Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

16 - 23 June 2019





Crocus vernus

Alpine Choug







Pulsatilla vernalis

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Day 1

Sunday 16th June

We arrived in Zurich in the early afternoon and took the comfortable inter-city trains to Interlaken. Here we joined the regional train and followed the milky waters of the Lutschine River to Lauterbrunnen. The last leg of the journey was on the cogwheel railway to Wengen, where it was just a short walk to our hotel. We arrived around 4.40pm, with time to settle in and enjoy the view, before dinner.

Day 2

Monday 17th June

We had arrived to a rather late spring and, as some mountain trails were still closed, we set off to walk down to Lauterbrunnen. It remained sunny all day, with the temperature reaching a pleasant 25°C. Our walk took us through fields, dotted with traditional barns, where hay-making was in progress. We encountered a wide range of plants that were typical of the lower valley, with notable species such as Herb-Paris *Paris quadrifolia*, Whorled Solomon's-seal *Polygonatum verticillatum* and the white plumes of Goat's-beard Spiraea *Aruncus dioicus*, in the woodland, and Cabbage Thistle *Cirsium oleraceum* and Dark Columbine *Aquilegia atrata* in the meadows. We arrived in Lauterbrunnen at 12.40pm, with time for coffee, before catching the bus, just after 1.00pm.

A short ride took us to Trummelbach, where we enjoyed lunch, by the river. Afterwards, it was a short walk to the famous Trummelbach Falls, where we took the steep funicular railway, inside the cliff, and explored all 10 of the dramatic waterfalls that cut through the narrow chasm. It was a unique and memorable experience and there were some notable plants here too. On the rock faces were Swallow-wort *Vincetoxicum hirundinaria*, Hairy Alpenrose *Rhododendron hirsutum* and tiny cushions of Blue Saxifrage *Saxifraga caesia*, while in the damp shade of the gorge there was a large mat of the rare Mountain Bladder-fern *Cystopteris montana*. After a coffee break at the café, we ambled slowly down the valley, past the Staubach Falls, to Lauterbrunnen, where we caught the train back to Wengen.

Day 3

Tuesday 18th June

We awoke to a promising morning and, after breakfast, took the short cable-car ride to the ridge, just below Mannlichen. The peaks of Eiger, Monch and Jungfrau stood out on the horizon, to the south. Except for a few large drifts, the mountain pastures were clear of snow and we spent an absorbing morning, searching out an array of colourful early spring flowers, in a range of different habitats. Most impressive were the myriads of Spring Crocus *Crocus vernus*, mostly white but with the occasional patches of deep purple and intermediates. On rocky bluffs, there were pure-white Alpine Buttercup *Ranunculus alpestris*, with crenate leaves, small intense-blue clumps of Spring Gentian *Gentiana verna*, the delicate flowers of Snowdon Lily *Gagea serotina* and the pure-yellow blooms of Auricula *Primula auricula*. As we made our way up the slope, we came across bright-pink Bird's-eye Primrose *Primula farinosa*, stunning mounds of Trumpet Gentian *Gentiana acaulis* and the emerging spheres of Globeflower *Trollius europaeus*.

Along the edges of a huge snowdrift, on the east-facing lee of the ridge, were the white flowers of Kupfer's Buttercup Ranunculus kuepferi and that classic plant of the snow edges, Alpine Snowbell Soldanella alpina. Further on, a beautiful combination of pale-yellow Alpine Pasqueflower Pulsatilla alpina subsp. apiifolia and butter-yellow

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Mountain Buttercup Ranunculus montanus beckoned us towards the summit and soon we were standing, seemingly on top of the world, surrounded by a panorama of enticing peaks, stretching to the horizon, in all directions.

We retraced our steps to the Mannlichen Berghaus, where the group relaxed over drinks, while I went off to prepare lunch. We ate on a grassy knoll, with Alpine Chough, Raven and White-winged Snowfinch for company, near stunning groups of Spring Pasqueflower *Pulsatilla vernalis*, arguably the most beautiful of all European alpine flowers. The path that we would normally have followed still held a lot of snow and, although it would have been passable, with care, there is a steep section, which is prone to sudden rock-fall, and it was advisedly closed. We opted for a lower path, which dropped gently downward, over large areas of drifted snow. We decided to follow this to Alpiglen, rather than tackling the steep climb to Kleine Scheidegg. It proved to be a wise choice and meandered through some interesting terrain through the upper boundary of the forest, here composed of Arolla Pine *Pinus cembra*, with some venerable old trees. We found the Yellow Star-of-Bethlehem *Gagea fistulosa*, large patches of *Primula auricula* and Alpine Butterwort *Pinguicula alpina* and just before reaching Alpiglen, a tall, perfect specimen of Early-purple Orchid *Orchis mascula*. Above us loomed the north wall of the Eiger, which was now shrouded in cloud and a thunderstorm rumbled over Lauterbrunnen.

We caught the train at a little after 5.00pm and half an hour later boarded the Wengen-bound train at Kleine Scheidegg. We were back in Wengen by 6.00pm, after a very satisfying day, and looking forward to dinner.

Day 4

Wednesday 19th June

On another beautifully clear morning, we took the short train ride to Wengernalp, where, over coffee, we enjoyed views of the peaks and picked out a group of Alpine Chamois, on the opposite hillside. We walked through colourful meadows to Wixi, where we stopped to see the deep-blue Bavarian Gentian Gentiana bavarica, pink Lady's Smock Cardamine pratensis and lots of dark-purple Broad-leaved Marsh-orchid Dactylorhiza majalis, growing in the wet flushes. On the limestone rocks, as we descended to Biglenalp, we found Matted Globularia Globularia cordifolia, Leafless-stemmed Globularia Globularia nudicaulis, Shrubby Milkwort Polygala chamaebuxus and Spring Heath Erica carnea. In the shade of the trees were May Lily Maianthemum bifolium, One-flowered Wintergreen Moneses uniflora and Coralroot Orchid Corallorhiza trifida. We settled down to lunch in a lovely spot by the stream – the perfect place for a picnic.

On a nearby hillside, we found many plants of Lady's-slipper Cypripedium calceolus. Owing to the late season, many were still in bud but, after a search, we found a few perfect, fully opened flowers. From Biglenalp our walk alternated between pasture and forest. Butterflies included Swallowtail, Orange Tip, Clouded Yellow, Brown Argus and Dingy Skipper and, by a small pool, we recorded a freshly emerged Migrant Hawker, White-faced Darter and Northern Damselfly, the latter a rare British species, known only from a few small lochans in Highland Scotland. Past the cowsheds at Mettlenalp, a patch of forest had a large colony of the tiny Lesser Twayblade Neottia cordata and later on we came across a large mat of Interrupted Clubmoss Lycopodium annotinum, Wood Horsetail Equisetum sylvaticum and Starry Saxifrage Micranthes stellaris subsp. robusta. We caught the train at Almend and were back in Wengen for 6.30pm. Increasing cloud during the afternoon preceded steady rain and thunder later in the evening.

Day 5

Thursday 20th June

We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren, perched high on the edge of the cliff, opposite the Trummelbach Falls. After a short stroll through the village, we took the funicular to Almendhubel and installed ourselves in the warmth of the café. We were in no hurry to move, as it was cold outside and steady rain fell for the next hour and a quarter.

Once it cleared, we set off to explore the grassy slopes, at the start of the Mountain View Trail. This east-facing side of the valley is generally less-well drained, supporting tall-herb communities and forest, except where regular avalanches prevent their establishment. Thickets of Green Alder Alnus viridis are common and characterised by a rich diversity of ferns and robust herbs, such as Adenostyles Adenostyles alliariae, White False-helleborine Veratrum album, Purple Gentian Gentiana purpurea, Alpine Blue-sowthistle Cicerbita alpina and Red Campion Silene dioica. This year, there were still patches of lying snow and masses of Spring Crocus. On a sloping area of flushed grassland, we found the orchid-like flower spikes of Whorled Lousewort Pedicularis verticillata and, after a little searching, the flower buds of Round-headed Orchid Traunsteinera globosa.

We managed to stay dry over lunchtime and enjoyed views of the Eiger, Monch and Jungfrau, before they gradually disappeared into the clouds. On nearby boulders there were flowering plants of Hairy Primrose *Primula birsuta*, many Broad-leaved Marsh-orchid, in marshy areas, and superb patches of Mountain Pansy *Viola lutea*. We saw many of the commoner birds of the region, throughout the day, with additional records of Goldcrest and European Crested Tit but the highlight of the week was our encounter with the alpine subspecies of Three-toed Woodpecker. A specialist of mature European Silver Fir *Abies alba*, it is often very approachable, and we enjoyed the rare privilege of watching a bird, at close quarters, for some minutes.

One final botanical highlight of the day, in the last section of forest, was Streptopus *Streptopus amplexifolius*, an unusual member of the lily family, with pendant cream-coloured flowers. We returned to Lauterbrunnen, on the cable-car and caught the 6.37pm train back to Wengen.

Day 6 Friday 21st June

It remained cloudy all day, but remained dry until the evening. After travelling down to Wilderswil, we boarded the delightful train for the steep climb to Schynige Platte. After a coffee break, we spent the rest of the morning exploring the many delights of the Alpine Garden, where the natural setting has been thoughtfully augmented by the addition of new habitats and plants from other regions of the Swiss Alps. The garden was looking at its best and, as well as a reminder of the plants we had already seen, there were a lot more besides.

After lunch on the station platform, we took a panoramic walk around the limestone pinnacles of Gaube and Oberberghorn. From the narrow ridge, there were superb views down to Interlaken and the two lakes, the Brienzersee and Thunersee. Among lots of exciting new plants, we saw the early flowers of Alpine Bearberry Arctous alpina, Yellow Pea Lathyrus laevigatus subsp. occidentalis, deep-purple Mountain Milk-vetch Oxytropis jacquinii and the robust, yellow, Leafy Lousewort Pedicularis foliosa. The limestone screes were home to large colonies of Angular Solomon's-seal Polygonatum odoratum, Lily-of-the-Valley Convallaria majalis and Limestone Fern Gymnocarpium robertianum. We returned on a level trail to the station, with the snowy peaks of the main range as a backdrop. In Wilderswil, we had time to enjoy an ice cream, while we waited for our connecting train.

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Day 7

Saturday 22nd June

Our final day was cool and cloudy, with just one short shower in the late afternoon. We took the train to the top of the line, at Kleine Scheidegg, and another, to the Eigergletscher station. Major work was going on to expand the station and some good habitat had been lost. We made our way past the railway tunnel entrance, which leads into the heart of the Eiger, and onto the moraines, below the west face. From a distance, these looked bare and devoid of vegetation, but on closer inspection, they were full of colourful alpine treasures. Most attractive, among these, were Broad-leaved Mouse-ear *Cerastium latifolium*, Mt Cenis Pansy *Viola cenisia* and the deliciously-scented Round-leaved Penny-cress *Noccaea rotundifolia*. We followed the narrow ridge of the medial moraine back towards the station café and it was interesting to see the transition from bare rock to closed turf. Here were stunning patches of Moss Campion *Silene acaulis*, beautiful deep-blue Spring Gentians and Large-flowered Leopard's-bane *Doronicum grandiflorum*, looking somewhat out of place, among its tiny neighbours.

We had a drink on the terrace of the station café and very much enjoyed our close encounters with the Alpine Chough, that queued up on the railing for any opportunity of food. We crossed the railway and rounded a corner, to the start of the North Face Trail, where we found Glacier Crowfoot Ranunculus glacialis. On returning to the station, we descended to a flowery meadow, where, once again, we were joined by some very bold Alpine Chough, who eagerly shared our lunch. We rejoined the medial moraine and made a careful descent to its termination, followed by a steep path to a broad limestone ridge. The display of flowers was the best of the week, with numerous Primula auricula in the upper section and, lower down, large numbers of Pulsatilla alpina subsp. apiifolia, deep-blue Gentian clusii, and swathes of Alpenrose Rhododendron ferrugineum and Globeflower. We followed the ridge into the forest and emerged, on familiar ground, at Wixi. That just left a short uphill walk through the orchid-rich meadows to the hotel at Wengernalp, where delicious apricot tart, made especially for us, made a fitting end to a memorable week.

Day 8

Sunday 23rd June

After a relaxed breakfast, we had plenty of time for final packing and a long, last look at the view. Slightly annoyingly, the weather was perfect and we were sad to be leaving. We thanked Aldino, Martina and their staff for their hard work, excellent food and hospitality, that had helped make the week such a pleasurable experience. We left on the mid-morning train for our journey back to Zurich.

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Species Lists

Ophioglossaceae

Plants (‡ = cultivated or naturalised)

Latin Name Common Name Notes

PTERIDOPHYTES FERNS AND FERN ALLIES

Spleenwort Family **Aspleniaceae**

Asplenium adiantum-nigrum Black Spleenwort Shady cliffs Asplenium ruta-muraria Wall-rue Walls

Lowland woods Asplenium scolopendrium Hart's-tongue Asplenium septentrionale Forked Spleenwort Rare, on rocks Asplenium trichomanes Maidenhair Spleenwort Walls and cliffs

Green Spleenwort Asplenium viride Mountain rocks

Athyriaceae Lady-fern Family Athyrium distentifolium Alpine Lady-fern Mountain woods. Above Murren

Athyrium filix-femina Lady-fern Occasional

Blechnaceae Hard-fern Family

Hard-fern Blechnum spicant Locally common

Cystopteridaceae **Bladder-fern Family** Brittle Bladder-fern Cystopteris fragilis Frequent on rocks

Mountain Bladder-fern Local. Trummelbach Cystopteris montana Gymnocarpium dryopteris Oak Fern Woods and rocks. Local

Scaly Male-fern

Widespread

Gymnocarpium robertianum Limestone Fern Limestone rocks. Oberberghorn

Dennstaedtiaceae **Bracken Family** Pteridium aquilinum Bracken Valley woodland

Dryopteridacaeae **Buckler-fern Family**

Dryopteris affinis Dryopteris carthusiana Narrow Buckler-fern Damp scrub Dryopteris dilatata Broad Buckler-fern Frequent Northern Buckler-fern Dryopteris expansa Damp scrub Dryopteris filix-mas Male-fern Widespread

Dryopteris submontana Rigid Buckler-fern Limestone rocks. Oberberghorn

Polystichum aculeatum Hard Shield-fern Woods. Occasional Polystichum Ionchitis Holly-fern Mountain rocks

Equisetaceae Horsetail Family

Meadows and tracksides Equisetum arvense Field Horsetail

Equisetum palustre Marsh Horsetail Wet pasture

Equisetum sylvaticum Wood Horsetail Woods and damp pasture

Lycopodiaceae **Clubmoss Family** Alpine Clubmoss Diphasiastrum alpinum Occasional. Mountain turf

Fir Clubmoss Frequent. Acidic pasture Huperzia selago Lycopodium annotinum Interrupted Clubmoss Local. Almend

Lycopodium clavatum Stag's-horn Clubmoss Local. Above Grutschalp

Botrychium Iunaria Moonwort Short turf. Widespread

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Adder's-tongue Family

Latin Name Common Name Notes

Polypodiaceae Polypody Family

Polypodium vulgare Common Polypody Occasional on rocks

Pteridaceae Maidenhair Fern Family

Cryptogramma crispa Parsley Fern Acidic rocks

Selaginellaceae Lesser Clubmoss Family

Selaginella selaginoides Lesser Clubmoss Occasional in turf

Thelypteridaceae Marsh Fern Family

Oreopteris limbosperma Lemon-scented Fern Green Alder scrub and woods

Phegopteris connectilis Beech Fern Woods. Occasional

Woodsiaceae Cliff Fern Family

Woodsia alpina Alpine Woodsia Rare. Almendhubel

GYMNOSPERMS CONIFERS

Cupressaceae Juniper Family

Juniperus communis var. saxatilis Common Juniper Mountain pasture

Pinaceae Pine Family

Abies alba European Silver-fir Occasional. Forests

Larix decidua Larch Occasional

Picea abies Norway Spruce Dominant. Forests

Pinus cembra Arolla Pine Locally dominant at treeline

Pinus mugoDwarf Mountain-pineOccasionalPinus sylvestrisScots PineOccasionalPinus uncinataMountain PineOccasional

Pseudotsuga menziesii ‡ Douglas Fir Forest below Wengen

Taxaceae Yew Family

Taxus baccata Yew Occasional. Forest

ANGIOSPERMS FLOWERING PLANTS

DICOTYLEDONS

6

Amaranthaceae Goosefoot Family

Blitum bonus-henricus Good-King-Henry Frequent weed
Chenopodium album Fat-hen Occasional weed

Apiaceae Carrot Family

Aegopodium podagrariaGround ElderBelow WengenAngelica sylvestrisWild AngelicaCommon in lowlands

Anthriscus sylvestrisCow ParsleyFrequentAstrantia majorAstrantiaMeadows

Astrantia minor Lesser Astrantia Locally common

Athamanta cretensis Athamanta Rocky places and

Athamanta cretensis Athamanta Rocky places and moraines

*Bupleurum stellatum**

Starry Hare's-ear*

Mountain rocks

Carum carviCarawayTracksidesChaerophyllum hirsutumHairy ChervilWoodsDaucus carotaWild CarrotWilderswil

Latin Name Common Name **Notes**

Heracleum sphondylium Hogweed Common Haller's Sermountain Laserpitium halleri Occasional Laserpitium latifolium **Broad-leaved Sermountain** Trummelbach Ligusticum mutellina Alpine Lovage Mountain pasture Ligusticum mutellinoides Unbranched Lovage High-mountain pasture

Peucedanum ostruthium Masterwort Common Pimpinella major Greater Burnet-saxifrage Common Pimpinella saxifraga Burnet-saxifrage Meadows

Dogbane Family Apocynaceae

Vincetoxicum hirundinaria Swallow-wort Frequent

Araliaceae Ivy Family

Hedera helix Occasional lvy

Asteraceae **Daisy Family**

Adenostyles alliariae Adenostyles Green Alder scrub Adenostyles glabra Hairless Adenostyles Screes. Oberberghorn Adenostyles leucophylla White-leaved Adenostyles Screes. Oberberghorn Achillea atrata Dark-stemmed Sneezewort Frequent on limestone

Achillea erba-rotta subsp. moschata Musk Milfoil Acidic mountain pasture

Achillea millefolium Yarrow Meadows Carpathian Cat's-foot Occasional. Mountain pasture Antennaria carpatica

Antennaria dioica Cat's-foot Common Arnica montana Arnica Common

Aster alpinus Alpine Aster Mountain rocks and turf

Bellidastrum michelii False Aster Common Bellis perennis Daisy Frequent Carduus defloratus Alpine Thistle Common

Carlina acaulis Stemless Carline Thistle Mountain pasture

Mountain Cornflower Centaurea montana Meadows Centaurea scabiosa Greater Knapweed Meadows

Cicerbita alpina Alpine Blue-sowthistle Forests and scrub Cirsium acaule **Dwarf Thistle** Mountain pasture

Cirsium oleraceum Cabbage Thistle Common below Wengen Cirsium palustre Marsh Thistle Occasional. Wet places

Cirsium spinosissimum Spiniest Thistle Mountain pasture Crepis aurea Golden Hawk's-beard Meadows

Crepis paludosa Marsh Hawk's-beard Wet meadows

Doronicum grandiflorum Large-flowered Leopard's-bane

Screes

Erigeron alpinus Alpine Fleabane Mountain rocks. Local

Annual Fleabane Wilderswil Erigeron annuus

One-flowered Fleabane Mountain rocks. Local Erigeron uniflorus

Eupatorium cannabinum Hemp Agrimony Lowland Hieracium aurantiacum ‡ Orange Hawkweed Wengen Hieracium lactucella Eared Mouse-ear Hawkweed Common Hieracium murorum Few-leaved Hawkweed Occasional Hieracium piliferum Hairy Hawkweed Occasional

Hieracium pilosella Mouse-ear Hawkweed Common Hieracium villosum Shaggy Hawkweed Mannlichen

Homogyne alpina Alpine Colt's-foot Mountain turf. Common

Lapsana communis **Nipplewort** Below Wengen

Leontodon helveticus Swiss Hawkbit Mountain turf. Common

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Kernera saxatilis

Latin Name	Common Name	Notes
Latin Name	Common Name	Hotes
Leontodon hispidus	Alpine Hawkbit	Acidic pasture
Leucanthemopsis alpina	Alpine Moon Daisy	Acidic mountain turf
Leucanthemum adustum	Mountain Ox-eye	Mountain pasture
Leucanthemum vulgare	Ox-eye Daisy	Meadows
Mycelis muralis	Wall Lettuce	Walls
Omalotheca norvegicum	Norwegian Cudweed	Occasional
Omalotheca supinum	Dwarf Cudweed	Snowbeds
Petasites albus	White Butterbur	Mannlichen
Petasites paradoxus	Alpine Butterbur	Mountain pasture
Prenanthes purpurea	Purple Lettuce	Common. Forests
Saussurea alpina	Alpine Saw-wort	Mountain turf
Senecio doronicum	Chamois Ragwort	Limestone rocks and scree
Senecio ovatus	Wood Ragwort	Forests
Solidago virgaurea	Goldenrod	Mountain pasture
Taraxcum alpinum	Alpine Dandelion	Screes
Taraxacum officinale	Dandelion	Widespread
Tragopogon pratensis	Goat's-beard	Meadows
Tussilago farfara	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
Impatiens parviflora ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
Alnus glutinosa	Common Alder	Valleys, by rivers
Alnus incana	Grey Alder	Valleys, by rivers
Alnus viridis	Green Alder	Wet mountain slopes
Betula pendula	Silver Birch	Widespread
Betula pubescens	Downy Birch	Frequent
Boraginaceae	Borage Family	
Cerinthe glabra	Smooth Honeywort	Occasional. Wengen
Echium vulgare	Viper's Bugloss	Below Wengen
Myosotis alpestris	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
Alliaria petiolata	Garlic Mustard	Tracksides
Arabis alpina subsp. alpina	Alpine Rock-cress	Alpine rocks
Arabis hirsuta	Hairy Rock-cress	Limestone rocks
Barbarea vulgaris	Winter-cress	Wet places, mostly lowland
Biscutella laevigata	Buckler Mustard	Mountain turf and moraine
Capsella bursa-pastoris	Shepherd's-purse	Widespread
Cardamine alpina	Alpine Bitter-cress	Mountain rocks
Cardamine amara	Large Bitter-cress	Streamsides
Cardamine flexuosa	Wavy Bitter-cress	Wet places
Cardamine hirsuta	Hairy Bitter-cress	Occasional
Cardamine impatiens	Narrow-leaved Bitter-cress	Damp places
Cardamine pratensis subsp. pratensis	Lady's Smock	Wet places
Cardamine resedifolia	Mignonette-leaved Bitter-cress	Mountain rocks
Draba aizoides	Yellow Whitlowgrass	Moraines
Draba tomentosa	Wooly Whitlowgrass	Rocks. Almendhubel
Erophila verna	Spring Whitlowgrass	Occasional
Hornungia alpina subsp. alpina	Chamois Cress	Mountain rocks and screes
Varnara aquatilia	Dook Karnara	Limantona roaka

Rock Kernera

Limestone rocks.

Latin Name

Noccaea perfoliata Noccaea rotundifolia Pseudoturritis turrita Sisymbrium austriacum

Campanulaceae

Campanula barbata
Campanula cochleariifolia
Campanula rapunculoides
Campanula rhomboidalis
Campanula rotundifolia
Campanula scheuchzeri
Campanula thyrsoides
Campanula trachelium
Phyteuma betonicifolium
Phyteuma hemisphaericum
Phyteuma orbiculare
Phyteuma spicatum

Cannabaceae

Humulus lupulus

Caprifoliaceae

Lonicera alpigena Lonicera caerulea Lonicera nigra Lonicera xylosteum

Caryophyllaceae

Cerastium alpinum
Cerastium arvense subsp. strictum

Cerastium arvense subs Cerastium cerastoides Cerastium fontanum Cerastium glomeratum Cerastium latifolium Cherleria sedoides Dianthus barbatus ‡

Dianthus carthusianorum
Dianthus superbus ‡
Dianthus sylvestris
Gypsophila repens
Moehringia ciliata
Moehringia muscosa
Sabulina verna
Sagina procumbens

Silene acaulis
Silene diocia
Silene nutans
Silene rupestris
Silene vulgaris
Stellaria graminea
Stellaria holostea
Stellaria media

Common Name

Perfoliate Penny-cress Near habitation
Round-leaved Penny-cress Moraines and screes
Tower Cress Lowland rocks
Austrian Rocket Waste places

Notes

Bellflower Family

Bearded Bellflower Mountain turf
Fairy's-thimble Screes
Creeping Bellflower Wilderswil

Broad-leaved Bellflower Common in meadows

Harebell Commom
Scheuchzer's Bellflower Mountain turf
Yellow Bellflower Schynige Platte

Nettle-leaved Bellflower Woods

Betony-leaved Rampion Acidic pasture
Globe-headed Rampion Mountain Rocks
Round-headed Rampion Meadows. Frequent
Spiked Rampion Meadows. Frequent

Hop Family

Hop Below Wengen

Honeysuckle Family

Alpine Honeysuckle Occasional. Forests
Blue-berried Honeysuckle Green Alder scrub
Black-berried Honeysuckle Woods
Fly Honeysuckle Woods

Pink Family

Alpine Mouse-ear Mountain turf Field Mouse-ear Frequent

Starwort Mouse-ear Rocks and pasture

Common Mouse-ear Common Sticky Mouse-ear Waste places

Broad-leaved Mouse-ear Moraines and screes
Mossy Cyphel Alpine turf

Sweet-William Garden escape
Carthusian Pink Almendhubel

Large Pink Railway banks below Almend

Occasional, Meadows

Wood Pink Rocks. Local
Alpine Gypsophila Frequent
Creeping Sandwort Screes

Mossy Sandwort Shady places. Local
Vernal Sandwort Rocky places
Procumbent Pearlwort Common
Moss Campion Mountain turf
Red Campion Frequent. Meadows
Nottingham Catchfly Occasional. Rocks
Rock Campion Common on rocks

Lesser Stitchwort Occasional
Greater Stichwort Occasional
Common Chickweed Occasional

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Bladder Campion

Latin Name Common Name Notes

Stellaria nemorum Wood Stitchwort Woods

Cistaceae

Helianthemum nummularium subsp. Large-flowered Common grandiflorum Common

Rockrose Family

Helianthemum oelandicum subsp. alpestre Alpine Rockrose Frequent

Convolvulaceae Bindweed Family

Cuscuta epithymum Common Dodder Frequent

Cornaceae Dogwood Family

Cornus sanguinea Dogwood Woods

Corylaceae Hazel Family

Corylus avellana Hazel Woods

Crassulaceae Stonecrop Family

Petrosedum rupestre Rock Stonecrop Occasional. Rocks

Phedismus spurius ‡ Caucasian Stonecrop Wengen Rhodiola rosea ‡ Roseroot Alpine Garden Sedum acre Biting Stonecrop Occasional Sedum album White Stonecrop Walls. Wengen Sedum alpestre Mountain rocks Alpine Stonecrop Sedum atratum Dark Stonecrop Mountain rocks

Sedum dasyphyllum
Thick-leaved Stonecrop
Walls and rocks
Sedum hispanicum ‡
Spanish Stonecrop
Naturalised. Wengen

Sedum rubensReddish StonecropRocksSedum sexangulare ‡Tasteless StonecropWalls. WengenSempervivum montanumMountain HouseleekCommon on rocks

Sempervivum tectorum Common Houseleek Frequent on rocks

DipsacaceaeTeasel FamilyKnautia arvensisField ScabiousCommonKnautia dipsacifoliaWood ScabiousCommon

Scabiosa columbaria Small Scabious Common in lowlands

Scabiosa lucidaShining ScabiousMeadowsSuccisa pratensisDevil's-bit ScabiousDamp meadows

Ericaceae Heather Family

Arctostaphylos uva-ursi Bearberry Acidic heaths

Arctous alpina Alpine Bearberry Occasional. Mountain turf

Calluna vulgarisLingFrequentEmpetrum nigrum subsp. hermaphroditumHermaphrodite CrowberryAcidic heaths

Erica carnea Spring Heath Frequent on limestone

Moneses unifloraOne-flowered WintergreenForestKalmia procumbensTrailing AzaleaAcidic heathsOrthilia secundaSerrated WintergreenForest

Pyrola minor
Lesser Wintergreen
Forest
Rhododendron ferrugineum
Rhododendron hirsutum
Hairy Alpenrose
Common on limestone

Vaccinium myrtillusBilberryCommonVaccinium uliginosumBog WhortleberryCommonVaccinium vitis-idaeaCowberryCommon

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Latin Name Common Name Notes

Euphorbiaceae

Euphorbia cyparissias Mercurialis perennis

Fabaceae

Anthyllis vulneraria subsp. alpestris

Astragalus alpinus
Astragalus australis
Coronilla emerus
Ervilia sylvatica
Coronilla vaginalis
Hedysarum hedysaroides
Hippocrepis comosa

Lathyrus laevigatus subsp. occidentalis

Lathyrus pratensis
Lotus alpinus
Lotus corniculatus
Lotus uliginosus
Medicago lupulina
Medicago sativa ‡
Melilotus albus
Melilotus indicus
Onobrychis arenaria
Onobrychis viciifolia
Ononis repens
Oxytropis campestris

Oxtropis jacquinii Robinia pseudoacacia ‡ Securigera varia

Trifolium alpinum Trifolium badium Trifolium montanum Trifolium pratense Trifolium repens Trifolium thalii

Vicia cracca Vicia sepium

Fagaceae

Castanea sativa ‡
Fagus sylvatica
Quercus petraea
Quercus robur

Gentianaceae

Gentiana acaulis Gentiana asclepiadea Gentiana bavarica Gentiana brachyphylla Gentiana clusii

Gentiana lutea Gentinan purpurea Spurge Family

Cypress Spurge Frequent on limestone

Dog's Mercury Woods

Pea Family

Alpine Kidney Vetch Mountain pasture
Alpine Milk-vetch Mountain turf
Southern Milk-vetch Mountain turf
False Senna Occasional
Wood Vetch Woods

Small Scorpion-vetch Cliffs below Wengen
Alpine Sainfoin Mountain pasture

Horseshoe Vetch Common

Yellow Pea Grutschalp, Schynige Platte

Meadow Vetchling Meadows
Alpine Bird's-foot-trefoil Mountain turf
Bird's-foot-trefoil Meadows
Greater Bird's-foot-trefoil Wet meadows
Black Medick Common

Lucerne Occasional weed

White Melilot Lowland **Small Melilot** Lowland Small Sainfoin Occasional Mountain Sainfoin Mountain pasture Sainfoin Occasional Common Restharrow Below Wengen Yellow Milk-vetch Locally common Mountain Milk-vetch Moraines. Local False Acacia Lowlands Crown Vetch Wilderswil Alpine Clover Common

Brown Clover Mountain meadows
Mountain Clover Mountain pasture

Red Clover Meadows
White Clover Frequent

Thal's Clover Mountain turf and scree

Tufted Vetch Frequent
Bush Vetch Occasional

Beech Family

Sweet Chestnut Occasional
Beech Valley forest
Sessile Oak Frequent. Woods
Pedunculate Oak Occasional

Gentian Family

Trumpet Gentian Mountain pasture
Willow Gentian Woods on limestone

Bavarian Gentian Marshes
Short-leaved Gentian Alpine turf

Clusius' Gentian Limestone pasture
Great Yellow Gentian Mountain pasture

Purple Gentian Green Alder scrub and pasture

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Fraxinus excelsior

Ligustrum vulgare

Latin Name	Common Name	Notes
Gentiana verna	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
Geranium pyrenaicum	Pyrenean Crane's-bill	Occasional
Geranium robertianum	Herb Robert	Occasional
Geranium sylvaticum	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
Globularia cordifolia	Matted Globularia	Frequent
Globularia nudicaulis	Leafless-stemmed Globularia	Frequent
Hypericaceae	St John's-wort Family	
Hypericum maculatum	Imperforate St John's-wort	Frequent
Hypericum perforatum	Perforate St John's-wort	Occasional
Juglandaceae	Walnut Family	
Juglans regia ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
Ajuga pyramidalis	Pyramidal Bugle	Locally common
Ajuga reptans	Common Bugle	Common
Betonica officinalis	Betony	Meadows
Clinopodium alpinum	Alpine Calamint	Occasional. Rocky banks
Clinopodium vulgare	Wild Basil	Frequent
Galeopsis tetrahit	Common Hemp-nettle	Occasional
Glechoma hederacea	Ground-ivy	Woods
Lamiastrum galeobdolon	Yellow Archangel	Woods
Lamium maculatum	Spotted Dead-nettle	Occasional
Lamium purpureum	Red Dead-nettle	Occasional
Origanum vulgare	Marjoram	Occasional. Meadows
Prunella grandiflora	Large-flowered Self-heal	Meadows. Trummelbach
Prunella vulgaris	Self-heal	Common
Salvia glutinosa	Sticky Clary	Forest. Wilderwil
Salvia pratensis	Meadow Clary	Meadows. Trummelbach
Stachys alpina	Alpine Woundwort	Below Wengen
Stachys sylvatica	Hedge Woundwort	Woods
Teucrium chamaedrys	Wall Germander Mountain Germander	Below Wengen
Teucrium montanum Teucrium scorodonia		Trummelbach Woods
	Wood Sage	
Thymus praecox subsp. polytrichus	Wild Thyme	Common
Lentibulariaceae	Butterwort Family	
Pinguicula alpina	Alpine Butterwort	Mountain rocks and turf
Pinguicula vulgaris	Common Butterwort	Wet turf
Linaceae	Flax Family	
Linum alpinum ‡	Alpine Flax	Wengernalp and Alpine Garden
Linum catharticum	Fairy Flax	Common
Oleaceae	Ash Family	
Francisco accadatas	۸۵۱	Landanal

Ash Wild Privet Lowland

Lowland

Latin Name Common Name **Notes** Onagraceae Willowherb Family Whorled-leaved Willowherb Frequent Epilobium alpestre Epilobium alsinifolium Chickweed Willowherb Frequent Epilobium anagallidifolium Pimpernel-leaved Willowherb Frequent Rosebay Willowherb Occasional Epilobium angustifolium Epilobium hirsutum Great Willowherb Lowlands **Broad-leaved Willowherb** Epilobium montanum Occasional Orobanchaceae **Broomrape Family** Alpine Bartsia Mountain turf Bartsia alpina Euphrasia officinalis subsp. pratensis Rostkov's Eyebright Valley meadows Melampyrum pratense Common Cow-wheat Woods Small Cow-wheat Forest Melampyrum sylvaticum Pedicularis foliosa Leafy Lousewort Schynige Platte Pedicularis oederi Crimson-tipped Lousewort Alpine turf Pedicularis recutita Beakless Red Lousewort Local. Mountain turf. Alpine garden Pedicularis tuberosa Long-beaked Yellow Lousewort Acidic turf Pedicularis verticillata Whorled Lousewort Mountain turf Rhinanthus alectorolophus Greater Yellow-rattle Common. Meadows Yellow-rattle Rhinanthus minor Uncommon. Pasture Oxalidaceae **Wood-sorrel Family** Oxalis acetosella Wood-sorrel Shaded rocks **Papaveraceae Poppy Family** Papaver cambricum ‡ Welsh Poppy Occasional Papaver rhoeas Common Poppy Occasional. Lowland **Parnassiaceae Grass-of-Parnassus Family** Parnassia palustris Grass-of-Parnassus Damp flushes **Plantaginaceae Plantain Family** Plantago alpina Alpine Plantain Mountain turf Plantago atrata Dark Plantain Mountain turf Plantago major Greater Plantain Occasional Plantago maritima subsp. serpentina Fleshy Plantain Frequent Plantago media Hoary Plantain Occasional Plantago lanceolata Ribwort Plantain Occasional **Milkwort Family** Polygalaceae Polygala alpestris Mountain Milkwort Common Polygala chamaebuxus Shrubby Milkwort Frequent on rocks Frequent Polygala vulgaris Common Milkwort

Polygonaceae **Dock Family** Bistorta officinalis Common Bistort Bistorta vivipara Alpine Bistort Oxyria digyna Mountain Sorrel Reynoutria japonica ‡ Japanese Knotweed Common Sorrel Sheep's Sorrel

Rumex acetosa Rumex acetosella Rumex alpestris

Mountain Dock Monk's-rhubarb Rumex alpinus Disturbed mountain pasture

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Damp pasture

Lowland

Widespread

Acidic pasture

Mountain pasture

Common. Mountain turf

Mountain rocks and scree

Latin Name Common Name **Notes**

Broad-leaved Dock Occasional Rumex obtusifolius French Sorrel Rumex scutatus Rocks and scree

Primrose Family Primulaceae

Androsace chamaejasme Ciliate Rock-jasmine Frequent Androsace helvetica Swiss Rock-jasmine Alpine cliffs Androsace obtusifolia Blunt-leaved Rock-jasmine Acidic turf Lysimachia nemorum Yellow Pimpernel Damp woods

Primula auricula Auricula Mountain rocks and turf Primula elatior Oxlip Snowbeds Primula farinosa Bird's-eye Primrose Mountain turf Primula hirsuta Hairy Primrose Acidic rocks Primula veris Cowslip Below Wengen Soldanella alpina Alpine Snowbell Common

Ranunculaceae **Buttercup Family**

Aconitum lycoctonum subsp. vulparia Wolf's-bane Frequent. Forest Aconitum napellus agg. Monk's-hood Damp meadows

Aconitum variegatum subsp. paniculatum Variegated Monk's-hood Damp meadows

Actaea spicata Woods Baneberry

Anemone narcissiflora Narcissus-flowered Anemone Mountain pasture Rare. Biglenalp, Eiger Aquilegia alpina Alpine Columbine Dark Columbine Aquilegia atrata Forest and meadows Caltha palustris Marsh-marigold Flushes and streamsides

Clematis alpina ‡ Alpine Clematis Alpine Garden Clematis vitalba Old Man's Beard Common. Lowland

Hepatica nobilis Liverleaf Woodland

Pulsatilla alpina subsp. alpina Alpine Pasqueflower Frequent on limestone Pulsatilla alpina subsp. apiifolia Alpine Pasqueflower Frequent on acidic soils

Pulsatilla vernalis Spring Pasqueflower Locally commom Ranunculus aconitifolius Aconite-leaved Buttercup Locally common

Common Ranunculus acris Meadow Buttercup Ranunculus alpestris Alpine Buttercup Snowbeds. Common Ranunculus glacialis **Glacier Crowfoot** Alpine screes. Eiger

Ranunculus kuepferi Kupfer's Buttercup Locally common Ranunculus montanus Mountain Buttercup Mountain pasture Ranunculus parnassifolius ‡ Parnassus-leaved Buttercup Alpine Garden

Ranunculus repens Creeping Buttercup Occasional. Meadows Thalictrum alpinum Alpine Meadow-rue Uncommon. Alpine turf Thalictrum aquilegiifolium Great Meadow-rue Mountain meadows

Thalictrum foetidum Stinking Meadow-rue Trummelbach Globeflower Common Trollius europaeus

Rhamnaceae **Buckthorn Family**

Rhamnus pumilus

Alpine Buchthorn Rhamnus alpinus Rocky places **Dwarf Buckthorn**

Limestone rocks. Oberberghorn

Rosaceae **Rose Family**

Alchemilla alpina Alpine Lady's-mantle Common Alchemilla conjuncta Silver Lady's-mantle Frequent Alchemilla glabra Smooth Lady's-mantle Frequent Alchemilla pentaphyllea Cut-leaved Lady's-mantle Snowbeds

Alchemilla vulgaris agg. Lady's-mantle Frequent

Latin Name Common Name Notes

Alchemilla xanthochlora Pale Lady's-mantle Frequent

Aruncus dioicus Goat's-beard Spiraea Woods. Below Wengen

Cotoneaster integerrima Wild Cotoneaster Mountain rocks. Oberberghorn

Crataegus monogyna Hawthorn Woods

Dryas octopetala Mountain Avens Mountain rocks and scree

Filipendula ulmariaMeadowsweetLowland meadowsFragaria vescaWild StrawberryWoods and pastureGeum montanumAlpine AvensMountain turf

Geum rivale Water Avens Occasional. Wet pasture

Geum urbanum Herb Bennet Woods

Potentilla aureaGolden CinquefoilOccasional. Mountain turfPotentilla crantziiAlpine CinquefoilCommon. Mountain turf

Potentilla erectaTormentilAcidic turfPotentilla sterilisBarren StrawberryFrequentPoterium sanguisorbaSalad BurnetWidespread

Prunus avium Wild Cherry Woods
Rosa canina Dog-rose Below Wengen

Rosa glaucaBlue-leaved RoseOccasionalRosa micranthaSmall-flowered Sweet-briarOccasional

Rosa pendulina Alpine Rose Frequent. Mountains

Rosa rubiginosa Sweet-briar Below Wengen Rubus idaeus Raspberry Woods

Rubus saxatilis Stone Bramble Occasional. Rocky places

Sibbaldia procumbens Sibbaldia Snowbeds

Sorbus aria Whitebeam Occasional. Woods

Sorbus aucuparia Rowan Woods

Sorbus chamaemespilus False-medlar Mountain pasture

Sorbus mougeotii Mougeot's Whitebeam Woods

Rubiaceae Madder Family

Occasional Asperula cynanchica Squinancywort Crosswort Meadows Cruciata laevipes Galium album White Bedstraw Meadows **Dwarf Bedstraw** Frequent Galium anisophyllon Swiss Bedstraw Moraines Galium megalospermum Galium odoratum Woodruff Woods Frequent Slender Bedstraw

Galium pumilumSlender BedstrawFrequentGalium verumLady's BedstrawMeadows

Salicaceae Willow Family

Salix laggeri

Populus albaWhite PoplarLowlandPopulus tremulaAspenOccasionalSalix auritaEared WillowWidespreadSalix breviserrataFinely-toothed WillowOccasionalSalix capreaGoat WillowLowland

Salix eleagnos Olive Willow Lowland. By rivers Salix foetida Stinking Willow Locally common Salix hastata Large-stipuled Willow Local. Lauberhorn Salix glaucosericea Silky Willow Local, Lauberhorn Salix helvetica ‡ Swiss Willow Garden, Murren Salix herbacea Least Willow Mountain turf

Salix purpurea Purple Willow Lowland

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Local, Lauberhorn

Lagger's Willow

Latin Name	Common Name	Notes
Salix reticulata	Net-leaved Willow	Alpine rocks and turf
Salix retusa	Retuse-leaved Willow	Alpine rocks and turf
Salix serpyllifolia	Thyme-leaved Willow	Alpine rocks and turf
Salix viminalis	Osier	Lowland. Riversides
Cam, riminano		
Santalaceae	Bastard-toadflax Family	
Thesium alpinum	Alpine Bastard-toadflax	Occasional. Pasture
Sapindaceae	Maple Family	
Acer campestre	Field Maple	Frequent
Acer platanoides	Norway Maple	Occasional
Acer pseudoplatanus	Sycamore	Common
Cavifragasasa	Savifraga Family	
Saxifragaceae	Saxifrage Family Alternate-leaved Golden-	
Chrysosplenium alternifolium	saxifrage	Occasional
Micranthes stellaris subsp. robusta	Starry Saxifrage	Acidic flushes
Saxifraga aizoides	Yellow Mountain Saxifrage	Wet turf and scree
Saxifraga androsacea	Scree Saxifrage	Damp scree and snowbeds
Saxifraga bryoides	Mossy Saxifrage	Acidic rocks
Saxifraga caesia	Blue Saxifrage	Limestone rocks and scree
Saxifraga exarata subsp. moschata	Musky Saxifrage	Mountain rocks
Saxifraga oppositifolia	Purple Saxifrage	Rocks, moraine and scree
Saxifraga paniculata	Livelong Saxifrage	Rocks
Saxifraga rotundifolia	Round-leaved Saxifrage	Damp shaded rocks
Scrophulariaceae	Figwort Family	
Verbascum nigrum	Dark Mullein	Lowland
Solanaceae	Nightshade Family	
Atropa bella-donna	Deadly Nightshade	Forest. Wilderswil
•	, 3	
Thymelaeaceae	Mezereon Family	
Daphne mezereum	Mezereon	Local. Mountain pasture
Tiliaceae	Lime Family	
Tilia cordata	Small-leaved Lime	Lowland
Tilia platyphyllos	Large-leaved Lime	Lowland
riiia piatypriyiioo	Largo loavou Limo	Lowiana
Ulmaceae	Elm Family	
Ulmus glabra	Wych Elm	Valley woods
Urticaceae	Nettle Family	
Urtica dioica	Common Nettle	Widespread
Valerianaceae	Valerian Family	
Valeriana dioica	Marsh Valerian	Wet pasture
Valeriana officinalis	Common Valerian	Damp meadows
Valeriana tripteris	Three-leaved Valerian	Woods
Veronicaceae	Speedwell Family	
Cymbalaria muralis ‡	Ivy-leaved Toadflax	Occasional on walls
-		
Digitalis grandiflora	Large Yellow Foxglove	Wilderswil

Latin Name

Erinus alpinus Linaria alpina Veronica alpina Veronica aphylla Veronica beccabunga Veronica bellidioides Veronica chamaedrys Veronica fruticans Veronica fruticulosa Veronica officinalis Veronica serpyllifolia Veronica urticifolia

Viburnaceae

Adoxa moschatellina Sambucus ebulus Sambucus nigra Sambucus racemosa Viburnum lantana Viburnum opulus

Violaceae

Viola biflora Viola calcarata Viola cenisia Viola lutea Viola palustris Viola riviniana Viola tricolor

MONOCOTYLEDONS

Amaryllidaceae

Allium schoenoprasum Allium senescens Allium victorialis

Asparagaceae

Convallaria majalis Maianthemum bifolium Paradisea liliastrum Polygonatum odoratum Polygonatum verticillatum

Colchicaceae

Colchicum autumnale

Cyperaceae

Carex atrata subsp. atrata Carex canescens Carex capillaris Carex caryophyllea Carex curvula

Common Name

Fairy Foxglove

Alpine Toadflax Moraine and scree Alpine Speedwell Stony mountain pasture Leafless-stemmed Speedwell Stony mountain pasture **Brooklime** Wet places Violet Speedwell Acidic pasture Germander Speedwell Below Wengen Rock Speedwell Mountain rocks Oberberghorn A Rock Speedwell Heath Speedwell Woods Thyme-leaved Speedwell Frequent Nettle-leaved Speedwell Woods

Notes

Frequent

Woods below Wengen

Viburnum Family

Rare. Mannlichen Moschatel **Dwarf Elder** Lowland. Wilderswil Common Elder Woods

Alpine Elder Occasional. Rocky places Wayfaring-tree Woods below Wengen

Violet Family

Guelder-rose

Common Yellow Wood Violet Long-spurred Pansy Locally common Mt Cenis Pansy Moraine and scree Mountain Pansy Locally common Marsh Violet Common Common Dog-violet Common Local Wild Pansy

Daffodil Family

Chives Occasional. Mountains Mountain Onion Mannlichen

Alpine Leek Grutschalp, Schynige Platte

Asparagus Family

Limestone cliffs and scree Lily-of-the-Valley May Lily Mountain woods St Bruno's Lily Local. Mountain pasture Limestone cliffs and scree Angular Solomon's-seal Whorled Solomon's-seal Occasional. Forests

Meadow Saffron Family

Meadow Saffron Meadows below Wengen

Sedge Family

Black Alpine Sedge Wet mountain pasture White Sedge Wet mountain pasture Hair Sedge Wet mountain pasture

Spring Sedge Dry pasture

An alpine Sedge Dominant. Mountain turf

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Gymnadenia xchanousiana (G. conopsea x G.rhellicani)

Latin Name	Common Name	Notes
Carex davalliana	Davall's Sedge	Wet calcareous turf
Carex dioica	Dioecious Sedge	Base-rich flushes
Carex echinata	Star Sedge	Frequent
Carex ferruginea	Rusty Sedge	Dominant. Limestone turf
Carex flacca	Glaucous Sedge	Common
Carex flava agg.	Yellow-sedge	Marshes
Caex nigra	Black Sedge	Common
Carex panicea	Carnation Sedge	Common
Carex rostrata	Bottle Sedge	Pond margins
Carex sempervirens	Evergreen Sedge	Mountain grassland on limestone
Eriophorum angustfolium	Common Cottongrass	Wet flushes and bogs
Eriophorum scheuchzeri	Scheuchzer's Cottongrass	Occasional. Bogs
Iridaceae	Iris Family	
Crocus vernus	Spring Crocus	Common
Grocus vernus	Opining Grocus	Common
Juncacae	Rush Family	
Juncus alpinoarticulatus	Alpine Rush	Wet mountain pasture
Juncus jacquinii	Jacquin's Rush	Wet mountain pasture
Juncus trifidus	Three-leaved Rush	Acidic mountain turf
Juncus triglumis	Three-flowered Rush	Acidic mountain turf
Luzula alpinopilosa	Alpine Wood-rush	Mountain turf
Luzula lutea	Yellow Wood-rush	Mountain turf
Luzula multiflora	Heath Wood-rush	Mountain turf
Luzula nivea ‡	Snowy Wood-rush	Gardens
Luzula spicata	Spiked Wood-rush	Mountain turf
Luzula sylvatica	Great Wood-rush	Woods
Liliaceae	Lily Family	
Gagea fistulosa	A Yellow Star-of-Bethlehem	Uncommon. Mountain turf
Gagea serotina	Snowdon Lily	Mountain turf
Lilium martagon	Martagon Lily	Woods
Streptopus amplexifolius	Streptopus	Occasional. Forests
Melanthiaceae	Herb-Paris Family	
Paris quadrifolia	Herb-Paris	Local. Woods
Veratrum album	White False-helleborine	Mountain pasture
Orchidaceae	Orchid Family	
Cephalantha longifolia	Narrow-leaved Helleborine	Frequent. Woods
Cephalanthera rubra	Red Helleborine	Woods. Wilderswil
Chamorchis alpina	Dwarf Orchid	Local
Corallorhiza trifida	Coralroot Orchid	Local, Forests
Cypripedium calceolus	Lady's-slipper	Local
Dactylorhiza maculata subsp. fuchsii	Common Spotted-orchid	Damp base-rich soils
Dactylorhiza maculata subsp. maculata	Heath Spotted-orchid	Acidic soils
Dactylorhiza majalis	Broad-leaved Marsh-orchid	Common
Dactylorhiza viridis	Frog Orchid	Wengernalp
Epipactis atrorubens	Dark-red Helleborine	Frequent. Forests
Epipactis all'oraberio	Broad-leaved Helleborine	Frequent. Forests
Gymnadenia conopsea	Fragrant-orchid	Common
Gymnadenia rhellicani	Alpine Vanilla Orchid	Locally common
Gymnadenia xchanousiana (G. cononsea x		

Local

A hybrid orchid

Latin Name	Common Name	Notes
Neottia cordata	Lesser Twayblade	Locally common
Neottia nidus-avis	Bird's-nest Orchid	Frequent. Forests
Neottia ovata	Twayblade	Locally common
Orchis mascula	Early-purple Orchid	Common
Platanthera bifolia	Lesser Butterfly-orchid	Locally frequent. Forests
Traunsteinera globosa	Round-headed Orchid	Local
Poaceae	Grass Family	
Agrostis capillaris	Common Bent	Common
Anthoxanthum alpinum	Alpine Vernal-grass	Frequent. Mountain turf
Anthoxanthum odoratum	Sweet Vernal-grass	Common
Arrhenatherum elatius	False Oat-grass	Common
Avenella flexuosa	Wavy Hair-grass	Acidic mountain turf
Brachypodium sylvaticum	False Brome	Woods
Briza media	Quaking-grass	Locally common
Bromus hordeaceus	Soft Brome	Frequent
Cynosurus cristatus	Crested Dog's-tail	Common
Dactylis glomerata	Cock's-foot	Common
Deschampsia cespitosa	Tufted Hair-grass	Wet mountain pasture
Festuca ovina	Sheep's-fescue	Common
Festuca rubra	Red Fescue	Common
Festuca violacea	Violet Fescue	Mountain turf
Holcus lanatus	Yorkshire-fog	Locally common
Holcus mollis	Creeping Soft-grass	Locally common
Koeleria macrantha	Crested Hair-grass	Frequent
Lolium perenne	Perennial Rye-grass	Frequent
Melica nutans	Mountain Melick	Woods
Nardus stricta	Mat-grass	Common
Phleum alpinum	Alpine Timothy	Frequent. Mountain pasture
Phleum pratense	Timothy	Common
Poa alpina	Alpine Meadow-grass	Common
Poa annua	Annual Meadow-grass	Common on trackways
Poa pratensis	Smooth Meadow-grass	Common. Meadows
Poa nemoralis	Wood Meadow-grass	Frequent
Poa trivialis	Rough Meadow-grass	Frequent
Schedonorus pratensis	Meadow Fescue	Common
Sesleria caerulea	Blue Moor-grass	Common. Limestone pasture
Tritique enalta +	Spolt	Cultivated

Tofieldiaceae Scottish Asphodel Family

Tofieldia calyculata Tofield's Asphodel Common

Spelt

Birds (✓=recorded but not counted; H = heard only)

Triticum spelta ‡

				Jun							
	Common name	Latin name	16	17	18	19	20	21	22	23	
1	Common Swift	Apus apus		✓			✓	✓	✓		
2	Common Cuckoo	Cuculus canorus			Н		Н	Н	Н		
3	Rock Dove	Columba livia	✓								
4	Common Wood Pigeon	Columba palumbus		✓							
5	Eurasian Collared Dove	Streptopelia decaocto						✓	✓		
6	Grey Heron	Ardea cinerea	✓								
7	Golden Eagle	Aquila chrysaetos		✓	✓	✓					

Cultivated

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						Ju	ne			
	Common name	Latin name	16	17	18	19	20	21	22	23
8	Common Buzzard	Buteo buteo	✓	✓			✓			
9	Eurasian Three-toed Woodpecker	Picoides tridactylus subsp. alpinus					✓			
10	Great Spotted Woodpecker	Dendrocopos major					✓			
11	Common Kestrel	Falco tinnunculus			✓	✓	✓		✓	
12	Eurasian Jay	Garrulus glandarius	✓	✓	✓	✓				
13	Eurasian Magpie	Pica pica	✓	✓						
14	Spotted Nutcracker	Nucifraga caryocatactes			✓	✓			✓	
15	Alpine Chough	Pyrrhocorax graculus			✓	✓	✓	✓	✓	
16	Carrion Crow	Corvus corone	✓	✓	✓	✓	✓	✓	✓	✓
17	Northern Raven	Corvus corax			✓	✓	✓			
18	Coal Tit	Periparus ater		✓			✓			
19	European Crested Tit	Lophophanes cristatus					✓			
20	Eurasian Blue Tit	Cyanistes caeruleus		✓						
21	Great Tit	Parus major		✓			✓			
22	Eurasian Skylark	Alauda arvensis			Н					
23	Eurasian Crag Martin	Ptyonoprogne rupestris						✓		
24	Common House Martin	Delichon urbicum		✓				✓		
25	Common Chiffchaff	Phylloscopus collybita		Н	Н		✓	Н	Н	
26	Eurasian Blackcap	Sylvia atricapilla		✓	✓	✓	✓	Н		
27	Garden Warbler	Sylvia borin					✓	Н		
28	Common Firecrest	Regulus ignicapilla		Н			✓			
29	Goldcrest	Regulus regulus					✓			
30	Eurasian Wren	Troglodytes troglodytes		Н	Н	Н	✓			
31	Ring Ouzel	Turdus torquatus			✓	Н		✓		
32	Common Blackbird	Turdus merula	✓	✓	✓	✓	✓	✓	✓	✓
33	Fieldfare	Turdus pilaris						✓		
34	Song Thrush	Turdus philomelos	✓			Н	✓	✓		
35	Mistle Thrush	Turdus viscivorus		✓		✓	✓			
36	European Robin	Erithacus rubecula				✓		✓	Н	
37	Black Redstart	Phoenicurus ochruros	✓	✓	✓	✓	✓	✓	✓	✓
38	White-throated Dipper	Cinclus cinclus		✓						
39	House Sparrow	Passer domesticus	✓	✓	✓	✓	✓	✓	✓	✓
40	White-winged Snowfinch	Montifringilla nivalis			✓				✓	
41	Alpine Accentor	Prunella collaris							✓	
42	White Wagtail	Motacilla alba		✓	✓		✓	✓		
43	Water Pipit	Anthus spinoletta			✓	✓	✓	✓	✓	
44	Common Chaffinch	Fringilla coelebs	✓	✓	✓	✓	✓	✓	✓	✓
45	Common Linnet	Linaria cannabina			✓	✓	✓	✓	✓	
46	Citril Finch	Carduelis citrinella		✓						
47	European Serin	Serinus serinus	✓		✓		✓		✓	

Mammals (E = evidence of)

4	D = d O = simmed	Ontinue and manta			F			
1	Red Squirrel	Sciurus vulgaris			E	V		
2	Alpine Marmot	Marmota marmota		✓				
3	Snow Vole	Microtus nivalis		Е		Е		
4	Red Fox	Vulpes vulpes	✓			Е	Е	
5	Alpine Ibex	Capra ibex					Е	
6	Alpine Chamois	Rupicapra rupicapra			✓		✓	

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		June							
Common name	Latin name	16	17	18	19	20	21	22	23

Reptiles & Amphibians

1	Common Lizard	Zootoca vivipara		✓	✓			
2	Common Frog	Rana temporaria				✓		
3	Common Newt	Triturus vulgaris		✓	✓	✓		

Butterflies

1	Swallowtail	Papilio machaon	✓		✓		✓	
2	Large White	Pieris brassicae	✓		✓			
3	Small White	Pieris rapae	✓		✓			
4	Orange Tip	Anthocharis cardamines	✓		✓			
5	Clouded Yellow	Colias crocea			✓			
6	Green Hairstreak	Callophrys rubi			✓	✓	✓	
7	Small Copper	Lycaena phlaeas			✓			
8	Little Blue	Cupido minimus			✓			
9	Brown Argus	Aricia agestis			✓			
10	Common Blue	Polyommatus icarus	✓					
11	Painted Lady	Cynthia cardui	✓	✓	✓	✓	✓	✓
12	Small Tortoiseshell	Aglais urticae	✓	✓	✓	✓	✓	✓
13	Small Pearl-bordered Fritillary	Clossiana selene			✓	✓		
14	False Heath Fritillary	Melitaea diamina	✓					
15	Heath Fritillary	Melitaea athalia	✓					
16	Piedmont Ringlet	Erebia meolans	✓					
17	Meadow Brown	Maniola jurtina	✓					
18	Dingy Skipper	Erynnis tages			✓	✓		
19	Grizzled Skipper	Pyrgus malvae			✓			

Moths (L = larvae)

1	Hummingbird Hawk-moth	Macroglossum stellatarum		✓			
2	Chimney Sweeper	Odezia atrata	✓				
3	Lackey Moth	Malacosoma neustria			L		

Dragonflies

1	Northern Damselfly	Coenagrion hastulatum		✓		
2	White-faced Darter	Leucorrhinia dubia		✓		
3	Migrant Hawker	Aeshna mixta		✓		

Other Insects

1	Red Wood Ant	Formica rufa		✓	✓	✓	✓	
2	A leaf beetle	Oreina speciosa				✓		

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