

# Promoting Herbal Gardens in Schools

ICIMOD



## Monitoring the Gardens

The Promoting Herbal Gardens in Schools programme is a simple and fun way to popularise interest in medicinal plants and to involve students in promoting their conservation.

### 1st Monitoring Visit 15/16 July Six weeks after programme launch

The herbal gardens already had many well-known medicinal plants including rockfoil (*Bergenia ciliata*), sweet flag (*Acorus calamus*), winter cherry (*Withania somnifera*), Himalayan yew (*Taxus wallichiana*), rauwolfia (*Rauvolfia canescens*), margosa tree (*Azadirachta indica*), basil (*Ocimum sanctum*), chirata (*Swertia chirayita*), tinospora (*Tinospora sinensis*), Indian valerian (*Valeriana jatamansii*), and prickly ash (*Zanthoxylum armatum*).

The core team of students in each school had become guides and were sharing information on different herbs with their fellow students and outsiders.

Schools had internalised the concept of herbal gardens and are interested in maintaining the herbal garden programme with constant enrichment and upgrading.



### 2nd Monitoring Visit 12/13 August

Schools had made significant progress in adding new plant species, labeling, maintenance, and overall management.

Some schools had recorded plant growth behaviour, e.g., weekly height increment, flowering and fruiting, vigour, effects of compost manure, and so on.

Read more: <http://www.icimod.org/?page=1465>

