

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

24 June - 1 July 2012



Gentiana verna



Puschkinia vernalis



Viola cenisia



Wetterhorn

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Day 1

Sunday 24th June

We caught the 15.40 train from Zurich with minutes to spare and settled down to a comfortable journey to Interlaken. It was a sunny day with some high cloud and we had tantalising glimpses of the Alps ahead. We changed trains to Lauterbrunnen, following the glacial melt-waters of the Lutschine River below high limestone cliffs, and then changed platforms to the cogwheel railway for the final leg of our journey to Wengen. After a short walk, we arrived at our hotel at 7.00pm and were soon enjoying our evening meal.

Day 2

Monday 25th June

Rain showers delayed our departure until 10.30 when we set off to walk down to Lauterbrunnen. There were many interesting plants to discover in the meadows and forests, including Herb Paris *Paris quadrifolia*, Dark Columbine *Aquilegia atrata* and Great Masterwort *Astrantia major*. After coffee we caught the bus to Trummelbach and lunched by the river where Martagon Lily *Lilium martagon* was flowering in the woodland. Next we visited the Trummelbach Falls, where the river draining the Jungfrau and Monch glaciers corkscrews through the sheer limestone cliffs. It was an unforgettable experience, enhanced by the quantity of meltwater. New plants on the hard pure limestone included Swallow-wort *Vincetoxicum hirundinaria*, Mountain Bladder Fern *Cystopteris montana*, and the delicate Mossy Sandwort *Moebria muscosa*. We watched a pair of Dippers on the river before relaxing at the café. As it was now mostly dry, we returned to Lauterbrunnen through the meadows where we were fortunate to find some lovely spikes of Red Helleborine *Cephalanthera rubra*. We returned to Wengen on the train and were back at the hotel by 6.15.

Day 3

Tuesday 26th June

With the mountains obscured by cloud and light rain falling, we took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel, where morning coffee was most welcome. It was not a day for photography, but we saw some wonderful plants. The pasture was studded with pristine clumps of Trumpet Gentians *Gentiana acaulis* and Mountain Pansy *Viola lutea* was common in a variety of colour combinations.

Marshy areas were thick with Broad-leaved Marsh Orchid, *Dactylorhiza majalis*, and after a little searching we found a number of Round-headed Orchid *Traunsteinera globosa*. We managed to have lunch without getting too wet and then followed the Mountain View Trail but without the mountain views. A diligent search revealed the tiny flower spikes of Lesser Twayblade *Listera cordata* and a colony of Streptopus *Streptopus amplexifolius* with delicate pendant flowers. Further on we crossed slopes with *Daphne mezereum*, yellow *Pulsatilla alpina* subsp. *apiifolia* and colourful patches of Alpine Toadflax, *Linaria alpina*. Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False Helleborine *Veratrum album* dominated large areas of pasture, before we descended, in stages, through thickets of Green Alder *Alnus viridis*, open meadows and forest to Grutschalp and our return cable car. It had remained wet all day but it had, nevertheless, been a most enjoyable walk.

Day 4

Wednesday 27th June

At last the weather had improved, so with the promise of a lovely sunny day, we took the short cable-car ride up to Mannlichen. We assembled at the viewpoint to take in the awe-inspiring views and identify the plants below us on the edge of the cliffs. These included a range of species typical of a snowbed dwarf shrub communities, dominated by Net-veined Willow *Salix reticulata*, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*. Colour was provided by Bird's-eye Primrose *Primula farinosa*, Moss Champion *Silene acaulis* and Alpine Cinquefoil *Potentilla crantzii*. We made slow progress towards the summit; finding Snow Gentian *Gentiana nivalis* and marvelling at the swathes of colour provide by purple Whorled Lousewort *Pedicularis verticillata* and blue Alpine Forget-me-not *Myosotis alpestris*. By retreating snowbeds were numbers of white Kupfer's Buttercup *Ranunculus kuepferi*, Oxlips *Primula elatior*, pure-white *Pulsatilla alpina* subsp. *alpina* and the last of the season's *Crocus vernus*.

We returned down the mountain for a coffee break at the Berghaus and then continued a little way to have lunch on a grassy knoll, overlooking Grindelwald and the bulk of the Wetterhorn. Near some snow patches were pristine flowers of Spring Pasqueflower *Pulsatilla vernalis*, each backed by sepals with long silky hairs. After lunch we continued on the gentle downward path with many plants conveniently at eye-level. Highlights included Alpine Snowbell *Soldanella alpina*, Hairy Primrose *Primula hirsuta* and the rare Hairy Rock-jasmine, *Androsace pubescens*. Work was in progress to stabilise a loose area of hillside and we made a steep diversion around the precariously-placed bulldozers before we succumbed to coffee and ice-cream. A short stroll brought us finally to Kleine Scheidegg where we caught the train back to Wengen.

Day 5

Thursday 28th June

After a short train journey we alighted at Wengernalp and spent a little time identifying the plants along the station platform. It was warm and sunny and we enjoyed refreshments at the hotel before continuing down to Wixi through herds of photogenic Swiss cows and swathes of colourful flowers. In a marshy area we found some fine plants of Bavarian Gentian *Gentiana bavarica* and on damp soil was a large concentration of butterflies, mostly Mazerine Blue and Mountain Green-veined White. We descended through the forest to Biglenalp, finding Coralroot Orchid *Coralorrhiza trifida* and the dainty One-flowered Wintergreen *Moneses uniflora*, with Nutcrackers chattering noisily in the trees overhead. We found another idyllic spot by the stream for lunch, before setting off to explore the alpine meadows. The highlights of the afternoon were undoubtedly the large blooms of *Aquilegia alpina* and the many Lady's Slipper Orchids *Cypripedium calceolus*, mostly a little past their best but, nevertheless, a thrill to see.

It stayed warm and cloudy as we made the long but pleasant walk down through meadows and forests back to Wengen. Some of us took a slightly longer route through the forest above Wengen and were rewarded with fine specimens of Birdsnest Orchid *Neottia nidus-avis*.

Day 6

Friday 29th June

After yesterday's excursion, we welcomed an easy day. Two trains took us down to Wilderswil where we boarded the exciting rack-railway up to Schynige Platte. The main attraction for us was the Alpine Garden which is extremely well laid out in a natural setting. It gave us an opportunity to brush up on the plants we had already seen and many more from further afield in the Alps. The weather was mostly cloudy with sunny intervals and occasional views of the peaks. After lunch on the station platform, we walked across to the viewpoint to look down on Interlaken and the Brienersee. The limestone slopes of the Oberberghorn were home to several notable plants, including Leafy Lousewort, *Pedicularis foliosa*, Limestone Fern, *Gymnocarpium robertianum* and Rigid Buckler-fern, *Dryopteris villarii*. Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris* were flowering on the cliffs and large colonies of Angular Solomon's Seal, *Polygonatum odoratum*, and Lily of the Valley, *Convallaria majalis* grew in the screes at their base. At the furthest viewpoint we just had time to admire St. Bruno's Lily *Paradisea liliastrum* before it was time to return to the station for our return train.

Day 7

Saturday 30th June

The weather remained fair for our last full day with cloud building in the late afternoon. We took the trains as far as Eigergletscher and spent some time exploring the moraines left by the retreating glacier. Several plants have made this harsh environment their exclusive home and advertise their presence with spectacular flowers. Among these, Broad-leaved Mouse-ear *Cerastium latifolium*, Mt. Cenis Pansy *Viola cenisia* and the deliciously scented Round-leaved Pennycress *Thlaspi rotundifolium* were greatly admired. Where the moraines had become stabilised there were large mats of Retuse-leaved Willow *Salix retusa* and handsome specimens of Moss Campion *Silene acaulis*, Spring Gentian *Gentiana verna* along with many other treasures. We took advantage of the station cafe for a drink before making our way down onto the meadows for lunch, surrounded by carpets of flowers and entertained by Alpine Choughs that flew among us, eager for scraps.

Some of the group returned by train, or by following the easy trail to Kleine Scheidegg, while the rest of us went back through the station and joined the start of the North Face Trail, which meanders round to the starting-point of the classic climbs on the Eigernordwand. It was still early spring here, as the snow had not long gone. Glacier Crowfoot *Ranunculus glacialis* splashed the screes with white and pink blooms along with Purple Saxifrage *Saxifraga oppositifolia* and the turf was studded with Crimson-tipped Lousewort *Pedicularis oederi*, Snowdon Lily *Lloydia serotina*, and *Primula auricula*. The trail zigzagged down over the extensive screes below the Eiger, crossing a number of snowy gullies before a final steep section past a series of impressive waterfalls to Alpigen, where we caught the train back to Kleine Scheidegg.

Day 8

Sunday 1st July

After breakfast we were able to enjoy the views from the hotel, before wandering down to the village to catch the mid-morning train and returning to Zurich for the flight home...

Systematic list of Plants Seen

PTERIDOPHYTA

FERNS AND FERN ALLIES

Aspidiaceae

Dryopteris affinis (borreri)

Dryopteris carthusiana

Dryopteris dilatata

Dryopteris expansa

Dryopteris filix-mas

Dryopteris villarii

Gymnocarpium dryopteris

Gymnocarpium robertianum

Polystichum aculeatum

Polystichum lonchitis

Dryopteris Family

Scaly Male Fern

Narrow Buckler-fern

Broad Buckler-fern

Northern Buckler-fern

Male Fern

Rigid Buckler-fern

Oak Fern

Limestone Fern

Hard Shield-fern

Holly Fern

Widespread

Damp scrub

Frequent

Damp scrub

Widespread

Oberberghorn

Woods. Local

Schynige Platte

Woods. Occasional

Mountain rocks

Aspleniaceae

Asplenium adiantum-nigrum

Asplenium ruta-muraria

Asplenium septentrionale

Asplenium trichomanes

Asplenium viride

Ceterach officinarum

Phyllitis scolopendrium

Spleenwort Family

Black Spleenwort

Wall Rue

Forked Spleenwort

Maidenhair Spleenwort

Green Spleenwort

Rusty Back

Hartstongue

Shady cliffs

Walls

Rare, on rocks

Walls and cliffs

Mountain rocks.

Uncommon

Uncommon

Athyriaceae

Athyrium filix-femina

Athyrium distentifolium

Cystopteris alpina

Cystopteris fragilis

Cystopteris montana

Woodsia alpina

Athyrium Family

Lady Fern

Alpine Lady Fern

Alpine Bladder Fern

Brittle Bladder fern

Mountain Bladder Fern

Alpine Woodsia

Occasional

Above Murren

Above Grutschalp. Eiger

Frequent. Rocks

Trummelbach

Rare. Above Murren

Blechnaceae

Blechnum spicant

Blechnum Family

Hard Fern

Above Grutschalp

Cryptogrammeae

Cryptogramma crispa

Parsley Fern Family

Parsley Fern

Acidic rocks

Dennstaedtiaceae

Pteridium aquilinum

Bracken Family

Bracken

Valley woodland.

Equisetaceae

Equisetum arvense

Equisetum fluviatile

Equisetum palustre

Equisetum sylvaticum

Horsetail Family

Field Horsetail

Water Horsetail

Marsh Horsetail

Wood Horsetail

Meadows and track sides

Rare in pools

Occasional. Wet pasture

Woods and damp pasture

Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pastures
<i>Lycopodiella annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stagshorn Clubmoss	Local. Above Grutschalp
Ophioglossaceae	Adder's Tongue Family	
<i>Botrychium lunaria</i>	Moonwort	Short turf. Widespread
Polypodiaceae	Polypody Family	
<i>Polypodium vulgare</i>	Common Polypody	Occasional on rocks
Selaginellaceae	Lesser Clubmoss Family	
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
Thelypteridaceae	Thelypteris Family	
<i>Oreopteris limbosperma</i>	Lemon-scented Fern	Alder Scrub
<i>Phegopteris connectilis</i>	Beech Fern	Woods. Occasional
GYMNOSPERMAE	CONIFERS	
Cupressaceae	Cypress Family	
<i>Juniperus communis</i> subsp. <i>nana</i>	Common Juniper	Occasional
Pinaceae	Pine family	
<i>Abies alba</i>	European Silver Fir	Forests
<i>Larix decidua</i>	Larch	Occasional
<i>Picea abies</i>	Norway Spruce	Forests
<i>Pinus cembra</i>	Arolla Pine	Occasional. Planted
<i>Pinus mugo</i>	Dwarf Mountain Pine	Tree-line
<i>Pinus sylvestris</i>	Scots Pine	Widespread
<i>Pinus uncinata</i>	Mountain Pine	Occasional
<i>Pseudotsuga menziesii</i>	Douglas Fir	Occasional. Planted
Taxaceae	Yew Family	
<i>Taxus baccata</i>	Yew	Occasional. Forests
ANGIOSPERMAE	FLOWERING PLANTS	
	DICOTYLEDONS	
Aceraceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Frequent
<i>Acer platanoides</i>	Norway Maple	Occasional
<i>Acer pseudoplatanus</i>	Sycamore	Common
Adoxaceae	Adoxa Family	
<i>Adoxa moschatellina</i>	Town Hall Clock	Mannlichen

Apiaceae

Aegopodium podagraria
Astrantia major
Astrantia minor
Athamanta cretensis
Bupleurum stellatum
Chaerophyllum hirsutum
Heracleum sphondylium
Laserpitium latifolium
Ligusticum mutellina
Ligusticum mutellinoides
Peucedanum ostruthium
Pimpinella major
Pimpinella saxifraga

Carrot Family

Ground Elder Below Wengen
 Great Masterwort Meadows
 Lesser Masterwort Frequent
 Athamanta Rocky places and screes
 Starry Hare's-ear Mountain rocks
 Hairy Chervil Woods
 Hogweed Common
 Broad-leaved Sermountain Trummelbach
 Alpine Lovage Mountain pasture
 Unbranched Lovage High mountain pasture
 Masterwort Common
 Greater Burnet Saxifrage Common
 Burnet Saxifrage Meadows

Araliaceae

Hedera helix

Ivy Family

Ivy Occasional

Asclepiadaceae

Vincetoxicum hirundinaria

Milkweed Family

Swallow-wort Frequent

Asteraceae

Adenostyles alliariae
Adenostyles glabra
Achillea atrata
Achillea erba-rotta subsp.
moschata
Achillea millefolium
Antennaria carpatica
Antennaria dioica
Arnica montana
Artemisia umbelliformis
Aster alpinus
Aster bellidiastrum
Bellis perennis
Carduus defloratus
Cicerbita alpina
Cirsium oleraceum
Cirsium spinosissimum
Centaurea scabiosa
Centaurea montana
Crepis aurea
Crepis paludosa
Doronicum grandiflorum

Erigeron annuus
Erigeron alpinus
Erigeron neglectus
Erigeron uniflorus
Eupatorium cannabinum
Gnaphthodium norvegicum

Daisy Family

Adenostyles Alder scrub
 Hairless Adenostyles Oberberghorn
 Dark-stemmed Sneezewort Frequent on limestone
 Musk Milfoil Acidic soils

 Yarrow Meadows
 Carpathian Catsfoot Mountain pasture
 Catsfoot Common
 Arnica Common
 Yellow Genipi Mannlichen
 Alpine Aster Frequent
 False Aster Frequent
 Daisy Frequent
 Alpine Thistle Common
 Alpine Sowthistle Woods and forests
 Cabbage Thistle Meadows
 Spiniest Thistle Mountain turf
 Greater Knapweed Meadows
 Mountain Cornflower Meadows
 Golden Hawksbeard Common
 Marsh Hawksbeard Wet meadows
 Large-flowered Leopardsbane
 Leopardsbane
 Annual Fleabane Wilderswil
 Alpine Fleabane Local
 Neglected Fleabane Local
 One-flowered Fleabane Local
 Hemp Agrimony Lowland
 Norwegian Cudweed Occasional

<i>Gnaphthaliun supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i>	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>		Common
<i>Hieracium murorum</i>		Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>		Mannlichen
<i>Homogyne alpina</i>	Alpine Coltsfoot	Common
<i>Hypochoeris uniflora</i>	Giant Catsear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Alpine turf
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic turf
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Alpine turf
<i>Senecio doronicum</i>	Chamois Ragwort	On limestone
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain rocks
<i>Taraxacum alpinum</i>	Alpine Dandelion	Screes
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goatsbeard	Meadows
<i>Tussilago farfara</i>	Coltsfoot	Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i>	Small Balsam	Woods. Alien
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Mountain scrub
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Asperugo procumbens</i>	Madwort	Occasional
<i>Echium vulgare</i>	Viper's Bugloss	Wengen
<i>Myosotis alpestris</i>	Alpine Wood forget-me-not	Common
Brassicaceae	Cress Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rockcress	Alpine rocks
<i>Arabis bellidifolia</i>	Daisy-leaved Rockcress	Mountain rocks
<i>Arabis caerulea</i>	Blue Rockcress	Screes and moraines
<i>Biscutella laevigata</i>	Buckler Mustard	Rocky places
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Widespread
<i>Cardamine alpina</i>	Alpine Bittercress	Mountain rocks
<i>Cardamine amara</i>	Large Bittercress	Streamsides
<i>Cardamine hirsuta</i>	Hairy Bittercress	Occasional

<i>Cardamine pentaphyllos</i>	Five-leaflet Bittercress	Damp forest
<i>Cardamine pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bittercress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlow-grass	Moraines
<i>Draba dubia</i>	Austrian Whitlow-grass	Rocky places
<i>Draba tomentosa</i>		Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlow-grass	Occasional
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Hugueninia tanacetifolia</i>	Tansy-leaved Rocket	Schynige Platte
<i>Kernera saxatilis</i>	Kernera	Rocks
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks
<i>Thlaspi perfoliatum</i>	Perfoliate Pennycress	Near habitation
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Pennycress	Moraines and screes

Campanulaceae

<i>Campanula barbata</i>		
<i>Campanula cochlearifolia</i>		
<i>Campanula glomerata</i>		
<i>Campanula rhomboidalis</i>		
<i>Campanula rotundifolia</i>		
<i>Campanula scheuchzeri</i>		
<i>Campanula thyrsoides</i>		
<i>Campanula trachelium</i>		
<i>Phyteuma betonicifolium</i>		
<i>Phyteuma hemisphaericum</i>		
<i>Phyteuma orbiculare</i>		
<i>Phyteuma spicatum</i>		

Bellflower Family

Bearded Bellflower	Mountain turf
Fairy's Thimble	Screes
Clustered Bellflower	Occasional. Trummelbach
A Harebell	Meadows. Common
Harebell	Common
Scheuchzer's Bellflower	Mountain turf
Yellow Bellflower	Schynige Platte
Nettle-leaved Bellflower	Woods
Betony-leaved Rampion	Almendhubel
Globe-headed Rampion	Acid rocks
Round-headed Rampion	Meadows. Frequent
Spiked Rampion	Meadows. Frequent

Cannabaceae*Humulus lupulus***Hop Family**

Hop

Below Wengen

Caprifoliaceae

<i>Lonicera alpigena</i>	
<i>Lonicera caerulea</i>	
<i>Lonicera nigra</i>	
<i>Lonicera xylosteum</i>	
<i>Sambucus nigra</i>	
<i>Sambucus racemosa</i>	

Honeysuckle Family

Alpine Honeysuckle	Biglenalp
Blue-berried Honeysuckle	Murren
Black-berried Honeysuckle	Woods
Fly Honeysuckle	Woods
Common Elder	Woods
Alpine Elder	Schynige Platte

Caryophyllaceae

<i>Arenaria biflora</i>	
<i>Arenaria ciliata</i>	
<i>Cerastium alpinum</i>	
<i>Cerastium arvense</i>	
<i>Cerastium cerastoides</i>	
<i>Cerastium fontanum</i>	
<i>Cerastium glomeratum</i>	
<i>Cerastium latifolium</i>	
<i>Dianthus barbatus</i>	
<i>Dianthus superbus</i>	

Pink Family

Two-flowered Sandwort	Screes. Eiger
Ciliate-leaved Sandwort	Screes. Eiger
Alpine Mouse-ear	Mountain turf
Field Mouse-ear	Frequent
Starwort Mouse-ear	Rocks and pasture
Common Mouse-ear	Common
Sticky Mouse-ear	Waste places
Broad-leaved Mouse-ear	Moraines and screes
Sweet William	Garden-escape. Wengen
A Pink	Below Almend

<i>Dianthus sylvestris</i>	Wood Pink	Rocky places. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Lychnis flos-cuculi</i>	Ragged Robin	Wet flushes
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine rocks and turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia ciliata</i>	Creeping Sandwort	Screes
<i>Moehringia muscosa</i>	Mossy Sandwort	Trummelbach. Almend
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Stellaria graminea</i>	Lesser Stitchwort	Woods and meadows
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene exscapa</i>	Stemless Moss Campion	Mountain turf
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Local on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium album</i>	Fat Hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good King Henry	Frequent weed
Cistaceae	Rock-rose Family	
<i>Helianthemum nummularium</i>	Large-flowered Common	Common
subsp. <i>grandiflorum</i>	Rock Rose	
<i>Helianthemum oelandicum</i>	Alpine Rock Rose	Frequent
subsp. <i>alpestre</i>		
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Frequent in woodland
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i>	Roseroot	Cliffs
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum spurium</i>	Caucasian Stonecrop	Garden-escape. Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i>	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Occasional. Rocks

Dipsacaceae*Scabiosa lucida***Teasel Family**

Shining Scabious

Meadows

Ericaceae*Arctostaphylos alpinus**Arctostaphylos uva-ursi**Calluna vulgaris**Empetrum nigrum* subsp.
*hermaphroditum**Erica herbacea* (=carnea)*Loiseleuria procumbens**Rhododendron hirsutum**Rhododendron ferrugineum**Vaccinium myrtillus**Vaccinium uliginosum**Vaccinium vitis-idaea***Heath Family**

Alpine Bearberry

Bearberry

Ling

Crowberry

Spring Heath

Creeping Azalea

Hairy Alpenrose

Alpenrose

Bilberry

Bog Whortleberry

Cowberry

Occasional

Acidic heaths

Frequent

Acidic heaths

Biglenalp

Acidic heaths

Biglenalp

Common

Common

Frequent

Common

Euphorbiaceae*Mercurialis perennis**Euphorbia cyparissias***Spurge Family**

Dogs Mercury

Cypress Spurge

Woods

Trummelbach

Fabaceae*Anthyllis vulneraria* subsp.
*alpestris**Astragalus alpinus**Astragalus australis**Astragalus frigidus**Astragalus penduliflorus**Coronilla vaginalis**Hedysarum hedysaroides**Hippocrepis comosa**Lathyrus aphaca**Lathyrus laevigatus* subsp.
*occidentalis**Lathyrus pratensis**Lotus alpinus**Lotus corniculatus**Medicago lupulina**Medicago sativa**Melilotus albus**Onobrychis arenaria**Onobrychis montana**Onobrychis viciifolia**Ononis repens**Oxytropis campestris**Oxytropis jacquinii**Oxytropis lapponica**Robinia pseudacacia**Securigera varia**Trifolium alpinum**Trifolium badium***Pea Family**

Alpine Kidney Vetch

Alpine Milk-vetch

Southern Milk-vetch

Pallid Milk-vetch

Pendulous Milk-vetch

Small Scorpion Vetch

Alpine Sainfoin

Horseshoe Vetch

Yellow Vetchling

Yellow Pea

Meadow Vetchling

Alpine Birdsfoot Trefoil

Birdsfoot Trefoil

Black Medick

Lucerne

White Melilot

Small Sainfoin

Mountain Sainfoin

Sainfoin

Common Restharrow

Yellow Milk-vetch

Mountain Milk-vetch

Northern Milk-vetch

False Acacia

Crown Vetch

Alpine Clover

Brown Clover

Mountain pasture

Mountain turf

Mountain turf

Oberberghorn

Oberberghorn

Below Wengen

Mountain pasture

Common.Limestone

Meadows

Grutschalp

Meadows

Mountain turf

Meadows

Common

Lauterbrunnen

Wildeswil

Occasional

Mountain pasture

Occasional

Below Wengen

Biglenalp

Murren. Eiger

Murren. Eiger

Occasional. Planted

Wilderswil

Common

Mountain meadows

<i>Trifolium montanum</i>	Mountain Clover	Frequent
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	Occasional. Planted
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Mannlichen
<i>Gentiana clusii</i>	Clusius's Gentian	Limestone
<i>Gentiana lutea</i>	Great Yellow Gentian	Pasture
<i>Gentiana nivalis</i>	Snow Gentian	Eiger
<i>Gentiana purpurea</i>	Purple Gentian	Murren
<i>Gentiana verna</i>	Spring Gentian	Common
Geraniaceae	Geranium Family	
<i>Geranium pyrenaicum</i>	Pyrenean Cranesbill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Cranesbill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	StJohn's Wort Family	
<i>Hypericum maculatum</i>	Imperforate St.Johnswort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i>	Walnut	Occasional. Planted
Lamiaceae	Mint Family	
<i>Acinos alpinus</i>	Alpine Calamint	Rocky banks
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp Nettle	Occasional
<i>Glechoma hederacea</i>	Ground Ivy	Woods
<i>Lamium galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Schynige Platte
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows

<i>Prunella grandiflora</i>	Large-flowered Self-heal	Trummelbach. Meadows
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia pratensis</i>	Meadow Clary	Trummelbach
<i>Stachys alpina</i>	Alpine Betony	Below Wengen
<i>Stachys officinalis</i>	Betony	Meadows
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus polytrichus</i>	Hairy Thyme	Common
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Purging Flax	Common
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium montanum</i>	Mountain Willowherb	Occasional
Oxalidaceae	Wood Sorrel Family	
<i>Oxalis acetosella</i>	Wood Sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Papaver rhoeas</i>	Common Poppy	Occasional
Parnassiaceae	Grass of Parnassus Family	
<i>Parnassia palustris</i>	Grass of Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantain	Frequent
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent

<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae	Dock Family	
<i>Oxyria digyna</i>	Mountain Sorrel	Rocks and screes
<i>Polygonum bistorta</i>	Bistort	Damp pasture
<i>Polygonum viviparum</i>	Alpine Bistort	Common
<i>Reynoutria japonica</i>	Japanese Knotweed	Invasive alien
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Alpine Sorrel	Widespread
<i>Rumex alpinus</i>	Monks Rhubarb	Disturbed pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	Rubble Dock	Occasional. Screes
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock-Jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-Jasmine	Alpine rocks
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-Jasmine	Alpine rocks
<i>Androsace pubescens</i>	Hairy Rock-Jasmine	Rare
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Bears Ears	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Birdseye Primrose	Mountain turf
<i>Primula hirsuta</i>	Hairy Primrose	Mountain rocks
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Snowbeds
<i>Soldanella pusilla</i>	Dwarf snowbell	Very rare
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	One-sided Wintergreen	Biglenalp
<i>Pyrola minor</i>	Lesser Wintergreen	Forests
Ranunculaceae	Buttercup Family	
<i>Aconitum napellus</i>	Common Monkshood	Damp meadows
<i>Aconitum vulparia</i>	Wolfsbane	Frequent. Forest
<i>Actaea spicata</i>	Baneberry	Woods below Wengen
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Widespread
<i>Aquilegia alpina</i>	Alpine Columbine	Biglenalp
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh Marigold	Flushes and streamsides
<i>Clematis alpina</i>	Alpine Clematis	Alpine Garden
<i>Delphinium elatum</i>	Alpine Larkspur	Occasional. Forest
<i>Hepatica nobilis</i>	Hepatica	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasque Flower	Frequent. White flowers
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasque Flower	Frequent. Yellow flowers
<i>Pulsatilla vernalis</i>	Spring Pasque Flower	Frequent. Mannlichen
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common.

<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Mannlichen.
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i>	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow Rue	Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow Rue	Meadows
<i>Thalictrum foetidum</i>	Stinking Meadow Rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Damp pasture

Rosaceae

<i>Agrimonia eupatoria</i>	Agrimony	Occasional
<i>Alchemilla alpina</i>	Alpine Lady's Mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's Mantle	Frequent
<i>Alchemilla glabra</i> agg.	A Lady's Mantle	Frequent
<i>Alchemilla pentaphylla</i>	Cut-leaved Lady's Mantle	Mountain turf
<i>Alchemilla vulgaris</i> agg.	Lady's Mantle	Frequent
<i>Aruncus dioicus</i>	Goatsbeard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods. Scrub
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Meadows. Wilderswil
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Mountain turf. Occasional
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Mountain turf. Common
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog Rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet Briar	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet Briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sanguisorba minor</i>	Salad Burnet	Widespread
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowpatches
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods. Scrub
<i>Sorbus chamaemespilus</i>	False Medlar	Murren. Biglenalp

Rubiaceae

<i>A. cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>		Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Below Wengen

Madder Family

<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>		Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Valleys
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Sallow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix foetida</i>	Stinking Willow	Above Grutschalp
<i>Salix hastata</i>	Large-stipuled Willow	Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Alpine turf. Eiger
<i>Salix helvetica</i>	Swiss Willow	Planted. Murren
<i>Salix herbacea</i>	Least willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net Leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Occasional. Riversides
Santalaceae	Sandalwood Family	
<i>Thesium alpinum</i>	Alpine Bastard Toadflax	Occasional. Pasture
<i>Thesium pyrenaicum</i>	Pyrenean Bastard Toadflax	Occasional. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and screes
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp screes and rocks
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks. Local
<i>Saxifraga moschata</i>	Musky Saxifrage	Mountain rocks and turf
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraines, screes
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks and cliffs
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp woodland
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Alpine turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis lutea</i>	Small Yellow Foxglove	Trummelbach
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Trummelbach
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Mountain rocks
<i>Euphrasia rostkoviana</i>	Common Eyebright	Meadows
<i>Linaria alpina</i>	Alpine Toadflax	Screes and shingle
<i>Melampyrum sylvaticum</i>	Wood Cow-wheat	Forest

<i>Pedicularis ascendens</i>	Ascending Lousewort	Limestone turf
<i>Pedicularis foliosa</i>	Leafy Lousewort	Schynige Platte
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Schynige Platte
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic mountain turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow Rattle	Meadows. Common
<i>Rhinanthus minor</i>	Yellow Rattle	Grassy places. Uncommon
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica officinalis</i>	Heath Speedwell	Woods and banks
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Wilderswil
Thymelaceae	Daphne Family	
<i>Daphne mezereum</i>	Mezereon	Local
Tiliaceae	Lime Family	
<i>Tilia platyphyllos</i>	Large-leaved Lime	Valleys
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valleys
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Stinging Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt. Cenis Pansy	Moraines and scree
<i>Viola lutea</i>	Mountain Pansy	Murren
<i>Viola palustris</i>	Bog Violet	Common
<i>Viola riviniana</i>	Common Dog Violet	Common

MONOCOTYLEDONS**Cyperaceae**

Carex atrata
Carex echinata
Carex ferruginea
Carex flacca
Carex nigra
Carex panicea
Eriophorum angustifolium

Sedge Family

Black Alpine Sedge
 Star Sedge
 Rusty Sedge
 Glaucous Sedge
 Black Sedge
 Carnation Sedge
 Common Cotton Grass

Iridaceae

Crocus vernus subsp.
albiflorus

Iris Family

Spring Crocus Common

Juncaceae

Juncus alpinoarticulatus
Juncus jacquini
Juncus trifidus
Juncus triglumis
Luzula alpinopilosa
Luzula lutea
Luzula multiflora
Luzula spicata
Luzula sylvatica

Rush Family

Alpine Jointed Rush Wet mountain pasture
 Jacquin's Rush Damp mountain turf
 Three-leaved Rush Acidic turf
 Three-flowered Rush Acidic turf
 Alpine Wood-rush Mountain pasture
 Yellow wood-rush Mountain turf
 Heath Wood-rush Mountain turf
 Spiked Wood-rush Mountain turf
 Great Wood-rush Forests

Liliaceae

Allium schoenoprasum
Allium victorialis
Anthericum ramosum
Colchicum autumnale
Convallaria majalis
Lilium martagon
Lloydia serotina
Maianthemum bifolium
Paradisea liliastrum
Paris quadrifolia
Polygonatum odoratum
Polygonatum verticillatum
Streptopus amplexifolius
Tofieldia calyculata
Veratrum album

Lily Family

Chives Eigergletscher
 Alpine Leek Above Grutschalp
 Branched St Bernard's Lily Trummelbach
 Meadow Saffron Meadows below Wengen
 Lily of the Valley Trummelbach. Oberberghorn
 Martagon Lily Woods
 Snowdon Lily Mountain turf
 May Lily Mountain woods
 St Bruno Lily Local.Mountain pasture
 Herb Paris Occasional. Woods
 Scented Solomon's Seal Trummelbach. Oberberghorn
 Whorled Solomons Seal Occasional. Forests
 Streptopus Occasional. Woods
 Tofield's Asphodel Common
 White False Helleborine Mountain pasture

Orchidaceae

Cephalantha longifolia
Cephalanthera rubra
Chamorchis alpina
Coeloglossum viride
Corallorhiza trifida
Cypripedium calceolus
Dactylorhiza maculata

Orchid Family

Long-leaved Helleborine Occasional. Oberberghorn
 Red Helleborine Local
 Dwarf Orchid Rare
 Frog Orchid Frequent
 Coral Root Forests
 Lady's Slipper Rare
 Common Spotted Orchid Common

<i>Dactylorhiza majalis</i>	Broad-leaved Marsh Orchid	Locally common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant Orchid	Common
<i>Listera cordata</i>	Lesser Twayblade	Heath and forest
<i>Listera ovata</i>	Twayblade	Frequent. Meadows
<i>Neottia nidus-avis</i>	Birdsnest Orchid	Frequent. Forests
<i>Nigritella rhellicani</i>	Vanilla Orchid	Locally common
<i>Ophrys insectifera</i>	Fly Orchid	Very rare
<i>Orchis mascula</i>	Early Purple Orchid	Frequent
<i>Orchis ustulata</i>	Burnt Tip Orchid	Rare. Biglenalp
<i>Platanthera bifolia</i>	Lesser Butterfly Orchid	Occasional. Woods
<i>Platanthera chlorantha</i>	Greater Butterfly Orchid	Occasional. Woods
<i>Pseudorchis albida</i>	Small White Orchid	Common
<i>Traunsteinera globosa</i>	Round-headed Orchid	Almendhubel. Schynige Platte

Poaceae

<i>Agropyron repens</i>	Common Couch
<i>Agrostis capillaris</i>	Common Bent
<i>Anthoxanthum alpinum</i>	Alpine Vernal Grass
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass
<i>Arrhenatherum elatius</i>	False Oat-grass
<i>Brachypodium sylvaticum</i>	False Brome
<i>Briza media</i>	Quaking Grass
<i>Bromus hordeaceus</i>	Soft Brome
<i>Bromus sterilis</i>	Barren Brome
<i>Cynosurus cristatus</i>	Crested Dogstail
<i>Dactylis glomerata</i>	Cocksfoot
<i>Deschampsia cespitosa</i>	Tufted Hair-grass
<i>Deschampsia flexuosa</i>	Wavy Hair-grass
<i>Festuca ovina</i>	Sheeps Fescue
<i>Festuca pratensis</i>	Meadow Fescue
<i>Festuca rubra</i>	Red Fescue
<i>Festuca violacea</i>	Violet Fescue
<i>Holcus lanatus</i>	Yorkshire Fog
<i>Holcus mollis</i>	Creeping Soft Grass
<i>Koeleria macrantha</i>	Crested Hair-grass
<i>Lolium perenne</i>	Perennial Ryegrass
<i>Melica uniflora</i>	Wood Melick
<i>Nardus stricta</i>	Mat Grass
<i>Phleum alpinum</i>	Alpine Timothy
<i>Phleum pratense</i>	Timothy
<i>Poa alpina</i>	Alpine Meadow Grass
<i>Poa annua</i>	Annual Meadow Grass
<i>Poa nemoralis</i>	Wood Meadow Grass
<i>Poa pratensis</i>	Smooth Meadow Grass
<i>Poa supina</i>	Creeping Meadow Grass
<i>Poa trivialis</i>	Rough Meadow Grass
<i>Sesleria caerulea</i>	Blue Moor Grass

Grass Family

Birds

	Common name	Scientific name	June/July							
			24	25	26	27	28	29	30	1
1	Grey Heron	<i>Ardea cinerea</i>	✓							
2	Red Kite	<i>Milvus milvus</i>		✓			✓			
3	Black Kite	<i>Milvus migrans</i>	✓			✓		✓		
4	Eurasian Sparrowhawk	<i>Accipiter nisus</i>					✓			
5	Common Buzzard	<i>Buteo buteo</i>	✓							
6	Golden Eagle	<i>Aquila chrysaetos</i>						✓		
7	Common Cuckoo	<i>Cuculus canorus</i>		H		H	✓	✓		
8	Common Swift	<i>Apus apus</i>	✓	✓		✓	✓	✓		
9	Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓	✓					
10	European Green Woodpecker	<i>Picus viridis</i>				✓	✓	✓	✓	
11	Eurasian Jay	<i>Garrulus glandarius</i>				✓				
12	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>		✓	✓	✓	✓			
13	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓	✓	✓	✓	✓	
14	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓		
15	Northern Raven	<i>Corvus corax</i>		H		✓		✓		
16	Coal Tit	<i>Parus ater</i>					✓	✓		
17	European Crested Tit	<i>Lophophanes cristatus</i>		H						
18	Great Tit	<i>Parus major</i>		✓	✓					
19	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>				✓	✓			
20	Eurasian Skylark	<i>Alauda arvensis</i>				H			✓	
21	Crag Martin	<i>Ptyonoprogne rupestris</i>		✓					✓	
22	Barn Swallow	<i>Hirundo rustica</i>						✓		
23	Common House Martin	<i>Delichon urbicum</i>		✓				✓		
24	Bonelli's Warbler	<i>Phylloscopus bonelli</i>						✓		
25	Common Chiffchaff	<i>Phylloscopus collybita</i>			H					
26	Eurasian Blackcap	<i>Sylvia atricapilla</i>		✓	H		✓	✓		
27	Common Firecrest	<i>Regulus ignicapilla</i>			✓		✓			
28	Goldcrest	<i>Regulus regulus</i>			✓		✓		✓	
29	Eurasian Wren	<i>Troglodytes troglodytes</i>		H	✓					
30	Eurasian Nuthatch	<i>Sitta europaea</i>		✓						
31	Ring Ouzel	<i>Turdus torquatus</i>						✓		
32	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
33	Fieldfare	<i>Turdus pilaris</i>	✓	✓	✓	✓	✓	✓	✓	
34	Song Thrush	<i>Turdus philomelos</i>		✓	✓		✓	✓		
35	Mistle Thrush	<i>Turdus viscivorus</i>					✓			
36	European Robin	<i>Erithacus rubecula</i>			✓		✓			
37	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓
38	Northern Wheatear	<i>Oenanthe oenanthe</i>				✓				
39	Spotted Flycatcher	<i>Muscicapa striata</i>	✓	✓	✓	✓	✓	✓	✓	
40	White-throated Dipper	<i>Cinclus cinclus</i>		✓						
41	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
42	White-winged Snowfinch	<i>Montifringilla nivalis</i>				✓				
43	Alpine Accentor	<i>Prunella collaris</i>				✓				
44	Dunnock	<i>Prunella modularis</i>		✓	✓					
45	Grey Wagtail	<i>Motacilla cinerea</i>		✓				✓		
46	White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	
47	Water Pipit	<i>Anthus spinoletta</i>			✓	✓	✓	✓	✓	
48	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓
49	European Serin	<i>Serinus serinus</i>				✓	✓	✓	✓	

	Common name	Scientific name	June/July							
			24	25	26	27	28	29	30	1
50	European Greenfinch	<i>Chloris chloris</i>		✓	✓	✓	✓	✓		
51	European Goldfinch	<i>Carduelis carduelis</i>		✓	✓	✓	✓	✓	✓	
52	Common Linnet	<i>Carduelis cannabina</i>			✓	✓		✓		
53	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓			✓			
54	Yellowhammer	<i>Emberiza citrinella</i>							✓	

Mammals

1	Common Pipistrelle	<i>Pipistrellus pipistrellus</i>					✓			
2	Mole	<i>Talpa europaea</i>				✓				
3	Alpine Marmot	<i>Marmota marmota</i>				✓		✓		
4	Ibex	<i>Capra ibex</i>					✓		✓	
5	Red Squirrel	<i>Sciurus vulgaris</i>				✓	✓			

Butterflies

1	Swallowtail	<i>Papilio machaon</i>				✓	✓	✓	✓	
2	Clouded Apollo	<i>Parnassius mnemosyne</i>					✓			
3	Large White	<i>Pieris brassicae</i>		✓		✓	✓	✓	✓	
4	Black-veined White	<i>Aporia crataegi</i>					✓			
5	Small White	<i>Artogeia rapae</i>		✓		✓				
6	Mountain green-veined White	<i>Pieris bryoniae</i>		✓		✓	✓			
7	Green-veined White	<i>Artogeia napi</i>					✓			
8	Orange-Tip	<i>Anthocharis cardamines</i>					✓			
9	Berger's Clouded Yellow	<i>Colias australis</i>					✓			
10	Green Hairstreak	<i>Callophrys rubi</i>					✓			
11	Small Copper	<i>Lycaena phlaeas</i>		✓			✓			
12	Purple-edged Copper	<i>Palaeochrysopehanus hippothoe</i>		✓						
13	Small Blue	<i>Cupido minimus</i>				✓	✓	✓		
14	Large Blue	<i>Maculinea arion</i>					✓			
15	Mazarine Blue	<i>Cyaniris semiargus</i>					✓			
16	Common Blue	<i>Polyommatus icarus</i>					✓			
17	Red Admiral	<i>Vanessa atalanta</i>								✓
18	Small Tortoiseshell	<i>Aglais urticae</i>				✓	✓	✓	✓	
19	Small Pearl-bordered Fritillary	<i>Clossiana selene</i>					✓			
20	Heath Fritillary	<i>Melitaea athalia</i>					✓			
21	Marbled White	<i>Melanargia galathea</i>		✓						
22	Alpine Grayling	<i>Oeneis glacialis</i>						✓	✓	
23	Bright-eyed Ringlet	<i>Erebia oeme</i>		✓		✓	✓	✓	✓	
24	Meadow Brown	<i>Maniola jurtina</i>		✓						
25	Small Heath	<i>Coenonympha pamphilus</i>				✓	✓			
26	Large Wall Brown	<i>Lasiommata maera</i>					✓			
27	Dingy Skipper	<i>Erynnis tages</i>					✓			
28	Chequered Skipper	<i>Carterocephalus palaemon</i>					✓			
29	Large Skipper	<i>Ochlodes venatus</i>		✓						

Dragonflies

1	Vagrant Darter	<i>Sympetrum vulgatum</i>					✓			
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Other Insects

1	Wood Ant	<i>Formica rufa</i>			✓		✓	✓		
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