

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

23 - 30 June 2013



Cypripedium calceolus



Lauterbrunnen Valley



Pulsatilla vernalis



Soldanella alpina

Report and images by David Tattersfield



Naturetrek Mingledown Barn Wolf's Lane Chawton Alton Hampshire GU34 3HJ UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: David Tattersfield (leader) with 15 Naturetrek clients

Day 1

Sunday 23rd June

We caught the train from Zurich and settled down to a comfortable journey to Interlaken. We changed trains to Lauterbrunnen, following the glacial melt-waters of the Lutschine River below high limestone cliffs, and then changed platforms to the cogwheel railway for the final leg of our journey to Wengen. After a short walk, we arrived at our hotel at 8pm and were soon enjoying our evening meal.

Day 2

Monday 24th June

After breakfast we set off to walk down to Lauterbrunnen in light rain. There were many interesting plants to discover in the meadows and forests, including Herb Paris *Paris quadrifolia*, Dark Columbine *Aquilegia atrata* and Great Masterwort *Astrantia major*. After coffee, the weather improved and we caught the bus to Trummelbach and lunched by the river. Next we visited the Trummelbach Falls, where the river draining the Jungfrau and Monch glaciers corkscrews through the sheer limestone cliffs. It was an unforgettable experience, enhanced by the quantity of meltwater. New plants, growing on the hard pure limestone included Swallow-wort *Vincetoxicum hirundinaria*, Mountain Bladder Fern *Cystopteris montana*, and the delicate Mossy Sandwort *Moebria muscosa*. We watched a pair of Dippers on the river before relaxing at the café.

Most of the group walked back along the valley and caught the 6.35pm train to Wengen. Meanwhile Andrew and David returned to Wengen on the direct route by climbing above the falls past the little farmstead at Brech. Light rain resumed later but it was an exhilarating climb with some interesting plants, as a bonus. These included lots of Long-leaved Helleborine *Cephalanthera longifolia*, the very rare Fly Orchid *Orchis insectifera* and a well-budded Lady's Slipper *Cypripedium calceolus*.

Day 3

Tuesday 25th June

With the mountains obscured by cloud and light rain falling, we took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel, where morning coffee was most welcome. It was not a day for photography, with light rain and snow for much of the day, but we saw some wonderful plants. The pasture was studded with pristine clumps of Trumpet Gentian *Gentiana acaulis* and Mountain Pansy *Viola lutea* was common in a variety of colour combinations. Marshy areas were thick with Broad-leaved Marsh Orchid *Dactylorhiza majalis*, and after a little searching we found a number of Round-headed Orchid *Traunsteinera globosa*. We managed to have lunch without getting too wet and then followed the Mountain View Trail but without the mountain views. Further on we crossed slopes, with the remnants of the winter's avalanches where *Daphne mezereum*, yellow *Pulsatilla alpina* subsp. *apiifolia* and patches of Spring Crocus *Crocus vernus* subsp. *albiflorus* were among the first flowers of the season. Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False Helleborine *Veratrum album* dominated large areas of pasture, before we began our descent, through thickets of Green Alder *Alnus viridis*, to the forest above Grutschalp. It had remained wet all day but it had, nevertheless, been a most enjoyable walk. In the forest were large patches of the inconspicuous Lesser Twayblade *Listera cordata* and large plants of the Solomon's-seal relative, *Streptopus amplexifolius*. The rain had stopped by the time we reached Lauterbrunnen, and we were back in our hotel just after 7pm.

Day 4

Wednesday 26th June

With a slight improvement in the weather, we took the short cablecar ride up to Mannlichen. We assembled at the viewpoint and set about identifying the plants below us on the edge of the cliffs. These included a range of species typical of a snowbed dwarf shrub communities, dominated by Net-veined Willow *Salix reticulata*, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*. Colour was provided by Bird's-eye Primrose *Primula farinosa*, Moss Champion *Silene acaulis* and Alpine Cinquefoil *Potentilla crantzii*. We made slow progress towards the summit, in light snow, finding Snow Gentian *Gentiana nivalis* and marvelling at the swathes of colour provide by purple Whorled Lousewort *Pedicularis verticillata* and blue Alpine Forget-me-not *Myosotis alpestris*. A detour into a north-facing gully revealed more gems, including Snowdon Lily *Lloydia serotina*, Swiss Rock-jasmine *Androsace helvetica*, Town Hall Clock *Adoxa moschatellina* and the tiny rosettes of Dwarf Orchid *Chamorchis alpina*. Most of us reached the summit in near-freezing conditions. There was plenty of evidence of frost damage to many of the flowers from the weather of the previous two days and an unusual amount of snow still streaked the mountains. After finding Crimson-tipped Lousewort *Pedicularis oederi* and Alpine Bearberry *Arctostaphylos alpinus*, in flower, we returned down the mountain for a coffee break at the Berghaus.

We had lunch on a grassy knoll, overlooking Grindelwald. The weather had improved with sunny intervals and the clouds occasionally parting, to give glimpses of the peaks. Nearby were patches of Spring Pasqueflower *Pulsatilla vernalis*, each pure-white flower backed by purple sepals with long silky hairs. The trail to Kleine Scheidegg had only just been opened, after winter avalanches had been cleared. Beautiful plants of Hairy Primrose *Primula hirsuta* adorned the rocks and Alpine Snowbell *Soldanella alpina* could be seen in its classic pose, flowering through the edges of melting snow. It was a pleasant walk, with tantalising glimpses of parts of the north face of the Eiger, through the cloud, and we eventually arrived at Kleine Scheidegg to catch the train back to Wengen.

Day 5

Thursday 27th June

After a short train journey we alighted at Wengernalp and spent some time identifying the plants near the station platform. It was still cloudy and cool with light rain and snow, so we enjoyed refreshments in the hotel cafe. We followed the road down to Wixi, where the deep blue Bavarian Gentian *Gentiana bavarica* was growing in a marshy area, near to the very new Chair-lift station. Descending through the forest to Biglenalp, we located Coralroot Orchid *Coralorhiza trifida* and the dainty One-flowered Wintergreen *Moneses uniflora*, with Nutcrackers chattering noisily in the trees overhead. We just made it to the cowshed, when steady rain started and we were grateful for the shelter while we had lunch.

Eventually, the rain eased a little and we made our way into the next valley, to see Lady's Slipper Orchid *Cypripedium calceolus*, an undoubted highlight of the holiday. It was good to find a number of plants in perfect bloom, their photographic potential enhanced by water droplets and the soft light. Across the valley, below the cliffs, keen eyes spotted a group of Ibex. Suddenly there was a roar of falling seracs, from the glacier above, and the animals scattered instantly, clearly aware of the cascade of ice which was to follow.

By 4pm the rain finally stopped and we made the long but pleasant walk down through meadows towards Wengen. Some of the group took a slightly longer route through the forest but we were all back by 7.30pm.

Day 6

Friday 28th June

After yesterday's excursion, an easy day was very welcome. After travelling by train down to Wilderswil, we boarded the exciting rack-railway up to Schynige Platte. A coffee break in the warmth of the hotel cafe was welcome before we visited the Alpine Garden. We spent the rest of the morning enjoying its natural setting and the superb collection of plants. Early cloud had dissipated and we enjoyed sunny intervals and occasional views of the higher peaks to the south.

After lunch on the station platform, we walked across to the viewpoint to look down on Interlaken and the Brienzensee. Marmots were visible on the slopes below, announcing their presence with their loud alarm calls and Ring Ouzel were busy feeding their young, in a nest among the boulders. The limestone slopes of the Oberberghorn were home to several notable plants, including Leafy Lousewort *Pedicularis foliosa*, Limestone Fern *Gymnocarpium robertianum* and Rigid Buckler-fern *Dryopteris villarii*. Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris* were flowering on the cliffs and large colonies of Angular Solomon's-seal *Polygonatum odoratum*, and Lily-of-the-Valley *Convallaria majalis* grew in the screes at their base. All too soon it was time to return to the station and catch our train back to Wilderswil.

Day 7

Saturday 29th June

Yesterday's dry weather was not to last and steady rain fell most of the day. We got off the train at Eigergletscher and spent a while watching Snowfinch feeding just below the buildings. Then we made our way past the railway tunnel entrance onto the moraines, where several inches of fresh snow had fallen during the week. We had to search a little to find some of the exquisite flowers that are at home in this harsh environment. These included Broad-leaved Mouse-ear *Cerastium latifolium*, Mt. Cenis Pansy *Viola cenisia* and the deliciously scented Round-leaved Pennycress *Thlaspi rotundifolium*. We followed the narrow summit of the medial moraine back to the station cafe and welcome warmth and shelter.

We managed to have lunch in the station entrance, before venturing back outside. The rain eased sufficiently to allow us to venture round the corner to the start of the North Face Trail, which still had much snow. We returned to the platform and set off on the descent to Wengenalp. More Snowfinches were feeding along the edges of melting snow and the ground was carpeted with a colourful array of *Primula farinosa*, *Primula auricula*, Globeflower, *Trollius europaeus* and others, that we could only admire from under our hoods and umbrellas. We plodded on stoically to the relative shelter of the lower slopes, dropped down through forest to Wixi and arrived to a warm welcome, hot drinks and delicious apricot tart in the hotel at Wengenalp. For some, it was a relief that the walking was over but it had been a memorable day for us all, with some of the best flowers of the week. We caught the next train and were back in Wengen for 6pm.

Day 8

Sunday 30th June

After breakfast and packing, we were able to savour the views from the hotel, before wandering down to the village to catch the mid-morning train and returning to Zurich for the flight home.

Species Lists

Plants

Latin name	Common Name	Notes
Lycopodiopsida	Clubmosses	
Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodiella annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stagshorn Clubmoss	Local. Above Grutschalp
Selaginellaceae	Lesser Clubmoss Family	
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
Equisetopsida	Horsetails	
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum fluviatile</i>	Water Horsetail	Rare in pools
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
Pteropsida	Ferns	
Aspidiaceae	Dryopteris Family	
<i>Dryopteris affinis</i>	Scaly Male Fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male Fern	Widespread
<i>Dryopteris villarii</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly Fern	Mountain rocks
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall Rue	Walls
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
<i>Ceterach officinarum</i>	Rusty-back	Rocks. Uncommon
<i>Phyllitis scolopendrium</i>	Hartstongue	Woods. Uncommon
Athyriaceae	Athyrium Family	
<i>Athyrium filix-femina</i>	Lady Fern	Occasional
<i>Athyrium distentifolium</i>	Alpine Lady Fern	Mountain woods. Above Murren
<i>Cystopteris alpina</i>	Alpine Bladder Fern	Rare. Grutschalp, Eiger
<i>Cystopteris fragilis</i>	Brittle Bladder fern	Frequent on rocks
<i>Cystopteris montana</i>	Mountain Bladder Fern	Local. Trummelbach
<i>Woodsia alpina</i>	Alpine Woodsia	Rare. Almendhubel

Latin name	Common Name	Notes
Blechnaceae <i>Blechnum spicant</i>	Blechnum Family Hard Fern	Locally common
Cryptogrammaceae <i>Cryptogramma crispa</i>	Parsley Fern Family Parsley Fern	Acidic rocks
Dennstaedtiaceae <i>Pteridium aquilinum</i>	Bracken Family Bracken	Valley woodland
Ophioglossaceae <i>Botrychium lunaria</i>	Adder's Tongue Family Moonwort	Short turf. Widespread
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Thelypteris Family Lemon-scented Fern Beech Fern	Alder scrub Woods. Occasional
Pinopsida	Conifers	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Cypress Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pseudotsuga menziesii</i>	Pine Family European Silver Fir Larch Norway Spruce Dwarf Mountain Pine Scots Pine Douglas Fir	Forests Occasional Forests Tree-line Widespread Forests. Planted
Taxaceae <i>Taxus baccata</i>	Yew Family Yew	Occasional. Forest
Magnoliopsida Magnoliidae	Flowering Plants Dicotyledons	
Aceraceae <i>Acer campestre</i> <i>Acer platanoides</i> <i>Acer pseudoplatanus</i>	Maple Family Field Maple Norway Maple Sycamore	Frequent Occasional Common
Adoxaceae <i>Adoxa moschatellina</i>	Adoxa Family Town Hall Clock	Rare. Mannlichen
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i>	Carrot Family Ground Elder Great Masterwort Lesser Masterwort Athamanta Starry Hare's-ear Hairy Chervil	Below Wengen Meadows Locally common Rocky places and screes Mountain rocks Woods

Latin name	Common Name	Notes
<i>Heracleum sphondylium</i>	Hogweed	Common
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High mountain pasture
<i>Peucedanum ostruthium</i>	Masterwort	Common
<i>Pimpinella major</i>	Greater Burnet Saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet Saxifrage	Meadows
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Scree. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta subsp. moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Catsfoot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Catsfoot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiflorus</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina vulgaris</i>	Common Carline Thistle	Occasional
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Sowthistle	Forests and scrub
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawksbeard	Meadows
<i>Crepis paludosa</i>	Marsh Hawksbeard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopardsbane	Scree
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron neglectus</i>	Neglected Fleabane	Mountain rocks. Local
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthodium norvegicum</i>	Norwegian Cudweed	Occasional
<i>Gnaphthodium supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i>	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>		Common
<i>Hieracium murorum</i>		Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>		Mannlichen
<i>Homogyne alpina</i>	Alpine Coltsfoot	Mountain turf. Common
<i>Hypochoeris uniflora</i>	Giant Catsear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common

Latin name	Common Name	Notes
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doricum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Scree
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goatsbeard	Meadows
<i>Tussilago farfara</i>	Coltsfoot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i>	Small Balsam	Woods. Alien
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae		
<i>Asperugo procumbens</i>	Madwort	Waste ground
<i>Cerinth minor</i>	Lesser Honeywort	Occasional
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Wood Forget-me-not	Common
Brassicaceae	Cress Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina subsp. alpina</i>	Alpine Rockcress	Alpine rocks
<i>Arabis bellidifolia</i>	Mountain rocks	Mountain rocks
<i>Arabis caerulea</i>	Blue Rockcress	Scree and moraines
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and scree
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Widespread
<i>Cardamine alpina</i>	Alpine Bittercress	Mountain rocks
<i>Cardamine amara</i>	Large Bittercress	Streamsides
<i>Cardamine hirsuta</i>	Hairy Bittercress	Occasional
<i>Cardamine pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bittercress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines
<i>Draba dubia</i>	Austrian Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Woolly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Hugueninia tanacetifolia</i>	Tansy-leaved Rocket	Schynige Platte
<i>Kernera saxatilis</i>	Kernera	Rocks.
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks and scree
<i>Thlaspi perfoliatum</i>	Perfoliate Pennycress	Near habitation
<i>Thlaspi rotundifolium subsp. rotundifolium</i>	Round-leaved Pennycress	Moraines and scree

Latin name	Common Name	Notes
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochleariifolia</i>	Fairy's Thimble	Scree
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	A Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus ebulus</i>	Danewort	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
Caryophyllaceae	Pink Family	
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and scree
<i>Dianthus barbatus</i>	Sweet William	Garden escape
<i>Dianthus superbus</i>	A Pink	Below Almend
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Lychnis flos-cuculi</i>	Ragged Robin	Wet flushes
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and scree
<i>Saponaria ocymoides</i>	Rock Soapwort	Cliffs below Wengen
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene exscapa</i>	Mountain turf	Mountain turf
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional

Latin name	Common Name	Notes
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium album</i>	Fat Hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good King Henry	Frequent weed
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Woods
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i>	Roseroot	Alpine Garden
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum spurium</i>	Caucasian Stonecrop	Garden escape Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i>	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Dipsacaceae	Teasel Family	
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Ericaceae	Heath Family	
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Occasional. Mountain turf
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
<i>Erica carnea</i>	Spring Heath	Frequent on limestone
<i>Loiseleuria procumbens</i>	Creeping Azalea	Acidic heaths
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i>	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Mercurialis perennis</i>	Dogs Mercury	Woods

Latin name	Common Name	Notes
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Astragalus penduliflorus</i>	Pendulous Milk-vetch	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion Vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green Alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Birdsfoot Trefoil	Mountain turf
<i>Lotus corniculatus</i>	Birdsfoot Trefoil	Meadows
<i>Lotus uliginosus</i>	Greater Birdsfoot Trefoil	Wet meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i>	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Ononis repens</i>	Common Restharrow	Below Wengen
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Moraines. local
<i>Robinia pseudacacia</i>	False Acacia	Lowlands. Cultivated
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Mountain turf	Mountain turf and screes
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	Occasional. Planted
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius's Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana nivalis</i>	Snow Gentian	Occasional. Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub

Latin name	Common Name	Notes
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Geranium Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	StJohn's Wort Family	
<i>Hypericum maculatum</i>	Imperforate St. John's Wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i>	Walnut	Occasional. Planted
Lamiaceae	Mint Family	
<i>Acinos alpinus</i>	Alpine Calamint	Occasional. Rocky banks
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp Nettle	Occasional
<i>Glechoma hederacea</i>	Ground Ivy	Woods
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Lamiastrum galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia glutinosa</i>	Sticky Sage	Forest. Wilderwil
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys officinalis</i>	Betony	Meadows
<i>S.tachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus polytrichus</i>	Hairy Thyme	Common
<i>Thymus pulegioides</i>	Larger Wild Thyme	Meadows
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Purging Flax	Common
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland

Latin name	Common Name	Notes
Onagraceae	Willowherb Family	
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Alpine Willowherb	Frequent
<i>Epilobium montanum</i>	Mountain Willowherb	Occasional
Oxalidaceae	Wood Sorrel Family	
<i>Oxalis acetosella</i>	Wood Sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Meconopsis cambrica</i>	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Parnassiaceae	Grass-of-Parnassus Family	
<i>Parnassia palustris</i>	Grass-of-Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantain	Frequent
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae	Dock Family	
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and screes
<i>Polygonum bistorta</i>	Bistort	Damp pasture
<i>Polygonum viviparum</i>	Alpine Bistort	Common. Mountain turf
<i>Reynoutria japonica</i>	Japanese Knotweed	Alien. Lowland
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monks Rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	Rubble Dock	Rocks and screes
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-jasmine	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine	Acidic turf
<i>Androsace pubescens</i>	Hairy Rock-jasmine	Rare. Mountain rocks
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Bears-ears	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Birdseye Primrose	Mountain turf
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks

Latin name	Common Name	Notes
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	One-sided Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
Ranunculaceae	Buttercup Family	
<i>Aconitum napellus</i>	Common Monkshood	Damp meadows
<i>Aconitum vulparia</i>	Wolfsbane	Frequent. Forest
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp, Eiger
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh Marigold	Flushes and streamsides
<i>Clematis alpina</i>	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Hepatica nobilis</i>	Hepatica	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine screes. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i>	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow Rue	Uncommon. Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow Rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow Rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i> agg.	A Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goatsbeard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture

Latin name	Common Name	Notes
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog Rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Occasional	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet Briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sanguisorba minor</i>	Salad Burnet	Widespread
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False Medlar	Mountain pasture
Rubiaceae	Madder Family	
<i>Asperula cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Sallow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Mountain turf
<i>Salix helvetica</i>	Swiss Willow	Planted. Murren
<i>Salix herbacea</i>	Least willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net Leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides
Santalaceae	Sandalwood Family	
<i>Thesium alpinum</i>	Alpine Bastard Toadflax	Occasional. Pasture

Latin name	Common Name	Notes
Saxifragaceae	Saxifrage Family	
<i>Chrysothamnium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and screes
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp screes and rocks
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and screes
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraines, screes
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Digitalis lutea</i>	Small Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia rostkoviana</i>	Common Eyebright	Meadows
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and screes
<i>Melampyrum sylvaticum</i>	Wood Cow-wheat	Forest
<i>Pedicularis ascendens</i>	Ascending Lousewort	Limestone turf
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Local. Mountain turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus minor</i>	Yellow-rattle	Uncommon. Pasture
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderwil
Thymelaceae	Daphne Family	
<i>Daphne mezereum</i>	Mezereum	Local. Mountain pasture
Tiliaceae	Lime Family	
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods

Latin name	Common Name	Notes
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Stinging Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood-violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt. Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Bog Violet	Common
<i>Viola tricolor</i>	Heartsease	Local
<i>Viola riviniana</i>	Common Dog Violet	Common
Liliidae	Monocotyledons	
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Common. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
Iridaceae	Iris Family	
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Spring Crocus	Common
Juncaceae	Rush Family	
<i>Juncus alpinoarticulatus</i>	Alpine Jointed Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae	Lily Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium scordoprasum</i>	Occasional. Meadows	Uncommon. Meadows
<i>Allium victorialis</i>	Alpine Leek	Uncommon. Mountain pasture
<i>Anthericum ramosum</i>	Trummelbach	Trummelbach
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Lloydia serotina</i>	Snowdon Lily	Mountain turf
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno Lily	Local. Mountain pasture

Latin name	Common Name	Notes
<i>Paris quadrifolia</i>	Herb Paris	Local. Woods
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
<i>Tofieldia calyculata</i>	Tofield's Asphodel	Common
<i>Veratrum album</i>	White False Helleborine	Mountain pasture
Orchidaceae	Orchid Family	
<i>Cephalanthes longifolia</i>	Long-leaved Helleborine	Frequent. Woods
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coral Root	Local. Forests
<i>Cypripedium calceolus</i>	Lady's Slipper	Local
<i>Dactylorhiza maculata</i>	Common Spotted-orchid	Common
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant Orchid	Common
<i>Gymnadenia odoratissima</i>	Short-spurred Fragrant-orchid	Local
<i>Listera cordata</i>	Lesser Twayblade	Locally common
<i>Listera ovata</i>	Twayblade	Locally common
<i>Neottia nidus-avis</i>	Birds Nest Orchid	Frequent. Forests
<i>Nigritella rhellicani</i>	Vanilla Orchid	Locally common
<i>Orchis insectifera</i>	Fly Orchid	Rare. Trummelbach
<i>Orchis mascula</i>	Early Purple Orchid	Common
<i>Orchis ustulata</i>	Burnt Tip Orchid	Uncommon. Mountain pasture
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Pseudorchis albida</i>	Small White Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae	Grass Family	
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal Grass	Frequent Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking Grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog'stail	Common
<i>Dactylis glomerata</i>	Cocksfoot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheeps Fescue	Common
<i>Festuca pratensis</i>	Meadow Fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire Fog	Locally common
<i>Holcus mollis</i>	Creeping Soft Grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Ryegrass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods

Latin name	Common Name	Notes
<i>Nardus stricta</i>	Mat Grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow Grass	Common
<i>Poa annua</i>	Annual Meadow Grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow Grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow Grass	Frequent
<i>Poa supina</i>	Creeping Meadow Grass	Frequent
<i>Poa trivialis</i>	Rough Meadow Grass	Frequent
<i>Sesleria caerulea</i>	Blue Moor Grass	Common. Limestone pasture

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June							
			23	24	25	26	27	28	29	30
1	Mallard	<i>Anas platyrhynchos</i>	✓							
2	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							
3	Great Cormorant	<i>Phalacrocorax carbo</i>	✓							
4	Red Kite	<i>Milvus milvus</i>	✓							
5	Black Kite	<i>Milvus migrans</i>	✓					✓		
6	Eurasian Sparrowhawk	<i>Accipiter nisus</i>						✓		
7	Common Buzzard	<i>Buteo buteo</i>						✓		
8	Golden Eagle	<i>Aquila chrysaetos</i>				✓				
9	Common Kestrel	<i>Falco tinnunculus</i>			✓	✓	✓	✓	✓	
10	Yellow-legged Gull	<i>Larus michahellis</i>	✓							
11	Common Cuckoo	<i>Cuculus canorus</i>			H	H	H	H		
12	Common Swift	<i>Apus apus</i>	✓		✓	✓	✓	✓		
13	Eurasian Magpie	<i>Pica pica</i>				✓	✓	✓		
14	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>		H			✓	✓	✓	
15	Alpine Chough	<i>Pyrrhocorax graculus</i>			✓	✓	✓	✓	✓	
16	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓		✓	
17	Northern Raven	<i>Corvus corax</i>			✓	✓				
18	Willow Tit	<i>Poecile montanus</i>					✓			
19	Coal Tit	<i>Parus ater</i>			✓		✓			
20	European Crested Tit	<i>Lophophanes cristatus</i>			H		✓		✓	
21	Great Tit	<i>Parus major</i>		✓	✓	✓	✓			
22	Eurasian Skylark	<i>Alauda arvensis</i>				H		✓		
23	Barn Swallow	<i>Hirundo rustica</i>	✓					✓		
24	Common House Martin	<i>Delichon urbicum</i>	✓	✓				✓		
25	Eurasian Blackcap	<i>Sylvia atricapilla</i>		✓	✓			H		
26	Common Firecrest	<i>Regulus ignicapilla</i>		H	H		H			
27	Goldcrest	<i>Regulus regulus</i>					✓			
28	Eurasian Wren	<i>Troglodytes troglodytes</i>		✓						
29	Eurasian Nuthatch	<i>Sitta europaea</i>		H				H		
30	Eurasian Treecreeper	<i>Certhia familiaris</i>		H						
31	Ring Ouzel	<i>Turdus torquatus</i>				✓	✓	✓		
32	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
33	Fieldfare	<i>Turdus pilaris</i>	✓	✓	✓	✓	✓	✓	✓	✓
34	Song Thrush	<i>Turdus philomelos</i>		✓	H	H	H	H	✓	
35	Mistle Thrush	<i>Turdus viscivorus</i>		✓	✓		✓	✓		
36	European Robin	<i>Erithacus rubecula</i>		✓			✓	✓		
37	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓

	Common name	Latin name	June							
			23	24	25	26	27	28	29	30
38	Northern Wheatear	<i>Oenanthe oenanthe</i>				✓				
39	Spotted Flycatcher	<i>Muscicapa striata</i>		✓						
40	White-throated Dipper	<i>Cinclus cinclus</i>		✓						
41	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
42	White-winged Snowfinch	<i>Montifringilla nivalis</i>				✓			✓	
43	Alpine Accentor	<i>Prunella collaris</i>				✓			✓	
44	Dunnock	<i>Prunella modularis</i>			✓					
45	Grey Wagtail	<i>Motacilla cinerea</i>		✓						
46	White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓		✓
47	Tree Pipit	<i>Anthus trivialis</i>					✓	✓		
48	Water Pipit	<i>Anthus spinoletta</i>			✓	✓		✓	✓	
49	Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓	✓	✓	✓	
50	European Serin	<i>Serinus serinus</i>			✓	✓	✓	✓		
51	European Greenfinch	<i>Chloris chloris</i>		✓	✓	✓	✓	✓	✓	
52	European Goldfinch	<i>Carduelis carduelis</i>		✓		✓	✓			
53	Citril Finch	<i>Carduelis citrinella</i>				✓	✓			
54	Common Redpoll	<i>Acanthis flammea</i>				✓	✓	✓		
55	Common Linnet	<i>Linaria cannabina</i>				✓	✓	✓	✓	
56	Red Crossbill	<i>Loxia curvirostra</i>					H			
57	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>				✓	✓			

Mammals

1	Mole	<i>Talpa europaea</i>				✓				
2	Alpine Marmot	<i>Marmota marmota</i>				✓		✓		
3	Red Fox	<i>Vulpes vulpes</i>			✓		✓			
4	Chamois	<i>Rupicapra rupicapra</i>							✓	
5	Ibex	<i>Capra ibex</i>					✓			
6	Roe Deer	<i>Capreolus capreolus</i>		✓						
7	Brown Hare	<i>Lepus capensis</i>					✓			
8	Red Squirrel	<i>Sciurus vulgaris</i>		✓			✓			

Reptiles

1	Viviparous Lizard	<i>Lacerta vivipera</i>						✓		
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Amphibians

1	Common Frog	<i>Rana temporaria</i>					✓			
2	Common Newt	<i>Triturus vulgaris</i>					✓			

Butterflies

1	Black-veined White	<i>Aporia crataegi</i>				✓				
2	Large White	<i>Pieris brassicae</i>						✓		
3	Small White	<i>Pieris rapae</i>				✓				
4	Peak White	<i>Pontia callidice</i>					✓			
5	Clouded Yellow	<i>Colias crocea</i>						✓		
6	Small Blue	<i>Cupido minimus</i>						✓		
7	Painted Lady	<i>Cynthia cardui</i>						✓		
8	Small Tortoiseshell	<i>Aglais urticae</i>						✓		
9	Scotch Argus	<i>Erebia aethiops</i>						✓		
10	Dewy Ringlet	<i>Erebia pandrose</i>				✓				

	Common name	Latin name	June							
			23	24	25	26	27	28	29	30
11	Grizzled Skipper	<i>Pyrgus malvae</i>			✓					

Moths

1	Humming-bird Hawk-moth	<i>Macroglossum stellatarum</i>					✓			
2	Chimney Sweeper	<i>Odezia atrata</i>		✓						

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