

Top 50 Annual and Biennial Plants for Pollinators



Plants, usually sown from seed, that will need to be planted every year or every other year

List Curated by Thomas McBride

From research data collected and collated at the National Botanic Garden of Wales

NB: Butterflies and Moths are not studied at the NBGW so any data on nectar plants beneficial for them is taken from Butterfly Conservation

About Annuals and Biennials

Annual and Biennial plants are those which only take one or two years to complete their full life cycle from germination to seed dispersal and death respectively. These plants, especially annuals, are usually grow directly from seed so may be used in a different way to perennials and shrubs in gardens. Often used as a pop of colour, annuals especially can be sown early in the year in the gaps between perennials in the border. Alternatively, they may be grown in a greenhouse and planted out such as petunias and French marigolds, which are usually bedding plants, or planted in the form of a meadow mix, such as poppies, cornflowers, corn cockles and corn marigolds. Due to their quick life cycle, these species are often ruderal and will produce large numbers of seeds during their lifetime. Some annuals will seed every year so they may appear to continue flowering as perennials would. Biennials will only flower on the second year; often growing a basal rosette of leaves the first year to provide energy for the following year's growth such as foxgloves and mullein. If you use annuals and biennials wisely, they can be every bit as impactful as perennials in your borders. Why not try planting them amongst the vegetables in your allotment. If one of your perennials has died, they can be great for filling those sorry-looking gaps.







Map

Maps depict the native area of the plant (in green) They also show areas the plant is naturalised (in purple)

Guide to using these pages:

Latin Binomial
Name

Common English -Name

Photograph of the plant in flower

Insect groups known to _____ favour the nectar of this plant





Middle East



All maps shown are derived from 'Plants of the World Online'; courtesy of Kew Gardens

Flowering Period (this is when it is good for pollinators!)

Plant Family

Growing habit and mature size of the plant

Useful knowledge or warnings about the plant

RHS AGM cultivars of this species (or a related species occasionally)

Key to these Pages

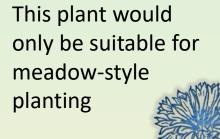
Additional information on these garden plants



The flowers and/or leaves have a Pleasant scent



The plant has edible parts that are commonly eaten or used in cooking





Plant is often used in traditional Herbal Remedies

Warnings



Plant tissue is highly toxic if ingested



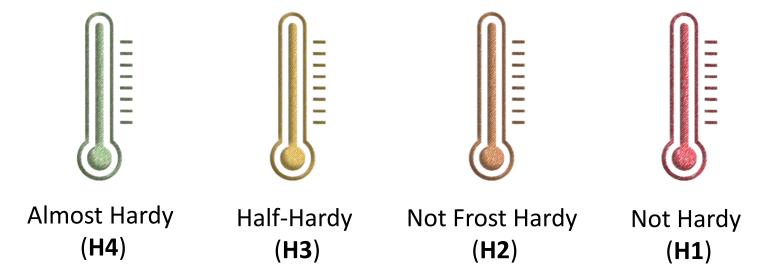
Sap may cause irritation (Wash hands after touching or avoid touching)

<u>Temperature</u>

Some of the plants listed in our Top 200 are not fully hardy in all or some parts of the United Kingdom.

Plants without a thermometer symbol are fully hardy in the severest UK Winter; equating to **H5** or hardier.

Plants with a coloured thermometer symbol are hardy to varying degrees as follows:



RHS Hardiness Scale

Above 15°C H₁a Minimum 10°C Minimum 5°C H₁c Minimum 1°C **H2** Minimum -5°C **H3** Minimum -10°C **H4 H5** Minimum -15°C

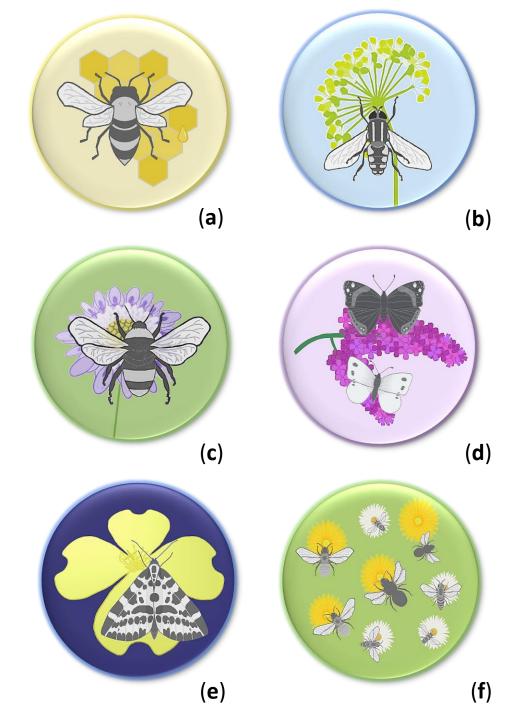
Pollinators

Our data on pollinators has been collected from studies spanning over a decade. Pollinator symbols appear when plants are proven to be good nectar plants for certain insects.

It should be noted that all bee and hoverfly data is ours but lepidoptera data is taken from Butterfly Conservation.

Our data spans a wide range of different insect species. For simplicity, these species have been condensed into six easy icons to represent them:

- a) Honeybees c) Bumblebees e) Moths
- b) Hoverflies d) Butterflies f) Solitary Bees
 (Includes Moths)



Agrostemma githago Common Corn-cockle





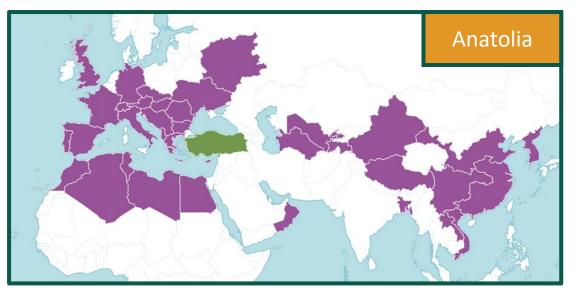




Caryophyllaceae Pink Family

Alcea rosea Common Hollyhock





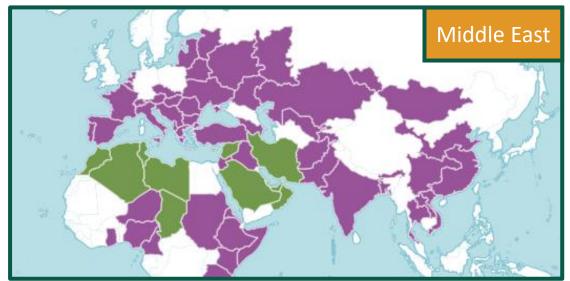




Malvaceae Mallow Family

Anethum graveolens Common Dill





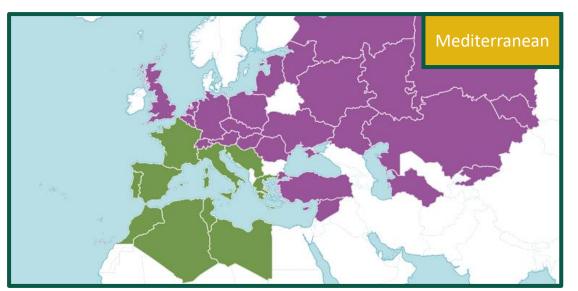




Apiaceae Carrot Family

Borago officinalisCommon Borage





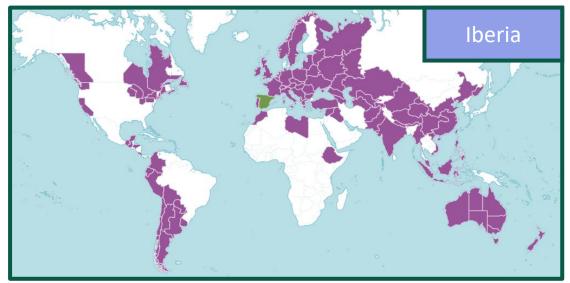


Late Spring
- Midsummer

Boraginaceae Borage Family

Calendula officinalis Common Marigold





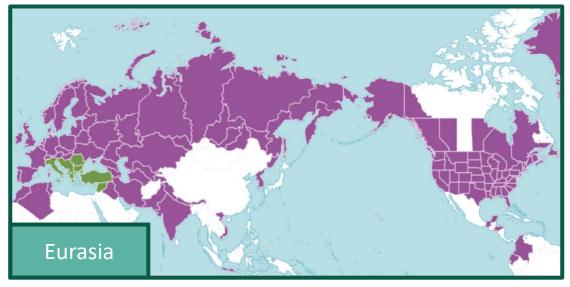


Early Summer - Early Autumn

Asteraceae Daisy Family

Centaurea cyanus Annual Cornflower





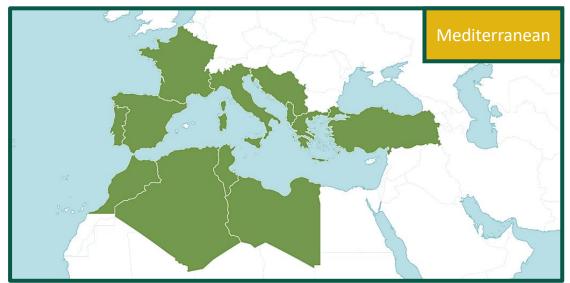


Late Spring
- Midsummer

Asteraceae Daisy Family

*Cerinthe major*Greater Honeywort









Boraginaceae Borage Family

Cleome hassleriana Common Spiderflower







Midsummer
- Early Autumn

Cleomaceae Spiderflower Family

Consolida regalis Forking Larkspur





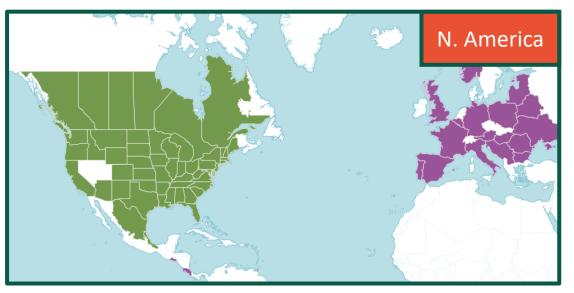


Late Spring
- Midsummer

Ranunculaceae Buttercup Family

Coreopsis tinctoria Dyer's Tickseed





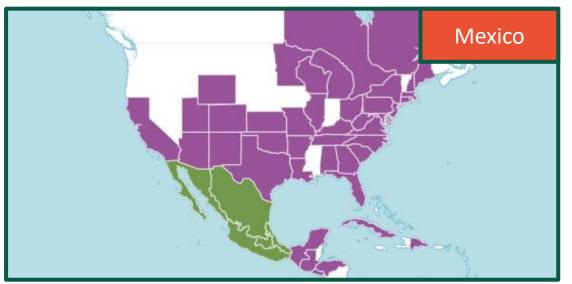


Midsummer - Mid Autumn

Asteraceae Daisy Family

Cosmos bipinnatus Mexican Daisy







Midsummer
- Early Autumn

Asteraceae Daisy Family

Cosmos sulphereus Yellow Mexican Daisy







Midsummer
- Early Autumn

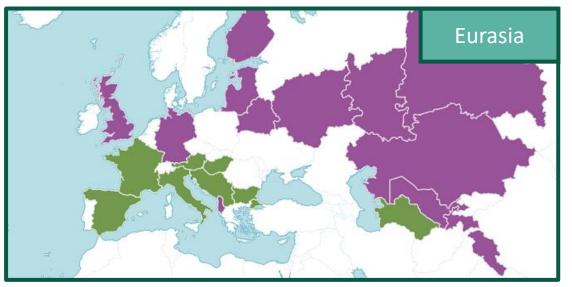
Asteraceae Daisy Family

4ft Annual

* This plant, if sown early, should be sown inside during winter (cannot survive below -5'c night temperatures)

Dianthus barbatusSweet William







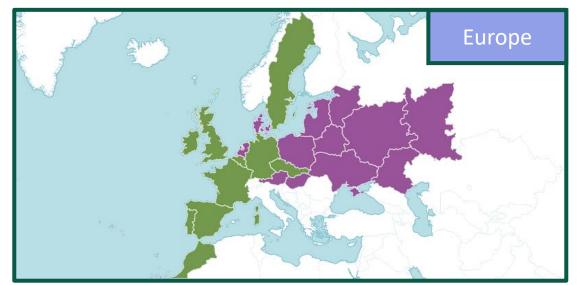
Late Spring
- Midsummer

Caryophyllaceae Pink Family

Digitalis purpurea Common Foxglove











Plantaginaceae Plantain Family

Echium vulgare Viper's Bugloss







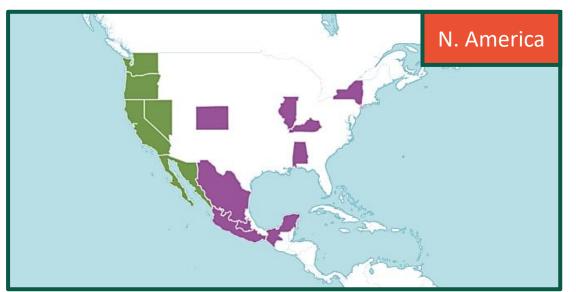




Boraginaceae Borage Family

Eschscholzia californica Californian Poppy







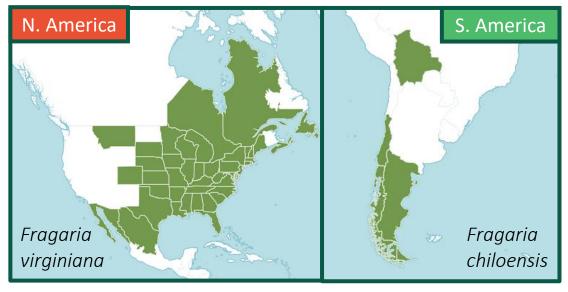


Papaveraceae Poppy Family

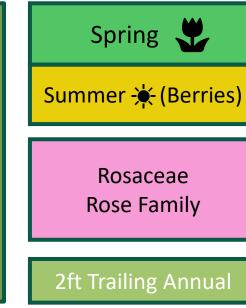
*Fragaria x ananassa*Garden Strawberry

Fragaria virginiana x Fragaria chiloensis



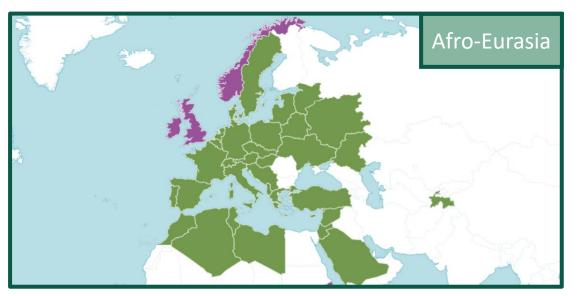






Glebionis segetum Corn Marigold





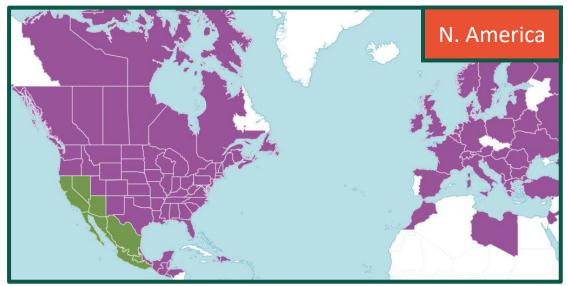




Asteraceae Daisy Family

Helianthus annuus Common Sunflower







Midsummer
- Early Autumn

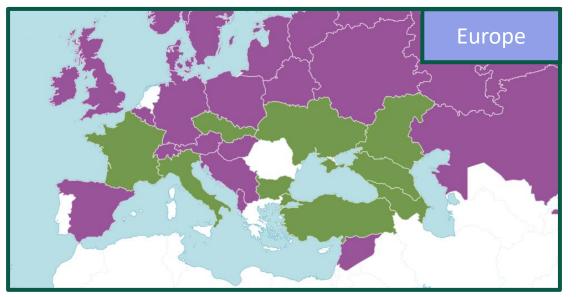
Asteraceae Daisy Family

3ft Annual

* Dry Seeds edible ('sunflower seeds'), Seeds are harvested commercially for sunflower oil.

Hesperis matronalis Dame's-violet







Late Spring
- Early Summer

Brassicaceae Mustard Family

*Iberis umbellata*Annual Candytuft







Late Spring
- Midsummer

Brassicaceae Mustard Family

Ipomoea tricolor Morning Glory





Summer - - -

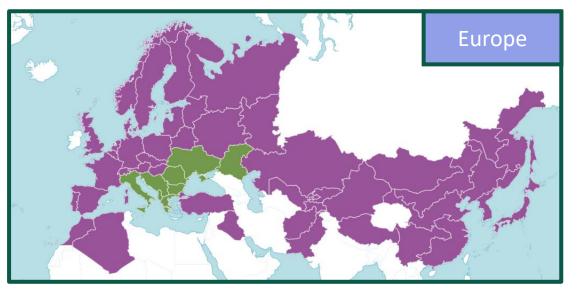
Convolvulaceae

(above 5'c night temperatures)



*Isatis tinctoria*Dyer's Woad





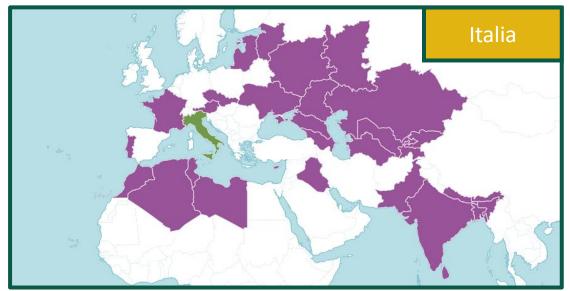


Late Spring
- Early Summer

Brassicaceae Mustard Family

Lathyrus odoratus Sweet Pea







Midsummer - Early Autumn

Fabaceae Legume Family

6ft Climber Annual

* This plant, if sown early, should be sown inside during winter (cannot survive below -5'c night temperatures)

Limnanthes douglasii Poached Egg Plant







Midsummer
- Early Autumn

Limnanthaceae Meadowfoam Family

Linum usitatissimum Common Flax







Late Spring
- Midsummer

Linaceae Flax Family

Lobelia cardinalis Red Cardinal Flower







Midsummer
- Early Autumn

Campanulaceae Bellflower Family

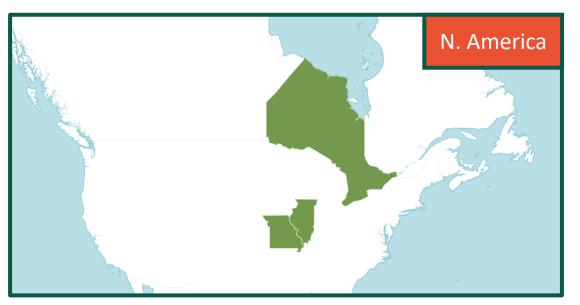
3ft Annual*

Marshlands

*Or short-lived 27 half-hardy perennial

Lobelia x speciosa Purple Cardinal Flower







Midsummer - Early Autumn

Campanulaceae **Bellflower Family**

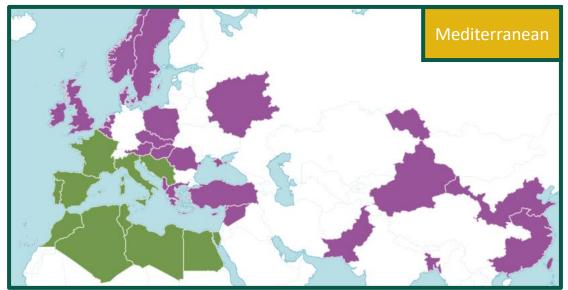
3ft Annual

* Natural hybrid between Red and Blue Cardinal flowers. Map shows the range crossover where the hybrid is native

Lobularia maritima

Sweet Alyssum









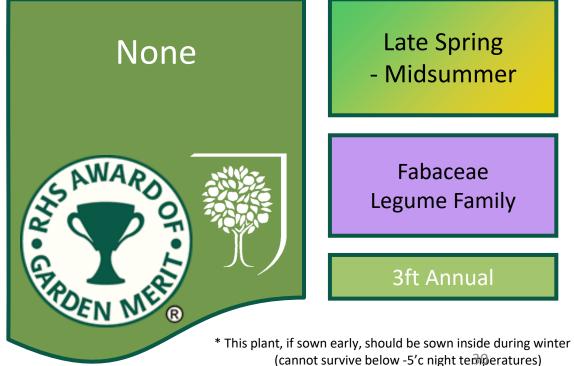
Brassicaceae Mustard Family

1ft Spreading Annual

Lupinus pilosus Blue Lupin







Lychnis coronaria Rose Campion







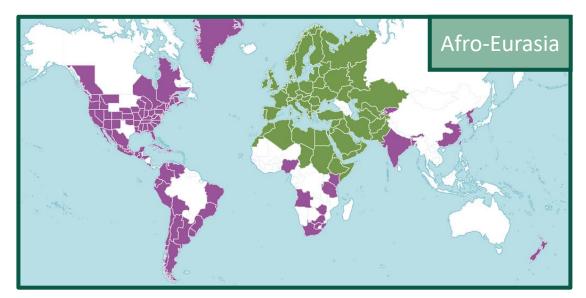


Caryophyllaceae Pink Family

Lysimachia arvensis Scarlet Pimpernel











Primulaceae Primrose Family

1ft Creeping Annual

Lysimachia monelli Blue Pimpernel









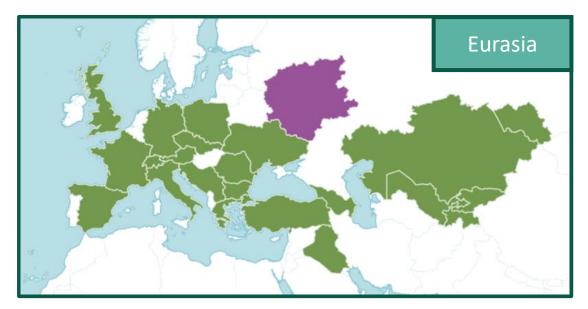
Primulaceae Primrose Family

1ft Creeping Annual

Myosotis alpestris Alpine Forget-me-not









Mid Spring
- Early Summer

Boraginaceae Borage Family

1ft Alpine Annual

Nicotiana alata Jasmine Tobacco



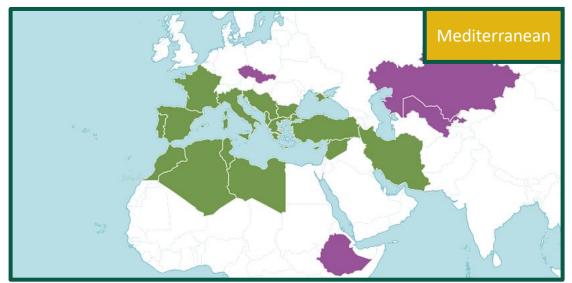




Nigella damascena

Love-in-the-Mist





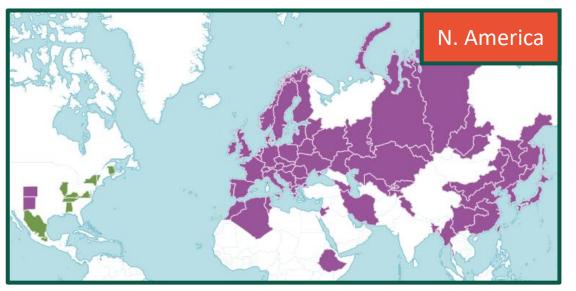




Ranunculaceae Buttercup Family

Oenothera biennis Common Evening-Primrose







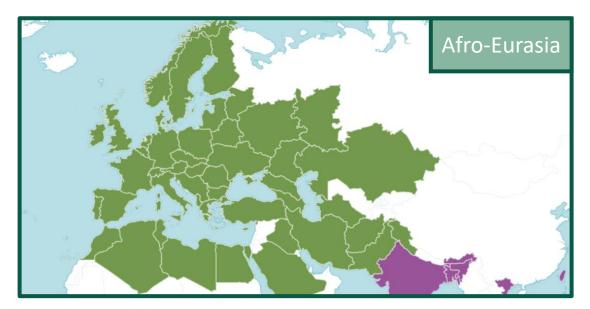
Midsummer
- Early Autumn

Onagraceae Willowherb Family

Papaver rhoeas Field Poppy











Papaveraceae Poppy Family

Papaver somniferum Opium Poppy









Papaveraceae Poppy Family

3ft Annual

* Dry Seeds edible ('poppy seeds'), all other parts of the plant are poisonous

Petroselinum crispum Parsley







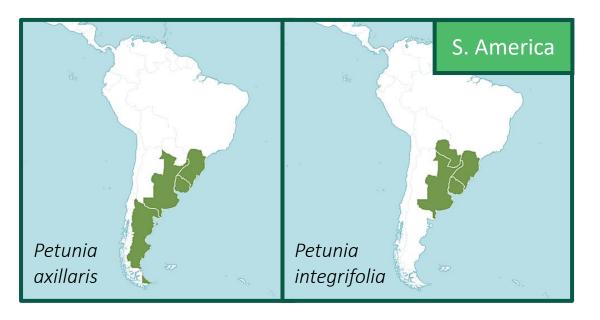


Apiaceae Carrot Family

Petunia x hybrida Garden Petunia

Petunia axillaris x Petunia integrifolia







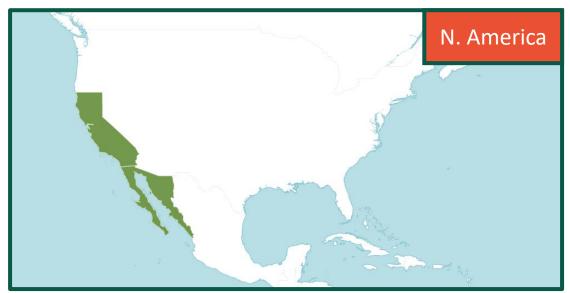
Midsummer
- Early Autumn

Solanaceae Potato Family

1ft Trailing Annual

Phacelia tanacetifolia Fiddleneck







Midsummer
- Early Autumn

Boraginaceae Borage Family

Salvia coccinea Scarlet Sage







Midsummer
- Early Autumn

Lamiaceae Mint Family

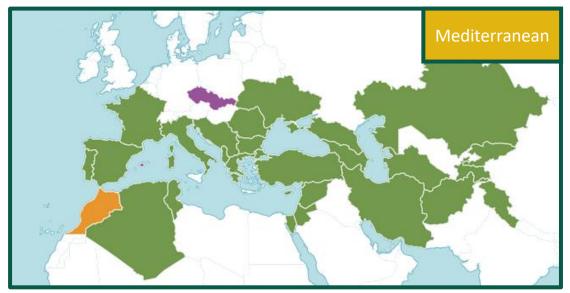
2ft Annual

* This plant will not survive below -5'c night temperatures

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Salvia sclarea Clary Sage





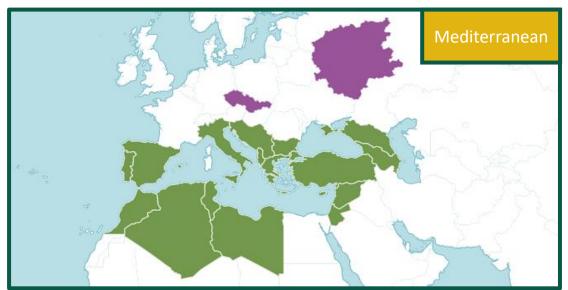


Late Spring
- Midsummer

Lamiaceae Mint Family

Salvia viridis Painted Sage









Lamiaceae Mint Family

*Tagetes erecta*Mexican Marigold







Early Summer - Mid Autumn

Asteraceae Daisy Family

1ft Annual

NB: Will not survive a frost, only half-hardy

Tagetes patula French Marigold







Late Spring
- Early Autumn

Asteraceae Daisy Family

1ft Annual

NB: Will not survive a frost, only half-hardy

Tithonia rotundifolia Mexican Sunflower







Midsummer - Mid Autumn

Asteraceae Daisy Family

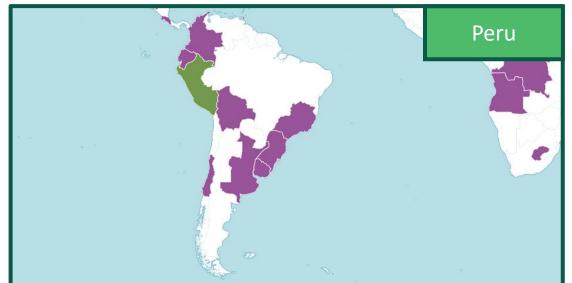
3ft Annual

* Will not survive a frost, only half-hardy

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Tropaeolum majus Garden Nasturtium







Midsummer
- Early Autumn

Tropaeolaceae Nasturtium Family

1ft Trailing Annual

 $\mbox{\ensuremath{^{\ast}}}$ This plant will not survive below -5'c night temperatures

Verbascum nigrum Black Mullein









Early Summer - Early Autumn

Scrophulariaceae Figwort Family