

Switzerland - Alpine Flowers of the Upper Engadine

Naturetrek Tour Report

6 – 13 July 2014



Geum reptans



Piz Palu



Primula integrifolia



Pusanilla alpina

Report & images compiled by David Tattersfield



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Day 1

Sunday 6th July

After assembling in Zurich airport, we made our way down to the railway station to catch the train to Zurich main station. Once on the intercity express, we settled down to enjoy the scenic journey. We passed Lake Zurich and the Walensee, meeting the Rhine as it flows into Liechtenstein, and then changed to the delightful Regional Railway at Chur. Dramatic scenery followed as we made our way up into the Alps through the many loops and tunnels to Sameden. After a final short train-ride to Pontresina, we were met by the hotel minibus and we were soon enjoying the first of the delicious meals that were to become a feature of the week.

Day 2

Monday 7th July

Spring had been slow to arrive in the Engadine, with significant snowfall during the previous week. With rain falling to the north, we caught the train from Surovas and travelled south, all the way up Val Bernina and over the watershed to Alp Grum. The weather was much better here, with sunny periods. We made our way slowly to the Belvedere for coffee. Being our first day, it was not surprising that we made slow progress, finding new plants every few paces. Early-purple Orchid *Orchis mascula*, Vanilla Orchid *Gymnadenia rbellicani*, Frog Orchid *Coeloglossum viride* and Small-white Orchid *Pseudorchis albida* were in flower and Alpine Aster *Aster alpinus* made a colourful show, just below the cafe.

In the forest, below the station, we found Whorled Solomon's-seal *Polygonatum verticillatum*, Martagon Lily *Lilium martagon* and Monk's-hood *Aconitum napellus*. We paused for lunch, near the railway line, before continuing down the easy path through the forest. Sunny periods, during the afternoon, brought out many butterflies, including some fine specimens of Purple-shot Copper, the spectacular Arran Brown and a number of Fritillaries and Ringlets. The raucous calls of Spotted Nutcracker could be heard in the trees and Large-flowered Foxglove *Digitalis grandiflora*, Carthusian Pink *Dianthus carthusianorum* subsp. *vaginatum* and a colony of the rare One-flowered Wintergreen *Moneses uniflora* were just a few of the botanical highlights.

We emerged into colourful meadows, around the delightful village of Cavaglia and its railway station. Before we caught our return train, we had ample time to visit the Gletscher Garten, where we explored the amazing potholes and other erosion-features, left behind after the last glacial retreat. We were back in Pontresina by 7 pm after a wonderful introduction to the region's natural history and scenery.

Day 3

Tuesday 8th July

Rain had fallen the previous evening and continued until breakfast. Above 2,200 metres, there was a covering of fresh snow, suggesting that a relatively low-level excursion would be a wise choice. After a short train ride to Morteratsch, we set off towards the glacier along a broad track, marked at intervals to show the position of the glacier-front since the late nineteenth century. In the forest, we observed a small colony of Coralroot Orchid *Corallorhiza trifida* and large patches of Lesser Wintergreen *Pyrola minor*, and on the riverside gravels and moraines a diverse flora, where the brick-red flowers of *Sempervivum arachnoideum*, the deep blue bells of Fairy's-thimble *Campanula cochlearifolia* and the attractive pink willowherb *Epilobium fleischeri* provided splashes of intense colour.

Eye-catching clumps of White-leaved Adenostyles *Adenostyles leucophylla* and a bewildering variety of willows lined the trail. The glacier is currently a shadow of its former self and is reduced to a static slope of dirty ice but, close-up, the ice cliffs at its snout and the torrents of melt-water made an impressive sight. As we returned to the station, steady rain began to fall, but we managed to have a dry lunch in the shelter of the platform buildings.

Afterwards we took the train to Ospizio Bernina at the top of the pass, beside the milky Lago Bianco. It was clear that we were in for a wet afternoon, so we donned our waterproofs and set off along the lake shore. There was plenty to interest us on the way, including bright pink clumps of *Primula hirsuta*, fine colonies of the delicate yellow Rhaetic Poppy *Papaver aurantiacum* and the robust Spotted Gentian *Gentiana punctata*. After a forested section, the trail afforded magnificent views of the Poschiavo valley, where we had been the previous day, and we were soon enjoying refreshments, once again, in the Belvedere. It was then just a short downhill walk to Alp Grum station and our return train.

Day 4

Wednesday 9th July

The morning looked more promising; it was cloudy and dry, with more fresh snow on the tops. We took the train to Bernina Suot, the start of our walk up Val Minor. The first part of the valley has a rich limestone flora derived from the limestone of Piz Alv. There were colourful displays of Rockroses and Alpine Gypsophila *Gypsophila repens*, lots of Red Vanilla Orchids *Gymnadenia rubra* in the turf, and Striped Daphne *Daphne striata* and Jacob's-ladder *Polemonium caeruleum* around the boulders. The deep purple Dragon-mouth *Homium pyrenaicum* was flowering in just one gully but occurred in large numbers. Further up the valley, Alpine Pasqueflower *Pusatilla alpina* subsp. *apiifolia* made a wonderful show, together with large specimens of the deep-purple Broad-leaved Primrose *Primula latifolia*. In a jumble of boulders, the bright yellow of Creeping Avens *Geum reptans* attracted our attention, before we had to negotiate a large area of avalanche debris, testimony to the lateness of the season and the huge snowfalls of the previous winter. Once past this, we were surrounded by myriads of Dwarf Snowbell *Soldanella pusilla* in the soggy peaty turf, a memorable sight which brought everyone to their knees. Light rain and snow fell intermittently from mid-morning, but, as we reached the beautiful Lej Minor, we were able to enjoy our lunch during a dry interval.

Above the lake, there were stunning displays of Entire-leaved Primrose *Primula integrifolia* but the weather didn't encourage us to linger. Light snow and showers of snow pellets continued through the afternoon, but we remained stoical. After a short steep climb, the path crossed an outcrop of metamorphosed limestone with a striking flora, dominated by dwarf shrubs: Net-veined Willow *Salix reticulata* Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*, with blue-grey cushions of *Saxifraga caesia*, Purple Saxifrage *Saxifraga oppositifolia* and Yellow Whitlowgrass *Draba aizoides*. Round the corner, we reached the top at Fuorcla Minor and began our gentle descent, with the glaciers of Piz Cambrena ahead of us. The snow was lighter by now, allowing us to appreciate many of the lovely flowers, particularly the primroses, on the way down to Ospizio Bernina, where we caught the train and were back in Pontresina for 6 pm.

Day 5

Thursday 10th July

It was a dry morning with high cloud, so, after breakfast, we walked down to the Surovas station and took the train to Bernina Diavolezza. An airy ascent in the cable-car brought us to the restaurant and cafe, high on the ridge leading to Munt Pers, where we had a commanding view of a vast panorama of mountains and glaciers.

Below us, the sinuous line of the Pers Glacier flowed from the ice-fields below Piz Palu, Piz Bernina and Piz Morteratsch. Much of the recent fresh snow remained, adding an extra sparkle to the scene and obscuring the crevassed and moraine-streaked surface of the glaciers. We followed the ridge leading towards the summit and were soon rewarded with huge white mounds of Glacier Crowfoot *Ranunculus glacialis* decorating the screes. Further on, was Creeping Avens *Geum reptans* with glowing yellow flowers and red runners and, nestling in the rocks, were lovely patches of deep blue King-of-the-Alps *Eritrichium nanum* and pale pink splashes of Alpine Rock-jasmine *Androsace alpina*.

After a very satisfying morning, we returned on the cable-car to the valley and spent some time comparing Snow Gentian *Gentiana nivalis*, Field Gentian *Gentianella campestris* and the tiny Slender Gentian *Gentianella tenella*. A brief shower preceded lunch, but the sun came out and we had a lovely afternoon exploring the lower part of Val da Fain. Here a series of springs and wet flushes contains a fascinating range of plants, including the rare Flecked Marsh-orchid *Dactylorhiza cruenta*, Marsh Lousewort *Pedicularis palustris*, the easily overlooked Marsh Arrowgrass *Triglochin palustris*, Three-flowered Rush *Juncus triglumis* and Variegated Horsetail *Equisetum variegatum*. A thorough search revealed the tiny Scottish Asphodel *Tofieldia pusilla*, a component of a very similar plant community in the Scottish Highlands. Below the cliffs, we compared the huge pleated leaves of Great Yellow Gentian *Gentiana lutea* and White False-helleborine *Veratrum album*. Martagon Lily, Alpine Clematis *Clematis alpina* and Alpine Columbine *Aquilegia alpina* were flowering around the shrub-clad boulders that dotted the hillside. Most of us pressed on to the limestone screes, running down from the mountain summit. They contained an interesting mixture of dwarf shrubs, including *Dryas octopetala*, dwarf willows, Alpine Bearberry *Arctostaphylos alpinus* and cushions of Blue Saxifrage *Saxifraga caesia*. After careful searching we found the tiny emerging shoots of Dwarf Orchid *Chamorchis alpina*. We followed a farm track to the railway at Bernina Suot and caught the train, arriving back at the hotel for 7 pm.

Day 6

Friday 11th July

We started with a bus journey through St Moritz to Surlej, where we joined the Corvatsch cable-car, all the way to the top station at 3,300 metres. We remained long enough for coffee and to take in the panorama, but cloud obscured most of the summits and more fresh snow covered the ground. We returned to Murtel on the cable-car and set off on the track to Fuorcla Surlej. Wet hillsides were awash with *Soldanella pusilla* and purple *Primula integrifolia*, where the snow had just receded. Other highlights included Short-leaved Gentian *Gentiana brachyphylla*, Scree Saxifrage *Saxifraga androsacea* and Blue Rock-cress *Arabis caerulea*. Much of our route was still snow-covered, until our final ascent to the col, where we spent some time photographing the exquisite blue cushions of King-of-the-Alps *Eritrichium nanum* and the best specimens of *Primula latifolia* that we had seen. Snow showers gave way to a sunny period during lunch, as we gazed across to the glaciers and ice-fields in the upper Roseg valley.

During the long descent, the flora gradually changed from that of high-mountain to forest and we eventually reached level ground at Hotel Roseg. Here we had a choice, with half the group opting for the gentle option of a horse and carriage ride back to Pontresina. The rest of the party enjoyed the long walk through the forest, encountering carpets of Twinflower *Linnaea borealis*, One-flowered Wintergreen *Moneses uniflora* and Herb-Paris *Paris quadrifolia*.

Day 7

Saturday 12th July

We had hoped for good weather for our last day and were not disappointed. We travelled by bus to St. Moritz, boarded the two-stage funicular railway to Corviglia and finally the cable-car to Piz Nair. After coffee we climbed the short distance to the summit where the rocky ground was speckled with cushions of White Musky Saxifrage *Saxifraga exarata* subsp. *exarata*, *Eritrichium nanum* and *Gentiana brachyphylla*. A rocky knoll, a little way down the mountain, was home to a similar community, with additional species including Alpine Toadflax *Linaria alpina*, the tiny yellow *Potentilla frigida*, *Androsace alpina* and Black Genipi *Artemisia genipi*.

We returned on the cable-car to Corviglia and enjoyed a leisurely lunch, in the sunshine, before continuing down the mountain on foot. The path threaded its way through a fascinating area of sugar limestone with many deep swallow holes creating an almost lunar landscape. An astonishing diversity of flowers included lots of Edelweiss *Leontopodium alpinum*, many Short-spurred Fragrant Orchids *Gymnadenia odoratissima* and Lesser Butterfly Orchid *Platanthera bifolia* and we were delighted to find a number of Dwarf Orchid *Chamorchis alpina*, in flower. Further on, wet pasture was thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis* and a thorough search yielded some nice specimens of Round-headed Orchid *Traunsteinera globosa*. After a final forested section, the walk finished at Chantarella, where we caught the funicular back to St. Moritz. We relaxed over drinks and ice-creams, before catching the bus back to Pontresina. It had been a day of amazing contrasts, with some of the best flora that the region has to offer and the perfect way to end our week in the Upper Engadine.

Day 8

Sunday 13th July

After breakfast and packing, we made a short excursion near the hotel to see the rare Northern Dragon-head *Dracocephalum ruyshiana* and the striking Orange Lily *Lilium bulbiferum* subsp. *croceum*, also appropriately known as Fire Lily. Our final discovery was the delicate fern, Oblong Woodsia *Woodsia ilvensis*, before we returned to the hotel for the minibus-ride down to the station. We were all very grateful to the hotel staff for their tireless efforts to make our stay such a pleasant one. The scenic journey back to Zurich went smoothly, leaving plenty of time to check-in for our return flight to London and summer.

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Species Lists

Plants (‡ = cultivated or naturalised)

Plant classification largely follows the familiar 'old' system, likely to be encountered in current floras of the region.

Some recent taxonomic changes have been incorporated, where relevant.

For ease of reference, families, genera and species are presented in alphabetic order

Scientific Name	Common Name	Notes
LYCOPODIOPSIDA		
Lycopodiaceae		
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Rare. Mountain turf
<i>Lycopodium clavatum</i>	Sta's-horn Clubmoss	Mountain turf
Selaginellaceae		
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Frequent in turf
EQUISETOPSIDA		
Equisetaceae		
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum hyemale</i>	Rough Horsetail	Limestone turf. Val da Fain
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and wet pasture
<i>Equisetum variegatum</i>	Variiegated Horsetail	Wet flushes
PTEROPSIDA		
Aspleniaceae		
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Damp mountain rocks
Dennstaedtiaceae		
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae		
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Calcareous scree
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Ophioglossaceae		
<i>Botrychium lunaria</i>	Moonwort	Common in short turf
Polypodiaceae		
<i>Polypodium vulgare</i>	Common Polypody	Occasional on rocks

Scientific Name	Common Name	Notes
Pteridaceae <i>Cryptogramma crispa</i>	Maidenhair Fern Family Parsley Fern	Acidic rocks and screes
Thelypteridaceae <i>Phegopteris connectilis</i>	Marsh Fern Family Beech Fern	Woods. Occasional
Woodsiaceae <i>Athyrium distentifolium</i> <i>Athyrium filix-femina</i> <i>Cystopteris fragilis</i> <i>Woodsia alpina</i> <i>Woodsia ilvensis</i>	Lady-fern Family Alpine Lady-fern Lady-fern Brittle Bladder-fern Alpine Woodsia Oblong Woodsia	Mountain rocks Occasional Frequent on rocks Rare on cliffs Rare on scree
PINOPSIDA	CONIFERS	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Juniper Family Common Juniper	Common
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus cembra</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i>	Pine Family European Silver-fir Larch Norway Spruce Arolla Pine Dwarf Mountain-pine Scots Pine	Occasional in forests Occasional Occasional in lower valleys Forests Forests at the treeline Occasional in lower valleys
MAGNOLIOPSIDA	FLOWERING PLANTS	
MAGNOLIIDAE	DICOTYLEDONS	
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia minor</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i> <i>Chaerophyllum villarsii</i> <i>Heracleum sphondylium</i> <i>Imperatoria ostruthium</i> <i>Laserpitium gaudinii</i> <i>Laserpitium halleri</i> <i>Laserpitium latifolium</i> <i>Ligusticum mutellina</i> <i>Ligusticum mutellinoides</i> <i>Pimpinella major</i> <i>Pimpinella saxifraga</i>	Carrot Family Ground Elder Lesser Astrantia Starry Hare's-ear Hairy Chervil Villars' Chervil Hogweed Masterwort Gaudin's Sermountain Haller's Sermountain Broad-leaved Sermountain Alpine Lovage Unbranched Lovage Greater Burnet-saxifrage Burnet-saxifrage	Waste places Common Above Pontresina Woods Woods Common Common Rocky places Rocky places Common Mountain pasture High mountain pasture Meadows Meadows
Araliaceae <i>Hedera helix</i>	Ivy Family Ivy	Occasional in woods
Asteraceae <i>Adenostyles alliariae</i> <i>Adenostyles leucophylla</i> <i>Achillea atrata</i>	Daisy Family Adenostyles White-leaved Adenostyles Dark-stemmed Sneezewort	Val Roseg River gravels. Morteratsch Rocky places on limestone

Scientific Name	Common Name	Notes
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Rocky places on acidic soils
<i>Achillea millefolium</i>	Yarrow	Frequent
<i>Achillea nana</i>	Dwarf Milfoil	Screes
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Mountain turf
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Artemisia genipi</i>	Black Genipi	Screes
<i>Artemisia umbelliformis</i>	Yellow Genipi	Screes and cliffs
<i>Aster alpinus</i>	Alpine Aster	Limestone rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Frequent
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Mountain turf
<i>Carlina vulgaris</i>	Common Carlina Thistle	Occasional. Lower valleys
<i>Centaurea nervosa</i>	Plume Knapweed	Woods below Alp Grum
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Woods and forests
<i>Cirsium acaule</i>	Dwarf Thistle	Occasional in pasture
<i>Cirsium heterophyllum</i>	Melancholy Thistle	Meadows
<i>Cirsium palustre</i>	Marsh Thistle	Damp places
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain turf
<i>Crepis aurea</i>	Golden Hawk's-beard	Common
<i>Crepis bocconei</i>	Boccone's Hawk's-beard	Damp pasture
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Crepis uniflora</i>	One-flowered Hawk's-beard	Rocky pasture
<i>Doronicum clusii</i>	Clusius' Leopard's-bane	Screes
<i>Erigeron acris</i> subsp. <i>politus</i>	Blue Fleabane	Moraines
<i>Erigeron alpinus</i>	Alpine Fleabane	Local
<i>Erigeron neglectus</i>	Neglected Fleabane	Local
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthodium norvegicum</i>	Norwegian Cudweed	Occasional in mountain pasture
<i>Gnaphthodium supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium alpinum</i>	Alpine Hawkweed	Frequent
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Morteratsch
<i>Hieracium aurantiacum</i>	Orange Hawkweed	Pontresina
<i>Hieracium hoppeanum</i>		Stony places
<i>Hieracium intybaceum</i>		Stony places
<i>Hieracium lactucella</i>		Common
<i>Hieracium murorum</i>		Occasional
<i>Hieracium piliferum</i>		Stony places
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium prenanthoides</i>		Stony places
<i>Hieracium staticifolium</i>		Morteratsch
<i>Hieracium villosum</i>	Hairy Hawkweed	Stony pasture
<i>Homogyne alpina</i>	Alpine Colt's-foot	Common
<i>Hypochoeris uniflora</i>	Giant Cat's-ear	Above Pontresina
<i>Jacobaea abrotanifolia</i>	Pinnate-leaved Ragwort	Occasional. Local
<i>Jacobaea incana</i> subsp. <i>carniolica</i>	Carniolian Ragwort	Locally common
<i>Lapsana communis</i>	Nipplewort	Waste places
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leontopodium alpinum</i>	Edelweiss	Limestone turf

Scientific Name	Common Name	Notes
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Common. Mountain rocks
<i>Leucanthemum atratum</i> agg.	Saw-leaved Moon Daisy	Mountain turf
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Matricaria discoidea</i>	Pineappleweed	Ruderal
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Damp meadows
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Saussurea discolor</i>	Heart-leaved Saw-wort	Mountain turf
<i>Scorzoneroides autumnalis</i>	Autumn Hawkbit	Stony pasture
<i>Senecio doronicum</i>	Chamois Ragwort	Locally common
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Senecio rupestris</i>	Rock Groundsel	Rocky places
<i>Senecio vulgaris</i>	Groundsel	Ruderal
<i>Solidago virgaurea</i> subsp. <i>minuta</i>	Goldenrod	Mountain rocks
<i>Stemmacantha rhapontica</i>	Giant Stemmacantha	Occasional in meadows
<i>Taraxacum alpinum</i>	Alpine Dandelion	Mountain rocks
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Common. Damp rocky places
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys by rivers
<i>Alnus viridis</i>	Green Alder	Mountain scrub
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Anchusa officinalis</i> †	Alkanet	Garden escape
<i>Echium vulgare</i>	Viper's Bugloss	Waste places
<i>Eritrichium nanum</i>	King-of-the-Alps	Acidic mountain rocks
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
<i>Myosotis sylvatica</i>	Wood Forget-me-not	Woods
<i>Pulmonaria australis</i>	Southern Lungwort	Above Pontresina
Brassicaceae	Cabbage Family	
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Mountain rocks
<i>Arabis bellidifolia</i>	Daisy-leaved Rock-cress	Mountain rocks
<i>Arabis caerulea</i>	Blue Rock-cress	Screes and moraines
<i>Arabis ciliata</i>	Corymbose Rock-cress	Rocky places
<i>Arabis soyeri</i> subsp. <i>subcoriacea</i>	Soyer's Rock-cress	Rocky places
<i>Barbarea vulgaris</i>	Winter-cress	Pontresina
<i>Biscutella laevigata</i>	Buckler Mustard	Rocky places
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Acidic rocks and screes
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Cardaminopsis halleri</i>	Haller's Rock-cress	Rocky pasture
<i>Draba aizoides</i>	Yellow Whitlowgrass	Rocky places on limestone
<i>Draba dubia</i>	Austrian Whitlowgrass	Acidic rocks. Corvatsch
<i>Draba fladnizensis</i>	Bald White Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Tomentose Whitlowgrass	Limestone rocks

Scientific Name	Common Name	Notes
<i>Kernera saxatilis</i>	Kernera	Rocks
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
<i>Thlaspi perfoliatum</i>	Perfoliate Penny-cress	Near habitation
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cenisia</i>	Mt. Cenis Bellflower	Scree. Piz Nair. Rare
<i>Campanula cochlearifolia</i>	Fairy's-thimble	Mountain rocks
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional. Meadows
<i>Campanula rapunculoides</i>	Creeping Bellflower	Woods. Celerina
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Surlej and Alp Grum
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Common
<i>Phyteuma globulariifolium</i>	Globularia-leaved Rampion	Alpine rocks
<i>Phyteuma hedraianthifolium</i>	Rhaetian Rampion	Rocks. Lago Bianco
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Acidic rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma ovatum</i>	Dark Rampion	Rocky places. Morteratsch
<i>Phyteuma scheuchzeri</i>	Scheuchzer's Rampion	Occasional
Caprifoliaceae	Honeysuckle Family	
<i>Linnaea borealis</i>	Twinflower	Locally common in forests
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Rocky places
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Frequent
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Scree
<i>Arenaria ciliata</i>	Ciliate-leaved Sandwort	Scree
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and scree
<i>Cerastium pedunculatum</i>	Pedunculate Mouse-ear	Acidic scree
<i>Cerastium uniflorum</i>	One-flowered Mouse-ear	Acidic scree
<i>Dianthus carthusianorum</i> subsp. <i>vaginatus</i>	Carthusian Pink	Local. Open woodland
<i>Dianthus superbus</i>	Large Pink	Damp turf
<i>Dianthus sylvestris</i>	Wood Pink	Rocky places
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Herniaria glabra</i>	Smooth Rupturewort	Railway ballast
<i>Minuartia biflora</i>	Northern Sandwort	Wet mountain turf
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine rocks and turf
<i>Minuartia recurva</i>	Sickle-leaved Sandwort	Stony places
<i>Minuartia rupestris</i>	Rock Sandwort	Rocks and scree
<i>Minuartia verna</i>	Vernal Sandwort	Stony places
<i>Moehringia ciliata</i>	Creeping Sandwort	Scree

Scientific Name	Common Name	Notes
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Saponaria ocymoides</i>	Rock Soapwort	Chantarella
<i>Scleranthus annuus</i>	Annual Knawel	Occasional
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Meadows
<i>Silene exscapa</i>	Stemless Moss Campion	Mountain turf
<i>Silene flos-cuculi</i>	Ragged-Robin	Wet meadows. Celerina
<i>Silene nutans</i>	Nottingham Catchfly	Rocks and meadows
<i>Silene rupestris</i>	Rock Campion	Rocks
<i>Silene vulgaris</i>	Bladder Campion	Meadows
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria graminea</i>	Lesser Stichwort	Woods and meadows
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stichwort	Woods
Chenopodiaceae		
<i>Blitum virgatum</i>	Strawberry Goosefoot	Occasional. Pontresina
<i>Chenopodium album</i>	Fat-hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good-King-Henry	Frequent weed
Cistaceae		
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Rocky places
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Calcareous turf
Crassulaceae		
<i>Sedum acre</i>	Biting Stonecrop	Frequent
<i>Sedum album</i>	White Stonecrop	Stony places
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum annuum</i>	Annual Stonecrop	Moraines. Morteratsch
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i>	Spanish Stonecrop	Riverside. Hotel Palu
<i>Sedum villosum</i>	Pink Stonecrop	Acidic flushes. Rare. Val Roseg
<i>Sempervivum arachnoideum</i>	Cobweb Houseleek	Common. Stony places
<i>Sempervivum montanum</i>	Mountain Houseleek	Common. Stony places
<i>Sempervivum tectorum</i>	Common Houseleek	Occasional. Rocky turf
<i>Sempervivum wulfenii</i>	Wulfen's Houseleek	Occasional. Rocky turf
Dipsacaceae		
<i>Knautia dipsacifolia</i>	Wood Scabious	Shady places
<i>Scabiosa columbaria</i>	Small Scabious	Occasional
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Droseraceae		
<i>Drosera intermedia</i>	Intermediate Sundew	Bogs
<i>Drosera rotundifolia</i>	Round-leaved Sundew	Bogs
Empetraceae		
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
Goosefoot Family		
Rock-rose Family		
Stonecrop Family		
Teasel Family		
Sundew Family		
Crowberry Family		

Scientific Name	Common Name	Notes
Ericaceae		
Heath Family		
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Limestone turf and screes
<i>Arctostaphylos uva-ursi</i>	Bearberry	Rocky pasture
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Erica carnea</i>	Spring Heath	Limestone rocks
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Limestone rocks
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i>	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae		
Spurge Family		
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
Fabaceae		
Pea Family		
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone pasture
<i>Astragalus glycyphyllos</i>	Wild Liquorice	Local
<i>Astragalus penduliflorus</i>	Mountain Lentil	Pasture and stony places. Local
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common on limestone
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot Trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	Meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i> †	Lucerne	Occasional
<i>Melilotus albus</i>	White Melilot	Waste places
<i>Melilotus officinalis</i>	Ribbed Melilot	Waste places
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Common in pasture
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Stony places on limestone
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Stony places
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Frequent
<i>Trifolium pallescens</i>	Pale Clover	Pasture and rocky places
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Common
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
Gentianaceae		
Gentian Family		
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana x charpentieri</i> (<i>G. lutea</i> x <i>G. punctata</i>)	Charpentier's Gentian	With both parents
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone turf

Scientific Name	Common Name	Notes
<i>Gentiana lutea</i>	Great Yellow Gentian	Limestone pasture
<i>Gentiana nivalis</i>	Snow Gentian	Mountain turf
<i>Gentiana orbicularis</i>	Orbiculate-leaved Gentian	Occasional
<i>Gentiana punctata</i>	Spotted Gentian	Mountain pasture
<i>Gentiana verna</i>	Spring Gentian	Common
<i>Gentianella campestris</i>	Field Gentian	Pasture
<i>Gentianella ramosa</i>	Branched Gentian	Pasture
<i>Gentianella tenella</i>	Slender Gentian	Local
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent on limestone
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent on limestone
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium alpinum</i>	Alpine Calamint	Rocky turf on limestone
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Dracocephalum ruyschiana</i>	Northern Dragon-head	Open forest. Rare
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Horminum pyrenaicum</i>	Dragon-mouth	Val Minor
<i>Lamiastrum galeobdolon</i>	Yellow Archangel	Woods. Alp Grum
<i>Lamium album</i>	White Dead-nettle	Frequent
<i>Lamium amplexicaule</i>	Henbit Dead-nettle	Waste places
<i>Lamium purpureum</i>	Purple Dead-nettle	Waste places
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia pratensis</i>	Meadow Clary	Roadside banks. Pontresina
<i>Teucrium montanum</i>	Mountain Germander	Limestone rocks. Chantarella
<i>Thymus polytrichus</i>	Wild Thyme	Common
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain turf and rocks
<i>Pinguicula leptoceras</i>	Southern Butterwort	Wet flushes
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet flushes
Linaceae	Flax Family	
<i>Linum catharticum</i>	Fairy Flax	Common
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Alpine Willowherb	Frequent
<i>Epilobium fleischeri</i>	Fleischer's Willowherb	River gravels and moraines

Scientific Name	Common Name	Notes
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Papaver aurantiacum</i>	Rhaetic Poppy	Scree. Local
<i>Papaver croceum</i>	Islandic Poppy	River gravels.
Parnassiaceae	Grass-of-Parnassus Family	
<i>Parnassia palustris</i>	Grass-of-Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantatin	Frequent
Polemoniaceae	Jacob's-ladder Family	
<i>Polemonium caeruleum</i>	Jacob's-ladder	Limestone rocks
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae	Dock Family	
<i>Oxyria digyna</i>	Mountain Sorrel	Rocks and screes
<i>Pesicaria bistorta</i>	Common Bistort	Meadows
<i>Pesicaria vivipara</i>	Alpine Bistort	Common
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Alpine Sorrel	Widespread
<i>Rumex alpinus</i>	Monk's-rhubarb	Disturbed
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	French Sorrel	Screes and rocky places
Primulaceae	Primrose Family	
<i>Androsace alpina</i>	Alpine Rock-jasmine	Alpine scree
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace obtusifolia</i>	Blunt-leaved Rock Jasmine	Limestone turf
<i>Primula x berninae</i> (<i>P. latifolia</i> x <i>P. hirsuta</i>)	A hybrid Primrose	Val Minor
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Bird's-eye Primrose	Mountain turf
<i>Primula halleri</i>	Long-flowered Primrose	Rare. Below Alp Grum
<i>Primulax heerii</i> (<i>P. hirsutax</i> <i>P. integrifolia</i>)	A hybrid Primrose	Val Minor
<i>Primula hirsuta</i>	Hairy Primrose	Mountain rocks
<i>Primula integrifolia</i>	Entire-leaved Primrose	Common. Wet turf
<i>Primula latifolia</i>	Broad-leaved Primrose	Locally common
<i>Primulax muretiana</i> (<i>P. integrifolia</i> x <i>P. latifolia</i>)	A hybrid Primrose	Fuorcla Surlej
<i>Soldanella alpina</i>	Alpine Snowbell	Mountain turf

Scientific Name	Common Name	Notes
<i>Soldanella pusilla</i>	Dwarf Snowbell	Wet turf
<i>Trientalis europaea</i>	Chickweed Wintergreen	Local in forest
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
Ranunculaceae	Buttercup Family	
<i>Aconitum lycoctonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forests
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp pasture
<i>Aconitum napellus</i> subsp. <i>vulgare</i>	Compact Monk's-hood	Damp pasture
<i>Aconitum variegatum</i> subsp. <i>paniculatum</i>	Variiegated Monk's-hood	Damp pasture
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Aquilegia alpina</i>	Alpine Columbine	Limestone pasture
<i>Caltha palustris</i>	Marsh Marigold	Flushes and streamsides
<i>Clematis alpina</i>	Alpine Clematis	Forest and pasture
<i>Delphinium elatum</i>	Alpine Larkspur	Calcareous pasture
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Mountain pasture
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Mountain pasture
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Forest
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine scree
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Mountain turf
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain turf
<i>Ranunculus platanifolius</i>	Maple-leaved Buttercup	Rare in open forest
<i>Ranunculus repens</i>	Creeping Buttercup	Meadows
<i>Ranunculus villarsii</i>	Villars' Buttercup	Pasture
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Meadows
<i>Thalictrum foetidum</i>	Stinking Meadow-rue	Pasture
<i>Thalictrum minus</i>	Lesser Meadow-rue	Pasture
<i>Trollius europaeus</i>	Globeflower	Damp pasture
Rhamnaceae	Buckthorn Family	
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Mountain Rocks
Rosaceae	Rose Family	
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla hybrida</i> agg.	Hybrid Lady's-mantle	Occasional
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Damp mountain turf
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Common
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Rocks
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum reptans</i>	Creeping Avens	Alpine rocks and scree
<i>Geum rivale</i>	Water Avens	Occasional. Wet places
<i>Potentilla anserina</i>	Silverweed	Waste places

Scientific Name	Common Name	Notes
<i>Potentilla argentea</i>	Hoary Cinquefoil	Rocky places, open woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla brauneana</i>	Dwarf Cinquefoil	Snowbeds on limestone
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla frigida</i>	Glacier Cinquefoil	Acidic alpine rocks
<i>Potentilla grandiflora</i>	Large-flowered Cinquefoil	Acidic pasture
<i>Potentilla nivea</i>	Snowy Cinquefoil	Piz Nair.
<i>Potentilla palustris</i>	Marsh Cinquefoil	Marshes. Local
<i>Potentilla rupestris</i>	Rock Cinquefoil	Local
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Rosa canina</i>	Dog-rose	Wooded slopes
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sanguisorba officinalis</i>	Great Burnet	Meadows
<i>Sibbaldia procumbens</i>	Sibbaldia	Stony places in mountains
<i>Sorbus aria</i>	Whitebeam	Occasional in forest
<i>Sorbus aucuparia</i>	Rowan	Woods and scrub
<i>Sorbus chamaemespilus</i>	False Medlar	Mountain scrub
Rubiaceae	Madder Family	
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>Galium boreale</i>	Northern Bedstraw	Occasional. Grassy places
<i>Galium mollugo</i>	Hedge Bedstraw	Occasional
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Frequent
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland woods
<i>Salix eleagnos</i>	Hoary Willow	Occasional. Streamsides
<i>Salix foetida</i>	Stinking Willow	Val da Fain
<i>Salix glaucosericea</i>	Silky Willow	Occasional
<i>Salix hastata</i>	Large-stipuled Willow	Occasional
<i>Salix hegetschweileri</i>	Alpine Willow	Mountain turf
<i>Salix helvetica</i>	Swiss Willow	Rare. Val Muragl
<i>Salix herbacea</i>	Least willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Occasional
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net-leaved Willow	Mountain rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Mountain rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Mountain rocks and turf
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
<i>Thesium pyrenaicum</i>	Pyrenaean Bastard-toadflax	Rocky pasture

Scientific Name	Common Name	Notes
Saxifragaceae	Saxifrage Family	
<i>Chrysothamnium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional. Wet places
<i>Saxifraga aizoides</i>	Yellow Saxifrage	Wet turf and screes
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp screes and rocks
<i>Saxifraga aspera</i>	Rough Saxifrage	Rocky places
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Rocky places
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone scree and turf
<i>Saxifraga exarata</i> subsp. <i>exarata</i>	White Musky Saxifrage	Rocky places
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Rocky places
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Moraines and screes
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks and cliffs
<i>Saxifraga seguieri</i>	Seguier's Saxifrage	Damp alpine turf and rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Wet acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Alpine turf
<i>Chaenorhinum minus</i>	Small Toadflax	Railway tracks
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Woods
<i>Euphrasia alpina</i>	Alpine Eyebright	Mountain turf
<i>Euphrasia minima</i>	Dwarf Eyebright	Mountain rocks
<i>Euphrasia rostkoviana</i>	Common Eyebright	Meadows
<i>Euphrasia salisburgensis</i>	Irish Eyebright	Pasture
<i>Linaria alpina</i>	Alpine Toadflax	Screes and rocky places
<i>Linaria vulgaris</i>	Common Toadflax	Occasional
<i>Melampyrum pratense</i>	Common Cow-wheat	Forest
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Pedicularis foliosa</i>	Leafy Lousewort	Limestone turf
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis palustris</i>	Marsh Lousewort	Marshes
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Wet pasture. Val Muragl
<i>Pedicularis rostratospicata</i>	Flesh-pink Lousewort	Val Muragl
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic mountain turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Meadows
<i>Rhinanthus glacialis</i>	Glacier Yellow-rattle	Occasional
<i>Rhinanthus minor</i>	Yellow-rattle	Frequent
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Occasional
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticulosa</i>	A Rock Speedwell	Rocky moraines. Morteratsch
<i>Veronica officinalis</i>	Heath Speedwell	Woods and banks
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Common
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Tamaricaceae	Tamarisk Family	
<i>Myricaria germanica</i>	German Tamarisk	River gravels. Morteratsch

Scientific Name	Common Name	Notes
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Limestone rocks. Local
<i>Daphne striata</i>	Striped Daphne	Stony pasture
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana montana</i>	Mountain Valerian	Limestone rocks
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola rupestris</i>	Teesdale Violet	Limestone meadows
<i>Viola tricolor</i>	Wild Pansy	Waste places
LILIIDAE	MONOCOTYLEDONS	
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional
<i>Allium victorialis</i>	Alpine Leek	Local. Alp Grum
Asparagaceae	Asparagus Family	
<i>Convallaria majalis</i>	Lily-of-the-Valley	Occasional
<i>Maianthemum bifolium</i>	May Lily	Forests
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Pasture
<i>Polygonatum multiflorum</i>	Solomon's-seal	Woods
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Woods
<i>Polygonatum verticillatum</i>	Whorled Solomon's Seal	Woods and Juniper scrub
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Occasional. Meadows
Cyperaceae	Sedge Family	
<i>Carex atrata</i> subsp. <i>aterrima</i>	Black Alpine Sedge	Wet pasture. Frequent
<i>Carex atrata</i> subsp. <i>atrata</i>	Black Alpine Sedge	Frequent
<i>Carex canescens</i>	White Sedge	Wet heaths
<i>Carex capillaris</i>	Hair Sedge	Rocky places
<i>Carex curvula</i>	Curved Sedge	Locally dominant
<i>Carex davalliana</i>	Davall's Sedge	Frequent
<i>Carex echinata</i>	Star Sedge	Common
<i>Carex ferruginea</i>	Rusty Sedge	Locally dominant on limestone
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex nigra</i>	Black Sedge	Common
<i>Carex ornithopoda</i>	Bird's-foot Sedge	Frequent
<i>Carex pallescens</i>	Pale Sedge	Frequent
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex parviflora</i>	Small-flowered Sedge	Frequent
<i>Carex pauciflora</i>	Few-flowered Sedge	Oligotrophic flushes

Scientific Name	Common Name	Notes
<i>Carex sempervirens</i>	Evergreen Sedge	Common
<i>Eleocharis quinqueflora</i>	Few-flowered Spike-rush	Wet flushes. Val da Fain
<i>Eriophorum angustifolium</i>	Common Cottongrass	Common
<i>Eriophorum latifolium</i>	Broad-leaved Cottongrass	Wet places
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Lakes and pools
<i>Eriophorum vaginatum</i>	Hare's-tail Cottongrass	Occasional
<i>Trichophorum alpinum</i>	Cotton Deergrass	Valley bogs
<i>Trichophorum cespitosum</i>	Deergrass	Common
<i>Trichophorum pumilum</i>	Dwarf Deergrass	Mountain pasture
Iridaceae		
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Iris Family Spring Crocus	Common
Juncaceae		
<i>Juncus alpinoarticulatus</i>	Rush Family Alpine Rush	Wet mountain pastures
<i>Juncus filiformis</i>	Thread Rush	Occasional
<i>Juncus jacquinii</i>	Jacquin's Rush	Frequent
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic turf
<i>Juncus triglumis</i>	Three-flowered Rush	Wet flushes. Val da Fain
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain pasture
<i>Luzula lutea</i>	Yellow wood-rush	Mountain pasture
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain pasture
<i>Luzula nivea</i>	Snowy Wood-rush	Woods
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain pasture
<i>Luzula sudetica</i>	Sudetic Wood-rush	Occasional
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Juncaginaceae		
<i>Triglochin palustris</i>	Arrowgrass Family Marsh Arrowgrass	Local. Wet flushes
Liliaceae		
<i>Gagea fistulosa</i>	Lily Family A Yellow Star-of-Bethlehem	Locally common
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium bulbiferum</i> subsp. <i>croceum</i>	Orange Lily	Woods and cliffs. Local
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Woods. Cavaglia
Melanthiaceae		
<i>Paris quadrifolia</i>	Herb-Paris Family Herb-Paris	Forest. Val Roseg
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae		
<i>Chamorchis alpina</i>	Orchid Family Dwarf Orchid	Screes and mountain turf. Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Forests
<i>Dactyrorhiza cruenta</i>	Flecked Marsh-orchid	Calcareous flushes. Local
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Common
<i>Dactylorhiza maculata</i>	Heath Spotted-orchid	Common
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Wet pasture. Common
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Gymnadenia odoratissima</i>	Short-spurred Fragrant-orchid	Locally common
<i>Gymnadenia rhellicani</i>	Vanilla Orchid	Locally common
<i>Gymnadenia rubra</i>	Red Vanilla Orchid	Locally common

Scientific Name	Common Name	Notes
<i>Gymnadenia x suaveolens</i> (<i>G. conopsea</i> x <i>G. rhellicani</i>)	A hybrid orchid	Local
<i>Neottia cordata</i>	Lesser Twayblade	Rare
<i>Neottia ovata</i>	Twayblade	Occasional. Meadows
<i>Orchis mascula</i>	Early-purple Orchid	Locally common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Local. Grassland
<i>Platanthera chlorantha</i>	Greater Butterfly-orchid	Rare
<i>Pseudorchis albida</i>	Small-white Orchid	Common
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local. Chantarella
Poaceae	Grass Family	
<i>Agropyron repens</i>	Common Couch	Waste places
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Common
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Occasional
<i>Brachypodium sylvaticum</i>	False Brome	Forests. Common
<i>Briza media</i>	Quaking-grass	Common
<i>Bromus hordeaceus</i>	Soft Brome	Lowland
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Meadows
<i>Dactylis glomerata</i>	Cock's-foot	Waste places
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet turf. Common
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Common
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountains. Common
<i>Holcus lanatus</i>	Yorkshire-fog	Frequent
<i>Holcus mollis</i>	Creeping Soft-grass	Frequent
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Waste places
<i>Melica uniflora</i>	Wood Melick	Frequent
<i>Molinia caerulea</i>	Purple Moor-grass	Oligotrophic flushes
<i>Nardus stricta</i>	Mat-grass	Common
<i>Oreochloa disticha</i>	An Oreochloa	Alpine Rocks
<i>Phleum alpinum</i>	Alpine Timothy	Common
<i>Phleum pratense</i>	Timothy	Meadows
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa nemoralis</i>	Wood Meadow-grass	Forests
<i>Poa pratensis</i>	Smooth Meadow-grass	Meadows
<i>Poa supina</i>	Creeping Meadow-grass	Meadows
<i>Poa trivialis</i>	Rough Meadow-grass	Meadows
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Limestone
Tofieldiaceae	Scottish Asphodel Family	
<i>Tofieldia calyculata</i>	Tofield's Asphodel	Common
<i>Tofieldia pusilla</i>	Scottish Asphodel	Rare. Wet flushes

Birds (✓ = recorded but not counted)

	Common name	Latin name	July									
			6	7	8	9	10	11	12	13		
1	Mallard	<i>Anas platyrhynchos</i>	✓									
2	Tufted Duck	<i>Aythya fuligula</i>	✓							✓		
3	Little Grebe	<i>Tachybaptus ruficollis</i>	✓									
4	Great Crested Grebe	<i>Podiceps cristatus</i>	✓									✓
5	Grey Heron	<i>Ardea cinerea</i>	✓									
6	Red Kite	<i>Milvus milvus</i>	✓									✓
7	Common Kestrel	<i>Falco tinnunculus</i>	✓								✓	
8	Eurasian Coot	<i>Fulica atra</i>	✓									
9	Black-headed Gull	<i>Chroicocephalus ridibundus</i>	✓									
10	Yellow-legged Gull	<i>Larus michahellis</i>	✓									✓
11	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓									✓
12	Common Swift	<i>Apus apus</i>				✓		✓	✓	✓		
13	Great Spotted Woodpecker	<i>Dendrocopos major</i>				✓	✓	✓				
14	European Green Woodpecker	<i>Picus viridis</i>	✓									
15	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>		✓	✓				✓	✓		
16	Alpine Chough	<i>Pyrrhocorax graculus</i>						✓	✓	✓		
17	Carrion Crow	<i>Corvus corone</i>		✓	✓			✓	✓	✓		
18	Northern Raven	<i>Corvus corax</i>		✓	✓					✓		
19	Coal Tit	<i>Parus ater</i>		✓	✓					✓		
20	European Crested Tit	<i>Lophophanes cristatus</i>									✓	
21	Great Tit	<i>Parus major</i>		✓	✓							
22	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>	✓					✓	✓	✓		
23	Barn Swallow	<i>Hirundo rustica</i>	✓									
24	Common House Martin	<i>Delichon urbica</i>	✓					✓				
25	Common Chiffchaff	<i>Phylloscopus collybita</i>				✓				✓		
26	Eurasian Blackcap	<i>Sylvia atricapilla</i>				✓						
27	Lesser Whitethroat	<i>Sylvia curruca</i>				✓						
28	Eurasian Nuthatch	<i>Sitta europaea</i>								✓		
29	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓	
30	Fieldfare	<i>Turdus pilaris</i>		✓	✓	✓	✓	✓	✓			
31	Mistle Thrush	<i>Turdus viscivorus</i>		✓	✓				✓	✓		
32	Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓	✓		
33	European Stonechat	<i>Saxicola rubicola</i>						✓	✓			
34	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓	✓	✓	✓	✓	✓	✓		
35	White-throated Dipper	<i>Cinclus cinclus</i>		✓						✓		
36	House Sparrow	<i>Passer domesticus</i>	✓	✓								
37	White-winged Snowfinch	<i>Montifringilla nivalis</i>				✓	✓			✓	✓	
38	Alpine Accentor	<i>Prunella collaris</i>							✓			
39	Grey Wagtail	<i>Motacilla cinerea</i>		✓					✓	✓		
40	White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓	✓		
41	Tree Pipit	<i>Anthus trivialis</i>					✓					
42	Water Pipit	<i>Anthus spinoletta</i>								✓	✓	
43	Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓			✓	✓	✓		
44	Common Redpoll	<i>Carduelis flammea</i>			✓			✓	✓			
45	Common Linnet	<i>Linaria cannabina</i>		✓						✓		

Mammals

1	Red Squirrel	<i>Sciurus vulgaris</i>								✓		
2	Alpine Marmot	<i>Marmota marmota</i>					✓	✓	✓	✓		

	Common name	Latin name	July								
			6	7	8	9	10	11	12	13	
3	Roe Deer	<i>Capreolus capreolus</i>							✓		

Amphibians

1	Common Frog	<i>Rana temporaria</i>		✓	✓	✓	✓	✓		
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Butterflies (with thanks to Geoff and Margaret Adams)

1	Swallowtail	<i>Papilio machaon</i>				L	L			
2	Apollo	<i>Parnassius apollo</i>					✓			
3	Mountain Clouded Yellow	<i>Colias phicomone</i>						✓	✓	
4	Black-veined White	<i>Aporia crataegi</i>		✓				✓		
5	Mountain green-veined White	<i>Pieris bryoniae</i>		✓						
6	Large Copper	<i>Lycaena dispar</i>		✓						
7	Sooty Copper	<i>Lycaena tityrus</i>		✓						
8	Purple-edged Copper	<i>Palaeochrysophanus hippothoe</i>		✓			✓			
9	Small Blue	<i>Cupido minimus</i>		✓		✓	✓	✓	✓	
10	Large Blue	<i>Maculinea arion</i>		✓			✓		✓	
11	Silver-studded Blue	<i>Plebejus argus</i>					✓	✓	✓	
12	Geranium Argus	<i>Aricia eumedon</i>		✓						
13	Brown Argus	<i>Aricia agestis</i>		☐					✓	
14	Glandon Blue	<i>Agriades glandon</i>				✓				
15	Alpine Blue	<i>Albulina orbitulus</i>				☐		✓		
16	Mazarine Blue	<i>Cyaniris semiargus</i>		✓		✓	✓	✓		
17	Small Tortoiseshell	<i>Aglais urticae</i>					L			
18	Niobe Fritillary	<i>Argynnis niobe</i>		✓						
19	Shepherd's Fritillary	<i>Boloria pales</i>		☐						
20	Titania's Fritillary	<i>Boloria titania</i>						✓		
21	Knapweed Fritillary	<i>Melitaea phoebe</i>		✓				☐		
22	False Heath Fritillary	<i>Melitaea diamina</i>		✓						
23	Heath Fritillary	<i>Melitaea athalia</i>		✓						
24	Blind Ringlet	<i>Erebia pharte</i>		☐			✓			
25	Bright-eyed Ringlet	<i>Erebia oeme</i>		✓						
26	Arran Brown	<i>Erebia ligea</i>		✓						
27	Almond-eyed Ringlet	<i>Erebia alberganus</i>		✓						
28	Piedmont Ringlet	<i>Erebia meolans</i>		✓						
29	Alpine Heath	<i>Coenonympha gardetta</i>		✓			✓	✓		
30	Large Wall Brown	<i>Lasiommata maera</i>		✓			☐	☐		
31	Olive Skipper	<i>Pyrgus serratulae</i>		✓			✓		✓	
32	Oberthur's Grizzled Skipper	<i>Pyrgus armoricanus</i>		☐			☐	✓	☐	
33	Large Grizzled Skipper	<i>Pyrgus alveus</i>		☐			☐	✓	☐	
34	Dingy Skipper	<i>Erynnis tages</i>		✓						
35	Large Skipper	<i>Ochlodes venatus</i>					✓			

Moths (L = lava)

1	Six-spot Burnet	<i>Zygaena filipendulae</i>		✓						
2	Chimney Sweeper	<i>Odezia atrata</i>				✓	✓	✓		
3	Lackey Moth	<i>Malacosoma neustria</i>						L		