

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

23 - 30 June 2019



Linaria alpina



Jungfrau



Primula hirsuta



Viola lutea

Report & Images by David Tattersfield



Naturetrek

Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: David Tattersfield (leader) with 16 Naturetrek clients.

Day 1

Sunday 23rd June

After assembling at Zurich airport, we were soon enjoying the comfort of the inter-city trains to Interlaken, where we joined the regional train to Lauterbrunnen. The last leg of the journey was on the delightful cogwheel railway to Wengen, where we arrived around 7.30pm. It was just a short walk to our hotel, where a delicious evening meal was waiting for us. After talking through the plans for the exciting week ahead, we retired to bed.

Day 2

Monday 24th June

The weather was perfect with clear skies and it remained so for the rest of the week, with the day-time temperature rising into the high twenties and even the mid-thirties, at times.

We took the Mannlichen cable-car, high above the village, and set off to explore a wide range of habitats, as we made our way, slowly, towards Mannlichen summit, at 2343 metres. On shaded banks and cliffs, where snow lies late into the season, we found a rich flora. Dwarf shrub communities included Net-leaved Willow, *Salix reticulata*, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*, enhanced with splashes of bright colours provided by *Primula auricula*, Alpine Buttercup *Ranunculus alpestris*, Bird's-eye Primrose *Primula farinosa* and Spring Gentian *Gentiana verna*. Less common plants included Moschatel *Adoxa moschatellina*, Dwarf Orchid *Chamorchis alpina* and rock-hugging cushions of Swiss Rock-jasmine *Androsace helvetica*.

Following a late spring, there were still large patches of remaining snow, and where these had recently melted, there were extensive drifts of white Spring Crocus *Crocus vernus*, with occasional patches of deep purple. Following on from these, were equally impressive colonies of the pristine-white Kupfer's Buttercup *Ranunculus kuepferi*. Higher up the slope, there was predominance of yellows from a mixture of Alpine Cinquefoil *Potentilla crantzii*, Mountain Buttercup *Ranunculus montanus*, Alpine Kidney Vetch *Anthyllis vulneraria* subsp. *alpestris*, Globeflower *Trollius europaeus* and Alpine Pasqueflower *Pulsatilla alpina* subsp. *apiifolia*. Just beyond the summit, we located a few Crimson-tipped Lousewort *Pedicularis oederi*, growing on the north-facing slopes.

We retraced our steps to the Mannlichen Berghaus, where the group relaxed over drinks, while I went off to prepare lunch. We ate on a grassy knoll, overlooking Grindelwald, with Alpine Chough, Raven and White-winged Snowfinch for company. Nearby, were beautiful white flowers of Spring Pasqueflower *Pulsatilla vernalis* and, on the cliffs, the pink Hairy Primrose *Primula hirsuta*. The path to Kleine Scheidegg had just opened and we followed its easy gradient, for the remainder of the afternoon, with the north faces of the Eiger and Monch, in front of us. Notable flowers included Alpine Snowbell *Soldanella alpina*, Hairy Rock-jasmine *Androsace pubescens* and bold drifts of Oxlip *Primula elatior*. We caught the train at Kleine Scheidegg and were back in Wengen for 6.00pm.

Day 3

Tuesday 25th June

From Wengen, we walked steeply down to Lauterbrunnen, through meadows and patches of forest. Highlights included Herb-Paris *Paris quadrifolia*, Whorled Solomon's-seal *Polygonatum verticillatum*, Dark Columbine *Aquilegia*

atrata and the large Cabbage Thistle *Cirsium oleraceum*. We arrived in Lauterbrunnen at 12.20pm and had plenty of time for a coffee break, before taking the bus to Trummelbach.

We had lunch at a convenient picnic table, by the river, before visiting the famous Trummelbach Falls. We took the steep funicular railway, inside the cliff, and explored all 10 of the dramatic waterfalls that cut through the narrow chasm. The sight and sound of the huge quantities of melt-water was a memorable experience. New plants, around the falls included Hairy Alpenrose *Rhododendron hirsutum*, Blue Saxifrage *Saxifraga caesia*, and the rhizomatous Mountain Bladder-fern *Cystopteris montana*. On shady, damp cliffs, we found Green Spleenwort *Asplenium viride* and the delicate Mossy Sandwort *Moerhingia muscosa*. After a coffee break at the café, we ambled slowly down the valley, past the Staubach Falls, to Lauterbrunnen, where we caught the train back to Wengen.

Day 4

Wednesday 26th June

We took the short train ride to Wengernalp, where we started by exploring the vicinity of the station platform. After a little search, we located a few Frog Orchids *Dactylorhiza viridis*, their muted colours blending well with their background. Over coffee, we were able to pick out a group of Alpine Chamois, grazing below the cliffs, on the opposite side of the valley. The meadows were full of cows, only recently arrived at their summer grazing. We had the privilege of being invited into the cheese dairy and, later, the cheese factory, where the whole process of cheese production was explained. Below the meadows, at Wixi, in a wet marsh, we found the deep-blue Bavarian Gentian *Gentiana bavarica*, together with lots of Broad-leaved Marsh-orchid *Dactylorhiza majalis*. Lots of Little Blue and Grizzled Skipper were busy taking salts from patches of bare mud. As we descended to Biglenalp, some of the special plants, we noted, included Matted Globularia *Globularia cordifolia*, Serrated Wintergreen *Orthilia secunda*, One-flowered Wintergreen *Moneses uniflora* and the parasitic Coralroot Orchid *Corallorhiza trifida*.

A sunny bank, close to the stream, provided an idyllic spot for our picnic, with views of the glistening ice-fields of the Jungfrau. On a nearby hillside, we found many plants of Lady's-slipper *Cypripedium calceolus*. Our afternoon walk, back towards Wengen, alternated between pasture and forest. More butterflies included Swallowtail, Large, Small and Green-veined White, Orange Tip and Clouded Yellow and, in a small pond, we noted White-faced Darter, Northern Damselfly, Broad-bodied Chaser and a freshly emerged Four-spotted Chaser. Past the cowsheds at Mettlenalp, a patch of forest had a large colony of the tiny Lesser Twayblade *Neottia cordata*, almost invisible among the mosses. It was getting quite hot, by now, and we were glad to catch the train at Almend, for the last part of the journey.

Day 5

Thursday 27th June

We took the train down to Lauterbrunnen and the cable-car to Grutschalp, where we boarded another train to Murren, high on the edge of the cliff, opposite the Trummelbach Falls. After a short stroll through the village, we took the funicular to the restaurant at Almendhubel and enjoyed a coffee break. The vegetation on this side of the valley provided a complete contrast to that we had seen previously. Tall herbs, such as Adenostyles *Adenostyles alliariae* and Masterwort *Peucedanum ostruthium*, predominated, among thickets of Green Alder *Alnus viridis* and a luxuriance of ferns. The bright-yellow Mountain Pansy *Viola lutea* was common, and marshy ground was thick with Broad-leaved Marsh-orchid, Fragrant-orchid *Gymnadenia conopsea* and the occasional Round-headed Orchid *Traunsteinera globosa*.

After lunch, we followed the Mountain View Trail, across heather-clad slopes and lush pasture, with an abundance of Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False-helleborine, *Veratrum album*, both plants toxic to grazing animals. We descended through damp thickets of Green Alder and tall herbs, where we found Yellow Pea *Lathyrus laevigatus* subsp. *occidentalis*, large stands of Alpine Blue-sowthistle *Cicerbita alpina*, the delicate Lesser Astrantia *Astrantia minor* and Small-white Orchid *Pseudorchis albida*. Our final descent was through the forest, where there were more colonies of Lesser Twaybade and the curious *Streptopus amplexifolius*, a lily-relative, with small, yellowish, pendant flowers, on bent pedicels, hidden beneath its leaves. Eventually, we reached Grutschalp station and our return cable-car and were back in Wengen for 6.00pm.

Day 6

Friday 28th June

We had a relaxing start to the day, travelling by train down to Wilderswil, and then joining the delightful little train for the steep climb to Schynige Platte. After coffee, we spent an absorbing morning in the Alpine Garden, enjoying its natural setting and the superb display of plants, each carefully labelled. Many plants were familiar to us, by now, but there were many others that had been brought from other regions of Switzerland, each growing in its relevant habitat.

After lunch on the station platform, we climbed to the summit of Gaube and followed the ridge towards the Oberberghorn. The views from up here were tremendous and we looked down on Interlaken and the two lakes, the Brienersee and Thunersee. We were in a botanical paradise, with superb specimens of Pallid Milk-vetch *Astragalus frigidus*, Alpine Leek *Allium victorialis*, Yellow Pea and the deep-purple Mountain Milk-vetch *Oxytropis jacquinii*. The limestone slopes of the Oberberghorn were home to a rich diversity of plants, such as the robust, yellow, Leafy Lousewort *Pedicularis foliosa*, Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris*. Dwarf Buckthorn *Rhamnus pumilus* clung to the rocks above our heads and on the limestone screes were extensive colonies of Limestone Fern *Gymnocarpium robertianum*, Angular Solomon's-seal *Polygonatum odoratum*, Whorled Solomon's-seal and Lily-of-the-Valley *Convallaria majalis*. Just enough time remained for us to walk to a second viewpoint, where St Bruno's Lily *Paradisea liliastrum* was plentiful, on the grassy slopes, before we had to return to the station, to catch our train. Between trains, at Wilderswil, we enjoyed ice creams, before the familiar journey back to Wengen.

As we had done for most of the week, we ate our dinner outside, on the terrace, with the added bonus, this evening, of a lovely pink alpenglow, as the sun set.

Day 7

Saturday 29th June

For our last full day, we took the trains to Kleine Scheidegg and on to the Eigergletscher station. Once again, the weather was perfect. This year, the station area was an enormous construction site, to extend the tracks and accommodate the expanding numbers of tourists. Above the station platform, we made our way past the railway tunnel entrance, onto the moraines, below the west ridge of the Eiger. Although, from a distance they looked bare, closer inspection revealed some wonderful plants among the rocks. Most attractive, among these, were Broad-leaved Mouse-ear *Cerastium latifolium*, Chamois Cress *Hornungia alpina* subsp. *alpina*, Mt Cenis Pansy *Viola cenisia* and the sweetly-scented Round-leaved Penny-cress *Noccaea rotundifolia*. We followed the narrow ridge of the medial moraine back towards the station. Here the moraines were almost completely colonised by plants with sprawling mats of *Salix retusa* and large cushions of Moss Campion *Silene acaulis*, interspersed with Spring

Gentians, Dark-stemmed Sneezwort *Achillea atrata*, Unbranched Lovage *Ligusticum mutellinoides* and a host of other plants.

We enjoyed coffee and cakes in the station café, before venturing out again to the start of the Eiger Trail. We descended far enough to see Glacier Crowfoot *Ranunculus glacialis* growing on the cold north-facing screens, before returning past the station to have lunch. The Alpine Choughs provided great entertainment, as they descended to feed on our leftovers. Our afternoon walk took us down to the end of the moraine and then through mountain pasture, vibrant with Globeflower, Alpine Pasqueflower, Mountain Avens and Narcissus-flowered Anemone *Anemone narcissiflora*. A broad limestone ridge followed and after a forested section, we emerged on familiar ground at Wixi. We were soon back at the hotel at Wengernalp, enjoying delicious home-made apricot tart, a fitting way to end to a superb week.

Day 8

Sunday 30th June

The good food and hospitality offered by the Hotel Berghaus had, as always, been faultless and we thanked Aldino, Martina and their staff for helping to make such a memorable week. After a relaxed breakfast, we had time for a last look around, before wandering down to the station for our mid-morning train to Zurich. .

Receive our e-newsletter

Join the Naturetrek e-mailing list and be the first to hear about new tours, additional departures and new dates, tour reports and special offers. Visit www.naturetrek.co.uk to sign up.

Social Media

We're social! Follow us on Facebook, Twitter and Instagram and be the first to hear about the launch of new tours, offers and exciting sightings and photos from our recently returned holidays.



www.facebook.com/naturetrekwildlifeholidays



www.twitter.com/naturetrektours



www.instagram.com/naturetrek_wildlife_holidays

Species Lists

Plants (‡ = cultivated or naturalised)

Latin Name	Common Name	Notes
PTERIDOPHYTES	FERNS AND FERN ALLIES	
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium scolopendrium</i>	Hart's-tongue	Lowland woods
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Athyriaceae	Lady-fern Family	
<i>Athyrium distentifolium</i>	Alpine Lady-fern	Mountain woods. Above Murren
<i>Athyrium filix-femina</i>	Lady-fern	Occasional
Blechnaceae	Hard-fern Family	
<i>Blechnum spicant</i>	Hard-fern	Locally common
Cystopteridaceae	Bladder-fern Family	
<i>Cystopteris alpina</i>	Alpine Bladder-fern	Rare. Grutschalp
<i>Cystopteris fragilis</i>	Brittle Bladder-fern	Frequent on rocks
<i>Cystopteris montana</i>	Mountain Bladder-fern	Local. Trummelbach
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae	Buckler-fern Family	
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris submontana</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp

Latin Name	Common Name	Notes
Ophioglossaceae <i>Botrychium lunaria</i>	Adder's-tongue Family Moonwort	Short turf. Widespread
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Pteridaceae <i>Cryptogramma crispera</i>	Maidenhair Fern Family Parsley Fern	Acidic rocks
Selaginellaceae <i>Selaginella selaginoides</i>	Lesser Clubmoss Family Lesser Clubmoss	Occasional in turf
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Marsh Fern Family Lemon-scented Fern Beech Fern	Green Alder scrub and woods Woods. Occasional
Woodsiaceae <i>Woodsia alpina</i>	Cliff Fern Family Alpine Woodsia	Rare. Almendhubel
GYMNOSPERMS	CONIFERS	
Cupressaceae <i>Juniperus communis</i> var. <i>saxatilis</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus cembra</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pinus uncinata</i> <i>Pseudotsuga menziesii</i> ‡	Pine Family European Silver-fir Larch Norway Spruce Arolla Pine Dwarf Mountain-pine Scots Pine Mountain Pine Douglas Fir	Occasional. Forests Occasional Dominant. Forests Locally dominant at treeline Occasional Occasional Occasional Forest below Wengen
Taxaceae <i>Taxus baccata</i>	Yew Family Yew	Occasional. Forest
ANGIOSPERMS	FLOWERING PLANTS	
DICOTYLEDONS		
Amaranthaceae <i>Blitum bonus-henricus</i> <i>Chenopodium album</i>	Goosefoot Family Good-King-Henry Fat-hen	Frequent weed Occasional weed
Apiaceae <i>Aegopodium podagraria</i> <i>Angelica sylvestris</i> <i>Anthriscus sylvestris</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i>	Carrot Family Ground Elder Wild Angelica Cow Parsley Astrantia Lesser Astrantia Athamanta Starry Hare's-ear	Below Wengen Common in lowlands Frequent Meadows Locally common Rocky places and moraines Mountain rocks

Latin Name	Common Name	Notes
<i>Carum carvi</i>	Caraway	Tracksides
<i>Chaerophyllum hirsutum</i>	Hairy Chervil	Woods
<i>Daucus carota</i>	Wild Carrot	Wilderswil
<i>Heracleum sphondylium</i>	Hogweed	Common
<i>Laserpitium halleri</i>	Haller's Sermountain	Occasional
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High-mountain pasture
<i>Peucedanum ostruthium</i>	Masterwort	Common
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
Apocynaceae	Dogbane Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Green Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Adenostyles leucophylla</i>	White-leaved Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Bellidastrum michelii</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium palustre</i>	Marsh Thistle	Occasional. Wet places
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Hieracium aurantiacum</i> ‡	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>	Eared Mouse-ear Hawkweed	Common
<i>Hieracium murorum</i>	Few-leaved Hawkweed	Occasional
<i>Hieracium piliferum</i>	Hairy Hawkweed	Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>	Shaggy Hawkweed	Mannlichen

Latin Name	Common Name	Notes
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Matricaria discoidea</i> ‡	Pineappleweed	Ruderal
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Omalotheca norvegicum</i>	Norwegian Cudweed	Occasional
<i>Omalotheca supinum</i>	Dwarf Cudweed	Snowbeds
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doricum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Screes
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i> ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Arabis bellidifolia</i>	Dwarf Rock-cress	Mountain rocks
<i>Arabis hirsuta</i>	Hairy Rock-cress	Limestone rocks
<i>Barbarea vulgaris</i>	Winter-cress	Wet places, mostly lowland
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine flexuosa</i>	Wavy Bitter-cress	Wet places
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine impatiens</i>	Narrow-leaved Bitter-cress	Damp places
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines

Latin Name	Common Name	Notes
<i>Draba tomentosa</i>	Wooly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Hesperis matronalis</i> ‡	Dame's Violet	Garden escape
<i>Hornungia alpina</i> subsp. <i>alpina</i>	Chamois Cress	Mountain rocks and screes
<i>Kernera saxatilis</i>	Rock Kerneria	Limestone rocks.
<i>Noccaea rotundifolia</i>	Round-leaved Penny-cress	Moraines and screes
<i>Pseudoturritis turrita</i>	Tower Cress	Lowland rocks
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's-thimble	Screes
<i>Campanula rapunculoides</i>	Creeping Bellflower	Wilderswil
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoidea</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Mountain Rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Screes
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i> subsp. <i>strictum</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Cherleria sedoides</i>	Mossy Cyphel	Alpine turf
<i>Dianthus barbatus</i> ‡	Sweet-William	Garden escape
<i>Dianthus superbus</i> ‡	Large Pink	Railway banks below Almend
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sabulina verna</i>	Vernal Sandwort	Rocky places
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene rupestris</i>	Rock Campion	Common on rocks

Latin Name	Common Name	Notes
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Convolvulaceae	Bindweed Family	
<i>Cuscuta epithymum</i>	Common Dodder	Frequent
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Woods
Crassulaceae	Stonecrop Family	
<i>Petrosedum rupestre</i>	Rock Stonecrop	Occasional. Rocks
<i>Phedismus spurius</i> ‡	Caucasian Stonecrop	Wengen
<i>Rhodiola rosea</i> ‡	Roseroot	Alpine Garden
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum annuum</i>	Annual Stonecrop	Mountain rocks
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i> ‡	Spanish Stonecrop	Naturalised. Wengen
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i> ‡	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Dipsacaceae	Teasel Family	
<i>Knautia arvensis</i>	Field Scabious	Common
<i>Knautia dipsacifolia</i>	Wood Scabious	Common
<i>Scabiosa columbaria</i>	Small Scabious	Common in lowlands
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
<i>Succisa pratensis</i>	Devil's-bit Scabious	Damp meadows
Ericaceae	Heather Family	
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Arctous alpina</i>	Alpine Bearberry	Occasional. Mountain turf
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
<i>Erica carnea</i>	Spring Heath	Frequent on limestone
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest

Latin Name	Common Name	Notes
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i>	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Mercurialis perennis</i>	Dog's Mercury	Woods
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Ervilia sylvatica</i>	Wood Vetch	Woods
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Grutschalp, Schynige Platte
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot-trefoil	Meadows
<i>Lotus uliginosus</i>	Greater Bird's-foot-trefoil	Wet meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i> †	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Melilotus indicus</i>	Small Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Robinia pseudoacacia</i> †	False Acacia	Lowlands
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
Fagaceae	Beech Family	
<i>Castanea sativa</i> †	Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture

Latin Name	Common Name	Notes
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Occasional
<i>Geranium robertianum</i>	Herb Robert	Occasional
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
<i>Hypericum perforatum</i>	Perforate St John's-wort	Occasional
Juglandaceae	Walnut Family	
<i>Juglans regia</i> ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Betonica officinalis</i>	Betony	Meadows
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamiaeum galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia glutinosa</i>	Sticky Clary	Forest. Wilderwil
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus praecox</i> subsp. <i>polytrichus</i>	Wild Thyme	Common
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i> ‡	Alpine Flax	Wengernalp and Alpine Garden
<i>Linum catharticum</i>	Fairy Flax	Common

Latin Name	Common Name	Notes
Oleaceae		
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae		
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium hirsutum</i>	Great Willowherb	Lowlands
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae		
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Melampyrum pratense</i>	Common Cow-wheat	Woods
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Pedicularis foliosa</i>	Leafy Lousewort	Schynige Platte
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Mountain turf. Schynige Platte
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus minor</i>	Yellow-rattle	Uncommon. Pasture
Oxalidaceae		
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae		
<i>Papaver cambricum</i> ‡	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Parnassiaceae		
<i>Parnassia palustris</i>	Grass-of-Parnassus	Damp flushes
Plantaginaceae		
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago maritima</i> subsp. <i>serpentina</i>	Fleshy Plantain	Frequent
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
Polygalaceae		
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain rocks
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
Polygonaceae		
<i>Bistorta officinalis</i>	Common Bistort	Damp pasture
<i>Bistorta vivipara</i>	Alpine Bistort	Common. Mountain turf
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and scree
<i>Reynoutria japonica</i> ‡	Japanese Knotweed	Lowland. Wilderswil

Latin Name	Common Name	Notes
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monk's-rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	French Sorrel	Rocks and scree
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-jasmine	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine	Acidic turf
<i>Androsace pubescens</i>	Hairy Rock-jasmine	Rare. Mountain rocks
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Auricula	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Bird's-eye Primrose	Mountain turf
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Ranunculaceae	Buttercup Family	
<i>Aconitum lycoctonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forest
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp meadows
<i>Aconitum variegatum</i> subsp. <i>paniculatum</i>	Variiegated Monk's-hood	Damp meadows
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh-marigold	Flushes and streamsides
<i>Clematis alpina</i> ‡	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Hepatica nobilis</i>	Liverleaf	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine scree. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i> ‡	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow-rue	Uncommon. Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow-rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland

Latin Name	Common Name	Notes
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet-briar	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False-medlar	Mountain pasture
<i>Sorbus mougeotii</i>	Mougeot's Whitebeam	Woods
Rubiaceae	Madder Family	
<i>Asperula cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium album</i>	White Bedstraw	Meadows
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>Galium megalospermum</i>	Swiss Bedstraw	Moraines
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix eleagnos</i>	Olive Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn

Latin Name	Common Name	Notes
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix helvetica</i> †	Swiss Willow	Garden. Murren
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix purpurea</i>	Purple Willow	Lowland
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
Sapindaceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Frequent
<i>Acer platanoides</i>	Norway Maple	Occasional
<i>Acer pseudoplatanus</i>	Sycamore	Common
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Micranthes stellaris</i> subsp. <i>robusta</i>	Starry Saxifrage	Acidic flushes
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraine and scree
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
Scrophulariaceae	Figwort Family	
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderswil
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture
Tiliaceae	Lime Family	
<i>Tilia cordata</i>	Small-leaved Lime	Lowland
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows

Latin Name	Common Name	Notes
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Veronicaceae	Speedwell Family	
<i>Cymbalaria muralis</i> ‡	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Wilderswil
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticososa</i>	A Rock Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Frequent
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Viburnaceae	Viburnum Family	
<i>Adoxa moschatellina</i>	Moschatel	Rare. Mannlichen
<i>Sambucus ebulus</i>	Dwarf Elder	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
<i>Viburnum lantana</i>	Wayfaring-tree	Woods below Wengen
<i>Viburnum opulus</i>	Guelder-rose	Woods below Wengen
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola tricolor</i>	Wild Pansy	Local
MONOCOTYLEDONS		
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium senescens</i>	Mountain Onion	Mannlichen
<i>Allium victorialis</i>	Alpine Leek	Grutschalp, Schynige Platte
Asparagaceae	Asparagus Family	
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Mountain pasture
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen

Latin Name	Common Name	Notes
Cyperaceae		
<i>Carex atrata</i> subsp. <i>atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex canescens</i>	White Sedge	Wet mountain pasture
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex dioica</i>	Dioecious Sedge	Base-rich flushes
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex flava</i> agg.	Yellow-sedge	Marshes
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Mountain grassland on limestone
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
Iridaceae		
<i>Crocus vernus</i>	Spring Crocus	Common
Juncaceae		
<i>Juncus alpinoarticulatus</i>	Alpine Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula nivea</i> ‡	Snowy Wood-rush	Gardens
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae		
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae		
<i>Paris quadrifolia</i>	Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae		
<i>Cephalanthera longifolia</i>	Narrow-leaved Helleborine	Frequent. Woods
<i>Cephalanthera rubra</i>	Red Helleborine	Woods. Wilderswil
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local
<i>Dactylorhiza maculata</i> subsp. <i>fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i> subsp. <i>maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Dactylorhiza viridis</i>	Frog Orchid	Frequent
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests

Latin Name	Common Name	Notes
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Gymnadenia rhellicani</i>	Alpine Vanilla Orchid	Locally common
<i>Gymnadenia xchanousiana</i> (<i>G. conopsea</i> x <i>G. rhellicani</i>)	A hybrid orchid	Local
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local

Poaceae

<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Avenella flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Melica nutans</i>	Mountain Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture
<i>Triticum spelta</i> †	Spelt	Cultivated

Tofieldiaceae

<i>Tofieldia calyculata</i>	Scottish Asphodel Family Tofield's Asphodel	Common
-----------------------------	--	--------

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June							
			23	24	25	26	27	28	29	30
1	Mute Swan	<i>Cygnus olor</i>	✓							
2	Common Swift	<i>Apus apus</i>	✓	✓	✓	H	✓	✓	✓	
3	Common Cuckoo	<i>Cuculus canorus</i>				H		H		
4	Rock Dove	<i>Columba livia</i>	✓							
5	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓							
6	Eurasian Coot	<i>Fulica atra</i>	✓							
7	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							
8	Red Kite	<i>Milvus milvus</i>	✓					✓		

	Common name	Latin name	June							30
			23	24	25	26	27	28	29	
9	Black Kite	<i>Milvus migrans</i>	✓						✓	
10	Common Buzzard	<i>Buteo buteo</i>	✓		✓	✓	✓			
11	Great Spotted Woodpecker	<i>Dendrocopos major</i>			✓					
12	Common Kestrel	<i>Falco tinnunculus</i>	✓					✓	✓	
13	Eurasian Jay	<i>Garrulus glandarius</i>		✓			✓	✓	✓	
14	Eurasian Magpie	<i>Pica pica</i>	✓		✓					
15	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>				✓	✓			
16	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓		✓	✓	✓	✓	
17	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓
18	Northern Raven	<i>Corvus corax</i>		✓		✓				
19	European Crested Tit	<i>Lophophanes cristatus</i>							✓	
20	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		✓				✓	✓	
21	Great Tit	<i>Parus major</i>							✓	
22	Barn Swallow	<i>Hirundo rustica</i>						✓		
23	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>						✓		
24	Common House Martin	<i>Delichon urbicum</i>						✓		
25	Common Chiffchaff	<i>Phylloscopus collybita</i>			H		✓			
26	Eurasian Blackcap	<i>Sylvia atricapilla</i>			H			✓		
27	Garden Warbler	<i>Sylvia borin</i>				✓	✓			
28	Common Firecrest	<i>Regulus ignicapilla</i>				H				
29	Goldcrest	<i>Regulus regulus</i>				H				
30	Eurasian Treecreeper	<i>Certhia familiaris</i>			✓					
31	Ring Ouzel	<i>Turdus torquatus</i>		✓				✓		
32	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
33	Song Thrush	<i>Turdus philomelos</i>			H	✓	✓		✓	
34	Mistle Thrush	<i>Turdus viscivorus</i>							✓	
35	Spotted Flycatcher	<i>Muscicapa striata</i>							✓	
36	Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓	
37	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓						
38	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
39	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓						
40	Alpine Accentor	<i>Prunella collaris</i>							✓	
41	White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓	
42	Water Pipit	<i>Anthus spinoletta</i>		✓		✓	✓	✓	✓	
43	Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓	✓	✓	✓	
44	Common Linnet	<i>Linaria cannabina</i>				✓				
45	Citril Finch	<i>Carduelis citrinella</i>						✓		
46	European Serin	<i>Serinus serinus</i>			H		✓	H		

Mammals

1	Alpine Marmot	<i>Marmota marmota</i>		H						
2	Snow Vole	<i>Microtus nivalis</i>				✓				
3	Alpine Chamois	<i>Rupicapra rupicapra</i>		✓						

Reptiles & Amphibians

1	Common Lizard	<i>Zootoca vivipara</i>		✓						
2	Common Frog	<i>Rana temporaria</i>		✓	✓	✓				
3	Common Newt	<i>Triturus vulgaris</i>		✓		✓				

	Common name	Latin name	June						
			23	24	25	26	27	28	29

Butterflies

1	Swallowtail	<i>Papilio machaon</i>			✓	✓	✓	✓	✓	
2	Large White	<i>Pieris brassicae</i>			✓	✓	✓	✓	✓	
3	Small White	<i>Pieris rapae</i>				✓	✓	✓	✓	
4	Green-veined White	<i>Pieris napi</i>		✓		✓		✓		
5	Orange Tip	<i>Anthocharis cardamines</i>			✓	✓	✓	✓	✓	
6	Clouded Yellow	<i>Colias crocea</i>			✓	✓				
7	Mountain Clouded Yellow	<i>Colias phicomone</i>							✓	
8	Green Hairstreak	<i>Callophrys rubi</i>		✓		✓		✓	✓	
9	Little Blue	<i>Cupido minimus</i>		✓	✓	✓	✓	✓	✓	
10	Common Blue	<i>Polyommatus icarus</i>			✓	✓		✓	✓	
11	Red Admiral	<i>Vanessa atalanta</i>		✓	✓			✓	✓	
12	Painted Lady	<i>Cynthia cardui</i>		✓	✓	✓	✓	✓	✓	
13	Small Tortoiseshell	<i>Aglais urticae</i>		✓	✓	✓	✓	✓	✓	
14	Scotch Argus	<i>Erebia aethiops</i>						✓		
15	Piedmont Ringlet	<i>Erebia meolans</i>		✓				✓	✓	
16	Alpine Heath	<i>Coenonympha gardetta</i>		✓						
17	Duke of Burgundy Fritillary	<i>Hamearis lucina</i>			✓					
18	Dingy Skipper	<i>Erynnis tages</i>				✓				
19	Grizzled Skipper	<i>Pyrgus malvae</i>				✓				

Moths (D = dead; L = larva)

1	Elephant Hawk-moth	<i>Deilephilia elpenor</i>				D				
2	Chimney Sweeper	<i>Odezia atrata</i>			✓	✓	✓	✓	✓	
3	Lackey Moth	<i>Malacosoma neustria</i>		L		L				
4	Speckled Yellow	<i>Pseudopanthera macularia</i>			✓	✓				

Dragonflies

1	Northern Damselfly	<i>Coenagrion hastulatum</i>				✓	✓			
2	White-faced Darter	<i>Leucorrhinia dubia</i>				✓				
3	Broad-bodied Chaser	<i>Libellula depressa</i>				✓				
4	Four-spotted Chaser	<i>Libellula quadrimaculata</i>				✓				

Other Insects

1	Red Wood Ant	<i>Formica rufa</i>				✓	✓		✓	
2	A leaf beetle	<i>Oreina speciosa</i>		✓		✓			✓	