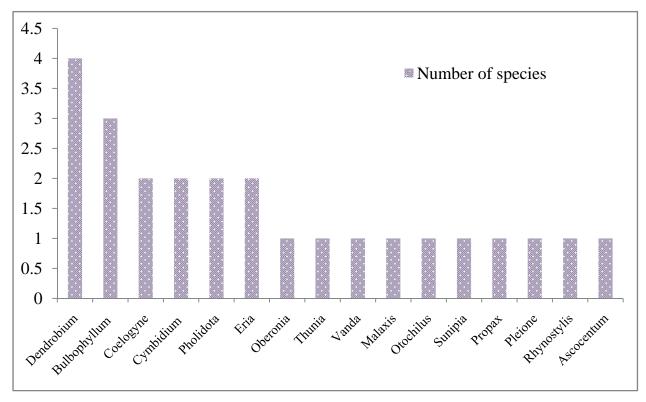


Figure 5. Species list of Taine Si VAllage

It is found that three (or) four orchid species are growing together on the tree trunk, which is very well ecosystem. At new road construction site, some trees are felled and have done logging along the road side. It we found that many of orchid species are still attach on the felled tree trunk. That is why orchid resources disappear gradually. Although it has very large amount of orchid species, now, *Dendrobium laterale* (Ni lone) is difficult to find this year trip. Because of, the villager said that bulb of (Ni lone) is very expensive and its great demand from aboard. The fresh bulb is 60,000 kyat/ viss and the dried bulb is 100,000 kyat/ viss. Moreover, *Dendrobium incurvum* and *Dendrobium gregulus* are also at high market value when author survey in the market.

#### 5.3 Medicinal uses

Orchids are well known not only for their ornamental value, but also for their uses in herbal medicine. The author got the limited information from middlemen, local traders and district forest officials on medicinal values of orchids regarding their therapeutic properties. In Taine Si village about 10 % of (women) reported to use that certain species of orchids are medicinal uses such as tubers of *Dendrobium gregulus* and *Dendrobium laterale* are used for shampoo and tooth past, pseudo- bulb of *Malaxis biaurita* is used in tonic preparation, and bulb of *Pholidota imbrecata* is used for rheumatic swelling, the fibers of *Thunia alba* is used for crack of heel, paste of the bulb of *Coelogyne prolifera* is consumed against headaches, fever and paste applied externally over burnt skin.

In Hte Sound village, they do not use for medicine but there are market opportunity for the commercial sale of medicinal orchids. It is found that some other species such as *Renanthera*, *Dendrobium*, *Rhynchostylis.*, *Sunipia.*, *Thunia*, *Paphiopedilum* and *Vanda*., have ornamental value.

#### 5.4 Collection & Trade

Medicinal orchids were usually harvested during the period from December up to April. For floriculture, the collection period was found to be throughout the year depending on the availability of flowering individuals. Collection of wild orchids usually started once a purchase order was received from middlemen. These persons usually stayed nearby orchid collection sites throughout the collection period. Sometimes, the collectors received advance payments. The middlemen usually came from distant districts or even from abroad. They provided printed photographs of desired species or small samples of life orchids and asked collectors to collect similar-looking plants. Most collectors have to spend an average of 5-6 hour per day in the forest for collection of orchids.

#### 6. Conclusion and Recommendations

The major threat to orchid flora in the Matupe Township is due to new road construction, deforestation, through burning and felling of forest trees, shifting cultivation practices employed by tribes. And also activities of tribal for the collection of forest produce are additional threats to the orchid flora. In case of epiphytic orchids, the losses of host tree species and bound to result in the elimination of such orchids. Certain orchid flowers have global market value and there are cases of smuggling them out into other countries. Local people should be trained for restoration of native species of orchids by both natural and artificial methods of cultivation.

The diversity of orchid within Matupe Township is so large that there are terrestrial, epiphytic and saprophytic orchids. The local people have done over collection of many medicinal orchid species from this region. Illegal collection and selling of wild orchids in domestic market are increasing due to consumer demand for orchids. Most of the orchid species are endangered in their native habitats. There is also urgently need to prevent deforestation, habitat destruction and indiscriminate collection by orchids lovers and exploitation by trade man. Extensive research is necessary to be able to find out native orchid species of that region for their medicinal uses. Due to their small population size and restricted distribution, intensive care and habitat management is highly recommended. Very little effort has been made to cultivate the medicinal orchids for commercial scale. The species which has reached the threatened category because of the human activities can survive only with human support.

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No	Scientific Name	Myanmar Name	Locality	Altitude	Remarks
1.	Ascocentrum	Nga-letma	Taine Si	1770m	Specimum,cu
	ampullaceum			1432 m	ltivated
2.	Dendrobium	Pa Zum	1 1		Specimum
	incurvum		6 miles		
2	D 1 11		Taine si	1770m	
3.	Dendrobium	Taung Ngew Tu	Matupi-palatwa –	1550m	Specimum
	infundibulum		7miles, Hte Sound	1201m	Cultivated
			nie Soulia	120111	Cultivated
4.	Dendrobium	Ta -khun -lone -	Matupi-palatwa –	1550m	Cultivated
	densiflora	shwe	7miles		
	5		Hte Sound	1300m	
5.	Dendrobium	Khayang- young -	Matupi-palatwa –	1432 m	specium
	parishii	lwin -pyin	6 miles,		Cultivated
			Hte Sound	1332m	
		IZ :		1740	<u>с</u>
6.	Dendrobium	Kein- na- ya	Matupi-palatwa –	1740 m	Specimum Cultivated
	longicornu		8miles, Hte Sound	1204m	Cultivated
			The Sound	1204111	
7.	Dendrobium	Shwe- war- ga- lay	Matupi-palatwa –	1432m	Cultivated
	dixanthum		6 miles,		
			Hte Sound	1103m	
8.	Dendrobium	Cho- chin thitkhwa	Taine si,	1544m	Specimum
	findlayanum		Hte Sound	1200m	Cultivated
9.	Dendrobium	Ngwe- tu	Matupi-palatwa –	1459 m	Specimum
9.	formsum	ngwe- tu	6.5miles	14 <i>39</i> III	Specifium
10.	Dendrobium	Ni lone	Matupi-palatwa –	1750m	Cultivated
10.	laterale	T (T TOHIC	9 miles	175011	Cultivatoa
11.	Dendrobium	Setkhu- pan	Matupi-palatwa –	1740 m	Cultivated
	crystallinum	1	8 miles		
12.	Dendrobium	Ganaing na- bay-	Matupi-palatwa –	788 m	Cultivated
	crepidatum	pauk	5 miles,		
			Hte Sound	1320m	
13.	Dendrobium	Maunt- hkan -war	palatwa -5.5 miles	793 m	Specimum,
	chrysotoxum		, ,	1017	cultivated
1.4		T - 4 / 1	Hte Sound	1015m	C
14.	Dendrobium	Let- tan shay	Hte Sound	900m	Specimum,
	aphyllum				cultivated

No	Scientific Name	Myanmar Name	Locality	Altitude	Remarks
15.	Dendrobium	Pan- mwe Taine Si		1765m	Cultivated
	heterocarpum	thitkhwa			
16.	Dendrobium	Sin -ma myet -	Hte Sound	1045m	Specimum,
	pulchellum	kwine			cultivated
17.	Dendrobium	Pa le Taine Si 1765m		Cultivated	
	gregulus				
18.	Dendrobium	Tha Min Ni	Taine Si	1765m	Cultivated
	dickasonii				
19.	Dendrobium	Taung -naba -pauk	Hte Sound	1200m	Cultivated
	ochreatum				
20.	Bulbophyllum	Tha zin Yat Taung	Taine Si	1765m	Specium
	taeniophyllum	( MyomGwe)			Cultivated
21.	Bulbophyllum	-	Le Myo River	910m	Cultivated
	careyanum		Bank	1	~
22.	Bulbophyllum	-	Matupe- palawa	1750m	Cultivated
	spp(green)		9mile		~ .
23.	Bulbophyllum	-	Taine Si	1765m	Specium
2.1	spp(pink)			1000	Cultivated
24.	Bulbophyllum	Thazin-pan	Hte Sound	1300m	Cultivated
25	auricomum	<b>XZ</b>	E · · ·	1770	- ·
25.	Bulbophyllum odoratissum	Yattaung-pan	Taine Si	1770m	Specimum
26.	Coelogyne nitida	Ngwe-hnin-phyu	Taine Si	1765m	Specimum
					Cultivated
27.	Coelogyne spp	Ngwe-hnin-phyu- myokhwe	Hte Sound	1163m	Cultivated
28.	Coelogyne	Ngwe-hnin-phyu-	Taine Si	1765m	Specimum
	prolifera	myokhwe			Cultivated
29.	Coelogyne stricta	Ngwe-hnin-phyu- myokhwe	Matupe- palawa 8mile	1740m	Cultivated
30.	Coelogyne cristata	Ngwe-hnin-phyu- myokhwe	Matupe- palawa 8mile	1740m	specimum
31.	Cymbidium	Thit-tet-lin-nay Taine Si 1770 m			
	aloifolium	-			Cultivated
32.	Cymbidium	Pan-thet-shay	Taine Si	1770 m	Cultivated
	ensifolium				
33.	Cymbidium spp	-	Hte Sound	1200m	Cultivated
34.	Eria pannea	Nat-tha-mee-pan- myo-khwe	Laemyo river	846m	Cultivated
35.	Eria amica	Nat-tha-mee-pan- myo-khwe	Laemyo river	843 m	specimum
36.	Eria clavicaulis	Nat-tha-mee-pan- myo-khwe	Matupe- palawa 8mile	1740m	Cultivated
37.	<i>Eria</i> spp	Nat-tha-mee-pan- myo-khwe	Matupe- palawa 8mile	1740m	Cultivated

No	Scientific Name	Myanmar Name	Locality	Altitude	Remarks
38.	Malaxis biaurita	Myay- thit-khwe-	Taine Si	1770 m	Cultivated
		myo-khwe			
39.	Oberonia	Batee sint pan -	Matupi-palatwa -9	1750 m	Cultivated
	pyrulifera	myo kywe	miles		
40.	Oberonia acaulis	Batee sint pan -	Matupi-palatwa -9	1750m	Cultivated
		myo kywe	miles,		
			Hte sound	989 m	
41.	<i>Oberonia</i> spp	Batee sint pan -	Matupi-palatwa -9	1753 m	Cultivated
		myo kywe	miles, Hte sound	1300m	
42.	Otochilus fuscus	Batee sint pan	Taine Si	1732 m	Specimum
			Le myo river	764m	
43.	Pholidota	Kwyet mee pan	Taine Si	1732 m	Specimum,
	imbricata				cultivated
44.	Pholidota	Kwyet mee pan -	Taine Si	1752 m	Specimum,
	articulata	myo kywe			cultivated
45.	Propax ustulata	-	Taine si	200 m	Specimum
					Cultivated
46.	Pleione praecox	Phar la tet	Taine si	200 m	Specimum
		thitkhwa			Cultivated
47.	Paphiopedilum	Kywe cho thit	Matupi-palatwa –	1432 m	Cultivated
	villosum	khwa	6 miles		
48.	Rhynchostylis	Kyaung mee	Lae myo river	843 m	Specimum,
	retusa	nantha			cultivated
49.	Sunipia scariosa	-	Taine si	200 m	Specimum
					cultivated
50.	Thunia alba	Kyauk thitkhwa	Taine si,	1547 m	Specimum,
			Hte sound	1160m	cultivated
<u> </u>		TZ 1 (1 1 1		1547	а ·
51.	<i>Thunia</i> spp	Kyauk thitkhwa	Taine si,	1547 m	Specimum,
50	<b>T</b> 7 1		<b></b>	1555	cultivated
52.	Vanda spp	-	Taine si	1555 m	cultivated
53.	Vanda	Thayet hte	Taine si,	1544m	cultivated
	denisoniana		Hte Sound	1320m	

# List of Medicinal Orchids

No.	Scientific Name	Part used	Uses	
1.	Bulbophyllum odoratissum	Entire plant	Powder used in treating tuberculosis, chronic inflammation and fractures.	
2.	Dendrobium densliflorum	Leaves	Increases the production of body fluids.	
3.	Dendrobium parishii	Stem	Tonic	
4.	Dendrobium longicornu	Roots,pesudobulb	Juice of stems is consumed against fever. Boiled root fed to livestock suffering from coughs.	
5.	Dendrobium dixanthum	Stem	Tonic	
6.	Dendrobium findlayanum	Stem	Tonic, arthritis	
7.	Dendrobium crystallinum	Stem	Liver Tonic	
8.	Dendrobium chrysotoxum	Stem	Tonic	
9.	Dendrobium aphyllum	Stem	Tonic	
10.	Dendrobium crepidatum	Pesudobulb	Paste is used in fracture and dislocated bone.	
11.	Dendrobium formosum	Stem	Tonic	
12.	Dendrobium heterocarpum	Pesudobulb	Paste mixed with wheat flour and applied on fractured or dislocated bones.	
13.	Dendrobium pulchellum	Stem	Tonic	
14.	Dendrobium ochreatum	Stem	Tonic	
15.	Dendrobium incurvum	Pesudobulb	Shampoo, tooth past	
16.	Dendrobium gregulus	Pesudobulb	Shampoo, tooth past	
17.	Dendrobium laterale	Pesudobulb	Shampoo, tooth past	
18.	Coelogyne nitida	Pseudobulb	Paste consumed against headaches and fever. Paste applied externally on burns.	
19.	Coelogyne fimbriata	Pseudobulb	Powder used in tonic preparation	
20.	Coelogyne prolifera	Pseudobulb	Paste consumed against headaches and fever. Paste applied externally over burns skin.	
21.	Coelogyne stricta	Pseudobulb	Paste to relieve headache and fever	
22	Coelogyne cristata	Pseudobulb	Pseudobulbs are given in constipation as also as an aphrodisiac.Juice of pseudobulbs is applied in wound and boils.Gum from pseudobulb are used for sores.	

No.	Scientific Name	Part used	Uses
23	Cymbidium aloifolium	Entire plant	Dried powder used as tonic against diarrhea. Fresh paste applied externally over fractured or dislocated bones.
24.	Cymbidium ensifolium	Rhizome, flower	Gonorrhea, eye sores
25.	Eria pannea	Entire plant	Bone ache, ague
26.	Malaxis biaurita	Pseudobulb	Tonic
27.	Pholidota imbricata	Pseudobulb	Paste consumed to relieve fever and powder as tonic
28.	Pholidota articulata	Entire plant	Paste applied on fractured bones and consumed as tonic
29.	Pleione praecox	Pseudobulb	Dried powder consumed with milk as tonic and energizer. Paste externally applied on cuts and wounds
30.	Rhynostylis retusa	Entire plant	Juice of roots applied to cuts and wounds. Leaf powder used to cure rheumatic diseases. Dried flowers as insect repellent and to induce vomiting.
31.	Thunia alba	Entire plant	Plant paste is applied to treat dislocated bones.
		Fiber	Is used for crack of heel.
32	Vanda cristata	Leaves	Tonic, expectorant