

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

14 - 21 June 2015



Lady's-slipper, *Cypripedium calceolus* & *Anthyllis vulneraria valesiaca*



Wengen from the Hotel

Report compiled by David Tattersfield
Images courtesy of John Rawlings



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Day 1

Sunday 14th June

We arrived in Zurich in the early afternoon and were soon enjoying the comfort of the intercity train. After changing at Bern and Interlaken, we joined the regional train to Lauterbrunnen, following the glacial melt-waters of the Lutschine River, below high limestone cliffs. The delightful cog-wheel railway took us steeply up to Wengen, where it was just a short walk to our hotel. We had a wonderful view of the ice-clad Jungfrau to the south. After a delicious evening meal, we discussed the plans for the exciting week ahead, before retiring to bed.

Day 2

Monday 15th June

It was a cloudy and cool day with light rain during the afternoon. We set off down to Lauterbrunnen on foot. From the village, we had a view into the deep glacial trench of the Lauterbrunnen Valley. An easy path led down through meadows and forest, where our progress was slowed by the many interesting plants we found on the way. Herb-Paris *Paris quadrifolia*, Whorled Solomon's-seal *Polygonatum verticillatum* and Baneberry *Actaea spicata* were growing in the shady forest and Dark Columbine *Aquilegia atrata* and *Astrantia major* were common in the meadows. We caught the bus to Trummelbach and had lunch at a convenient spot by the river.

The Trummelbach Falls, where the river corkscrews through the sheer limestone cliffs, was an unforgettable experience. New plants near the limestone, included Swallow-wort *Vincetoxicum hirundinaria*, Mountain Bladder-fern *Cystopteris montana*, tiny cushions of Blue Saxifrage *Saxifraga caesia* and the delicate Mossy Sandwort *Moebria muscosa*. After relaxing at the café, most of the group returned through the meadows to Lauterbrunnen and took the train back to Wengen. Four of us decided on a more energetic option, involving climbing above the falls, to the top of the cliff, and walking back to Wengen. It was an exhilarating walk, taking just over four hours, but well worth the effort and very rewarding in terms of the plants we encountered. Sword-leaved Helleborine and Lesser Butterfly Orchid were very common in the forest but the undoubted highlights were Burnt Orchid *Neotinea ustulata*, Red Helleborine *Cephalanthera rubra*, Fly Orchid *Ophrys insectifera* and a perfect specimen of Lady's-slipper *Cypripedium calceolus*.

Day 3

Tuesday 16th June

Another cloudy day, with light to moderate rain, dictated that we would be better staying fairly low. We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel, where morning coffee was most welcome. The pasture around the restaurant was very colourful, with large clumps of *Gentiana acaulis*, Mountain Pansy *Viola lutea*, in a variety of colour combinations, and masses of Globeflower. Wet slopes were dominated by thickets of Green Alder *Alnus viridis* with a luxuriant growth of ferns and wet marshy hillsides were thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis*.

After a fairly soggy lunch, we followed the Mountain View Trail across heathland, dominated by Heather *Calluna vulgaris* and Alpenrose *Rhododendron ferrugineum*. This changed to steep rocky slopes, with dwarf Willows and colourful patches of Alpine Toadflax around rocky knolls. Lush pasture was thick with Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False-helleborine *Veratrum album*, neither plant

welcome to the farmers who graze their cows here in summer. We descended through more Green Alder, seeing a variety of new plants such as Alpine Leek *Allium victorialis*, Alpine Blue-sowthistle *Cicerbita alpina* and Great Meadow-rue *Thalictrum aquilegifolium*. The mix of habitats was astonishing and everything was clearly relishing the wet conditions. The rain gradually cleared, as we made a steep descent through the forest. There were some nice, dense colonies of the tiny Lesser Twayblade *Neottia cordata* and May Lily *Maianthemum bifolium*, growing in thick moss, under the trees. Shortly after leaving the forest, we were back at Grutschalp station for the cable-car down to Lauterbrunnen and the train back to Wengen.

Day 4

Wednesday 17th June

After early morning mist, there was the promise of a much better day. Soon after breakfast, we boarded the cable car for the short ride up to Mannlichen, high above our hotel. From the cable-car station, we started to familiarise ourselves with the rich flora along the edge of the cliffs. Early spring flowers included *Primula auricula* and Snowdon Lily *Gagea serotina* and we made slow progress, examining a range of habitats, each with its own community of plants. *Viola calcarata*, Trumpet Gentian *Gentiana acaulis* and Globeflower *Trollius europaeus* were plentiful in the grassland, and on north-facing cliffs grew the tight cushions of Swiss Rock-jasmine *Androsace helvetica*. We continued up the mountain past eye-catching combinations of Bird's-eye Primrose *Primula farinosa* and Spring Gentian *Gentiana verna*. Alongside melting snow were lots of white Kupfer's Buttercup *Ranunculus kuepferi* and beautiful specimens of Alpine Snowbell *Soldanella alpina*. Near to the summit, Yellow Alpine Pasqueflower *Pulsatilla alpina* subsp. *apiifolia* and Narcissus-flowered Anemone *Anemone narcissiflora* were prominent and, just beyond the summit, where snow lies quite late in the season, we found Crimson-tipped Lousewort *Pedicularis oederi*.

We returned the way we had come and regrouped over coffee at the Mannlichen Berghaus. Our chosen lunch spot overlooks the Eiger and Monch, but today the cloud remained stubbornly low and we had to settle for occasional glimpses of the summits, during the afternoon. A few Spring Pasqueflower *Pulsatilla vernalis* were in perfect condition in the sodden brown turf, where the snow had just receded and Trailing Azalea *Kalmia procumbens* was flowering, nearby. It had been a good morning for mountain birds, with Skylark, Water Pipit and Ring Ouzel seen regularly. Raven and Alpine Chough flew overhead and White-winged Snowfinch were nesting on the pylons of the ski-tows. An easy path took us past grassy slopes and cliffs, where the bedrock was a darker muddy shale and more acidic. We found lovely specimens of Hairy Primrose *Primula hirsuta*, the scented foliage of Musk Milfoil *Achillea erba-rotta* subsp. *moschata*, and more Snowbells and Pasqueflowers. At Kleine Scheidegg, the cloud finally cleared to give a lovely evening and we had splendid views of the ice-clad slopes of the Jungfrau, as we took the train back to Wengen.

Day 5

Thursday 18th June

Rain delayed our departure a little, and we left at 9.30am for Wengernalp. Before we began our walk, there was much to see near the station platform. There was a bank of lovely blue *Linum alpinum*, lots of Mountain Cornflower *Centaurea montana* and pale-yellow Spiked Rampion *Phyteuma spicatum*, in the lush meadows. On the steep banks, Early-purple Orchid was very obvious but Frog Orchid, although quite common, took a little while to locate. Over coffee, we were able to pick out a group of Ibex on the opposite side of the valley, before we set off through colourful meadows to the new chair-lift at Wixi. In a wet flush, we found the deep-blue Bavarian Gentian *Gentiana bavarica* and pink Lady's Smock *Cardamine pratensis*. The descent to Biglenalp brought more new

plants, characteristic of the limestone, including *Globularia cordifolia* and *Globularia nudicaulis*. Spring Heath *Erica carnea* and Hairy Alpenrose *Rhododendron hirsutum* are both unusual, within the Heather Family, in being confined to limestone. In the forest, we saw the delightful One-flowered Wintergreen *Moneses uniflora* and the tiny Coralroot Orchid *Corallorhiza trifida*.

We enjoyed lunch in a delightful spot by the stream at Biglenalp, before making a detour to find Lady's-slipper *Cypripedium calceolus*. Unfortunately the weather, once again, took a turn for the worse and we had persistent light rain for the rest of the afternoon, until dark. From Biglenalp, it was quite a long, but easy, walk back to Wengen. A number of the group caught a train at Alpend, while some of us took an alternative steep path down through the forest and emerged in the lower part of the town.

Day 6

Friday 19th June

We took the trains down to Wilderswil, where we boarded the delightful rack-railway up to Schynige Platte, at 1970 metres. Early rain cleared away by 11.30am and the rest of the day was mostly sunny, with occasional views of the Eiger, Monch and Jungfrau, to the south. After a coffee, we spent the morning in the Alpine Garden, where we saw many of the plants of the local region, as well as those of other regions of the Swiss Alps. As always, the garden was very informative and we much appreciated the hard work of its dedicated staff. We had lunch, very conveniently, on the station platform, before doing a circular walk around the adjacent alp. We saw new plants, in a variety of habitats, on the slopes of the Oberberghorn. Magnificent specimens of the white *Pulsatilla alpina* subsp. *alpina* and the robust yellow Leafy Lousewort *Pedicularis foliosa* adorned the grassy slopes, and large colonies of Angular Solomon's-seal *Polygonatum odoratum*, Whorled Solomon's-seal *Polygonatum verticillatum* and Lily-of-the-Valley *Convallaria majalis* made an amazing show on the limestone screes, a somewhat unusual habitat for these normally woodland plants. From the edge of the cliffs, we had lovely views of Interlaken and the Thunersee and Brienzensee, far below. Inevitably, we ran out of time and had to tear ourselves away and return to catch the 4.20pm train, back to Wilderswil.

Day 7

Saturday 20th June

The weather did not look promising from the start, but we were determined to get the most out of our last day. We took the train to Kleine Scheidegg and then changed trains for the Eigergletscher station. We walked up to the famous railway tunnel, taking trains through the Eiger to the Jungfraujoch, and spent time exploring the moraines, despite the persistent snow showers. Visibility was somewhat reduced and we only heard the unmistakable call of Alpine Accentor. Several plants were putting on a brave show in the harsh, stony environment. Among these, Broad-leaved Mouse-ear *Cerastium latifolium*, Mt. Cenis Pansy *Viola cenisia* and the deliciously-scented Round-leaved Penny-cress *Thlaspi rotundifolium* were greatly admired. We returned to the station, to warm up over hot drinks and then prepared our picnic in the shelter of the entrance.

Then we braved the elements and walked around the corner to the start of the Eiger Trail. Returning to the Eigergletscher station, we walked down through colourful displays of plants in the short turf, with large numbers of yellow *Primula auricula* and pink *Primula farinosa*. We followed the dramatic medial moraine, past great swathes of Globeflower and Red Campion, and then a steep trail down to Wixi. These were, undoubtedly the most flower-rich pastures we had seen and the floral displays were astonishing. As we were on pure limestone, there were beautiful clumps of intense-blue *Gentiana clusii*, masses of *Pusatilla alpina* subsp. *alpina* and Mountain Avens

Dryas octopetala, draping the rocks. The last stages of the walk were through forest and the meadows below Wengernalp, where the sleet finally turned to light rain. We finished our afternoon, enjoying delicious homemade tarts and cakes at the Wengernalp Hotel. Some of the group got the 5.40pm train back to Wengen, while the rest of us remained for another hour. Despite the weather, we had had a marvellous day and a fitting end to a superb week.

Day 8

Sunday 21st June

We were all very grateful to Aldino, Martina and their staff for looking after us so well. After breakfast, we had time to enjoy the views from the hotel, before wandering down to the village to catch the mid-morning train to Zurich.

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Species Lists

Plants (‡ = cultivated or naturalised)

Plant classification largely follows the familiar 'old' system, likely to be encountered in current floras of the region. Some recent taxonomic changes have been incorporated, where relevant. For ease of reference, families, genera and species are presented in alphabetic order.

Latin Name	Common Name	Notes
LYCOPODIOPSIDA		
Lycopodiaceae		
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp
Selaginellaceae		
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
EQUISETOPSIDA		
Equisetaceae		
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
PTEROPSIDA		
Aspleniaceae		
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Blechnaceae		
<i>Blechnum spicant</i>	Hard-fern	Locally common
Dennstaedtiaceae		
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae		
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris villarii</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
CLUBMOSES		
Clubmoss Family		
Lesser Clubmoss Family		
HORSETAILS		
Horsetail Family		
FERNS		
Spleenwort Family		
Hard-fern Family		
Bracken Family		
Buckler-fern Family		

Latin Name	Common Name	Notes
Ophioglossaceae <i>Botrychium lunaria</i>	Adder's-tongue Family Moonwort	Short turf. Widespread
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Marsh Fern Family Lemon-scented Fern Beech Fern	Green Alder scrub and woods Woods. Occasional
Woodsiaceae <i>Athyrium distentifolium</i> <i>Athyrium filix-femina</i> <i>Cystopteris alpina</i> <i>Cystopteris fragilis</i> <i>Cystopteris montana</i> <i>Woodsia alpina</i>	Lady-fern Family Alpine Lady-fern Lady-fern Alpine Bladder-fern Brittle Bladder-fern Mountain Bladder-fern Alpine Woodsia	Mountain woods. Above Murren Occasional Rare. Grutschalp, Eiger Frequent on rocks Local. Trummelbach Rare. Almendhubel
PINOPSIDA	CONIFERS	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus cembra</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pinus uncinata</i> <i>Pseudotsuga menziesii</i> ‡	Pine Family European Silver-fir Larch Norway Spruce Arolla Pine Dwarf Mountain-pine Scots Pine Mountain Pine Douglas Fir	Forests Occasional Forests Occasional Tree-line Widespread Occasional Forest below Wengen
MAGNOLIOPSIDA	FLOWERING PLANTS	
MAGNOLIIDAE	DICOTYLEDONS	
Aceraceae <i>Acer campestre</i> <i>Acer platanoides</i> <i>Acer pseudoplatanus</i>	Maple Family Field Maple Norway Maple Sycamore	Frequent Occasional Common
Adoxaceae <i>Adoxa moschatellina</i>	Moschatel Family Moschatel	Rare. Mannlichen
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i> <i>Heracleum sphondylium</i>	Carrot Family Ground Elder Astrantia Lesser Astrantia Athamanta Starry Hare's-ear Hairy Chervil Hogweed	Below Wengen Meadows Locally common Rocky places and moraines Mountain rocks Woods Common

Latin Name	Common Name	Notes
<i>Imperatoria ostruthium</i>	Masterwort	Common
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High-mountain pasture
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
<i>Sanicula europaea</i>	Sanicle	Lowland woods
Araliaceae		
<i>Hedera helix</i>	Ivy Family Ivy	Occasional
Asclepiadaceae		
<i>Vincetoxicum hirundinaria</i>	Milkweed Family Swallow-wort	Frequent
Asteraceae		
<i>Adenostyles alliariae</i>	Daisy Family Adenostyles	Green Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron neglectus</i>	Neglected Fleabane	Mountain rocks. Local
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthodium norvegicum</i>	Norwegian Cudweed	Occasional
<i>Gnaphthodium supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i> †	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>	A Hawkweed	Common
<i>Hieracium murorum</i>	A Hawkweed	Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>	Hairy Hawkweed	Mannlichen
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common

Latin Name	Common Name	Notes
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doricum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Scree
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i> ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Arabis hirsuta</i>	Hairy Rock-cress	Limestone rocks
<i>Arabis soyeri</i> subsp. <i>subcoriacea</i>	Soyer's Rock-cress	Mountain rocks
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine pentaphyllos</i>	Five-leaflet Bitter-cress	Uncommon. Damp forest
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines
<i>Draba dubia</i>	Austrian Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Woolly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Kernera saxatilis</i>	Rock Kernera	Rocks.
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks and scree
<i>Pseudoturritis turrita</i>	Tower Cress	Lowland rocks
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Penny-cress	Moraines and scree

Latin Name	Common Name	Notes
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's-thimble	Screes
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Mountain Rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus ebulus</i>	Dwarf Elder	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
<i>Viburnum lantana</i>	Wayfaring-tree	Woods below Wengen
<i>Viburnum opulus</i>	Guelder-rose	Woods below Wengen
Caryophyllaceae	Pink Family	
<i>Arenaria ciliata</i>	Ciliate-leaved Sandwort	Screes
<i>Cerastium arvense</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Dianthus barbatus</i> ‡	Sweet-William	Garden escape
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Saponaria ocymoides</i>	Rock Soapwort	Cliffs below Wengen
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene exscapa</i>	Stemless Moss Campion	Mountain turf
<i>Silene flos-cuculi</i>	Ragged-Robin	Wet flushes
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional

Latin Name	Common Name	Notes
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stichwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium album</i>	Fat-hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good-King-Henry	Frequent weed
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Woods
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i> ‡	Roseroot	Alpine Garden
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum annuum</i>	Annual Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i> ‡	Spanish Stonecrop	Naturalised. Wengen
<i>Sedum spurium</i> ‡	Caucasian Stonecrop	Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i> ‡	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Cuscutaceae	Dodder Family	
<i>Cuscuta epithymum</i>	Common Dodder	Frequent
Dipsacaceae	Teasel Family	
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Empetraceae	Crowberry Family	
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
Ericaceae	Heather Family	
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Erica carnea</i>	Spring Heath	Frequent on limestone
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i> agg.	Bog Whortleberry	Common

Latin Name	Common Name	Notes
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Mercurialis perennis</i>	Dog's Mercury	Woods
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green Alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot-trefoil	Meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i> ‡	Lucerne	Occasional weed
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Moraines. local
<i>Robinia pseudoacacia</i> ‡	False Acacia	Lowlands
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i> ‡	Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture

Latin Name	Common Name	Notes
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i> ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Betonica officinalis</i>	Betony	Meadows
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamiastrum galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus polytrichus</i>	Wild Thyme	Common
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Fairy Flax	Common
Oleaceae	Ash Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	Occasional

Latin Name	Common Name	Notes
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Alpine Willowherb	Frequent
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae	Broomrape Family	
<i>Orobanche caryophyllacea</i>	Clove-scented Broomrape	Occasional
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Meconopsis cambrica</i> ‡	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Parnassiaceae	Grass-of-Parnassus Family	
<i>Parnassia palustris</i>	Grass-of-Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago maritima</i> subsp. <i>serpentina</i>	Fleshy Plantain	Frequent
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae	Dock Family	
<i>Fallopia japonica</i> ‡	Japanese Knotweed	Lowland
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and scree
<i>Persicaria bistorta</i>	Common Bistort	Damp pasture
<i>Persicaria vivipara</i>	Alpine Bistort	Common. Mountain turf
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monk's-rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	French Sorrel	Rocks and scree
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-jasmine	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine	Acidic turf
<i>Androsace pubescens</i>	Hairy Rock-jasmine	Rare. Mountain rocks
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Auricula	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Bird's-eye Primrose	Mountain turf

Latin Name	Common Name	Notes
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks
<i>Primula x pubescens</i> (<i>P. auricula</i> x <i>P. hirsuta</i>)	A hybrid Primrose	Eiger
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
Ranunculaceae	Buttercup Family	
<i>Aconitum lycotonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forest
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp meadows
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp, Eiger
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh-marigold	Flushes and streamsides
<i>Clematis alpina</i> ‡	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Delphinium elatum</i>	Alpine Larkspur	Occasional
<i>Hepatica nobilis</i>	Liverleaf	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine screes. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i> ‡	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Mountain meadows
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree

Latin Name	Common Name	Notes
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet-briar	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False-medlar	Mountain pasture
<i>Sorbus mougeotii</i>	Mougeot's Whitebeam	Woods
Rubiaceae	Madder Family	
<i>Asperula cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix elaeagnos</i>	Olive Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Mountain turf
<i>Salix helvetica</i> ‡	Swiss Willow	Garden. Murren
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides

Latin Name	Common Name	Notes
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraine and scree
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Digitalis lutea</i>	Small Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Melampyrum pratense</i>	Common Cow-wheat	Woods
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Local. Mountain turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus glacialis</i>	Glacier Yellow-rattle	Mountain pasture
<i>Rhinanthus minor</i>	Yellow-rattle	Uncommon. Pasture
<i>Vebascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticulosa</i>	A Rock Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Frequent
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderwil
<i>Solanum nigrum</i>	Black Nightshade	Trummelbach
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture

Latin Name	Common Name	Notes
Tiliaceae	Lime Family	
<i>Tilia cordata</i>	Small-leaved Lime	Lowland
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola tricolor</i>	Wild Pansy	Local
LILIIDAE	MONOCOTYLEDONS	
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium senescens</i>	Mountain Onion	Mannlichen
<i>Allium victorialis</i>	Alpine Leek	Uncommon. Mountain pasture
Asparagaceae	Asparagus Family	
<i>Anthericum ramosum</i>	Branched St Bernard's Lily	Trummelbach
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Mountain pasture
<i>Polygonatum multiflorum</i>	Solomon's-seal	Lowland woods
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex canescens</i>	White Sedge	Wet mountain pasture
<i>Carex capillaris</i>	Hair Sedge	Wet mountain pasture
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common

Latin Name	Common Name	Notes
<i>Carex flava</i>	Yellow Sedge	Marshes
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Mountain grassland on limestone
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
Iridaceae		
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Iris Family Spring Crocus	Common
Juncaceae		
<i>Juncus alpinoarticulatus</i>	Rush Family Alpine Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae		
<i>Gagea fistulosa</i>	Lily Family A Yellow Star-of-Bethlehem	Alpine Garden
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae		
<i>Paris quadrifolia</i>	Herb-Paris Family Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae		
<i>Cephalantha longifolia</i>	Orchid Family Narrow-leaved Helleborine	Frequent. Woods
<i>Cephalanthera rubra</i>	Red Helleborine	Local
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Gymnadenia rhellicani</i>	Vanilla Orchid	Locally common
<i>Gymnadenia x suaveolens</i> (<i>G.conopsea</i> x <i>G.rhellicani</i>)	A hybrid orchid	Local
<i>Neotinea ustulata</i>	Burnt Orchid	Uncommon. Mountain pasture
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Ophrys insectifera</i>	Fly Orchid	Rare. Trummelbach

Latin Name	Common Name	Notes
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Platanthera chlorantha</i>	Greater Butterfly-orchid	Local. Woods
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae		
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow-grass	Frequent
<i>Poa supina</i>	Creeping Meadow-grass	Frequent
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture
Tofieldiaceae		
<i>Tofieldia calyculata</i>	Tofield's Asphodel	Common
Scottish Asphodel Family		

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June						
			14	15	16	17	18	19	20
1	Rock Ptarmigan	<i>Lagopus muta</i>				✓			
2	Mallard	<i>Anas platyrhynchos</i>	✓						
3	Great Crested Grebe	<i>Podiceps cristatus</i>	✓						
4	Red Kite	<i>Milvus milvus</i>	✓	✓		✓			
5	Black Kite	<i>Milvus migrans</i>	✓						
6	Common Buzzard	<i>Buteo buteo</i>	✓			✓			

	Common name	Latin name	June						
			14	15	16	17	18	19	20
7	Golden Eagle	<i>Aquila chrysaetos</i>					✓	✓	
8	Common Kestrel	<i>Falco tinnunculus</i>	✓				✓	✓	
9	Eurasian Coot	<i>Fulica atra</i>	✓						
10	Rock Dove / Feral Pigeon	<i>Columba livia</i>	✓						
11	European Turtle Dove	<i>Streptopelia turtur</i>						✓	
12	Common Swift	<i>Apus apus</i>	✓	✓	✓		✓	✓	
13	Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓					
14	Eurasian Magpie	<i>Pica pica</i>					✓		✓
15	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>	✓				✓	✓	✓
16	Alpine Chough	<i>Pyrrhocorax graculus</i>				✓			✓
17	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓			✓	✓
18	Northern Raven	<i>Corvus corax</i>				✓	✓		✓
19	Coal Tit	<i>Parus ater</i>		✓	✓		✓		
20	Great Tit	<i>Parus major</i>						✓	✓
21	Eurasian Skylark	<i>Alauda arvensis</i>				✓	✓		
22	Barn Swallow	<i>Hirundo rustica</i>	✓	✓					
23	Common Chiffchaff	<i>Phylloscopus collybita</i>			✓				
24	Eurasian Blackcap	<i>Sylvia atricapilla</i>			✓				
25	Common Firecrest	<i>Regulus ignicapilla</i>		✓	✓				
26	Eurasian Treecreeper	<i>Certhia familiaris</i>		✓					
27	Ring Ouzel	<i>Turdus torquatus</i>			✓	✓	✓	✓	✓
28	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓
29	Fieldfare	<i>Turdus pilaris</i>	✓		✓		✓		
30	Song Thrush	<i>Turdus philomelos</i>		✓	✓		✓		
31	Mistle Thrush	<i>Turdus viscivorus</i>	✓	✓	✓		✓		✓
32	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓
33	Whinchat	<i>Saxicola rubetra</i>					✓		
34	White-throated Dipper	<i>Cinclus cinclus</i>		✓				✓	
35	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓
36	White-winged Snowfinch	<i>Montifringilla nivalis</i>				✓			
37	Alpine Accentor	<i>Prunella collaris</i>							✓
38	Grey Wagtail	<i>Motacilla cinerea</i>						✓	
39	White Wagtail	<i>Motacilla alba</i>		✓					
40	Meadow Pipit	<i>Anthus pratensis</i>						✓	
41	Water Pipit	<i>Anthus spinoletta</i>			✓	✓			✓
42	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓		✓	✓	✓
43	European Serin	<i>Serinus serinus</i>	✓	✓		✓			
44	European Greenfinch	<i>Chloris chloris</i>		✓				✓	
45	Citril Finch	<i>Carduelis citrinella</i>		✓					
46	Common Linnet	<i>Linaria cannabina</i>					✓		
47	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>			✓				

Mammals

1	Red Squirrel	<i>Sciurus vulgaris</i>					✓		
2	Alpine Marmot	<i>Marmota marmota</i>				✓		✓	
3	Red Fox	<i>Vulpes vulpes</i>							✓
4	Roe Deer	<i>Capreolus capreolus</i>		✓					
5	Alpine Ibex	<i>Capra ibex</i>					✓		25

	Common name	Latin name	June						
			14	15	16	17	18	19	20

Reptiles

1	Common Lizard	<i>Zootoca vivipara</i>			✓				
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Amphibians

1	Common Frog	<i>Rana temporaria</i>		✓	✓		✓		
2	Common Newt	<i>Triturus vulgaris</i>					✓		
3	Alpine Salamander	<i>Salamandra atra</i>		✓	✓				

Butterflies

1	Small White	<i>Pieris rapae</i>					✓		
2	Orange Tip	<i>Anthocharis cardamines</i>					✓		
3	Little Blue	<i>Cupido minimus</i>						✓	
4	Painted Lady	<i>Cynthia cardui</i>		✓			✓		
5	Small Pearl-bordered Fritillary	<i>Clossiana selene</i>					✓	✓	
6	Piedmont Ringlet	<i>Erebia meolans</i>		✓		✓			
7	Wall Brown	<i>Lasiommata megera</i>		✓					
8	Dingy Skipper	<i>Erynnis tages</i>					✓		