



## **Houseplant Basics**

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## Caring for your Plants

#### Majority of houseplants are from Tropical regions

- > Light
  - ➤ Light is required for photosynthesis, intensity depends upon nearness to the light source
  - > Requirements can vary between full sun, light shade, shade and deep shade
  - ➤ Maximum distance is 6 feet from a window or minimum of 5,000 lux. Southern exposure best
  - > Plants require at least 6 hours of dark in 24 hours
  - > Artificial light requires mostly blues, some reds
  - ➤ Most plants bend toward the light so turn plants occasionally for even growth



## **Temperature**

- ➤ Temperature
  - ➤ Interior plants do well between 68-75 F
  - ➤ In the winter plants enjoy a resting period when temperature, light & moisture requirements are lower



**Boston Fern** 



## Watering requirements

- ➤ Watering requirements
  - Vary from dry to very moist depending on plant
  - Best to have pots with drainage holes
  - ➤ Determine water needs by feeling soil or use moisture meter
    - > Roots are in the bottom 2/3
  - ➤ Best to water in the morning and use room temperature water
    - ➤Don団let pot sit in water



Maiden Hair Fern



### **Watering methods**

- ➤ Three types of watering methods
  - 1) **Top watering** easiest, water close to base, avoid wetting the foliage assure water goes out drain hole
  - 2) **Bottom watering** put water into bottom tray and allow soil to absorb through drainage hole
    - Can have salt accumulation so need to top water to flush every 4-6 months



Variegated Grass



## Watering methods

#### 3) Plunging

- ➤ Submerge pot in water, removes air
- ➤ Wait until bubbles stop then allow to drain

Hard water not good rainwater best or use de-mineralized water



Parlor Palm



## **Humidity**

- > Humidity
  - ➤ Affects extent to which plant transpires
  - Ways to increase humidity
    - Grouping of plants
    - Misting around plants early in the day
    - Stone and tray method
    - > Humidifiers in the house
    - Washing foliage
      - > clears pores of dust
    - ➤ Don ☐ put plants near heat registers



**Shamrock Plant** 



#### **Fertilization**

- > Fertilization
  - > 5-10-5 or 20/20/20 is good mix for house plants
  - ➤ Liquid / granules added to water / or sticks with slow release formulas
  - ➤ Best to have repeated doses of weak solution rather than infrequent strong dose
  - > Feed March September
  - Less frequently during dormant season



Devil Is Ivy





## Repotting

#### **≻**Repotting

- Necessary when roots fill the pot, every year ideal
- ➤ May need to cut roots around root ball with thin, sharp knife or unwind and cut roots that encircle
- Leave headroom to allow for watering
- ➤ Use clean pot wash in 1 part bleach / 9 parts water
  - ➤ Types of containers clay, ceramic, plastic, fiberglass, wood, aluminum, copper, etc



Coleus



## Soil

#### **≻**Soil

- ➤ Standard potting mix of sterile peat moss, vermiculite or perlite
  ➤ If soluble salts are
- ➤ If soluble salts are seen replace top soil & add fresh water until seen coming out drain hole for a few minutes



English Ivy



## **Pinching & Pruning**

- ➤ Pinching & Pruning
  - Keeps plants compact and full
  - Pinch off growing tip above leaf joint
  - Disbudding to eliminate flowering
  - Remove all spent flowers, dying leaves & dead branches







## **Propagating**

- ➤ Propagating plants depends on the individual plant variety
  - Cuttings root in water and replant
    - Nice to use rooting agent
  - Can do tip cutting or leaf cutting
  - > Crown or root division



Piggy Back Plant



## **Cultural problems**

- Cultural problems
  - ➤ No growth or leggy growth insufficient light
  - ➤ Curled leaves too much light or aphids
  - ➤ Brown leaf tips low humidity or salt build up
  - ➤ Pale leaves too little light or iron shortage

Spider Plant





## Insect problems & Diseases

- ➤Insect problems
  - Aphids, whiteflies, red spiders, mites, mealy bugs, Thrips, etc
  - Wash plants with mild soap solution first
- Diseases
  - ➤ Botrytis blight, fungus leaf rot, mildew, root rot

Fiscus tree Weeping fig





#### **Boston fern**

□ Nephrolepsis bostoniensis
□ Best in hanging basket or pot stands
□ Grows 3 □ high & 5 □ wide
□ Bright green leaves with drooping 40 □ fronds
□ Likes moist soil & humidity
□ Mist periodically important
□ Prefers being pot bound
□ Clean out old fronds and

dried leaves periodically





### Maidenhair Fern

- ☐ Adiantum aethiopicum
- ☐ Fan shaped leaflets with lacy
- look on very slender stalks
- ☐ Likes steady moisture and rich soil
- ☐ Does not tolerate dry air well likes frequent misting
- ☐ Fronds die back briefly in the winter





#### **Parlor Palm**

- ☐ Chamaedorea elegans
- ☐ Can grows up to 6 ☐tall
- ☐ Likes to stay moist
- ☐ Prefers humidity
- Mist occasionally to clean
- fronds of dust
- Needs indirect light





#### Coleus

- ☐ Coleus species
- □ Regular water
- ☐ Strong indirect light
- ☐ Likes humidity so mist
- frequently
- ☐ Colorful leaves with
- interesting foliage
- ☐ Pinch stems important to
- keep compact
- ☐ Container can be taken outdoors in the spring





## **Piggyback plant**

- ☐ Tolmiea menziesii
- □ 4 8 □ high
- ☐ Waxy, shiny dark green heart shaped leaves with scalloped edges
- ☐ Likes lots of light
- ☐ Even moisture with good drainage
- ☐ Moderate humidity so mist while cleaning foliage
- White flowers occasionally





## **Devils Ivy**

- ☐ Scindapsus pictus
- ☐ Leathery dark green leaves splashed with white or yellow
- ☐ Requires high humidity so mist
- ☐ Loves to send out long runners
- so pinch back when too long
- ☐ Used in hanging baskets
- ☐ Fun to use as wall decoration —
- adds to the □Solarium look□







## **English Ivy**

- ☐ Hedera helix
- Moderate water
- ☐ Green leaves deeply
- lobed or cleft
- ☐ Likes humidity
- ☐ Mist leaves periodically
- ☐ Good in hanging baskets
- ☐ Pinch growing tip to halt
- the length of growth





### **Peace Lily**

- ☐ Spathiphyllum maunaloa
- ☐ Broad bright green waxy leaves that come to point on slender stalks
- ☐ Likes high humidity
- ☐ Keep soil moist
- ☐ Likes extra fertilizer
- ☐ Periodic blooms of white

bract





## **Spider Plant**

- Chlorophytum comosum
- **□** 1 3 **□**tall
- ☐ Soft curved leaves
- ☐ Best in hanging baskets or elevated pot stands
- ☐ Likes light so rotate plant periodically
- ☐ Small white flowers on long stalks
- ☐ Propagation by rooting plantlets





## Weeping fig or Benjamin tree

- ☐ Fiscus benjamina
- ☐ Over 900 species with trees,
- shrubs, hanging plants, etc
- ☐ Can grow to 8☐or more
- ☐ Likes bright indirect light
- Water evenly
- ☐ Clean leaves with damp sponge
- ☐ Feed regularly
- ☐ Likes to be pot bound
- □ Drops yellowing leaves in winter





#### **Grasses**

- ☐ Many species of grasses can be brought in over the winter
- ☐ Minimal water required
- ☐ Likes light
- ☐ Container can be returned outdoors after last frost day







#### **Shamrock**

- □ Oxalis deppei
- ☐ Over 800 species
- ☐ Lucky four leaf clover
- ☐ Bright green leaves
- ☐ Likes sunny location
- □ Don ☐ over water
- Moderate humidity
- ☐ White to pink delicate
- flowers on long stalks
- ☐ Propagated by division





#### Dieffenbachia

- □ Dieffenbachia sequine
- Many species
- ☐ Likes increased humidity
- □ Does not like being pot bound
- ☐ Semi-shade not full sun
- Water but let dry in between
- ☐ Plant leaves contains
- strychnine!





#### **Christmas cactus**

- ☐ Schlumbergera bridgesii
- □ Zygocactus/Rhipsalidopis
- ☐ A succulent
- Withhold water but do not
- let joints shrivel
- ☐ Prefers shade
- ☐ High humidity
- □ Special attention needed
- to bring about flowering





## **The Joy of Plants**

Any Questions?

Decorating your home with plants





# Turn your home into a Solarium



WASHINGTON STATE UNIVERSITY EXTENSION

Master Gardener Program

