

Herbal Garden in the KFRI Sub Centre, Nilambur

The National Medicinal Plants Board (NMPB) under the Ministry of AYUSH of the Government of India is the apex body for promotion of medicinal plants sector in the country.

The NMPB has several programmes for strengthening medicinal plants sector in the country in various areas including research and development, capacity-building through trainings and creating awareness through promotional activities.

Herbal Gardens play a key role in creating awareness on medicinal plants and educating stakeholders on cultivation and utilisation.

The Herbal Garden established by Kerala Forest Research Institute at its Sub Centre in Nilambur (<https://maps.app.goo.gl/W6j5Rhm3M5dpzM5g9>) with NMPB Support is a revenue earning, self-sustaining and education model.



This QR Code on State Level Herbal Garden is prepared by Dr. U.M. Chandrashekhara, Ms. P.K. Reshma, Ms. K.Divya and Mr. A.P. Nizaruddeen of KSCSTE- Kerala Forest Research Institute Sub Centre, Nilambur.



Sylvan entrance of the KFRI Sub Centre Herbal Garden



A view of the Bioresources Nature Park at KFRI Sub Centre where the Herbal Garden is located



The Herbal Garden has a live collection of 485 species (Appendix 1) including around 84 traded medicinal plants and 26 ethno-medicinal plants species.

Each species is planted in separate raised beds with sides supported with roof tiles. The raised beds are either square or circular in shape.



Sprinkler and drip system of irrigation



Sign boards with botanical names, common names, part/s used, and medicinal uses are also provided.

In the Herbal Garden, over 100 IUCN Red listed medicinal species are also assembled



Adenia hondala



Holostemma ada-kodien



Coscinium fenestratum



Piper longum



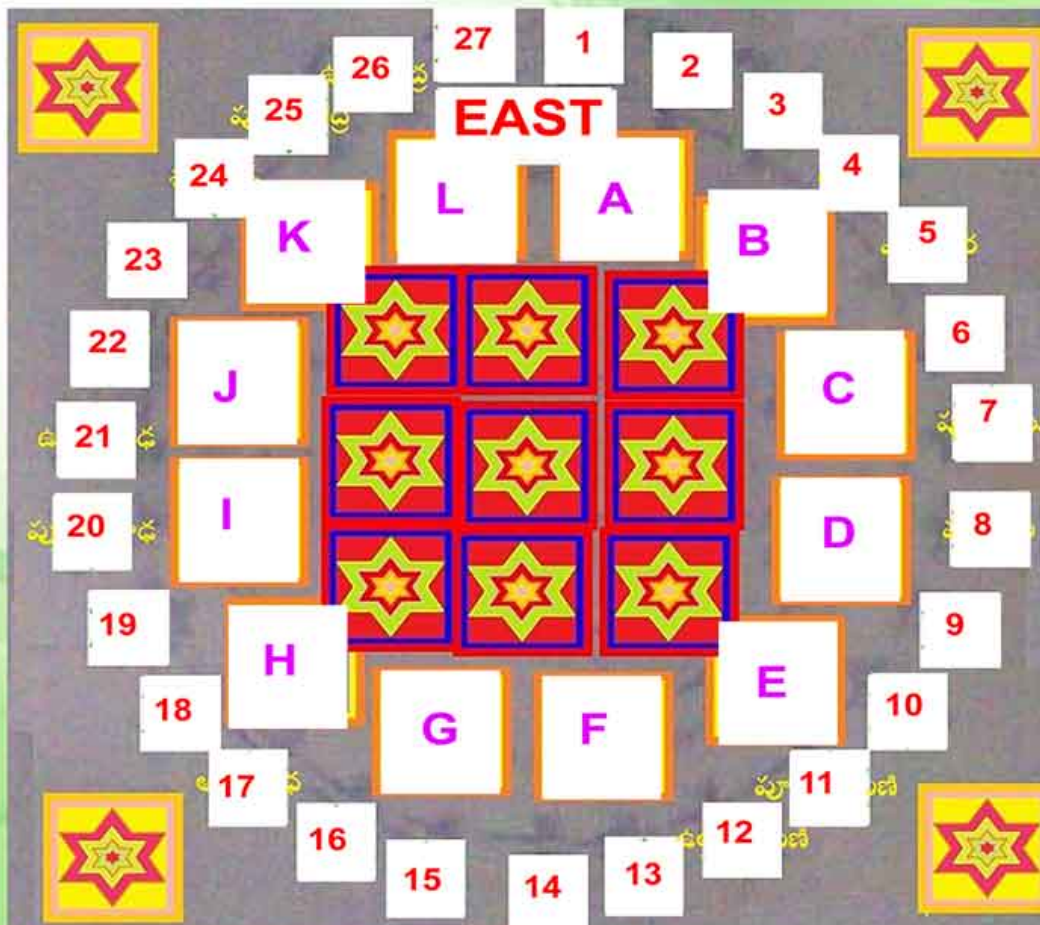
Salacia fruticosa



Rauwolfia serpentina

Culturally important medicinal plants are planted in Nakshatra (birth star) and Rashi (zodiac sign) Gardens.

Design of the Nakshatra and Rashi Vanam



Rashi

A. Mesha, B. Vrishabha, C. Mithuna, D. Karkataka, E. Simha, F. Kanya,
G. Thula, H. Vrischika, I. Dhanus, J. Makara, K. Kumbha, L. Meena

Nakshatra

1. Ashwini, 2. Bharani, 3. Kritika, 4. Rohini, 5. Mrigasira, 6. Ardra, 7. Punarvasu,
8. Pushya, 9. Ashlesha, 10. Magha, 11. Poorva Phalguni, 12. Uttara Phalguni,
13. Hasta, 14. Chitra, 15. Swaati, 16. Visaakha, 17. Anuradha, 18. Jyeshtha,
19. Moola, 20. Poorvashada, 21. Uttarashada, 22. Sravana, 23. Dhanishta,
24. Satabhisha, 25. Poorvabhadra, 26. Uttarabhaadra, 27. Revati



Mesha (Aries)
(*Pterocarpus santalinus*)



Vrishabha (Taurus)
(*Alstonia scholaris*)



Mithuna (Gemini)
(*Wrightia tinctoria*)



Karkataka (Cancer)
(*Butea monosperma*)



Simha (Leo)
(*Ziziphus mauritiana*)



Kanya (Virgo)
(*Mangifera indica*)



Thula (Libra)
(*Mimusops elengi*)



Vrischika (Scorpio)
(*Acacia catechu*)



Dhanus (Sagittarius)
(*Ficus religiosa*)



Makara (Capricorn)
(*Dalbergia sissoo*)



Kumbha (Aquarius)
(*Prosopis juliflora*)



Meena (Pisces)
(*Ficus benghalensis*)



Ashwini

(*Strychnos nux-vomica*)



Bharani

(*Phyllanthus emblica*)



Kritika

(*Ficus racemosa*)



Rohini

(*Syzygium cumini*)



Mrigasira

(*Acacia catechu*)



Ardra

(*Diospyros melanoxylon*)



Punarvasu

(*Bambusa bambos*)



Pushya

(*Ficus religiosa*)



Ashlesha

(*Mesua ferrea*)



Magha
(*Ficus benghalensis*)



Poorna Phalguni
(*Butea monosperma*)



Uttara Phalguni
(*Ficus microcarpa*)



Hasta
(*Spondias pinnata*)



Chitra
(*Aegle marmelos*)



Swaati
(*Terminalia cuneata*)



Visaakha
(*Flacourtia indica*)



Anuradha
(*Mimusops elengi*)



Jyeshta
(*Aporosa cardiosperma*)



Moola
(Vateria indica)



Poorvashada
(Salix tetrasperma)



Uttarashada
(Artocarpus heterophyllus)



Sravana
(Calotropis gigantea)



Dhanishta
(Prosopis juliflora)



Satabhisha
(Neolamarckia cadamba)



Poorvabhadra
(Mangifera indica)



Uttarabhadra
(Borassus flabellifer)



Revati
(Madhuca longifolia)

Several easy-to-grow herbs useful for home remedies and primary health care are also assembled in this Garden



Piper longum



Ixora coccinea



Melaleuca leucodendra



Lawsonia inermis



Bacopa monnieri



Nyctanthes arbor-tristis



Spilanthes ciliata

Some species are suitable for planting as hedge plants.



Hamelia patens



Holmskioldia sanguinea



Putranjiva roxburghii



Alpinia calcarata



Ixora coccinea



Artabotrys hexapetalus

Several climbing medicinal plants, seen in this herbal garden, are ideal for growing on support structures (trellis) to enhance the aesthetic beauty of the garden.



Myxopyrum smilacifolium



Holmskioldia sanguinea

Climbing Medicinal Plants



Aristolochia ringens



Aristolochia grandiflora



Coscinium fenestratum



Premna serratifolia



Asparagus racemosus



Gymnema sylvestre



Chonemorpha fragrans



Several medicinal plants growing in this herbal garden are useful for making topiary. Eg. *Holmskioldia sanguinea*, *Melaleuca leucadendra*, *Murraya koenigii*, *Murraya paniculata*, *Phyllanthus myrtifolius*, *Tabernaemontana divaricata*, etc.



This garden is aesthetically landscaped by planting turf of grass with pathways between each row of plants.



A water pond with a 4 meter high water cascade, depicting a tribal face mask, is a special attraction in this garden.



This garden serves as a model for species choice, layout, planting design, and maintenance, especially in urban green spaces.

The popularity of this Garden is evident from the daily average inflow of about 750 visitors



HERBAL GARDEN

KSCSTE-KFRI Sub Centre, Nilambur



This QR Code on Herbal Garden in the KFRI Sub Centre at Nilambur is prepared as part of the Project (Project No. : NMPB Z. 18017/187/ CSS/ HG/ KE-04/2015-16-NMPB/2412; Title: Establishment of an Herbal Garden as a Peri-urban Green Space of Nilambur, Malappuram District, Kerala; Project Investigators: Dr. U.M. Chandrashekara and Dr. P. Sujanalal) funded by financed by National Medicinal Plants Board (NMPB), Ministry of AYUSH, Government of India, New Delhi.

Visiting time: 10.00 am to 5.00 pm (Monday- Holiday)

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This QR Code on State Level Herbal Garden is prepared by Dr. U.M. Chandrashekara, Ms. P.K. Reshma, Ms. K.Divya and Mr. A.P. Nizaruddeen of KSCSTE- Kerala Forest Research Institute Sub Centre, Nilambur.

List of plants in the Herbal Garden at Nilambur, Kerala

No.	Acanthaceae
1.	<i>Andrographis paniculata</i> (Burm.f.) Nees Common Name : King of bitter ; Malayalam : Nilavepp; Sanskrit : Bhunimba Parts Used: Whole plant; Ailments : Cold, fever, blood poisoning
2.	<i>Barleria lupulina</i> Lindl. Common Name : Hop-headed barleria ; Malayalam : Mul Kanakambaram Parts Used: Leaf; Ailments : Rheumatism, diabetes, malaria
3.	<i>Barleria prionitis</i> L. Common Name : Crossandra; Malayalam : Manjakanakambaram; Sanskrit : Vajradanti Parts Used: Whole plant; Ailments : Ring worm, toothache
4.	<i>Blepharis maderaspatensis</i> (L.) B.Heyne ex Roth Common Name : Creeping blepharis; Malayalam : Muripacha; Sanskrit : Utangana Parts Used: Leaf, root; Ailments : Wound, urine block, asthma
5.	<i>Calacanthus grandiflorus</i> (Dalzell) Radlk. Common Name : Hindi : Karamb; Malayalam : Karimkurinji Parts Used: Flower, leaf, root; Ailments : Wound, ulcer, Inflamed gum
6.	<i>Clinacanthus nutans</i> (Burm.f.) Lindau Common Name : Sabah snake grass; Malayalam : Vishamooli; Sanskrit : Vishaghni Parts Used: Whole plant; Ailments : Bleeding diarrhoea, diabetes, snake bite
7.	<i>Ecbolium viride</i> (Forssk.) Alston Common Name : Malayalam : Pachambaram; Sanskrit : Sahacharah Parts Used: Root; Ailments : Edema, rheumatism, jaundice
8.	<i>Eranthemum pulchellum</i> Andrews Common Name : Blue eranthemum; Malayalam : Neelambaram Parts Used: Root, stem, leaf; Ailments : Wound, ulcer
9.	<i>Hemigraphis colorata</i> W.Bull Common Name : Red-flame ivy; Malayalam : Murikootti; Sanskrit : Vranaropani Parts Used: Whole plant; Ailments : Wound, ulcer, anaemia
10.	<i>Hygrophila schulli</i> M.R.Almeida & S.M.Almeida Common Name : Marsh barbel; Malayalam : Vayalchully; Sanskrit : Kokilaksha Parts Used: Root, stem, leaf, seed; Ailments : Rheumatism, biliousness, diabetes
11.	<i>Justicia adhatoda</i> L. Common Name : Adhatoda ; Malayalam : Adalodakam; Sanskrit : Vasuka Parts Used: Leaf, root, fruit, flower; Ailments : Vomiting, bleeding, cough
12.	<i>Justicia beddomei</i> (C.B.Clarke) Bennet Common Name : Adhatoda ; Malayalam : Cheriya Adalodakam; Sanskrit : Vrsah Parts Used: Leaf, root, fruit, flower; Ailments : Cough, bleeding, tuberculosis
13.	<i>Justicia betonica</i> L. Common Name : Malayalam : Ven Kurinji; Sanskrit : Sahacharah Parts Used: Root, leaf, flower; Ailments : Constipation, malaria, snake bite

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No.	Acanthaceae (cont'd)
14.	<i>Justicia gendarussa</i> Burm.f. Common Name : Black vasa; Malayalam : Vathamkolly; Sanskrit : Bhutakeshi Parts Used: Stem, leaf; Ailments : Rheumatism, vomiting, fever
15.	<i>Stachytarpheta jamaicensis</i> (L.) Vahl Common Name : Bearded coneflower; Malayalam : Kurinji Parts Used: Leaf, root; Ailments : Inflammation, constipation, eczema
16.	<i>Stachytarpheta mutabilis</i> (Jacq.) Vahl Common Name : Leaf-Enclosed Coneflower; Malayalam : Kurinji Parts Used: Leaf, root; Ailments : Inflammation, constipation, eczema
17.	<i>Strobilanthes barbatus</i> Nees Common Name : Bearded Coneflower; Malayalam : Kurinji Parts Used: Leaf, root; Ailments : Inflammation, constipation, eczema
18.	<i>Strobilanthes ciliata</i> T.Anderson Common Name : Blue eranthemum; Malayalam : Neelambaram Parts Used: Root, stem, leaf; Ailments : Wound, ulcer
19.	<i>Strobilanthes foliosa</i> T.Anderson Common Name : Strobilanthus; Malayalam : Karimkurinji; Sanskrit : Sahachara Parts Used: Whole plant; Ailments : Diabetes, tooth ache, itches
Adoxaceae	
20.	<i>Sambucus nigra</i> L. Common Name : Black Elder, Elder Berry Parts Used: Fruit, flower, leaf; Ailments : Asthma, throat pain, cough
Alangiaceae	
21.	<i>Alangium salviifolium</i> (L.f.) Wangerin Common Name : Sage leaved alangium; Malayalam: Ankolam; Sanskrit : Ankolah Parts Used: Whole plant; Ailments : Rabies, leprosy, diarrhoea
Aloeaceae	
22.	<i>Aloe vera</i> (L.) Burm.f. Common Name : Aloe; Malayalam: Kattarvazha; Sanskrit : Ghrtakumari Parts Used: Leaf; Ailments : Blood poisoning, cancer, skin disease
Amaranthaceae	
23.	<i>Achyranthes aspera</i> L. Common Name : Prickly chaff flower; Malayalam: Kadaladi; Sanskrit : Adhahsalya Parts Used: Root, fruit; Ailments : Diarrhoea, stomachache, ear pain
24.	<i>Aerva lanata</i> (L.) Juss. Common Name : Mountain knotgrass; Malayalam: Cheroola; Sanskrit : Asmabhedah Parts Used: Whole plant; Ailments : Kidney stone, diabetes, bleeding
25.	<i>Alternanthera bettzickiana</i> (Regel) G.Nicholson Common Name : Calico plant; Malayalam: Cherucheera; Sanskrit : Matsyaksi Parts Used: Whole plant; Ailments : Eye disease, fever, pregnancy care

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Amaranthaceae (cont'd)	
26.	<i>Cyathula prostrata</i> (L.) Blume Common Name : Prostrate pasture weed; Malayalam: Cherukadaladi; Sanskrit : Mayoora Parts Used: Whole plant; Ailments : Cough, rheumatism, piles
Amaryllidaceae	
27.	<i>Allium nigrum</i> L. Common Name : Black garlic, Broad-leaved leek Parts Used: Bulb, flower; Ailments : Inflammation, arthritis, hypertension
28.	<i>Allium schoenoprasum</i> L. Common Name : Chive; Malayalam: Ullichedi Parts Used: Whole plant; Ailments : Indigestion, blood purification
29.	<i>Pancratium triflorum</i> Roxb. Common Name : Pancratium plant; Malayalam: Kaattulli Parts Used: Rhizome; Ailments : Skin diseases, corn
30.	<i>Zephyranthes candida</i> (Lindl.) Herb. Common Name : Rain Lily, Zephyr Lily Parts Used: Whole plant; Ailments : Epilepsy, hepatitis, insomnia
Anacardiaceae	
31.	<i>Anacardium occidentale</i> L. Common Name : Cashew-nut; Malayalam : Parankimaavu; Sanskrit : Arushkara Parts Used: Bark, fruit, gum; Ailments : Rheumatism, ringworm, tuberculosis
32.	<i>Gluta travancorica</i> Bedd. Common Name : Red-wood tree; Malayalam : Chenkurinji Parts Used: Bark, leaf; Ailments : Arthritis, high blood pressure
33.	<i>Mangifera indica</i> L. Common Name : Mango tree; Malayalam : Maavu; Sanskrit : Aamra Parts Used: Leaf, flower, fruit, seed; Ailments : Diarrhoea, liver inflammation
34.	<i>Spondias pinnata</i> (L. f.) Kurz Common Name : Indian mombin; Malayalam : Ambazham; Sanskrit : Amrataka Parts Used: Bark, fruit, leaf; Ailments : Scorpion sting, ear pain, dysentery
Ancistrocladaceae	
35.	<i>Ancistrocladus heyneanus</i> Wall. ex J.Graham Common Name : Kardal; Malayalam: Karatholal; Marathi: Kardali Parts Used: Root; Ailments : Malaria, AIDS
Annonaceae	
36.	<i>Annona glabra</i> L. Common Name : Pond apple; Malayalam : Kaattu Aatha Parts Used: Fruit, leaf, bark; Ailments : Cancer, intestinal worm
37.	<i>Annona muricata</i> L. Common Name : Sugar apple; Malayalam : Mullatha; Sanskrit : Lakshmanaphala Parts Used: Fruit; Ailments : Cancer

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No.	Annonaceae (cont'd)
38.	<i>Uvaria narum</i> A.DC. Common Name : Neelavalli; Malayalam : Korandapazham Parts Used: Root, bark; Ailments : Rheumatism, jaundice, eczema
Apiaceae	
39.	<i>Centella asiatica</i> (L.) Urb. Common Name : Gotu kola; Malayalam : Kudangal; Sanskrit : Bheka-parni Parts Used: Whole plant; Ailments : Skin diseases, forgetfulness, diabetes
40.	<i>Eryngium foetidum</i> L. Common Name : Spiny coriander; Malayalam : African Malli; Sanskrit : Phiranga Parts Used: Leaf; Ailments : Asthma, snake bite, malaria
Apocynaceae	
41.	<i>Alstonia macrophylla</i> Wall. ex G.Don. Common Name : Hard milk wood; Kannada : Janthaala mara Parts Used: Bark, leaf; Ailments : Headache, skin disease
42.	<i>Alstonia scholaris</i> (L.) R. Br. Common Name : Scholar tree; Malayalam : Ezhilam pala; Sanskrit : Ayugmaparna Parts Used: Bark, gum; Ailments : Itches, leprosy, fever
43.	<i>Alstonia venenata</i> R.Br. Common Name : Poison devil tree; Malayalam : Analivegam Parts Used: Bark, fruit, root; Ailments : Snake bite, cough, ascariasis
44.	<i>Calotropis gigantea</i> (L.) Dryand. Common Name : Crown flower; Malayalam : Erukku Parts Used: Latex, bark, leaf; Ailments : Leprosy, rheumatism, toothache
45.	<i>Carissa carandas</i> Lour. Common Name : Black cherry; Malayalam : Karutha cheri; Sanskrit : Karamarda Parts Used: Leaf, bark, fruit; Ailments : Scorpion sting, jaundice
46.	<i>Catharanthus roseus</i> (L.) G.Don Common Name: Cayenne jasmine; Malayalam : Shavakottapacha; Sanskrit: Nityakalyani Parts Used: Root, leaf; Ailments : Cancer, diabetes
47.	<i>Chonemorpha fragrans</i> (Moon) Alston Common Name : Frangipani vine; Malayalam : Perumkurambha; Sanskrit : Morala Parts Used: Root, leaf; Ailments : Leprosy, jaundice, diabetes
48.	<i>Cryptostegia grandiflora</i> Roxb. ex R.Br. Common Name : Rubber vine ; Malayalam : Pala Parts Used: Root, latex; Ailments : Asthma
49.	<i>Decalepis arayalpathra</i> (J.Joseph & V.Chandras.) Venter Common Name : Amruthapala; Malayalam : Amruthapala Parts Used: Root, Bark; Ailments : Ulcer, cancer

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No.	Apocynaceae (cont'd)
50.	<i>Decalepis hamiltonii</i> Wight & Arn. Common Name : Swallow-root; Malayalam : Mahalikizhangu Parts Used: Root; Ailments : Ulcer, Cancer, diabetes, inflammation
51.	<i>Gomphocarpus physocarpus</i> E.Mey. Common Name : Balloon plant, Swanplant Parts Used: Leaf, seed, latex; Ailments : Stomach ache, head ache, wart
52.	<i>Gymnema sylvestre</i> (Retz.) R.Br. ex Sm. Common Name : Cow plant; Malayalam : Chakkarakolli; Sanskrit : Madhunashini Parts Used: Leaf, root; Ailments : Diarrhoea, bleeding piles, skin disease
53.	<i>Holarrhena pubescens</i> Wall. ex G.Don Common Name : Tellichery bark; Malayalam : Kudakapala; Sanskrit : Girimallika Parts Used: Bark, seed; Ailments : Rheumatism, body pain
54.	<i>Holostemma ada-kodien</i> Schult. Common Name : Holostemma creeper; Malayalam : Adaathiyan; Sanskrit : Jeevanti Parts Used: Root; Ailments : Giddiness, high blood pressure
55.	<i>Hoya carnosa</i> (L.f.) R.Br. Common Name : Wax plant, Honey plant Parts Used: Leaf, root, flower; Ailments : Fever, cholera, diarrhoea
56.	<i>Rauvolfia serpentina</i> (L.) Benth. ex Kurz Common Name : Indian snake root; Malayalam : Amalpori; Sanskrit : Sarpghandha Parts Used: Root, leaf; Ailments : Cancer, diabetes
57.	<i>Rauvolfia tetraphylla</i> L. Common Name : Wild snake root; Malayalam: Pambumkolli; Sanskrit: Vanasarpagandha Parts Used: Root; Ailments : Skin diseases, whitlow
58.	<i>Sarcostemma viminale</i> (L.) R.Br. Common Name : Caustic vine; Malayalam : Somalatha; Hindi : Khir- khimp Parts Used: Stem, leaf, bark, root; Ailments : Eye diseases, blood poisoning, sore feet
59.	<i>Secamone emetica</i> (Retz.) R. Br. ex Schult. Common Name : Emetic secamone; Malayalam : Ankaravalli Parts Used: Root, leaf; Ailments : Toothache, ulcer, malaria
60.	<i>Tabernaemontana alternifolia</i> L. Common Name : Nag kuda; Malayalam : Churuttupala; Sanskrit : Ksheerini Parts Used: Leaf, bark, fruit; Ailments : Ulcer
61.	<i>Tabernaemontana divaricata</i> (L.) R.Br. ex Roem. & Schult. Common Name : Crape Jasmine; Malayalam : Nandhiyarvattam; Sanskrit : Chandni Parts Used: Root, gum, flower, fruit; Ailments : Poison, aging
62.	<i>Thevetia neriifolia</i> Juss. ex A.DC. Common Name : Yellow oleander; Malayalam : Manja Arali Parts Used: Leaf, bark; Ailments : Fever, dysentery, dropsy

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No.	Apocynaceae (cont'd)
63.	<i>Tylophora indica</i> (Burm. f.) Merr. Common Name : Indian ipecac; Malayalam : Vallipala; Sanskrit : Anthrapachaka Parts Used: Leaf, root; Stomach ache, skin diseases, rheumatism
64.	<i>Vallaris solanacea</i> (Roth) Kuntze Common Name : Bread flower; Malayalam : Vishapala; Sanskrit : Bhadravalli Parts Used: Whole plant; Ailments : Cough, ear diseases, diabetes
65.	<i>Wrightia antidysenterica</i> (L.) R.Br. Common Name : Winter cherry tree; Malayalam: Srilankan Mulla Parts Used: Bark, leaf, seed; Ailments : Asthma, itches, vomiting
66.	<i>Wrightia tinctoria</i> R.Br. Common Name : Pala indigo plant ; Malayalam : Venpala; Sanskrit : Kutaja Parts Used: Leaf, bark, seed; Ailments : Phlegm, asthma, fever
Araceae	
67.	<i>Acorus calamus</i> L. Common Name : Flag root; Malayalam: Vayambu; Sanskrit : Bhutanashini Parts Used: Rhizome; Ailments : Whooping cough, epilepsy, forgetfulness
68.	<i>Amorphophallus paeoniifolius</i> (Dennst.) Nicolson. Common Name : Elephant foot yam; Malayalam : Chena; Sanskrit : Bahukanda Parts Used: Rhizome; Ailments : Piles, vomiting
69.	<i>Colocasia esculenta</i> (L.) Schott Common Name : Taro; Malayalam : Chena; Sanskrit : Aaluki Parts Used: Rhizome, leaf; Ailments : Diarrhoea, allergy
70.	<i>Remusatia vivipara</i> (Roxb.) Schott Common Name : Hitchhiker elephant ear ; Malayalam : Marachembu Parts Used: Tuber; Ailments : Skin disease, intestinal worm, Stomach ache
Araliaceae	
71.	<i>Schefflera venulosa</i> (Wight & Arn.) Harms. Common Name : Schefflera vine; Malayalam: Anjilamaram Parts Used: Bark, root, leaf; Ailments : Toothache, dropsy, wound
Arecaceae	
72.	<i>Borassus flabellifer</i> L. Common Name : Sugar palm; Malayalam: Karimbana; Sanskrit : Taalah Parts Used: Leaf, fruit; Ailments : Skin diseases, leprosy, diarrhoea
73.	<i>Phoenix sylvestris</i> (L.) Roxb. Common Name : Wild date palm; Malayalam : Katteenthal Parts Used: Leaf, stem, seed, root; Ailments : Snake bite, body pain, fever

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Aristolochiaceae	
74.	<i>Aristolochia indica</i> L. Common Name : Duck flower; Malayalam: Karalakam; Sanskrit : Ahigandha Parts Used: Whole plant; Ailments : Snake bite, fever, cholera
75.	<i>Thottea siliquosa</i> (Lam.) Ding Hou Common Name : Chakrani; Malayalam : Kuttivayana; Sanskrit : Kodassari Parts Used: Leaf, seed; Ailments : Stomach ache, poison
Asparagaceae	
76.	<i>Asparagus racemosus</i> Willd. Common Name : Spiny Asparagus; Malayalam: Shathavari; Sanskrit : Abhiruh Parts Used: Tuber, leaf; Ailments : Insufficient milk production, urine block
77.	<i>Chlorophytum arundinaceum</i> Baker. Common Name : Safed musli; Malayalam : Musali Parts Used: Ulcer, diabetes, hypertension
78.	<i>Dracaena terniflora</i> Wall. Common Name : Wild dracaena; Malayalam : Manjakanda Parts Used: Rhizome, leaf; Ailments : Cough, rheumatoid arthritis, biliousness
79.	<i>Polianthes tuberosa</i> L. Common Name : Mexican tuberose; Malayalam : Rajanighandhi Parts Used: Tuber, leaf; Ailments : Skin disease, inflammation, snake bite
80.	<i>Sansevieria roxburghiana</i> Schult. & Schult.f. Common Name : Bowsring hemp; Malayalam : Maral Parts Used: Root, leaf; Ailments : Leprosy, fever, rheumatism
Asteraceae	
81.	<i>Acmella paniculata</i> (Wall. ex DC.) R.K.Jansen Common Name : Toothache plant; Malayalam: Palluvedanachedi; Hindi : Pipulka Parts Used: Leaf, flower; Ailments : Toothache, rheumatism, stomach disorder
82.	<i>Arctium lappa</i> Willd. Common Name : Cockle buttons, Greater burdock Parts Used: Root, leaf, stem, seed.; Ailments : Cold, diabetes, liver disease
83.	<i>Artemisia nilagirica</i> (C.B.Clarke) Pamp. Common Name : Mugwort; Malayalam: Kollunnu; Sanskrit : Bahukantaka Parts Used: Tender leaf, flower top, seed; Ailments: Intestinal worms, fever,
84.	<i>Baccharoides anthelmintica</i> (L.) Moench. Common Name : Ironweed; Malayalam : Kattujeerakam Parts Used: Leaf, fruit, seed, root; Ailments : Piles, ascariasis, edema
85.	<i>Cyanthillium cinereum</i> (L.) H.Rob. Common Name : Purple fleabane; Malayalam : Poovamkurunthal; Sanskrit: Sahadevi Parts Used: Whole plant; Ailments : Fever, scorpion sting, red-eye
86.	<i>Eclipta prostrata</i> (L.) L. Common Name : Trailing eclipta ; Malayalam : Kayyonni; Sanskrit : Bringaraja Parts Used: Whole plant; Ailments : Hairfall, headache, intestinal worms

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Asteraceae (Cont'd)	
87.	<i>Elephantopus scaber</i> L. Common Name : Elephant's foot; Malayalam : Anachuvadi; Sanskrit: Kharaparnini Parts Used: Whole plant; Ailments : Cough, heart disease, hairfall
88.	<i>Emilia sonchifolia</i> (L.) DC. ex DC. Common Name : Lilac tassel flower; Malayalam : Muyalcheviyan; Sanskrit: Sasasruti Parts Used: Whole plant; Ailments : Fever, wound, fever
89.	<i>Erigeron belliioides</i> DC. Common Name : Bellorita, Daisy fleabane Parts Used: Leaf; Ailments : Diarrhoea, diabetes, cholera
90.	<i>Eupatorium triplinerve</i> Vahl Common Name : Ayapana tea; Malayalam : Ayyapaana; Sanskrit: Ayaparna Parts Used: Whole plant; Ailments : Dandruff, wound, piles
91.	<i>Pentanema indicum</i> (L.) Ling Common Name : Sonkadi; Malayalam : Kammalchedi Parts Used: Whole plant; Ailments : Scorpion sting, stomach disease, fracture
92.	<i>Santolina chamaecyparissus</i> subsp. Common Name : Cotton lavender, French lavender Parts Used: Flower, stem, leaf.; Ailments : Menstrual disease, intestinal
93.	<i>Saussurea costus</i> (Falc.) Lipsch. Common Name Costus root; Malayalam: Kottam Parts Used: Root; Ailments: Headache, tooth ache, gout
94.	<i>Sphaeranthus indicus</i> L. Common Name : Seed basil; Malayalam : Adakkamaniyan; Sanskrit : Mahamundi Parts Used: Whole plant; Ailments : Skin diseases, syphilis, blood poisoning
95.	<i>Cyanthillium cinereum</i> (L.) H.Rob. Common Name : Purple fleabane; Malayalam : Poovamkurunthal; Sanskrit: Sahadevi Parts Used: Whole plant; Ailments : Fever, scorpion sting, red-eye
96.	<i>Tagetes erecta</i> L. Common Name : African marigold; Malayalam : African Malli; Sanskrit : Jhandu Parts Used: Leaf, flower; Ailments : Ear pain, piles, rheumatism
97.	<i>Taraxacum campylodes</i> G.E.Haglund Common Name : Dandelion; Kannada : Anachuvadi; Sanskrit: Kaadu shaavanthi Parts Used: Leaf, root; Ailments : Jaundice, indigestion, fever
98.	<i>Vernonia amygdalina</i> Del. Common Name : Bitter-tea vernonia, Bitter leaf Parts Used: Leaf, root; Ailments : Fever, dysentery, diabetes
99.	<i>Wedelia chinensis</i> (Osbeck) Merr. Common Name : Chinese Wedelia; Malayalam : Manjakayyonni; Sanskrit: Kesaraja Parts Used: Leaf, flower, seed; Ailments : Cough, skin diseases, hairfall

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Basellaceae	
100.	<i>Basella alba</i> L. Common Name : Ceylon spinach; Malayalam: Vashalacheera; Sanskrit : Potaki Parts Used: Stem, leaf; Ailments : Cold, sleeplessness, blisters
Bignoniaceae	
101.	<i>Crescentia cujete</i> L. Common Name : Calabash tree; Malayalam:Thiruvattakkaya; Tamil: Tiruvottukay Parts Used: Leaf, root, bark; Ailments : Diarrhea, wound
102.	<i>Dolichandrone falcata</i> (Wall. ex DC.) Seem. Common Name : Falcate trumpet flower; Malayalam : Neerponnalyam Parts Used: Bark; Ailments : Fracture, menorrhagia
103.	<i>Kigelia africana</i> (Lam.) Benth. Common Name : Sausage tree; Malayalam : Shivakundalam Parts Used: Seed, fruit; Ailments : Measles, Stomach disease,pneumonia
104.	<i>Mansoa alliacea</i> (Lam.) A.H.Gentry Common Name : Garlic Vine; Hindi: Lahan Bel Parts Used: Whole plant; Ailments: Arthritis, rheumatism, inflammation
105.	<i>Oroxylum indicum</i> (L.) Kurz Common Name : Indian trumpet; Malayalam : Palakapayyani; Sanskrit : Dunduka Parts Used: Root, root, bark, tender fruit; Ailments : Diarrhoea, wound, inflammation
106.	<i>Radermachera xylocarpa</i> (Roxb.) Roxb. ex K.Schum. Common Name : Malayalam : Vettamkaruna; Sanskrit : Svetapatala Parts Used: Bark, seed; Ailments : Skin diseases, poison
107.	<i>Stereospermum chelonoides</i> (L.f.) DC. Common Name : Fragrant padri-tree; Malayalam : Pathiri Parts Used: Root, flower, bark; Ailments : Indigestion,fever
108.	<i>Tecoma stans</i> (L.) Juss. ex Kunth Common Name : Yellow bells, Trumpet flower Parts Used: flower, root, seed,leaf; Ailments : Cancer, Snake bite, stomach ache
Bixaceae	
109.	<i>Bixa orellana</i> L. Common Name : Anotto; Malayalam: Anotto; Sanskrit: Raktabija Parts Used: Root, seed; Ailments : Jaundice, epilepsy, constipation
Boraginaceae	
110.	<i>Cordia dichotoma</i> G.Forst. Common Name : Sebesten plum; Malayalam: Naruveli Parts Used: Leaf, Bark, Flower, fruit; Ailments : Ulcer, skin disease, headache
111.	<i>Ehretia microphylla</i> Lam. Common Name : Wild tea; Malayalam : Kattuvettila Parts Used: Leaf, root; Ailments : Diarrhea, scabies, fever

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Boraginaceae (cont'd)	
112.	<i>Heliotropium indicum</i> L. Common Name : Scorpion weed; Malayalam : Thelkada; Sanskrit : Vrischikali Parts Used: Root; Ailments : Pimples, antiseptic, dysmenorrhea
Bromeliaceae	
113.	<i>Ananas comosus</i> (L.) Merr. Common Name : Pineapple; Malayalam: Kaithachakka; Sanskrit: Anamnasa Parts Used: Leaf, fruit; Ailments : Tiredness, indigestion, intestinal worms
Burseraceae	
114.	<i>Bursera penicillata</i> (Sessé & Moc. ex DC.) Engl. Common Name : Indian lavender, Linanoe wood Parts Used: Leaf, root, bark; Ailments : Measles, sun stroke, fever
115.	<i>Canarium strictum</i> Roxb. Common Name : Black dhup; Malayalam : Pantham; Sanskrit: Mandadhupa Parts Used: Bark, fruit; Ailments : Asthma, fever, rheumatism
116.	<i>Commiphora caudata</i> (Wight & Arn.) Engl. Common Name : Hill mango; Malayalam : Idinjil; Sanskrit : Ikkata Parts Used: Bark, leaf; Ailments : Fracture, wound
117.	<i>Commiphora madagascariensis</i> Jacq. Common Name : Myrrh tree; Malayalam : Meera Parts Used: Resin, stem, leaf, essential ; Ailments : Gum disease, tuberculosis, swelling
Caesalpinaceae	
118.	<i>Bauhinia acuminata</i> L. Common Name : Dwarf white bauhinia; Malayalam : Mantharam; Sanskrit: Karbudarah Parts Used: Root, root bark, leaf; Ailments : Poison, asthma, kidney stone
119.	<i>Bauhinia purpurea</i> L. Common Name : Purple bauhinia; Malayalam : Chuvanna Mantharam; Sanskrit : Dev kanchan Parts Used: Bark, flower; Ailments : Bleeding diarrhoea
120.	<i>Caesalpinia pulcherrima</i> (L.) Sw. Common Name : Paradise flower; Malayalam : Rajamalli; Sanskrit: Krishnachuda Parts Used: Root, bark, leaf, flower; Ailments : Fever, jaundice, diarrhoea
121.	<i>Caesalpinia sappan</i> L. Common Name : Brazil wood; Malayalam : Pathimukam; Sanskrit: Bharyavriksha Parts Used: Heartwood; Ailments : Blood poisoning, skin diseases, diabetes
122.	<i>Cassia fistula</i> L. Common Name : Golden shower; Malayalam : Kanikonna; Sanskrit : Amayaghata Parts Used: Root, bark, fruit pulp; Ailments : Constipation, cancer, malaria

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Caesalpiniaceae (cont'd)	
123.	<i>Saraca asoca</i> (Roxb.) Willd. Common Name : Asoka tree; Malayalam : Ashokam; Sanskrit : Ashoka Parts Used: Bark, root, bark, flower; Ailments : Stomach ache, piles, wound
124.	<i>Senna occidentalis</i> (L.) Link Common Name : Fetid cassia; Malayalam : Ponnamveeram; Sanskrit: Chakramarda Parts Used: Leaf, seed, root; Ailments : Skin inflammation, elephantiasis, asthma
125.	<i>Senna tora</i> (L.) Roxb. Common Name : Ringworm shrub, Malayalam : Chakrathakara; Sanskrit : Dadrugna Parts Used: Whole plant; Ailments : Indigestion, leprosy, cough
Campanulaceae	
126.	<i>Lobelia nicotianifolia</i> Roth ex Schult. Common Name : Wild tobacco; Malayalam: Kattupukayila Parts Used: Leaf, bark, root; Ailments : Eye disease, bronchitis, asthma
Capparidaceae	
127.	<i>Cleome viscosa</i> L. Common Name : Dog mustard; Malayalam: Kattukaduku; Sanskrit : Arikahita Parts Used: Whole plant; Ailments : Inflammation, cough, biliousness
Caricaceae	
128.	<i>Carica papaya</i> L. Common Name : Papaya; Malayalam: Papaya; Sanskrit : Brahmairandah Parts Used: Fruit, gum, seed; Ailments : Intestinal worms, indigestion, dysentery
Celastraceae	
129.	<i>Celastrus paniculatus</i> Willd. Common Name : Black oil plant; Sanskrit: Jyotishmati Parts Used: Seed, leaf; Ailments : Paralysis, rheumatism
130.	<i>Pleurostyliia opposita</i> (Wall.) Alston. Common Name : Hindi : Piyari; Malayalam : Karuvali Parts Used: Leaf; Ailments : Wound
Cheilanthaceae	
131.	<i>Hemionitis arifolia</i> (Burm. f.) T. Moore Common Name : Heart fern; Malayalam : Elicheviyan; Sanskrit : Brihatprasarini Parts Used: Whole plant; Ailments : Fever, blisters, obesity
Clusiaceae	
132.	<i>Calophyllum inophyllum</i> L. Common Name : Alexandrian laurel; Sanskrit : Naga champa Parts Used: Bark, root, leaf; Ailments : Ulcer, wound, dysentery
133.	<i>Garcinia gummi-gutta</i> (L.) Roxb. Common Name : Indian garcinia; Malayalam : Kudampuli; Sanskrit : Vrikshamla Parts Used: Oil, fruit pulp, root, bark; Ailments Skin diseases, blisters, piles

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Clusiaceae (cont'd)	
134.	<i>Garcinia morella</i> (Gaertn.) Desr. Common Name : Indian gamboge tree; Malayalam : Kattukudampuli; Sanskrit : Hiravi Kalaskandhah Parts Used: Root; Ailments : Pimples, antiseptic, dysmenorrhea
135.	<i>Garcinia xanthochymus</i> Hook.f. ex T.Anderson Common Name : Mysore gamboge; Malayalam : Pinampuli Parts Used: Fruit, bark, leaf ; Ailments : Anorexia, jaundice, malaria
136.	<i>Mesua ferrea</i> L. Common Name : Iron wood; Malayalam : Nagakesaram; Sanskrit: Agakesara Parts Used: Flower, stamen, oil; Ailments : Skin diseases, fever, wound
Colchicaceae	
137.	<i>Gloriosa superba</i> L. Common Name : Glory lily; Malayalam: Menthonni; Sanskrit : Agnimukhi Parts Used: Rhizome; Ailments : Hair fungus, abortion
Combretaceae	
138.	<i>Getonia floribunda</i> Roxb. Common Name : Paper flower climber; Malayalam : Pullanji; Sanskrit : shvetadhataki Parts Used: Leaf, bark, fruit; Ailments : Intestinal worms, malaria, wound
139.	<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. Common Name : White murda; Malayalam Neermaruth; Sanskrit : Arjuna Parts Used: Bark; Ailments: Heart disease, inflammation, injury
140.	<i>Terminalia bellirica</i> (Gaertn.) Roxb. Common Name : Belliric myrobalan; Malayalam : Thanni; Sanskrit : Vibhitaki, Parts Used Fruit; Ailments : Cough, fever, anaemia
141.	<i>Terminalia chebula</i> Retz. Common Name : Chebulic myrobalan; Malayalam : Kadukka; Sanskrit: Chetaki Parts Used: Fruit pulp; Ailments : Indigestion, blisters, eye disease
142.	<i>Terminalia cuneata</i> Roth. Common Name : Malayalam : Vella Maruth Parts Used: Bark; Ailments : Heart disease, inflammation, injury
143.	<i>Terminalia elliptica</i> Willd. Common Name : Black murdah; Malayalam : Karimaruth; Sanskrit: Chagakarnah Parts Used: Bark; Ailments : Rheumatism, diarrhoea
144.	<i>Terminalia paniculata</i> Roth. Common Name : Kindal tree; Malayalam : Poomaruth; Sanskrit: Asvakarnah Parts Used: Bark; Ailments : Wound, cough, biliousness

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Convolvulaceae	
145.	<i>Argyreia nervosa</i> (Burm. f.) Bojer. Common Name : Elephant climber, Malayalam: Samudrapacha; Sanskrit : Antakotarapushpi Parts Used: Leaf, root; Ailments : Blood poisoning, elephantiasis, rheumatism
146.	<i>Evolvulus glomeratus</i> Nees & C. Mart. Common Name : Blue Daze; Malayalam: Vishnukanthri; Sanskrit : Shankhpushpi Parts Used: Whole plant; Ailments : Fever, wound, snake venom
147.	<i>Ipomoea batatas</i> (L.) Lam. Common Name : Sweet Potato; Malayalam: Chakarakizhagu; Sanskrit : Raktaluh Parts Used: Whole plant; Ailments : Diabetes, diarrhoea, indigestion
148.	<i>Ipomoea mauritiana</i> Jacq. Common Name : Finger leaf morning-glory; Malayalam : Palmuthuku; Sanskrit: Ksheeravidarii Parts Used: Root; Ailments : Weight loss, liver disease, insufficient milk production
149.	<i>Ipomoea obscura</i> (L.) Ker Gawl. Common Name : Morning glory; Malayalam : Thiruthali; Sanskrit: aksmana Parts Used: Whole plant; Ailments : Asthma, hair fall, cold
150.	<i>Operculina turpethum</i> (L.) Silva Manso Common Name : Indian jalap; Malayalam : Trikolponna; Sanskrit : Ardhachandra Parts Used: Leaf; Ailments : Cough, fever, jaundice
Cornaceae	
151.	<i>Mastixia arborea</i> (Wight) C.B. Clarke Common Name : Kannada : Gulla; Malayalam: Kaattukarpooram Parts Used: Bark, leaf, sap; Ailments : Inflammation
Costaceae	
152.	<i>Chamaecostus subsessilis</i> (Nees & Mart.) C.D. Specht & D.W. Stev. Common Name : Fiery Costus; Sanskrit: Bandhukapushpa Parts Used: Leaf; Ailments : Diabetes, stomach ache, poison
153.	<i>Cheilocostus speciosus</i> (J. Koenig) C.D. Specht Common Name : Crepe ginger; Malayalam: Chanakoova; Sanskrit : Kemuka Parts Used: Rhizome; Ailments : Cough, biliousness, fever
154.	<i>Costus pictus</i> D. Don Common Name : Spotted spiral ginger ; Malayalam: Insulin chedi; Sanskrit : Pushkarmula Parts Used: Leaf; Ailments : Diabetes, stomach ache, poison
Crassulaceae	
155.	<i>Bryophyllum pinnatum</i> (Lam.) Oken. Common Name : Air plant; Malayalam : Ilamulachi; Sanskrit: Asthibhaksha Parts Used: Leaf; Ailments : Blister, diarrhoea, asthma

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Cucurbitaceae	
156.	<i>Coccinia grandis</i> (L.) Voigt Common Name : Ivy gourd; Malayalam: Koval; Sanskrit : Bimba Parts Used: Whole plant; Ailments : Mouth ulcer, skin diseases, jaundice
157.	<i>Momordica cochinchinensis</i> (Lour.) Spreng Common Name : Gac fruit; Malayalam: Mullan Paval Parts Used: Leaf, root, seed, fruit; Ailments : Rheumatism, wound, lumbar pain
Cyperaceae	
158.	<i>Cyperus malaccensis</i> Lam. Common Name : Shichito matgrass; Malayalam: Kalimuthanga; Sanskrit : Mustaka Parts Used: Rhizome; Ailments : Headache, rheumatism
159.	<i>Cyperus rotundus</i> L. Common Name : Nut grass; Malayalam: Muthanga; Sanskrit : Musta Parts Used: Tuber; Ailments : Diarrhoea, dysentery, indigestion
160.	<i>Desmostachya bipinnata</i> (L.) Stapf Common Name : Sacrificial grass; Malayalam: darbha; Sanskrit : Barhi Parts Used: Root; Ailments : Kidney stone, inflammation, urine block
Dichapetalaceae	
161.	<i>Dichapetalum gelonioides</i> (Roxb.) Engl. Common Name : Gelonium poison-leaf; Malayalam : Kattukappi Parts Used: Bark; Ailments : Cancer, tumour
Dilleniaceae	
162.	<i>Dillenia indica</i> L. Common Name : Elephant apple-leaf; Malayalam : Malamboona Parts Used: Bark, fruit, leaf; Ailments : Stomach ache, cough, diabetes
Dipterocarpaceae	
163.	<i>Shorea roxburghii</i> G.Don Common Name : Taloor lac tree; Sanskrit : Aswakarnah Parts Used: Bark, flower; Ailments : Dysentery, heart disease, fever
164.	<i>Vateria indica</i> L. Common Name : White dammar; Malayalam: Vellakunthirikam; Sanskrit : Ajakarna Parts Used: Gum; Ailments : Ear pain, piles, itches
Ebenaceae	
165.	<i>Diospyros discolor</i> Willd. Common Name : English butter fruit; Malayalam : Velvet Apple; Sanskrit : Mabolo Parts Used: Root, leaf, fruit; Ailments : Cough, fever, diarrhoea
166.	<i>Diospyros ebenum</i> J.Koenig ex Retz. Common Name : Ceylon ebony ; Malayalam: Karimaram; Sanskrit : Abnus Parts Used: Flower, fruit, seed, bark; Ailments : Skin diseases, diarrhoea

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Elaeagnaceae	
167.	<i>Elaeagnus conferta</i> Roxb. Common Name : Wild olive; Malayalam : Ankkolapazham Parts Used: Fruit, leaf, bark, seed; Ailments : Ulcer, indigestion, cough
Elaeocarpaceae	
168.	<i>Elaeocarpus floribundus</i> Blume. Common Name : Indian olive; Malayalam: Indian olive Parts Used: Bark, leaf, fruit; Ailments : Inflamed gum, ulcer
Elaeocarpaceae (cont'd)	
169.	<i>Elaeocarpus ganitrus</i> Roxb.ex G.Don Common Name : Olive nut; Malayalam: Rudraksham; Sanskrit : Rudraksah Parts Used: Fruit; Ailments : Small pox, sore feet, cough
170.	<i>Elaeocarpus serratus</i> L. Common Name : Ceylon olive; Malayalam: Bhadraksham; Sanskrit : Aravata Parts Used: Leaf, fruit; Ailments : Rheumatism, diabetes, diarrhoea
Euphorbiaceae	
171.	<i>Acalypha fruticosa</i> Forssk. Common Name : Birch-leaved cat tail; Malayalam: Perimunjia; Sanskrit : Muktavarchaa Parts Used: Whole plant; Ailments : Diarrhoea, fever, headache
172.	<i>Aporosa cardiosperma</i> (Gaertn.) Merr. Common Name : Lindley's aporosa; Malayalam: Vetti; Sanskrit : Shakotakah Parts Used: Bark; Ailments : Menstrual pain, eye disease, diarrhoea
173.	<i>Baliospermum solanifolium</i> (Burm.) Suresh Common Name : Red physic nut; Malayalam: Nagadanthi; Sanskrit : Artagala Parts Used: Root; Ailments : Cough, piles, itches
174.	<i>Bridelia stipularis</i> (L.) Blume Common Name : Climbing bridelia ; Malayalam: Kanjikottam; Sanskrit : Ghonta Parts Used: Leaf, root; Ailments : Asthma, biliousness, ulcer
175.	<i>Croton tiglium</i> L. Common Name : Purging croton; Malayalam: Neervalam; Sanskrit : Jayapala Parts Used : Seed, leaf, root; Ailments : Cancer, constipation, snake bite
176.	<i>Drypetes confertiflora</i> (Hook.f.)Pax &K.Hoffm. Common Name : Malayalam : Kaduvapidukkan Parts Used: Fruit, bark; Ailments : Fever, rheumatism
177.	<i>Euphorbia nivulia</i> Buch.-Ham. Common Name : Leafy milk hedge; Malayalam: Ilakalli; Sanskrit : Adhoguda Parts Used: Gum, root, leaf, fruit; Ailments : Wound, abdominal pain, haemorrhoid
178.	<i>Excoecaria agallocha</i> L. Common Name : Milky mangrove; Malayalam: Komatti Parts Used: Latex, bark, root; Ailments : Ulcer, asthma, vomiting

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Euphorbiaceae (Cont'd)	
179.	<i>Falconeria insignis</i> Royle Common Name : Tiger's milk spruce; Malayalam: Kalmaram Parts Used: Stem, leaf; Ailments : Eczema, dermatitis, constipation
180.	<i>Jatropha curcus</i> L. Common Name : Physic nut; Malayalam: Kattavanakku; Sanskrit : Dravanti Parts Used Stem, gum; Ailments : Itches, pyorrhoea
181.	<i>Jatropha gossypifolia</i> L. Common Name : Bellyache bush; Malayalam : Sheemavanakku; Sanskrit : Nikumbha Parts Used: Seed, root, bark; Ailments : Constipation, vomiting, itches
182.	<i>Jatropha maheshwarii</i> Subram. & Nayar Common Name : Maheshwari's Jatropha; Tamil : Araalai Parts Used: Root, leaf, seed, fruit; Ailments : Rheumatism, inflammation, skin disease
183.	<i>Jatropha multifida</i> L. Common Name : Coral bush; Malayalam : Choorakalli; Sanskrit : Brihaddenti Parts Used: Seed, fruit, gum, stem; Ailments : Skin diseases, piles, wound
184.	<i>Jatropha tanjorensis</i> J.L.Ellis & Saroja Common Name : Barbados nut; Malayalam : Kammatti Parts Used: Sap, seed oil; Ailments : Snake bite, cancer, rheumatism
185.	<i>Phyllanthus acidus</i> (L.) Skeels. Common Name : Star gooseberry; Malayalam : Arinelli; Sanskrit : Lavaliphala Parts Used: Root, leaf, fruit; Ailments : Anaemia, indigestion, kidney stone
186.	<i>Phyllanthus amarus</i> Schumach. & Thonn. Common Name : Niruri; Malayalam: Keezharnelli; Sanskrit : adhyanda Parts Used: Whole plant; Ailments : Jaundice, bleeding diarrhoea, stomach ache
187.	<i>Phyllanthus emblica</i> L. Common Name : Indian gooseberry; Malayalam: Nelli; Sanskrit : Dhatri Parts Used: Root, bark, fruit; Ailments : Diabetes, eye diseases, hyper-acidity
188.	<i>Putranjiva roxburghii</i> Wall. Common Name : Child-life tree; Malayalam: Poothilanji; Sanskrit : Putranjivah Parts Used: Leaf, seed; Ailments : Rheumatism, fever, constipation
189.	<i>Ricinus communis</i> L. Common Name : Red castor; Malayalam: Avanaku; Sanskrit : Panchangula Parts Used: Leaf, seed; Ailments : Inflammation, body pain, back pain
190.	<i>Sauropus androgynus</i> (L.) Merr. Common Name : Tropical asparagus; Malayalam: Pressure Cheera; Sanskrit : Svadutandula Parts Used Leaf, root; Ailments : Fever, insufficient milk production
191.	<i>Tragia involucrata</i> L.. Common Name : Stinging nettle; Malayalam : Kodithoova; Sanskrit : Dusparsa Parts Used: Whole plant; Ailments : Rheumatism, biliousness, cough

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Fabaceae	
192.	<i>Abrus precatorius</i> L. Common Name : Coral pea; Malayalam: Kunni; Sanskrit : Bhilabhushana Parts Used: Root, leaf, seed; Ailments : Mouth ulcer, cough, inflammation, headache
193.	<i>Bauhinia scandens</i> L. Common Name : Snake climber; Malayalam: Nagavalli; Sanskrit : Kanchanara Parts Used: Fruit, seed; Ailments : Hair fall, poison
194.	<i>Butea monosperma</i> (Lam.) Taub. Common Name : Bengal kino; Malayalam: Plash; Sanskrit : Bandhukapushpa Parts Used: Whole plant; Ailments : Intestinal worms, bleeding, itches
195.	<i>Clitoria ternatea</i> L. Common Name : Blue vine; Malayalam: Shankupushpam; Sanskrit : Andrikarni Parts Used: Whole plant; Ailments : Fever, body weakness, sleeplessness
196.	<i>Desmodium gangeticum</i> (L.) DC. Common Name : Sal leaved desmodium; Malayalam: Orila; Sanskrit : Salaparni Parts Used: Whole plant; Ailments : Rheumatism, biliousness, cough, heart disease
197.	<i>Desmodium gyrans</i> (L.f.) DC. Common Name : Praying plant; Malayalam: Thozhukanni; Sanskrit : Namaskari Parts Used: Flower, bark; Ailments : Hair fall, headache, intestinal worms
198.	<i>Desmodium triflorum</i> (L.) DC. Common Name : Creeper tick trefoil; Malayalam: Nilamparantha; Sanskrit : Hamsapadi Parts Used: Whole plant; Ailments : Phlegm, asthma, fever
199.	<i>Desmodium velutinum</i> (Willd.) DC. Common Name : Velvet-leaf desmodium; Malayalam: Orila; Sanskrit : Prsniparni Parts Used : Leaf; Ailments : Fever, vomiting, uterine ulcer
200.	<i>Erythrina variegata</i> L. Common Name : Indian coral tree; Malayalam : Mullumuriku; Sanskrit : Bahupushpa Parts Used: Leaf, bark; Ailments : Indigestion, biliousness, cough
201.	<i>Indigofera tinctoria</i> L. Common Name : Indian indigo; Malayalam : Neelamari; Sanskrit : Neelini Parts Used: Whole plant, fruit; Ailments : Jaundice, rheumatoid arthritis, lizard poison
202.	<i>Pongamia pinnata</i> (L.) Pierre Common Name : Indian beech; Malayalam : Ungu; Sanskrit : Gucchapushpa Parts Used: Whole plant; Ailments : Wound, skin diseases, blood poisoning
203.	<i>Pseudarthria viscida</i> (L.) Wight & Arn. Common Name : Viscid pseudarthria; Malayalam : Moovila; Sanskrit : Chitraparni Parts Used: Whole plant; Ailments : Heart disease, diarrhoea, rheumatism
204.	<i>Pterocarpus marsupium</i> Roxb. Common Name : Indian kino tree; Malayalam : Venga; Sanskrit : Asana Parts Used: Heartwood, bark, gum; Ailments : Diarrhoea, tooth ache, itches

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Fabaceae (Cont'd)	
205.	<i>Pterocarpus santalinus</i> L.f. Common Name: Red sandal wood; Malayalam: Rakthachandanam; Sanskrit : Raktachandana Parts Used: Heartwood; Ailments : Headache, bleeding piles, vomiting
206.	<i>Senna alata</i> (L.) Roxb. Common Name : Stinking weed; Malayalam: Aanathakara; Sanskrit : Kasamarda, Parts Used: Leaf, seed; Ailments : Itches, scabies
207.	<i>Spatholobus parviflorus</i> (DC.) Kuntze Common Name : Bando lata; Malayalam: Valli Plashu; Tamil : Pilachi Valli Parts Used: Stem , root; Ailments : Fever, blood poisoning
208.	<i>Tamarindus indica</i> L. Common Name : Tamarind tree; Malayalam: Puli; Sanskrit : Tindida Parts Used: Leaf, flower, fruit pulp, seed; Ailments : Rheumatism, small pox, piles
209.	<i>Tephrosia purpurea</i> (L.) Pers. Common Name : Wild indigo; Malayalam: Kozhinjil; Sanskrit : Banapunkha Parts Used : Whole plant; Ailments : Intestinal worms, stomach ache
Flacourtiaceae	
210.	<i>Flacourtia jangomas</i> (Lour.) Raeusch. Common Name : Coffee plum; Malayalam : Luvikka; Sanskrit : Ahini Parts Used: Bark, leaf, fruit; Ailments : Cough, biliousness, diarrhoea
211.	<i>Hydnocarpus pentandrus</i> (Buch.-Ham.) Oken Common Name : Chaulmugra; Malayalam: Marotti; Sanskrit : Garudaphala Parts Used: Whole plant ; Ailments : Leprosy, rheumatoid arthritis, skin disease
212.	<i>Pelargonium graveolens</i> L'Hér. Common Name : Scented-leaved geranium; Malayalam : Rose Jeranium Parts Used: Leaf; Ailments : Headache, body pain, skin disease
Goodeniaceae	
213.	<i>Scaevola taccada</i> (Gaertn.) Roxb. Common Name : Half flower; Malayalam : Vellamodakam Parts Used: Bark, root, leaf, Fruit; Ailments : Skin disease, piles, ulcer
Hippocrateaceae	
214.	<i>Salacia fruticosa</i> Wall. Common Name : Malayalam : Vellamodakam; Sanskrit : Muchukunda Parts Used: Root, fruit; Ailments : Skin diseases, jaundice
Hypoxidaceae	
215.	<i>Curculigo orchioides</i> Gaertn. Common Name : Black musli; Malayalam : Nilapana; Sanskrit : Musali Parts Used: Rhizome; Ailments : Blood poisoning, jaundice, cough

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

 Icacinaceae 	
216.	<i>Nothapodytes nimmoniana</i> (J.Graham) Mabb. Common Name : Ghanera; Malayalam : Peenari Parts Used: Bark, sap; Ailments : Tumour
217.	<i>Sarcostigma kleinii</i> Wight & Arn. Common Name : Sarcostigma; Malayalam : Valliyodal; Sanskrit : Ingudi Parts Used: Leaf, bark, fruit; Ailments : Headache, ulcer, skin diseases
 Lamiaceae 	
218.	<i>Clerodendrum indicum</i> (L.) Kuntze Common Name : Tube flower; Sanskrit : Bhargi Parts Used: Root, leaf; Ailments : Indigestion, cough, tuberculosis
219.	<i>Clerodendrum phlomidis</i> L.f. Common Name : Glory bower; Malayalam : Munja Parts Used: Root, bark, leaf; Ailments : Anaemia, diabetes, asthma
220.	<i>Coleus forskohlii</i> (Willd.) Briq. Common Name : Indian coleu; Hindi : Makandi Parts Used: Whole plant; Ailments : Cancer, asthma, blood pressure
221.	<i>Leucas aspera</i> (Willd.) Link Common Name : Common leucas; Malayalam : Thumba; Sanskrit : Dronapushpi Parts Used: Whole plant; Ailments : Poison, fever, scorpion sting
222.	<i>Leucas zeylanica</i> (L.) W.T.Aiton Common Name : Leucas, Ceylon leucas Parts Used: Whole plant; Ailments : Snake bite, skin disease, leucorrhoea
223.	<i>Melissa officinalis</i> L. Common Name : Lemon balm; Malayalam : Meleesa Parts Used: Whole plant; Ailments : Insomnia, headache, hypertension
224.	<i>Mentha piperita</i> L. Common Name : Peppermint; Malayalam : Peppermint; Sanskrit : Phudina Parts Used: Leaf, flower; Ailments : Headache, rheumatism, vomiting
225.	<i>Ocimum basilicum</i> L. Common Name : Lemon basil; Malayalam : Ramathulasi; Sanskrit : Ajagandhika Parts Used: Whole plant; Ailments : Intestinal worms, poison, mental depression
226.	<i>Ocimum gratissimum</i> L. Common Name : Wild basil; Sanskrit : Ajaka Parts Used: Leaf, stem; Ailments : Fever, stomach ache, malaria
227.	<i>Ocimum kilimandscharicum</i> Gürke. Common Name : African blue basil; Malayalam : Karpoorathulasi Parts Used: Leaf, stem, seed; Ailments : Diabetes, cholera, ulcer

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Lamiaceae (cont'd)	
228.	<i>Ocimum tenuiflorum</i> L. Common Name : Holy basil; Malayalam : Thulasi; Sanskrit : Ajaka Parts Used: Leaf, flower; Ailments : Small pox, jaundice, malaria
229.	<i>Orthosiphon aristatus</i> (Blume) Miq. Common Name : Cats whiskers; Malayalam : Poochameesa; Sanskrit : Marjarasmasru Parts Used: Whole plant; Ailments : Kidney stone, cough, diabetes
230.	<i>Plectranthus amboinicus</i> (Lour.) Spreng. Common Name : Country Borage; Malayalam : Panikoorkka; Sanskrit : Pashanbhedi Parts Used: Stem, leaf; Ailments : Diarrhoea, cholera, intestinal worms
231.	<i>Plectranthus hadiensis</i> (Forssk.) Schweinf. ex Sprenger Common Name : Vicks plant; Malayalam : Iruveli; Sanskrit : Hirvera Parts Used: Whole plant; Ailments : Poison, bleeding, skin diseases
232.	<i>Plectranthus rotundifolius</i> (Poir.) Spreng Common Name : Chinese potato; Malayalam : Koorkka; Tamil: Hirvera Parts Used: Tuber; Ailments : Eye disease, diarrhoea, vomiting
233.	<i>Pogostemon heyneanus</i> Benth. Common Name : Indian patchouli; Malayalam : Pacholi; Sanskrit : Paci Parts Used: Root; Ailments : Cough, asthma, headache
234.	<i>Rosmarinus officinalis</i> L. Common Name : Rosemary; Malayalam : Rosemary Parts Used: Stem, leaf; Ailments : Memory loss, muscle pain, hair fall
235.	<i>Rotheca serrata</i> (L.) Steane & Mabb. Common Name Blue fountain bush; Malayalam : Cheruthekku Parts Used: Whole plant; Ailments : Asthma, leprosy, skin disease
236.	<i>Vitex negundo</i> L. Common Name : Malayalam : Karinochi; Sanskrit : Neelmanjari Parts Used: Leaf, bark, root; Ailments : Liver disease, arthritis, epilepsy
237.	<i>Vitex trifolia</i> L. Common Name : Vitex; Malayalam : Vellanochi Parts Used: Leaf, root; Ailments : Throat infection, asthma, breast cancer
238.	<i>Volkameria aculeata</i> L. Common Name : Hagggar bush; Malayalam : Puzhamulla Parts Used: Leaf; Ailments : Fever
239.	<i>Volkameria inermis</i> L. Common Name : Seaside clerodendrum; Malayalam : Neernochi Parts Used: Leaf, bark, root; Ailments : Fever, rheumatism, skin disease

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Lauraceae	
240.	<i>Cinnamomum camphora</i> (L.) J.Presl Common Name : Camphor tree; Malayalam: Karpooram; Sanskrit : Candraprabha Parts Used: Bark; Ailments : Fever, cough, rheumatism
241.	<i>Cinnamomum verum</i> J.Presl Common Name : Cinnamon; Malayalam: Ilabangam; Sanskrit : Bahugandha Parts Used: Bark; Ailments : Fever, depressiveness, vomiting
242.	<i>Laurus nobilis</i> L. Common Name : Bay leaf; Sanskrit : Tamalapatra Parts Used: Leaf, bark; Ailments : Diarrhea, wound, skin disease
243.	<i>Persea macrantha</i> (Nees) Kosterm. Common Name : Machils; Malayalam: Kulirmavu; Sanskrit : Picchilataru Parts Used: Bark, fruit; Ailments : Asthma, cough
Lecythidaceae	
244.	<i>Barringtonia acutangula</i> (L.) Gaertn. Common Name : Indian oak; Malayalam: Neerpezhu Parts Used: Bark, root, fruit, seed; Ailments : Wound, ulcer, diarrhoea
245.	<i>Barringtonia racemosa</i> (L.) Spreng. Common Name : Powderpuff mangrove; Malayalam: Samudracham Parts Used: Leaf, seed, root, bark; Ailments : Chickenpox, cough, asthma
246.	<i>Careya arborea</i> Roxb. Common Name : Ceylon oak; Sanskrit : Pezhu; Sanskrit : Bhadrendrani Parts Used: Bark, flower; Ailments : Ulcer, tumour, cough
247.	<i>Couropita guianensis</i> Aubl. Common Name : Cannon Ball Tree; Malayalam: Nagalingam; Sanskrit : Nagalingataru Parts Used: Fruit, leaf; Ailments : Tumour, malaria, toothache
Leeaceae	
248.	<i>Leea macrophylla</i> Roxb. ex Hornem. Common Name : Malayalam : Njallu; Sanskrit : Samudrika Parts Used: Leaf, fruit, root, bark; Ailments : Wound, ring worm, cancer
Leguminosae	
249.	<i>Acacia farnesiana</i> (L.) Willd. Common Name : Fragrant acacia; Kannada : Kasturigibbali Parts Used: Bark, flower, leaf; Ailments : Cough, leucorrhoea, tuberculosis
250.	<i>Albizia amara</i> (Roxb.) B.Boivin Common Name : Krishna Siris; Malayalam : Varachi Vaaka Parts Used: Fruit, root , bark, leaf; Ailments : Pneumonia, tuberculosis, malaria
251.	<i>Bauhinia tomentosa</i> L. Common Name : Yellow bauhinia; Malayalam : Manja Mantharam; Sanskrit : Phalgu Parts Used: Bark, root bark, fruit, seed; Ailments : Liver disease, snake bite, cough

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Leguminosae (cont'd)	
252.	<i>Caesalpinia bonduc</i> (L.) Roxb. Common Name : Fever nut; Malayalam : Kazhanji Parts Used: Seed, bark, leaf, root; Ailments : Swelling, diabetes, liver disease
253.	<i>Christia vespertilionis</i> (L.f.) Bakh.f. Common Name : Red butterfly wing; Malayalam : Shalabhachedi; Sanskrit : Mariposa Parts Used: Whole plant; Ailments : Snake bite, cancer, tuberculosis
254.	<i>Cynometra travancorica</i> Bedd. Common Name : Cynometra; Malayalam : Koori Parts Used: Fruit, bark, leaf; Ailments : Inflammation, skin disease
255.	<i>Desmodium oojainense</i> (Roxb.) H.Ohashi. Common Name: Chariot tree; Malayalam : Malavenga Parts Used: Root, fruit, bark; Ailments : Wound, diarrhoea, anaemia
256.	<i>Erythrina suberosa</i> Roxb. Common Name: Indian coral tree ; Malayalam : Mullumurikku Parts Used: Seed, leaf, bark, flower; Ailments : Wound, digestion, ear pain
257.	<i>Glycyrrhiza glabra</i> L. Common Name: Licorice; Malayalam : Irattimadhuram Parts Used: Root; Ailments : Phlegm, cough, over weight
258.	<i>Humboldtia brunonis</i> Wall. Common Name: Brown's humboldtia; Malayalam : Kattasokam; Kannada: Hasige mara Parts Used: Bark; Ailments : Menstrual disorder
259.	<i>Indigofera longiracemosa</i> Baill. Common Name : Indigo plant; Malayalam: Neelamari Parts Used: Whole plant; Ailments : Liver disorder, arthritis
260.	<i>Indigofera mysorensis</i> DC. Common Name : Mysore paniced Indigo; Kannada: Kempu gogge Parts Used: Whole plant; Ailments : Liver disorder, arthritis
261.	<i>Kingiodendron pinnatum</i> (DC.) Harms Common Name : Malayalam : Kulavu; Kannada: Enne Mara Parts Used: Leaf, bark, root; Ailments : Respiratory disease, sore, gonorrhoea
262.	<i>Mundulea sericea</i> (Willd.) A.Chev. Common Name : Cork bush; Malayalam: Cork bush Parts Used: Root, bark; Ailments : Indigestion, stomach ache, infertility
263.	<i>Parkia timoriana</i> (DC.) Merr. Common Name : Tree Bean ; Kannada: Shivalingada mara Parts Used: Bark, leaf, seed; Ailments : Fever, vomiting, toothache
264.	<i>Prosopis juliflora</i> (Sw.) DC. Common Name : Velvet mesquite; Malayalam: Vanni Parts Used: Stem, leaf, root, gum; Ailments : Scabies, wound, cholera

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Leguminosae (cont'd)	
265.	<i>Tephrosia purpurea</i> (L.) Pers. Common Name : Purple tephrosia; Malayalam: Kozhinjil Parts Used: Whole plant; Ailments : Leprosy, ulcer, liver diseases
Loganiaceae	
266.	<i>Strychnos nux-vomica</i> L. Common Name : Snake-wood; Malayalam: Kanjiram; Sanskrit : Vishatindukam Parts Used: Whole plant; Ailments : Rheumatoid arthritis, arthritis, inflammation
267.	<i>Strychnos potatorum</i> L.f. Common Name : Clearing nut; Malayalam: Kanjiram; Sanskrit : Ambuprasadana Parts Used: Seed, root; Ailments : Leprosy, diabetes, cough
Lythraceae	
268.	<i>Lawsonia inermis</i> L. Common Name : Henna; Malayalam: Mailanji; Sanskrit : Mendhika Parts Used: Leaf, flower, seed; Ailments : Leprosy, diabetes, whitlow
269.	<i>Punica granatum</i> L. Common Name : Red bell bush; Malayalam: Thathiri; Sanskrit : Agnijvala Parts Used: Flower; Ailments : Diarrhoea, dysentery, leprosy
Magnoliaceae	
270.	<i>Magnolia champaca</i> (L.) Baill. ex Pierre Common Name : Joy perfume tree; Malayalam: Champakam; Sanskrit : Champakah Parts Used: Bark, flower, bud, root, bark; Ailments : Malaria, wound, sore feet
Malpighiaceae	
271.	<i>Hiptage benghalensis</i> (L.) Kurz Common Name : Helicopter flower; Malayalam: Njerambodal; Hindi : Madhavi latha Parts Used: Leaf, bark; Ailments : Phlegm, asthma
Malvaceae	
272.	<i>Abelmoschus moschatus</i> Medik. Common Name : Musk mallow; Malayalam: Kasthoorivenda; Sanskrit : Latakasturika Parts Used: Root, leaf, seed; Ailments : Bad breath, mouth ulcer
273.	<i>Ceiba pentandra</i> (L.) Gaertn. Common Name : White silk-cotton tree; Malayalam: Panjimaram Parts Used: Bark, root, leaf; Ailments : Wound, cough, tuberculosis
274.	<i>Firmiana simplex</i> (L.) W.Wight Common Name : Chinese parasol tree; Malayalam: Malambaruthi Parts Used: Leaf, root, seed; Ailments : Swelling, piles, sore
275.	<i>Gossypium hirsutum</i> L. Common Name : Chinese parasol tree; Malayalam: Paruthi Parts Used: Leaf, bark, root; Ailments : Nerve pain, headache

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Malvaceae (cont'd)	
276.	<i>Hibiscus hispidissimus</i> Griff. Common Name : Wild hibiscus; Malayalam: Njaranpuli; Sanskrit : Sathambasthi Parts Used: Root, leaf; Ailments : Intestinal worms, eye diseases
277.	<i>Hibiscus rosa-sinensis</i> L. Common Name : hibiscus; Malayalam: Chembarathi; Sanskrit : Ragapuspi Parts Used: Whole plant; Ailments : Hair fall, bleeding diarrhoea, headache
278.	<i>Hibiscus sabdariffa</i> L. Common Name : Red sorrel; Malayalam: Pulivenda; Sanskrit : Ambasthaki Parts Used: Seed, leaf; Ailments : Erysipelas, blood poisoning, wound
279.	<i>Hildegardia populifolia</i> Schott & Endl. Common Name : Poplar leaved ardor; Malayalam: Malamboovarash Parts Used : Bark, leaf; Ailments : Inflammation, body pain
280.	<i>Pterygota alata</i> (Roxb.) R.Br. Common Name : Buddha Coconut; Malayalam: Porila Parts Used : Seed, bark; Ailments : Skin disease, wound, fever
281.	<i>Sida rhombifolia</i> L. Common Name : Common sida; Malayalam: Kurumthotti; Sanskrit : Bala Parts Used : Whole plant; Ailments : Piles, rheumatic fever, gonorrhoea
282.	<i>Thespesia populnea</i> (L.) Sol. ex Corrêa Common Name : Umbrella tree; Malayalam: Puvarashu; Sanskrit : Haripuccha Parts Used : Bark, leaf, flower, seed; Ailments : Skin disease, inflammation, wound
Marantaceae	
283.	<i>Indianthus virgatus</i> (Roxb.) Suksathan & Borchs Common Name : White Indianthus; Malayalam: Kattukoova Parts Used: Tuber; Ailments : Urine block, indigestion, diarrhoea
284.	<i>Maranta arundinacea</i> L. Common Name : Arrowroot; Malayalam: Koova; Sanskrit : Tuvaksheeri Parts Used: Tuber; Ailments : Cough, fatigue, biliousness
285.	<i>Stachyphrynium spicatum</i> (Roxb.) K.Schum. Common Name : spiked arrow root; Malayalam: Kattukoova Parts Used: Tuber; Ailments : Kidney stone, vomiting
Melastomataceae	
286.	<i>Melastoma malabathricum</i> L. Common Name : Iron wood tree; Malayalam: Athirani; Sanskrit : Anjan Parts Used: Root, leaf, flower; Ailments : Tooth ache, stomach ache, diarrhoea
287.	<i>Memecylon malabaricum</i> Kostel. Common Name : Ironwood; Malayalam: Karayambo Parts Used: Fruit, bark, leaf, flower; Ailments : Inflammation, skin disease, diabetes

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Melastomataceae (cont'd)	
288.	<i>Memecylon randerianum</i> S.M.Almeida & M.R.Almeida Common Name : Malabar Memecylon; Malayalam: Kasumavu; Sanskrit : Anjani Parts Used: Leaf, fruit; Ailments : Diarrhoea, gonorrhoea
Meliaceae	
289.	<i>Aglaia elaeagnoidea</i> (A.Juss.) Benth. Common Name : Malayalam: Cheeralam; Sanskrit : Gundraphala Parts Used: Bark, leaf; Ailments : Inflammation, skin disease
290.	<i>Aphanamixis polystachya</i> (Wall.) R.Parker Common Name : Tasua; Malayalam: Chemmaram; Sanskrit : Ksharayogya Parts Used: Bark, seed; Ailments : Tumour, rheumatism, liver disease
291.	<i>Azadirachta indica</i> A.Juss. Common Name : Neem; Malayalam: Aryaveppu; Sanskrit : Arishta Parts Used: Leaf, oil, bark; Ailments : Leprosy, skin diseases, intestinal worms
292.	<i>Chukrasia tabularis</i> A.Juss. Common Name : Chitta gong wood; Malayalam: Akil; Sanskrit : Chanana Parts Used: Bark, oil; Ailments : Joint pain, wound
293.	<i>Cipadessa baccifera</i> (Roth) Miq. Common Name : Malayalam: Pulippanchedi; Sanskrit : Nal Bila Parts Used: Bark, leaf, root; Ailments : Snake bite, indigestion, Inflammation
294.	<i>Khaya senegalensis</i> (Desv.) A.Juss. Common Name : Dry zone mahogany, African mahogany Parts Used: Bark, seed, leaf, root; Ailments : Fever, jaundice, diarrhoea
295.	<i>Naregamia alata</i> Wight & Arn. Common Name : Goa ipecacuanha; Malayalam : Nilanarakam; Sanskrit : Amlavalli Parts Used: Root, leaf, stem; Ailments : Diarrhoea, vomiting, rheumatism
296.	<i>Soymida febrifuga</i> (Roxb.) A. Juss. Common Name : Indian redwood; Sanskrit : Mansrohini Parts Used: Bark, heart wood; Ailments : Diarrhoea, fever, rheumatism
Menispermaceae	
297.	<i>Anamirta cocculus</i> (L.) Wight & Arn. Common Name : Fish berries; Malayalam: Pollakaya; Sanskrit : Garalaphala Parts Used: Fruit, leaf; Ailments : Cough, ulcer
298.	<i>Coscinium fenestratum</i> (Goetgh.) Colebr. Common Name : False calumba root; Malayalam: Maramanjil; Sanskrit : Canda Parts Used: Bark, root, stem; Ailments : Skin rash, eye disease, wound
299.	<i>Cyclea peltata</i> (Lam.) Hook.f. & Thomson. Common Name : Buckler-leaved moon-seed; Malayalam: Padakizhagu; Sanskrit : Bruhat Patha Parts Used: Root, leaf; Ailments : Fever, wound, skin diseases

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Menispermaceae (cont'd)	
300.	<i>Tiliacora racemosa</i> Colebr. Common Name : Snake-wood; Malayalam: Vallikanjiram; Sanskrit : Vishadruma Parts Used: Root; Ailments : Snake bite, diabetes
301.	<i>Tinospora sinensis</i> (Lour.) Merr. Common Name : Wild eggplant; Malayalam : Chittamrith; Sanskrit : Nidigdhika Parts Used: Stem; Ailments : Kidney disease, fever, jaundice
Mimosaceae	
302.	<i>Acacia catechu</i> (L.f.) Willd. Common Name : Khair gum; Malayalam: Karingali; Sanskrit : khadira Parts Used: Heartwood, flower, stem; Ailments : Tooth disease, cough, diabetes
303.	<i>Adenanthera pavonina</i> L. Common Name : Coral-wood; Malayalam: Manjadi; Sanskrit : Ksharaka Parts Used: Bark, leaf, seed; Ailments : Fever, vomiting, diarrhoea
304.	<i>Albizia lebbek</i> (L.) Benth. Common Name : Siris tree; Malayalam: Vaka; Sanskrit : Barhapushpa Parts Used: Seed, bark, leaf, root; Ailments : Cancer, diabetes
305.	<i>Mimosa pudica</i> L. Common Name : Mimosa plant; Malayalam: Thottavadi; Sanskrit : Samanga Parts Used: Whole plant; Ailments : Blood poisoning, itches, breathlessness
Moraceae	
306.	<i>Artocarpus heterophyllus</i> Lam. Common Name : Jackfruit tree; Malayalam : Plavu; Sanskrit : Panasa Parts Used: Leaf, fruit, seed, gum; Ailments : Fever, skin disease, cataract
307.	<i>Artocarpus hirsutus</i> Lam. Common Name : Wild jack; Malayalam : Anjili; Sanskrit : Lakucuh Parts Used: Fruit, bark, leaf; Ailments : Pimple, biliousness, ulcer
308.	<i>Artocarpus lacucha</i> Buch.-Ham. Common Name : Monkey jack; Malayalam : Pulingchakka Parts Used: Seed, fruit; Ailments : Fever, skin disease, liver disorder
309.	<i>Dorstenia indica</i> Wight Common Name : Shield flower; Sanskrit : Dorstenia Parts Used: Whole plant; Ailments : Phlegm, rheumatism
310.	<i>Ficus benghalensis</i> L. Common Name : Banyan tree; Malayalam : Peral; Sanskrit : Vat Parts Used: Root, bark, leaf, gum, seed; Ailments : Dysmenorrhoea, asthma, vomiting
311.	<i>Artocarpus heterophyllus</i> Lam. Common Name : Jackfruit tree; Malayalam : Plavu; Sanskrit : Panasa Parts Used: Leaf, fruit, seed, gum; Ailments : Fever, skin disease, cataract
312.	<i>Ficus drupacea</i> Thunb. Common Name : Mysore fig; Malayalam : Chela Parts Used: Root, fruit; Ailments : Wound, cancer

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Moraceae (cont'd)	
313.	<i>Ficus krishnae</i> C.DC. Common Name : Krishna Fig; Malayalam : Krinshnal; Hindi : Krishna badh Parts Used: Leaf; Ailments : Ulcer, diabetes, leprosy
314.	<i>Ficus microcarpa</i> L.f. Common Name : Nandrak vad; Malayalam : Ithi; Sanskrit : Gajapadapa Parts Used: Bark; Ailments : Blood diseases, skin diseases
315.	<i>Ficus racemosa</i> L. Common Name : Country fig; Malayalam : Athi; Sanskrit : Udumbara Parts Used: Bark, bud; Ailments : Poison, erysipelas, itches
316.	<i>Ficus religiosa</i> L. Common Name : Sacred fig; Malayalam : Arayal; Sanskrit : Bodhidruma Parts Used: Bark, bud, flower, fruit; Ailments : Wound, piles, diabetes
317.	<i>Ficus virens</i> L. Common Name : Spotted white fig; Malayalam : Cherala; Sanskrit : Plaksha Parts Used: Bark; Ailments : Leucorrhoea, ulcer
Moringaceae	
318.	<i>Moringa concanensis</i> Nimmo Common Name : Konkan moringa ; Malayalam : Kattumuringa Parts Used: Fruit, leaf, bark, seed; Ailments : Asthma, cancer, epilepsy
Musaceae	
319.	<i>Ensete superbum</i> (Roxb.) Cheesman Common Name : Rock banana; Malayalam : Kalluvazha; Sanskrit : Bahuja Parts Used: Seed; Ailments : Kidney stone, dysentery, diabetes
320.	<i>Musa paradisiaca</i> L. Common Name : Banana; Malayalam : Vazha; Sanskrit : Bhanuphala Parts Used: Fruit, leaf, pseudostem; Ailments : Vaginal discharge, uterine bleeding
Myrsinaceae	
321.	<i>Embelia tsjeriam-cottam</i> (Roem. & Schult.) A.DC. Common Name : Malabar embelia; Malayalam : Cheriya-kottam; Sanskrit : Bidanga Parts Used: Seed, bark; Ailments : Toothache, intestinal worms
322.	<i>Gymnacranthera farquhariana</i> (Hook.f. & Thomson) Warb Common Name : Malayalam: Undapain; Kannada : Pindi Parts Used: Bark, leaf; Ailments : Cancer
323.	<i>Myristica beddomei</i> King Common Name : Bitter Nutmeg; Malayalam: Kattujathi; Sanskrit : Jatiphala Parts Used : Seed, fruit; Ailments : Headache, skin diseases
324.	<i>Myristica fragrans</i> Houtt. Common Name : Nutmeg tree; Malayalam: Jathikka; Sanskrit : Jateephala Parts Used : Seed; Ailments : Diarrhoea, skin disease, rheumatism

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Myrtaceae	
325.	<i>Melaleuca leucadendra</i> (L.) L. Common Name : Weeping paperbark; Sanskrit : Kayaputi Parts Used : Root, leaf, oil; Ailments : Tooth ache, arthritis, erysipelas
326.	<i>Pimenta dioica</i> (L.) Merr. Common Name : Allspice; Malayalam: Savarvasuganthi; Sanskrit : Sarvasugandhi Parts Used : Leaf, fruit, seed; Ailments : Indigestion, poison, tumour
327.	<i>Psidium guajava</i> L. Common Name : Guava tree; Svaduphala Parts used: Root, leaf, fruit, flower; Ailments: Bleeding, vomiting, diabetes
328.	<i>Syzygium aromaticum</i> (L.) Merr. & L.M.Perry Common Name : Clove tree; Devapushpa Parts used: Root, leaf, bark, flowerbud, fruit; Ailments: Toothache, cholera, fever
329.	<i>Syzygium caryophyllatum</i> (L.) Alston Common Name : South Indian Plum Parts used: Bark, leaf, fruit, seed; Ailments: Diabetes, plague, diarrhea
330.	<i>Syzygium cumini</i> (L.) Skeels Common Name : Java plum; Malayalam: Njaval; Sanskrit : Brahaspati Parts Used : Bark, leaf, seed, fruit; Ailments : Diarrhoea, diabetes, wound
331.	<i>Syzygium stocksii</i> (Duthie) Gamble Common Name : Water apple; Malayalam: Vallamanji Parts Used : Fruit, bark, leaf; Ailments : Diarrhoea, ulcer, arthritis
Nyctaginaceae	
332.	<i>Boerhavia diffusa</i> L. Common Name : Spreading hog-weed; Malayalam : Thazuthama; Sanskrit : Kathilah Parts Used: Whole plant; Ailments : Heart disease, rheumatoid arthritis, rabies
Oleaceae	
333.	<i>Jasminum angustifolium</i> (L.) Willd. Common Name: Wild jasmine; Malayalam : Pichakam; Sanskrit : Vanamallika Parts Used: Root, leaf; Ailments : Wound, leprosy, vomiting
334.	<i>Jasminum cuspidatum</i> Rottl. & Willd. Common Name : Pointed-leaf Jasmine; Malayalam : Kattumulla Parts Used: Leaf, flower; Ailments : Breast cancer, fever, asthma
335.	<i>Jasminum grandiflorum</i> L. Common Name : Royal Jasmine; Malayalam : Pichakamulla; Sanskrit : Balihrasa Parts Used: Whole plant; Ailments : Blood poisoning, itches, skin inflammation
336.	<i>Jasminum sambac</i> (L.) Aiton Common Name: Arabian jasmine; Malayalam : Mulla; Sanskrit : Malati Parts Used: Whole plant; Ailments : Blood poisoning, itches, erysipelas

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List of plants in the Herbal Garden at Nilambur, Kerala (cont'd)

Oleaceae (cont'd)	
337.	<i>Ligustrum perrottetii</i> A.DC. Common Name : Nilgiri Privet; Malayalam : Pinkan; Tamil : Punganchedi Parts Used: Leaf; Ailments : Skin disease
338.	<i>Myxopyrum smilacifolium</i> (Wall.) Blume Common Name : Malayalam : Chathuramulla ; Sanskrit : Chaturdharalatha Parts Used: Leaf, root; Ailments : Wound, back pain
Onagraceae	
339.	<i>Oenothera lamarckiana</i> Ser. Common Name : Evening primrose, Sundrop Parts Used: Leaf, root, flower, seed; Ailments : Eczema, psoriasis, osteoporosis
Ophioglossaceae	
340.	<i>Helminthostachys zeylanica</i> (L.) Hook. Common Name : Flowering Fern; Malayalam : Pazhutharakali Parts Used: Whole plant; Ailments : Rheumatism, centipede poison, asthma
Oxalidaceae	
341.	<i>Averrhoa bilimbi</i> L. Common Name: Carambola; Malayalam : Irumbampuli; Sanskrit : Dantasatha Parts Used: Root, leaf, fruit; Ailments : Obesity, cold, rheumatism
342.	<i>Averrhoa carambola</i> L. Common Name : Bilimbi; Malayalam : Chathurapuli; Sanskrit : Karmsaraka Parts Used: Fruit; Ailments : Poison, vomiting, biliousness
343.	<i>Biophytum sensitivum</i> (L.) DC. Common Name : Indian sorrel; Malayalam : Mukutti; Sanskrit : Dulupuspa Parts Used: Whole plant; Ailments : Diarrhoea, cough
344.	<i>Oxalis corniculata</i> L. Common Name : Indian sorrel; Malayalam : Puliyaral ; Sanskrit : Amlapatri Parts Used: Whole plant; Ailments : Bleeding piles, uterine bleeding, wart
Pandanaceae	
345.	<i>Pandanus amaryllifolius</i> Roxb. Common Name : Pandan leaves; Malayalam : Rambha; Sanskrit : Vasmati Parts Used: Leaf, root; Ailments : Diabetes, leprosy, rheumatism
Passifloraceae	
346.	<i>Adenia hondala</i> (Gaertn.) W.J.de Wilde Common Name : Hondala; Malayalam : Karimuthukku; Sanskrit : Vidari Parts Used: Root, fruit; Ailments : Snake bite, cough, fever
347.	<i>Passiflora edulis</i> Sims Common Name : Passion fruit; Malayalam : Passion fruit; Sanskrit : Mamataphala Parts Used: Fruit; Ailments : Drowsiness, tiredness, high blood pressure

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Periplocaceae	
348.	<i>Hemidesmus indicus</i> (L.) R. Br. ex Schult. Common Name : Indian sarsaparilla; Malayalam : Narutheendi; Sanskrit : Anantamoola Parts Used: Root; Ailments : Skin disease, leprosy, asthma
Phytolaccaceae	
349.	<i>Rivina humilis</i> L. Common Name : Blood berry; Malayalam : Rakthanelli Parts Used: Fruit; Ailments : Eye disease, cholera, inflammation
Phyllanthaceae	
350.	<i>Antidesma acidum</i> Retz. Common Name : Malayalam : Areepazham; Kannada : Mruginakodu soppu Parts Used: Leaf, fruit, root; Ailments : Dropsy, muscular pain, pneumonia
351.	<i>Antidesma montanum</i> Blume Common Name : Mountain currant tree; Malayalam : Thathalapazham Parts Used: Leaf, fruit, root; Ailments : Ulcer, lumbar pain, stomach ache
352.	<i>Aporosa cardiosperma</i> (Gaertn.) Merr. Common Name : Malayalam : Ponvetti; Sanskrit : Ashyuka Parts Used : Fruit, leaf; Ailments : Snake bite
353.	<i>Breynia vitis-idaea</i> (Burm.f.) C.E.C.Fisch. Common Name : Indian snowberry; Malayalam : Kattuniroori Parts Used : Bark, leaf; Ailments : Tonsillitis, bronchitis
Piperaceae	
354.	<i>Piper arboreum</i> Aubl. Common Name : Tree Pepper; Sanskrit : Gajapippali Parts Used: Leaf, seed; Ailments : Diarrhoea, hyper tension, Stoma
355.	<i>Piper betle</i> L. Common Name : Betel leaf plant; Malayalam : Vettilakodi; Sanskrit : Tamboolavalli Parts Used: Leaf, root; Ailments : Elephantiasis, pulmonary disease, bad breath
356.	<i>Piper longum</i> L. Common Name : Long pepper ; Malayalam : Thippali; Sanskrit : Pippali Parts Used : Fruit, root; Ailments : Rheumatism, cough, anaemia
357.	<i>Piper nigrum</i> L. Common Name : Black pepper; Malayalam : Kurumulaku; Sanskrit : Ooshanam Parts Used : Fruit, root; Ailments : Fever, cough, rheumatism
358.	<i>Piper peepuloides</i> Wall. Common Name : Mountain Pepper; Sanskrit : Maagadhi Parts Used : Leaf, fruit, root; Ailments : Cancer, Tumour
359.	<i>Piper umbellatum</i> L. Common Name : Cow-foot leaf; Malayalam : Attanari Parts Used : Leaf, bark, root, seed; Ailments : Eye disease, jaundice, toothache

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Pittosporaceae	
360.	<i>Pittosporum tetraspermum</i> Wight & Arn. Common Name : Poison devil tree; Malayalam : Analivegam; Sanskrit : Vishadhani Parts Used : Root bark; Ailments : Snake bite, rheumatism
Plantaginaceae	
361.	<i>Plantago ovata</i> Forssk. Common Name : Malayalam : Sanigdh Jeerakam; Sanskrit : Isabgol Parts Used : Seed; Ailments : Inflammation, skin disease, gonorrhoea
Plumbaginaceae	
362.	<i>Plumbago auriculata</i> Lam. Common Name : Cape leadwort; Malayalam : Leelakoduveli; Sanskrit : Nilashikha Parts Used: Root bark, root; Ailments : Headache, wound, inflammation
363.	<i>Plumbago indica</i> L. Common Name : Rosy-flowered leadwort; Malayalam:Chethikoduveli; Sanskrit: Raktacitraka Parts Used: Root bark, root; Ailments : Elephantiasis, inflammation, distaste
364.	<i>Plumbago zeylanica</i> L. Common Name : White leadwort; Malayalam : Vellakoduveli; Sanskrit : Krishnanudahan Parts Used : Root, root bark; Ailments : Diarrhoea, inflammation
Poaceae	
365.	<i>Bambusa bambos</i> (L.) Voss Common Name : Indian thorny bamboo; Malayalam : Mula; Sanskrit : Amupah Parts Used: Root, bud, tender leaf, rhizome; Ailments : Wound, menstrual problems, piles
366.	<i>Chrysopogon zizanioides</i> (L.) Roberty Common Name : Vetiver; Malayalam : Ramacham; Sanskrit : Veerana Parts Used: Root; Ailments : Skin diseases, bad body odour, sore feet
367.	<i>Coix lacryma-jobi</i> L. Common Name : Job s tears; Malayalam : Kakapalunku; Sanskrit : Gavedhu Parts Used : Root, seed; Ailments : Biliusness, menstrual problems, urine block
368.	<i>Cymbopogon citratus</i> (DC.) Stapf Common Name : Lemon grass; Malayalam : Vasanapullu Parts Used : Leaf, stem, oil; Ailments : Headache, fever, cough
369.	<i>Cymbopogon flexuosus</i> (Nees ex Steud.) W.Watson Common Name : East indian lemongrass; Malayalam : Injipullu Parts Used Leaf, oil; Ailments : Fever, diabetes, wound
370.	<i>Cymbopogon martini</i> (Roxb.) W.Watson Common Name : Cochin grass; Sanskrit : Karpuratrana Parts Used : Leaf; Ailments : Stomach ache, vomiting, cough
371.	<i>Cynodon dactylon</i> (L.) Pers. Common Name : Dhub grass; Malayalam : Karuka; Sanskrit : Durva Parts Used : Whole plant; Ailments : Itches, skin inflammation bleeding

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Poaceae (cont'd)	
372.	<i>Desmostachya bipinnata</i> (L.) Stapf Common Name : Sacrificial grass; Malayalam : Dharbha; Sanskrit : Barhi Parts Used : Root; Ailments : Kidney stone, inflammation, urine block
373.	<i>Saccharum officinarum</i> L. Common Name : Sugarcane; Malayalam : Karimbu; Sanskrit : Rishi bhojyam Parts Used : Stem; Ailments : Jaundice, urine block, bleeding
374.	<i>Saccharum spontaneum</i> L. Common Name : Kans grass; Malayalam : Kuruvikarimbu Parts Used : Whole plant; Ailments : Kidney stone, diarrhoea, obesity
Polygonaceae	
375.	<i>Homalocladium platycladum</i> (F.Muell.) L.H.Bailey Common Name : Centipede Plant; Malayalam : Pazhutharachedi Parts Used: Whole plant; Ailments : Snake bite, swelling
376.	<i>Persicaria capitata</i> (Buch.-Ham. ex D.Don) H.Gross Common Name : Pink bubbles, Pink knotweed Parts Used: Whole plant; Ailments : Urine block, inflammation, fever
377.	<i>Rumex hastatus</i> D. Don. Common Name : Arrowleaf dock; Malayalam : Chokkancheera Parts Used : Whole plant; Ailments : Asthma, cough, fever
Primulaceae	
378.	<i>Aegiceras corniculatum</i> (L.) Blanco Common Name : River mangrove; Malayalam : Narikandal Parts Used: Leaf, bark, root, flower; Ailments : Rheumatism, diabetes, asthma
379.	<i>Ardisia elliptica</i> Thunb. Common Name : Shoebuttan Ardisia; Malayalam : Kakkanjara Parts Used: Root, leaf, fruit; Ailments : Wound, muscular pain
380.	<i>Embelia ribes</i> Burm.f. Common Name : Vidanga; Malayalam : Veezhal Parts Used : Root, fruit; Ailments : Vomiting, snake bite, tuberculosis
381.	<i>Maesa indica</i> (Roxb.) A. DC. Common Name : Wild Berry; Malayalam : Kuttiveezhal Parts Used : Bark, leaf; Ailments : Leprosy, fever, skin disease
Putranjivaceae	
382.	<i>Putranjiva roxburghii</i> Wall. Common Name : Lucky bean tree; Malayalam : Pongalam Parts Used: Bark, leaf, fruit; Ailments : Rheumatism, liver disease, cold
Ranunculaceae	
383.	<i>Naravelia zeylanica</i> (L.) DC. Common Name : Ceylon Naravelia; Malayalam : vathakodi; Sanskrit : Dhanavalli Parts Used: Root; Ailments : Headache, skin diseases, rheumatism

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Rhamnaceae	
384.	<i>Ziziphus jujuba</i> Mill. Common Name : Indian Jujube; Malayalam : Indhapazham Parts Used: Seed, fruit, bark; Ailments : Insomnia, anaemia, vomiting
Rhizophoraceae	
385.	<i>Bruguiera cylindrica</i> (L.) Blume Common Name : Black Mangrove; Malayalam : Karikandal Parts Used: Bark, leaf, fruit; Ailments : Blood pressure, tumour, cancer
386.	<i>Rhizophora apiculata</i> Blume Common Name : Tall- Stilt Mangrove; Malayalam : Vallikandal Parts Used: Root, bark, leaf; Ailments : Inflammation, diabetes, body pain
387.	<i>Rhizophora mucronata</i> Lam. Common Name : Loop-root mangrove; Malayalam : Panachikandal Parts Used : Bark, fruit, leaf; Ailments : Heart disease, diarrhoea, diabetes
Rubiaceae	
388.	<i>Ixora coccinea</i> L. Common Name : Jungle flame ixora; Malayalam : Thechi; Sanskrit : Raktala Parts Used: Root, flower; Ailments : Diarrhoea, IBS, erysepalas
389.	<i>Ixora finlaysonianana</i> Wall. ex G.Don Common Name : Siamese white ixora; Malayalam : Vellathechi Parts Used: Flower, leaf, root; Ailments : Dysentery, tuberculosis, fever
390.	<i>Morinda citrifolia</i> L. Common Name : Great morinda; Malayalam : Noni; Sanskrit : Paphanah Parts Used: Leaf, root, bark, fruit, stem; Ailments : Wound, itches, cancer
391.	<i>Mussaenda frondosa</i> L. Common Name : Dhobi tree; Malayalam : Vellila; Sanskrit : Shrivati Parts Used: Root, tender leaf; Ailments : Wound, jaundice, eye disease
392.	<i>Neolamarckia cadamba</i> (Roxb.) Bosser Common Name : Burflower-tree; Malayalam : Kadambu; Sanskrit : Kadamba Parts Used: Leaf, bark; Ailments : Cough, diarrhoea, wound
393.	<i>Oldenlandia corymbosa</i> L. Common Name : Wild chayroot; Malayalam : Parpidakapullu; Sanskrit : Parpataka Parts Used: Whole plant; Ailments : Jaundice, fever, skin disease
394.	<i>Rubia cordifolia</i> L. Common Name : Indian Madder; Malayalam : Manjatti Parts Used: Root; Ailments : Skin disease, septicaemia
395.	<i>Spermedictyon suaveolens</i> Roxb. Common Name : Forest Champa; Hindi : Padera Parts Used: Root; Ailments : Muscle ache, body pain

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Rubiaceae (cont'd)	
396.	<i>Wendlandia thyrsoides</i> (Roth) Steud. Common Name : Mountain wendlandia; Malayalam : Pekaragam Parts Used: Bark, root, flower; Ailments : Skin disease
Rutaceae	
397.	<i>Acronychia pedunculata</i> (L.) Miq. Common Name : Claw flowered laurel; Malayalam : Muttanaari; Sanskrit : Gandha rusa Parts Used: Bark, leaf; Ailments : Tumour, ulcer, wound
398.	<i>Aegle marmelos</i> (L.) Corrêa Common Name : Stone apple; Malayalam : Koovalam; Sanskrit : Vilwa Parts Used: Root; Ailments : Ear pain, intestinal worms, diabetes
399.	<i>Citrus aurantiifolia</i> (Christm.) Swingle Common Name : Common lime; Malayalam : Cherunarakam; Sanskrit : Neembu Parts Used: Fruit; Ailments : Bad breath, indigestion, loss of appetite
400.	<i>Citrus pennivesiculata</i> (Lush.) Yu.Tanaka Common Name : Malayalam : Vadukauli; Sanskrit : Amlakesar Parts Used: Fruit; Ailments : Cholesterol imbalance
401.	<i>Clausena anisata</i> (Willd.) Hook.f. ex Benth. Common Name : Horsewood ; Malayalam : Kattukariveppu; Tamil : Pothi Parts Used: Root, leaf; Ailments : Headache, fever, itches
402.	<i>Glycosmis pentaphylla</i> (Retz.) DC. Common Name : Gin berry; Malayalam : Panal; Sanskrit : Asvasakhotah Parts Used: Whole plant; Ailments : Asthma, heart disease, tumour
403.	<i>Limonia acidissima</i> Groff Common Name : Wood apple; Malayalam : Vilankkayu Parts Used: Bark, fruit, leaf; Ailments : Diabetes
404.	<i>Murraya koenigii</i> (L.) Spreng. Common Name : Curry leaf tree; Malayalam : Kariveppu; Sanskrit : Surabhinimba Parts Used: Leaf, bark, root; Ailments : Allergy, poison, diarrhoea
405.	<i>Naringi crenulata</i> (Roxb.) Nicolson Common Name : Hesperethusa; Malayalam : Narinarakam; Sanskrit : Bilvaparni Parts Used: Whole plant; Ailments : Vomiting, mental illness, dysentery
406.	<i>Pleiospermium alatum</i> (Wight & Arn.) Swingle Common Name : Hesperethusa; Malayalam : Koortham; Kannada : Kaadu bilvathre Parts Used: Leaf, bark, root; Ailments : Nervous disorder, laryngitis
407.	<i>Ruta chalepensis</i> L. Common Name : Prickly ash; Malayalam : Thumboonal Parts Used: Seed, fruit, leaf, bark; Ailments : Fever, dyspepsia, cholera
408.	<i>Ruta graveolens</i> L. Common Name : Garden rue; Malayalam : Arutha; Sanskrit : Peetapushpa Parts Used: Whole plant; Ailments : Intestinal worms, poison, epilepsy

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Rutaceae (cont'd)	
409.	<i>Toddalia asiatica</i> (L.) Lam. Common Name : Lopez root; Malayalam : Karamullu Parts Used: Whole plant; Ailments : Malaria, cough, chest pain
410.	<i>Zanthoxylum rhetsa</i> DC. Common Name : Cape yellow wood; Malayalam : Mullilam; Sanskrit : Ashvaghra Parts Used: Fruit; Ailments : Distaste, indigestion, stomach ache
Salicaceae	
411.	<i>Flacourtia montana</i> J.Graham Common Name : Mountain sweet thorn; Malayalam : Charalpazham Parts Used: Fruit ,leaf, bark; Ailments : Snake bite, arthritis, diarrhoea
412.	<i>Salix tetrasperma</i> Roxb. Common Name Indian willow; Malayalam : Vanji; Sanskrit : Vanjula Parts Used: Leaf, bark; Ailments : Epilepsy, rheumatism, kidney stone
Sapindaceae	
413.	<i>Allophylus cobbe</i> (L.) Raeusch. Common Name : Indian allophylus; Malayalam : Mukkananpezhu ; Sanskrit : Triputa Parts Used: Root, bark, leaf, fruit; Ailments : Fever, stomach ache
414.	<i>Cardiospermum halicacabum</i> L. Common Name : Balloon vine; Malayalam : Uzhinja; Sanskrit : Indravalli Parts Used: Whole plant; Ailments : Fever, constipation, stomach ache
415.	<i>Dodonaea viscosa</i> (L.) Jacq. Common Name : Hop-bush; Malayalam : Virali Parts Used: Fruit, leaf, bark ; Ailments : Throat pain, cold, burn
416.	<i>Filicium decipiens</i> (Wight & Arn.) Thwaites Common Name : Fern Tree; Malayalam : Neeroli Parts Used: Bark; Ailments : Fracture
417.	<i>Majidea zanguebarica</i> J. Kirk ex Oliv. Common Name : Black pearl tree, Velvet seed tree Parts Used: Leaf,fruit; Ailments : Fever, wound, intestinal disorder
418.	<i>Sapindus trifoliatus</i> L. Common Name : South India soapnut; Malayalam : Pashakotta; Sanskrit : Rishtak Parts Used: Leaf, fruit, root; Ailments : Migraine, skin diseases, leprosy
419.	<i>Schleichera oleosa</i> (Lour.) Merr. Common Name : Ceylon oak; Malayalam : Poovam; Sanskrit : Kusumbha Parts Used: Bark, fruit, oil; Ailments : Leprosy, cough, biliousness
Sapotaceae	
420.	<i>Chrysophyllum oliviforme</i> L. Common Name : Star apple; Malayalam : Star apple Parts Used: Gum, fruit; Ailments : Fever, diabetes, diarrhoea

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Sapotaceae (cont'd)	
421.	<i>Madhuca insignis</i> (Radlk.) H.J.Lam Common Name : Malayalam : Ilappa; Sanskrit : Madhukam Parts Used: Bark, flower, seed; Ailments : Head ache, ulcer, diabetes
422.	<i>Madhuca longifolia</i> (J.Koenig ex L.) J.F.Macbr. Common Name : Honey tree; Malayalam : Ilappa; Sanskrit : Moha Parts Used: Flower, fruit, leaf, bark, seed; Ailments : Rheumatism, fever
423.	<i>Manilkara littoralis</i> (Kurz) Dubard Common Name : Bullet-wood; Malayalam : Pazhamunpala Parts Used: Flower, seed, bark; Ailments : Fever, urinary obstruction
424.	<i>Mimusops elengi</i> L. Common Name : Bullet-wood tree; Malayalam : Ilanji; Sanskrit : Gandhapushpa Parts Used: Bark, fruit; Ailments : Tooth disease, bad breath, mental depression
Saururaceae	
425.	<i>Houttuynia cordata</i> Thunb Common Name : Heart leaf, Fish mint Parts Used: Leaf, root, fruit; Ailments : Diabetes, Obesity, Pneumonia
Scrophulariaceae	
426.	<i>Bacopa monnieri</i> (L.) Wettst. Common Name : Water hyssop; Malayalam : Brahmi; Sanskrit : Arameshthini Parts Used: Whole plant; Ailments : Epilepsy, forgetfulness, mental illness
427.	<i>Scoparia dulcis</i> L. Common Name : Sweet broom weed; Malayalam : Kallurukki; Sanskrit : Asmaghni Parts Used: Whole plant; Ailments : Kidney stone, diabetes, high blood pressure
Simaroubaceae	
428.	<i>Quassia indica</i> (Gaertn.) Noot. Common Name : Rangoon creeper; Malayalam : Karinjotta; Sanskrit : Gucchakaranjah Parts Used: Bark, leaf, heartwood, seed; Ailments : Rheumatoid arthritis, arthritis, fever
429.	<i>Simarouba glauca</i> L. Common Name : Paradise tree; Malayalam : Lakshmitharu; Sanskrit : Swargeeya vruksh Parts Used: Bark, leaf, fruit; Ailments : Constipation, cancer, anaemia
Solanaceae	
430.	<i>Capsicum frutescens</i> L. Common Name Tabasco; Malayalam : Kanthaarimulaku; Sanskrit : Ajadakumaricha Parts Used: Fruit; Ailments Cholesterol imbalance, vomiting
431.	<i>Cestrum diurnum</i> L. Common Name : Day jasmine; Malayalam : Pakalmulla Parts Used: Root, flower, fruit; Ailments : Asthma, cough, anorexia
432.	<i>Cestrum elegans</i> (Brongn. ex Neumann) Schldl. Common Name : Butterfly flower, Red cestrum Parts Used: Leaf, flower; Ailments : Asthma, head ache, vomiting

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Solanaceae (cont'd)	
433.	<i>Cestrum nocturnum</i> L. Common Name: Night blooming jasmine; Malayalam : Nisharani Parts Used: Whole plant; Ailments : Epilepsy, asthma, dengue fever
434.	<i>Datura metel</i> L. Common Name : Blue thorn apple; Malayalam : Neela Ummam; Sanskrit : Dhatura Parts Used: Whole plant; Ailments : Rabies, numbness
435.	<i>Physalis angulata</i> L. Common Name : Balloon cherry; Malayalam : Njottanjodiyam; Sanskrit : Bandhapariya Parts Used: Leaf, fruit; Ailments : Diarrhoea, asthma, fever
436.	<i>Physalis minima</i> L. Common Name : Ground cherry; Malayalam : Njottanjodiyam Parts Used: Fruit; Ailments : Cancer, diabetes
437.	<i>Solanum americanum</i> Mill. Common Name : Black night shade; Malayalam : Manithakkali; Sanskrit : Kakamachi Parts Used: Whole plant; Ailments : Skin diseases, small pox, rat poison
438.	<i>Solanum capsicoides</i> All. Common Name : Devil's apple; Malayalam : Rakthachunda Parts Used: Fruit, root, seed; Ailments : Toothache, skin disease, ulcer
439.	<i>Solanum diphyllum</i> L. Common Name : Two leaf night shade; Malayalam : Chunda Parts Used: Fruit, bark, leaf; Ailments : Asthma , skin disease, anorexia
440.	<i>Solanum rudepannum</i> Dunal Common Name : Turkey Berry; Malayalam : Anachunda; Sanskrit : Brihati Parts Used: Whole plant; Ailments : Fever, cough, skin disease
441.	<i>Solanum seafortianum</i> Andrews Common Name : Brazilian Nightshade, Pototo Creeper Parts Used: Leaf; Ailments : Head lice, skin disease, burn
442.	<i>Solanum trilobatum</i> L. Common Name : Thai nightshade; Malayalam : Putharichunda Parts Used: Stem, fruit, flower, leaf; Ailments : Lung diseases
443.	<i>Solanum violaceum</i> Ortega Common Name : Indian nightshade; Malayalam : Cheruthunda; Sanskrit : Akranta Parts Used: Root, leaf, fruit; Ailments : Vomiting, asthma, fever
444.	<i>Solanum virginianum</i> L. Common Name : Thai green egg plant; Malayalam : Kandakarichunda; Sanskrit : Anakranta Parts Used: Whole plant; Ailments : Cough, rheumatism, inflammation
445.	<i>Withania somnifera</i> (L.) Dunal Common Name : Winter cherry; Malayalam : Amukuru Parts Used: Root; Ailments : Tumor, ulcer, snake poison

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

	Sterculiaceae
446.	<i>Pterospermum acerifolium</i> (L.) Willd. Common Name : Bayur tree; Malayalam: Malanjudali Parts Used : Flower, leaf, bark; Ailments : Arthritis, phlegm, small pox
447.	<i>Pterospermum suberifolium</i> (L.) Willd. Common Name : Cork- leaved bayur; Sanskrit: Prativishnuka Parts Used : Bark, leaf; Ailments : Fracture
448.	<i>Pterospermum reticulatum</i> Wight & Arn. Common Name : Malayalam : Malayooram Parts Used: Bark; Ailments : Diabetes, knee pain, sprain
	Symplocaceae
449.	<i>Symplocos racemosa</i> Roxb. Common Name : Lodh tree; Malayalam : Pachotty Parts Used: Stem, Bark; Ailments : Diarrhoea, leprosy, skin disease
	Tamaricaceae
450.	<i>Tamarix aphylla</i> (L.) H.Karst. Common Name : Athel Pine; Kannada : Jhavuka Parts Used: Leaf, root, bark; Ailments : Eczema, skin disease, rheumatism
	Theaceae
451.	<i>Camellia sinensis</i> (L.) Kuntze Common Name : Tea; Malayalam : Theyila; Sanskrit : Syamparni Parts Used: Leaf; Ailments : Stomach ache, haeadache, phlegm
	Thymelaeaceae
452.	<i>Aquilaria malaccensis</i> Lam. Common Name : Eaglewood; Malayalam : Akil; Sanskrit : Agnikashtha Parts Used: Oil; Ailments : Liver inflammation, pain, asthma
	Trichopodaceae
453.	<i>Trichopus zeylanicus</i> L. Common Name : Jeevani plant; Malayalam : Arogyapacha; Sanskrit : Rishi bhojyam Parts Used: Leaf; Ailments : Mental depression, cough
	Turneraceae
454.	<i>Turnera ulmifolia</i> L Common Name : Sage Rose; Malayalam : Chiravathali Parts Used Whole plant; Ailments : Heart disease, fever
	Ulmaceae
455.	<i>Holoptelea integrifolia</i> Planch Common Name : Jungle cork tree; Malayalam : Aavil; Sanskrit : Chirivilva Parts Used: Bark, leaf; Ailments : Cough, leprosy, skin disease

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Verbenaceae	
456.	<i>Aloysia citriodora</i> Palau Common Name : Lemon bee brush, Lemon verbena Parts Used: Leaf, flower; Ailments : Diarrhoea, asthma, joint pain
457.	<i>Citharexylum spinosum</i> L. Common Name : Fiddlewood, Spiny fiddlewood Parts Used: Bark; Ailments : Cold
458.	<i>Clerodendrum paniculatum</i> L. Common Name : Pagoda flower; Malayalam : Krishnakireedam; Sanskrit : Krishnakireeta Parts Used: Whole plant; Ailments : Bilioussness, wound, skin disease
459.	<i>Clerodendrum phlomidis</i> L.f. Common Name : Glory bower; Malayalam : Thiruthali; Sanskrit : Agnimantha Parts Used: Root, leaf; Ailments : Gonorrhoea, measles, syphilis
460.	<i>Clerodendrum serratum</i> L. Common Name : Blue glory; Malayalam : Cheruthekku; Sanskrit : Angaravalli Parts Used: Root, bark, leaf; Ailments : Body pain, fever, malaria
461.	<i>Clerodendrum viscosum</i> L. Common Name Hill glory bower; Malayalam : Perilayam; Sanskrit : Bhandirah Parts Used: Leaf; Ailments : Fever, malaria, hernia
462.	<i>Gmelina arborea</i> Roxb. Common Name : Coomb tree; Malayalam : Kumbil; Sanskrit : Kashmarya Parts Used: Leaf, root, flower, fruit; Ailments : Inflammation, headache, gonorrhoea
463.	<i>Phyla nodiflora</i> L. Common Name : Carpet weed; Malayalam : Nirthippali; Sanskrit : Vasuka Parts Used: Whole plant; Ailments : Indigestion, vomiting, bleeding piles
464.	<i>Premna serratifolia</i> L. Common Name : Headache tree; Malayalam : Munja; Sanskrit : Agnimandha Parts Used: Whole plant; Ailments : Rheumatism, diabetes, white patches on skin
465.	<i>Vitex leucoxylon</i> L. Common Name : White wood chaste tree; Malayalam : Vellanochi; Sanskrit : Paravatapadi Parts Used: Root, leaf, fruit, bark; Ailments : Fever, liver disease, headache
466.	<i>Vitex negundo</i> L. Common Name Five-leaved chaste tree; Malayalam : Karinochi; Sanskrit : Indrani Parts Used: Root, bark, leaf; Ailments : Cough, rheumatism, rheumatoid arthritis
Vitaceae	
467.	<i>Cissus discolor</i> L. Common Name : Rex Begonia; Sanskrit : Amlavetasah Parts Used: Leaf, stem; Ailments : Fracture, skin disease
468.	<i>Cissus javana</i> DC. Common Name Climbing begonia; Malayalam : Aronpuli Parts Used: Leaf, stem; Ailments : Bone diseases, skin diseases

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List of plants in the Herbal Garden at Nilambur, Kerala (Cont'd)

Vitaceae (cont'd)	
469.	<i>Cissus quadrangularis</i> L. Common Name : Devil's backbone; Malayalam : Changalamparanda; Sanskrit : Asthisamhara Parts Used: Stem, leaf; Ailments : Fracture, bruise, piles, ear pain
470.	<i>Cissus rotundifolia</i> Vahl Common Name : Arabian wax cissus, Bushveld grape Parts Used: Root, leaf; Ailments : Headache, malaria, earache
Zingiberaceae	
471.	<i>Alpinia calcarata</i> (Haw.) Roscoe Common Name : Snap Ginger; Malayalam : Chittaratha; Sanskrit : Rasna Parts Used: Rhizome; Ailments : Swelling, rheumatoid arthritis, cough
472.	<i>Alpinia galanga</i> (L.) Willd. Common Name : Siamese ginger; Malayalam : Aratha; Sanskrit : Dhumparastma Parts Used: Rhizome; Ailments : Rheumatoid arthritis, arthritis, vomiting
473.	<i>Amomum subulatum</i> Roxb. Common Name : Greater cardamom; Malayalam : Peralam Parts Used: Seed, fruit; Ailments : Stomach pain, Anorexia, vomiting
474.	<i>Curcuma amada</i> Roxb. Common Name : Mango ginger; Malayalam : Mangainchi; Sanskrit : Amragandha Parts Used: Rhizome; Ailments : Skin disease, indigestion
475.	<i>Curcuma aromatica</i> Salisb. Common Name : Wild turmeric; Malayalam : Kasthoorimanjal; Sanskrit : Aranyahaldikanda Parts Used: Rhizome; Ailments : Skin diseases, breathlessness, blood poisoning
476.	<i>Curcuma caesia</i> Roxb. Common Name : Black turmeric; Malayalam : Karimanjal; Sanskrit : Rajani Parts Used: Rhizome; Ailments : Cancer, wound, vomiting
477.	<i>Curcuma longa</i> L. Common Name : Turmeric; Malayalam : Manjal; Sanskrit : Haridra Parts Used: Rhizome, leaf; Ailments : Leprosy, cough, itches
478.	<i>Elettaria cardamomum</i> (L.) Maton Common Name : Cardamom; Malayalam : Elam; Sanskrit : Ela Parts Used: Seed; Ailments : Vomiting, asthma, distaste
479.	<i>Globba sessiliflora</i> Sims Common Name : Stalkless swan flower; Malayalam : Kolchenna Parts Used: Fruit, seed, rhizome; Ailments : Stomach pain, Inflammation, fever
480.	<i>Hedychium coronarium</i> J.Koenig Common Name : White ginger lily; Malayalam : Sugandhi Parts Used: Rhizome, seed, root; Ailments : Bronchitis, halitosis, bruise

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List of plants in the Herbal Garden at Nilambur, Kerala

Zingiberaceae (cont'd)	
481.	<p><i>Hedychium flavescens</i> Carey ex Roscoe Common Name : Yellow ginger lily, Cream ginger Parts Used: Rhizome, seed, root; Ailments : Asthma, bronchitis, stomachache</p>
482.	<p><i>Kaempferia galanga</i> L. Common Name : Aromatic ginger; Malayalam : Kacholam; Sanskrit : Gandhamoolaka Parts Used: Rhizome; Ailments : Cough, bad breath, vomiting</p>
483.	<p><i>Kaempferia rotunda</i> L. Common Name : Peacock ginger; Malayalam : Chegazhuneerkizhagu; Sanskrit : Bhumichampaka Parts Used: Rhizome; Ailments : Skin complexion, itches, sprain</p>
484.	<p><i>Zingiber officinale</i> Roscoe Common Name : Ginger; Malayalam : Inchi; Sanskrit : Ardraka Parts Used: Rhizome; Ailments : Cough, indigestion, rheumatic fever</p>
485.	<p><i>Zingiber zerumbet</i> (L.) Roscoe ex Sm. Common Name : Shampoo ginger; Malayalam : Malayinchi; Sanskrit : Avanti Parts Used: Rhizome; Ailments : Indigestion, cough, skin disease</p>

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