

# Conventional Medicinal Uses and Chemical Structure of Important Secondary Metabolites in the Genus *Eremostachys*: A Literature Review

Amrendra M Khan<sup>1</sup>, Narinder K Agnihotri,<sup>1</sup> Vinay K Singh,<sup>2</sup>

Mukesh C Joshi<sup>1</sup> and Krishan Kumar<sup>1\*</sup>

<sup>1</sup>Department of Chemistry, Motilal Nehru College, University of Delhi, Delhi, India.

<sup>2</sup>Department of Chemistry, Sri Aurobindo College, University of Delhi, Delhi, India.

## ABSTRACT

Genus *Eremostachys* Bunge is a key medicinal plant grown in Eastern Europe, Central and Western Asia and Middle East. The plants of this genus have numerous secondary metabolites, which exhibit both traditional and pharmacological applications. *Eremostachys* contains several classes of reactive chemical ingredients such as flavonoids (viz. Apigenin, Luteolin, Loasifolin, Loasin A, Apuleisin, Apigenin and Kaempferol etc), isoflavonoids (viz. Soforarin B, Loasin B and Vicarin), iridoid glucosides (viz. Shanzhiside, Lamalbid, Lamalbidic acid, Epiloganin, Pulchelloside, Harpagide, Pulchelloside, hamighriprasin, Eremoside, Phlyoside and Barlerin etc.), phenylethanoid glycosides (viz. Verbascoside, Leucosceptoside A, and Echinacoside etc.), acids, hydrocarbons, terpenes, diterpenoids and sterols (viz. Eremostachiin, Phlomisoside II, Stigmasterol,  $\beta$ -Sitosterol, Daucosterol and Oleanolic acid) etc. These metabolites are well known for their pharmacological applications such as antibacterial, anti-inflammatory, antioxidant, antirheumatic, anti-poisonous, antimalarial, anticancer, antimalarial, antiallergic, antiarthritic and antidepressant etc. Before the identification of chemical constituents, genus *Eremostachys* was used by few countries since ancient viz. by China, Iran, India, Pakistan, Tajikistan and few middle and south Asian countries etc. This genus has been used by people of these region since ancient as analgesic, anti-inflammatory, wound healing, ant-insecticidal, antiparasitic, antiallergic, liver care, joint pain, arthritis, antioxidant, antibacterial, antidepressant, antimalarial, perfumery, detergent, soap, beauty products. In India, *E. superba* has been used as a food for cattle to increase milk production. In the present review, the important traditional uses of some important species of the genus *Eremostachys* have been briefly discussed due to their availability and affordability. The number of medicinal and pharmacological applications of the plant genus *Eremostachys* are also summarized in the paper.

**KEY WORDS:** ANTI-INFLAMMATORY; ANTIOXIDANT; DITERPENOID; EREMOSTACHYS; SECONDARY METABOLITES.

## INTRODUCTION

Genus *Eremostachys*, known as desert rod, belongs to the family Lamiaceae. Presently, around 80 species of this genus have been documented, which are mainly distributed in Eastern Europe, Central and Western Asia and the Middle East (Harley et al. 2004). However, more than 45 species are distributed only in Azerbaijan, Armenia, Turkey, Iran, and Turkmenistan (Azizian et al. 1982; Hedge et al. 1986). It is an Irano-Turanian genus and majorly distributed in the desert mountains of the Iranica area especially covering Central Asia. However; few species viz. *E. laciniata*, *E. molucelloides* and *E. vicaryi* expanded their distribution

towards Turkey, Pakistan and Afghanistan etc. Overall, genus *Eremostachys* has been represented by 52 taxa of Flora in the USSR (Former Soviet Union); 41 taxa of Flora found in Iranica; 16 species in Iran; 8 species in Pakistan; 5 species in China; 2 taxa of Flora in Palaestina and 1 taxa in Flora Europeae and one critically endangered taxa of the flora is found in Northern Himalaya of Uttarakhand, Himachal Pradesh and Jammu & Kashmir of India (Knorring et al. 1954; De Filippis et al. 1972; Shishkin et al. 1977; Zohary et al. 1978; Azizian et al. 1982; Rechinger et al. 1982; Chowdhary et al. 1984; Jain et al. 1984; Radcliffe-Smith et al. 1986; Hedge et al. 1990; Li et al. 1994; Rao et al. 1994; The Hindu 10 Mar, 1997; The Daily Excelsior 17 Oct, 1997; Kalvandi et al. 2007; Hariri et al. 2021).

The morphology of genus *Eremostachys* has been characterized by a robust or erected pubescent stem, lacinate

**Article Information:**\*Corresponding Author: [krishanchem@gmail.com](mailto:krishanchem@gmail.com)

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or crenate leaves, large calyces, large yellow, creamy or white corollas, beared nutlets and tuberous roots (Pignatti 1982). Phytochemical studies of genus *Eremostachys* have revealed the presence of many potent secondary metabolites viz. alkaloids, phenylethanoids, iridoid glycosides, acids, flavonoids, terpenoids, hydrocarbons and essential oils etc. Due to the variety of secondary metabolites present in the genus *Eremostachys*, this genus is well known for its medicinal properties viz. as strong antidepressant, free radical scavenging and cytotoxic activity (Delazar et al. 2004a; Delazar et al. 2004b; Delazar et al. 2005; Delazar et al. 2006). Some species like *E. azerbaijanica*, *E. glabra*, *E. labiosa*, *E. laciniata*, *E. laevigata*, *E. loasifolia*, *E. macrophylla* and *E. vicaryi* are excessively explored for their secondary metabolites and their medicinal importance (Delazar et al. 2004; Delazar et al. 2005; Erdemoglu et al. 2006; Navaei et al. 2006; Amiri et al. 2007; Calis et al. 2007; Nori-Shargh et al. 2007; Javidnia et al. 2008; Modaressi et al. 2009; Khan et al. 2010; Rustaiyan et al. 2011; Ali et al. 2012; Al-Jaber et al. 2012; Esmaceli 2012; Mughal et al. 2010 and 2012; Imran et al. 2012; Akhlaghi et al. 2015; Vaez et al. 2015; Asnaashari et al. 2016 a; Asnaashari et al. 2016 b; Faryabi et al. 2021; Hariri et al. 2021).

From India point of view, there is only one species *E. superba* Royale ex Benth., of genus *Eremostachys* that was identified as a critically endangered plant species due to lack of proper knowledge, grazing by herbivores, plucking

of the flowers by travelers, and overexploitation by local people (Verma et al. 2003). It was described from Mohand and Khree Pass (Siwaliks of Saharanpur) by Royle in 1839, which was a very sophisticated and beautiful plant found in Uttarakhand, Himachal Pradesh, Jammu & Kashmir province of India (Sharma et al. 1981; Jain et al. 1984; Panwar et al. 2015; Hariri et al. 2021).

The genus *Eremostachys* is one of the important medicinal plants due to the presence of numerous potent secondary metabolites. The number of medicinal and pharmacological applications of the plant genus *Eremostachys* are also summarized in the paper. The chemical structure of the important reactive chemical ingredients of the secondary metabolites isolated and identified from the genus *Eremostachys* are given in the present paper. The important secondary metabolites of genus *Eremostachys* reported in the literature are compiled along with their pharmacological applications. It is well evident from the literature reports that substantive number of species of Genus *Eremostachys* got extinct or at the verge of extinction. The present review is aimed to recognize medicinal importance, traditional uses among society and also to document status report of ever becoming critically endangered species of medicinal flora (Hariri et al. 2021).

#### Taxonomic description of Genus *Eremostachys* (Ved et al. 2003).

Kingdom: Plantae  
Superdivision: Spermatophyta  
Class: Magnoliopsida (Dicotyledons)  
Order: Lamiales  
Genus: *Eremostachys*

Subkingdom: Tracheobionta  
Division (Phylum): Tracheophyta  
Subclass: Magnoliidae Novak ex Takht.  
Family: Lamiaceae

**Species:** *E. adenantha*, *E. azerbaijanica*, *E. baissunensis*, *E. glabra*, *E. labiosa*, *E. labiosiformis*, *E. laciniata*, *E. laevigata*, *E. lehmanniana*, *E. loasifolia*, *E. macrophylla*, *E. molucelloides*, *E. pulvinaris*, *E. speciosa*, *E. superba*, *E. thyrsoflora*, *E. vicaryi* etc.

**Traditional Uses of *Eremostachys*:** Conventionally, the genus *Eremostachys* is used by South Asian and West Asian countries for the treatment of various ailments. *Eremostachys* has been used as an anti-inflammatory and analgesic agent and applied topically for the treatment of bruises and localized pain and swelling (Said et al. 2002; Delzar et al. 2004b; Erdemoglu et al. 2006; Hariri et al. 2021).

Traditionally, *E. laciniata* is used in various illnesses viz. to treat allergies, headache and various liver diseases, asthma, cough & cold, alleviate inflammation and used as a herbal tea (from root and flower) (Said et al. 2002; Modaressi et al. 2009). The number of plants of this genus is also used for traditional and folk medicine for treating a number of ailments are described briefly in Table 1. In India genus *Eremostachys superba* Royle ex Benth is used to restore mulching by mixing it with cattle feed and fed to goats,

cows, and buffaloes etc., which stop yielding milk (Khan et al. 2020; Hariri et al. 2021).

**Pharmacological Importance:** Genus *Eremostachys* is one of the important plants, which are known for their diversified medicinal and pharmacological applications (Table 2). Few plants of this species are widely studied viz. *E. laciniata*, *E. loasifolia*, *E. macrophylla*, *E. glabra*, *E. laevigata*, *E. azerbaijanica*, *E. labiosa*, *E. labiosiformis*, *E. pulvinaris* etc. However; most of the species are still need to be explored with respect to their pharmacological applications and secondary metabolites. From a medicinal point of view, genus *Eremostachys* is playing a key role in Ayurvedic and Unani medicine due to the presence of the number of chemical reactive secondary metabolites. The whole plant is important for medicinal purposes as all parts of the plant contain some vital secondary metabolites. Secondary metabolites reported in the literature along with their important pharmacological applications are summarized in Table 2 (i) (ii), (iii) and (iv) (Khan et al. 2020; Hariri et al. 2021).

**Chemical structure of Secondary metabolites:** Numerous secondary metabolites were identified from the genus *Eremostachys*. Sterols, essential oils, linear hydrocarbons,

iridoid glucosides, flavonoids, isoflavonoids, terpenoids, and their derivatives, acid derivatives and phenylethanoid

glycosides etc. are found in a majority. Most of them are represented and specifies by their core structures as follows:

**Table 1. Traditional uses of some species of genus Eremostachys**

| Species               | Parts Used for Treatment   | Traditional Uses  |
|-----------------------|----------------------------|---|
| <i>E. glabra</i>      | Rhizomes                   | Used as a native analgesic and anti-inflammatory agent in Iran (Delazar et al. 2004a).  |
| <i>E. laevigata</i>   | Whole plant                | Used as therapeutics against many infectious diseases, as food preservatives and have shown insecticidal and antiparasitic properties (Burt et al. 2004). Also used in cosmetic and household products, (www.inchem.org).   |
| <i>E. laciniata</i>   | Roots, flower and rhizomes | Roots and flower decoction have been used orally for the treatment of allergy, headache and liver disease. It is known by the local name "Chelle-Daghi" in Iran and its rhizomes are used to relieve pain related to rheumatoid arthritis (Said et al. 2002 and Delazar et al. 2013), as an antioxidant (Erdemoglu et al. 2006), antibacterial (Modaresi et al. 2009), antidepressant (Nisar et al. 2011), antiinflammatory (Hariri et al. 2021) & analgesic in various places of middle south East & south Asia (Delazar et al. 2009). |
| <i>E. macrophylla</i> | Aerial and rhizome         | Aerial & rhizome, used as a folk medicine in Iran, comprises therapeutic ingredients against joints pain, infectious wound healing, snakebite, rheumatism and antimalarial (Nori-Shargh et al. 2007, Mosaddegh et al. 2012, Asnaashari et al. 2015 and Asnaashari et al. 2016 (a and b)).   |
| <i>E. superba</i>     | Whole plant                | Used as an antidepressant and antioxidant. This species is less reported towards medicinal importance except for the local report according to Gujjars, where they used root tubers as food to buffaloes to increase the milk production. It is used for curing mastitis and restoration of mulching in cattles (Verma et al. 2003 and Sharma et al. 2015) and against fish poisoning (Ajaib et al. 2014).  |
| <i>E. vicaryi</i>     | Whole plant and seed       | Used for poisoning fish in the Eusufzai near Peshawar (Radcliffe-Smith et al. 1986) and seeds are utilized as cooling agents to lower fever in the Balochistan province (Pakistan) (Tareen et al. 2016).  |

**Table 2(i). Secondary metabolites and Pharmacological Uses of some species of genus Eremostachys**

| Species                            | Secondary metabolites   | Pharmacological application  |
|------------------------------------|---|--|
| <i>E. adenantha</i> Jaub. Et Spach | Dodecanal, tetradecanal, undecanal, tetradecanoic acid, hexadecanoic acid, 6,10,14-trimethyl-2-pentadecanone, caryophyllene oxide (from aerial part)(Javidnia et al. 2008).   | Antioxidant (from leaves) (Firuzi et al. 2010).  |
| <i>E. azerbaijanica</i> Rech. f    | Tricosane, hexahydrofamesyl acetone, 2-methyl-6-propyl-dodecane, flavonoid (luteolin-7-O-rutinoside), phenylethanoid (verbascoside) (Asnaashari et al. 2016a), sesquiterpenes, steroids, coumarins (Asnaashari et al. 2016b), Phlomisoside II, eremostachiin, alyssonoside, forsythoside B, lamalbite, pulchelloside I, sesamoside, 6-hydroxyloganin, shanzhiside methyl ester (from roots) (Modaresi et al. 2013, Fouladnia et al. 2012 and Asnaashari et al. 2018), dodecanal, hexadecanoic acid, 6,10,14-trimethyl-2-penta-decanone, tetradecanal, undecanal, tetradecanoic acid, caryophyllene oxide (Javidnia et al. 2008), carvone, $\beta$ -caryophyllene, limonene, $\beta$ -bourbonene, germacrene D, transcarveol, <i>cis</i> -calamenene (Manafi et al. 2010), hexahydrofamesyl acetone, 2-methyl-6-propyl-dodecane (Asnaashari et al. 2016a). | Radical scavenging activity (Asnaashari et al. 2016a), antioxidant, antimicrobial, and cytotoxic activity (Asnaashari et al. 2017), antimalarial activity (aerial part showed IC <sub>50</sub> values of 0.949 ± 0.061 mg mL <sup>-1</sup> and rhizomes showed 0.382 ± 0.011 mg mL <sup>-1</sup> ) (Asnaashari et al. 2016b), antiproliferative (Delazar et al. 2017). |

|                                   |   |   |
|-----------------------------------|---|---|
| <i>E. glabra</i> Boiss. ex Benth. | furanolabdane diterpene glycoside (Eremostachiin) (Delazar et al. 2006), methyl ester, iridoid glycosides (6,9- <i>epi</i> -8- <i>O</i> -acetylshanziside 5,9- <i>epi</i> -penstemoside, 5,9- <i>epi</i> -7,8-didehydro-penstemoside (Delazar et al. 2004b), hexacosyl-( <i>E</i> )-ferulate, leucosceptoside A (Delazar et al. 2004a), iridoids (Barlerin, 8- <i>O</i> -acetylshanziside, penstemoside, 7,8-didehydro-penstemoside) (Jensen et al. 2007), $\beta$ -sitosterol, verbascoside, stigmasterol, phlomiside II, forsythoside B, 9- <i>epi</i> -phlomiol, lamalbide, 5,9-epiphlomiol, penstemoside, 9- <i>epi</i> -pulchelloside II, 6-hydroxy-7- <i>epi</i> -loganin, 6'- <i>O</i> - $\beta$ -D-glucopyranosyl sesamoside, shanzhiside methyl ester, phloyoside II, hexacosyl-( <i>E</i> )-ferulate (from Rhizomes) (Delazar et al. 2013). | Free-radical scavenging activity, antioxidant (hexacosyl-( <i>E</i> )-ferulate showed $RC_{50} = 0.0976$ mg/mL and leucosceptoside-A showed $0.0148$ mg mL <sup>-1</sup> ) ((Delazar et al. 2004a)) and antibacterial (Delazar et al. 2004b and 2005, Erdemoglu et al. 2006). |
| <i>E. labiosa</i> Bunge           | $\alpha$ -Pinene, 1,8-cineole, 6,10,14-trimethyl 2-pentadecanone, sabinene, hexadecane, $\alpha$ -phellandrene, $\beta$ -phellandrene, tetradecane, <i>p</i> -cymene (from aerial and stem part) (Rustaiyan et al. 2011).   | Anticancer, anti-inflammatory, antileishmanicidal (Rabe et al. 2014).   |
| <i>E. labiosiformis</i> (Popov)   | Harpagide (from flowers), 9,12-octa-deca-dienoic acid, octadecanoic acid, hexadecanoic acid, 1,2-benzene-dicarboxylic acid diisooctyl ester, 9,12,15-octa-decatien-1-ol (from aerial part) (Kooiman 1972).  | Antioxidant, anti-Alzheimer (Samandari-Bahraseman et al. 2018), antibacterial (Vahedi et al. 2013).   |

Table2 (ii). Secondary metabolites and Pharmacological Uses of some species of genus Eremostachys

| Species                        | Secondary metabolites  | Pharmacological application   |
|--------------------------------|--|---|
| <i>E. laciniata</i> (L.) Bunge | Acidic iridoid glucoside (Calis et al. 2008), iridoid glucosides (phloyoside I, phlomiol pulchelloside I) (Modaressi et al. 2009), furanolabdane diterpene glycosides, monoterpenes, sesquiterpenes, iridoid glucosides and flavonoids (Navaei et al. 2006; Delazar et al. 2008; Eftekharsadat et al. 2011), luteolin, apigenin, 5,8-dihydroxy-6,7-dimethoxy-flavone, 5,7-dihydroxy-6,8-dimethoxy-flavone, luteolin 7- <i>O</i> - $\beta$ -glucosides (Nisar et al. 2011), phlomiside II, verbascoside, leucosceptoside A, martynoside, forsythoside B, apigenin 7- <i>O</i> -glucoside, luteolin 7- <i>O</i> -(6"- <i>O</i> -apiofuranosyl)-glucoside, apigenin 7- <i>O</i> -(6"- <i>O</i> - <i>p</i> -coumaroyl)-glucoside, sesamoside, 5-deoxysesamoside, 6- $\beta$ -hydroxy-7- <i>epi</i> -loganin, 5-deoxy-pulchelloside-I, Chlorotuberoside, lamalbide, lamalbidic acid, phloyoside I (7- <i>epi</i> -phlomiol), phloyoside II, phlomiol, shanzhiside, shanzhiside methyl ester, 8- <i>O</i> -acetylshanzhiside methyl ester, dodecanol, widdrol, germacrene B and D, thujopsene, 3-octanone, (3 <i>Z</i> )-hexen-1-ol, <i>n</i> -hexanol, benzacetaldehyde, 1-octen-3-ol, $\alpha$ -pinene, linalool, 6,10,14-trimethyl-2-pentadecanone, limonene, <i>p</i> -cymene, $\delta$ -cadimene, (2 <i>E</i> )-dodecenal, dehydrolinalool, cyclo-pentadecanolide, ( <i>E</i> )- $\beta$ -ocimene, 1,8-cineole, terpinen-4-ol (Navaei et al. 2006, Al-Jaber et al. 2012 and Delazar et al. 2013) (aerial part). | Anti-inflammatory (Hariri et al. 2021 and Delazar et al. 2013), antibacterial (MIC = 0.05-0.50 mg mL <sup>-1</sup> ) (Modaressi et al. 2009 and Ur Rahman et al. 2015), free radical scavenging, antioxidant properties, anti-inflammatory, dietary supplement (Hariri et al. 2021, Mosaddegh et al. 2012 and Bajalan et al. 2017), effective in the treatment of mild and moderate Carpal Tunnel Syndrome (CTS) in combination with the wrist night splint, especially in alleviating the severity of the syndrome and increasing the palmer prehension power (Eftekharsadat et al. 2011), antipain (Gharabagy et al. 2013) anti-depressants (Nisar et al. 2011 and Hakimi et al. 2020). |

|                           |   |  |
|---------------------------|---|--|
| <i>E. laevigata</i> Bunge | Benzaldehyde, 1,8-cineole, piperitenone oxide, <i>cis</i> -piperitoneoxide, 1-octen-3-ol, dodecanal, germacrene-D, $\beta$ -caryophyllene, caryophyllene oxide (Amiri et al. 2007 and Esmaeili et al. 2012) (from whole plant). | Antibacterial, antioxidant activity ( $IC_{50}$ ( $\mu$ g mL <sup>-1</sup> ): 277.1 (flowers), 495 (stems), 212.6 (root) (Esmaeili et al. 2012), $\beta$ -caryophyllene possesses anti-inflammatory, anti-carcinogenic activities and plant defense (Cai et al. 2002), germacrene-D is anti-insect (Altug et al. 2004), Dodecanal is non-toxic, food additive (GRAS in USA and inchem in UE) and used in perfumery as in soap, detergent, beauty care and household products (www.inchem.org). |
|---------------------------|---|--|

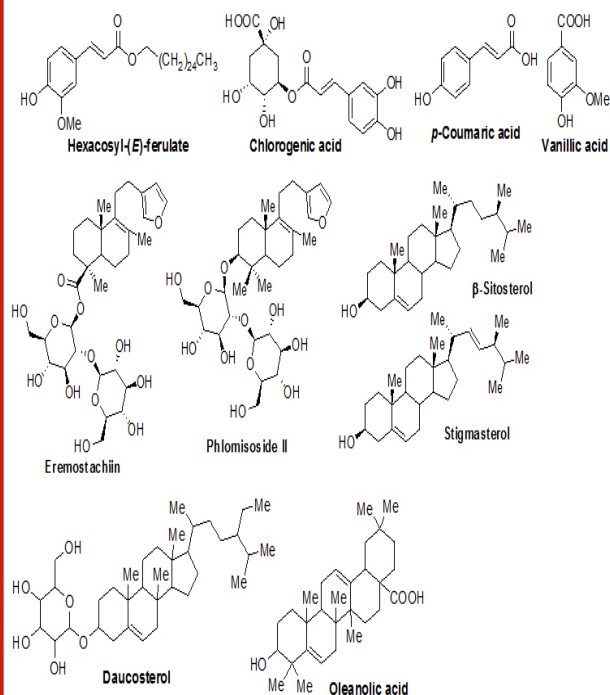
Table2 (ii).Secondary metabolites and Pharmacological Uses of some species of genus Eremostachys

| Species                        | Secondary metabolites  | Pharmacological application   |
|--------------------------------|--|---|
| <i>E. laciniata</i> (L.) Bunge | Acidic iridoid glucoside (Calis et al. 2008), iridoid glucosides (phloyoside I, phlomiol pulchellose I) (Modaressi et al. 2009), furanolabdane diterpene glycosides, monoterpenes, sesquiterpenes, iridoid glucosides and flavonoids (Navaei et al. 2006; Delazar et al. 2008; Eftekharsadat et al. 2011), luteolin, apigenin, 5,8-dihydroxy-6,7-dimethoxy-flavone, 5,7-dihydroxy-6,8-dimethoxy-flavone, luteolin 7- <i>O</i> - $\beta$ -glucosides (Nisar et al. 2011), phlomisioside II, verbascoside, leucosceptoside A, martynoside, forsythoside B, apigenin 7- <i>O</i> -glucoside, luteolin 7- <i>O</i> -(6"- <i>O</i> -apiofuranosyl)-glucoside, apigenin 7- <i>O</i> -(6"- <i>O</i> -p-coumaroyl)-glucoside, sesamoside, 5-deoxysesamoside, 6- $\beta$ -hydroxy-7- <i>epi</i> -loganin, 5-deoxy-pulchellose-I, Chlorotuberoside, lamalbid, lamalbidic acid, phloyoside I (7- <i>epi</i> -phlomiol), phloyoside II, phlomiol, shanzhiside, shanzhiside methyl ester, 8-Oacetyl-shanzhiside methyl ester, dodecanol, widdrol, germacrene B and D, thujopsene, 3-octanone, (3Z)-hexen-1-ol, <i>n</i> -hexanol, benzacetaldehyde, 1-octen-3-ol, $\alpha$ -pinene, linalool, 6,10,14-trimethyl-2-pentadecanone, limonene, <i>p</i> -cymene, $\delta$ -cadimene, (2E)-dodecenal, dehydrolinalool, cyclo-pentadecanolide, ( <i>E</i> )- $\beta$ -ocimene, 1,8-cineole, terpinen-4-ol (Navaei et al. 2006, Al-Jaber et al. 2012 and Delazar et al. 2013) (aerial part). | Anti-inflammatory (Hariri et al. 2021 and Delazar et al. 2013), antibacterial (MIC = 0.05-0.50 mg mL <sup>-1</sup> ) (Modaressi et al. 2009 and Ur Rahman et al. 2015), free radical scavenging, antioxidant properties, anti-inflammatory, dietary supplement (Hariri et al. 2021, Mosaddegh et al. 2012 and Bajalan et al. 2017), effective in the treatment of mild and moderate Carpal Tunnel Syndrome (CTS) in combination with the wrist night splint, especially in alleviating the severity of the syndrome and increasing the palmer prehension power (Eftekharsadat et al. 2011), antipain (Gharabagy et al. 2013) anti-depressants (Nisar et al. 2011 and Hakimi et al. 2020). |
| <i>E. laevigata</i> Bunge      | Benzaldehyde, 1,8-cineole, piperitenone oxide, <i>cis</i> -piperitoneoxide, 1-octen-3-ol, dodecanal, germacrene-D, $\beta$ -caryophyllene, caryophyllene oxide (Amiri et al. 2007 and Esmaeili et al. 2012) (from whole plant).  | Antibacterial, antioxidant activity ( $IC_{50}$ ( $\mu$ g mL <sup>-1</sup> ): 277.1 (flowers), 495 (stems), 212.6 (root) (Esmaeili et al. 2012), $\beta$ -caryophyllene possesses anti-inflammatory, anti-carcinogenic activities and plant defense (Cai et al. 2002), germacrene-D is anti-insect (Altug et al. 2004), Dodecanal is non-toxic, food additive (GRAS in USA and inchem in UE) and used in perfumery as in soap, detergent, beauty care and household products (www.inchem.org).  |

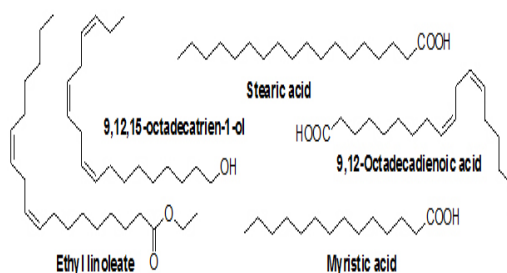
Table2 (iv). Secondary metabolites and Pharmacological Uses of some species of genus *Eremostachys*

| Species                              | Secondary metabolites   | Pharmacological application   |
|--------------------------------------|---|---|
| <i>E. pulvinaria</i> Jaub. & Spach   | Phenylethanoid glycosides (forsythoside B, leucosceptoside A, verbascoside) (Delazar et al. 2004) (from rhizomes).  | Free radical scavenging activity and toxicity, antioxidant ( $RC_{50} = 0.0064, 0.0148$ & $0.0079$ mg mL <sup>-1</sup> for forsythoside B, leuco-sceptoside A & verbascoside, respectively) (Delazar et al. 2004).  |
| <i>E. speciosa</i> Rupr.             | luteolin 7-O-β-D-glucoside Gella et al. 1972.   | Antioxidant and anti-inflammatory (from epigeal parts) (Gella et al. 1972).   |
| <i>E. superba</i> Bunge              | less studied due to critically endangered species in India (Shrivastava et al. 2017 and Srivastava et al. 2018).  | A very handsome plant used as an ornament (Duthia, 1903-29), tuberous roots are used for increasing lactation in cattle (Koul et al 1997, Vaez et al. 2015 and Pant et al. 2011), treatment of liver, stomach and gout related diseases (Srivastava et al. 2018). |
| <i>E. thyrsoiflora</i> Benth.        | Alkaloids, steroids, flavonoids, phenols, tannins, saponins, terpenoids, fats, glycosides, coumarins, xanthoproteins, carbohydrates, carboxylic acids and volatile oils (Behlil et al. 2019). | Antioxidant activity (from the whole plant) (Behlil et al. 2019).   |
| <i>E. vicarya</i> Benth. ex Hook. f. | Vicarin, soforanarin B, luteolin 7-O-β-D-glucopyranoside, hamighriprasin (Calis et al. 2007).   | Seeds are utilized as cooling agent to lower fever in the Balochistan of Pakistan (Ajaib et al. 2014).  |
| <i>E. baissimensis</i> Popov         | Barlerin, lamalbide, 5-deoxysesamoside (from aerial part) (Bobaev et al. 2015).   | Not studied much.   |
| <i>E. lehmanniana</i>                | Fatty acids from seeds (Bagci et al. 2007)  | <i>E. lehmanniana</i> Bunge is not studied much.  |

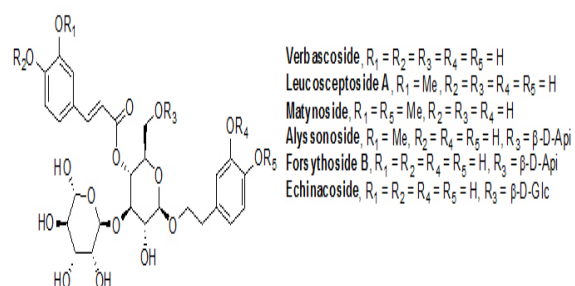
## i) Di-terpenoids and Sterols:



## ii) Acids and fatty acids:



## iii) Phenyl-ethanoid glycoside:



## CONCLUSION

The findings of the present study has shown that the genus *Eremostachys* is very important with proven medicinal impacts due to the presence of numerous secondary metabolites and their known biological applications viz. antibacterial, anti-inflammatory, antioxidant, painkilling, antirheumatic, anti-poisonous. Further, it can be a potential agent towards antimalarial, anti-Parkinson's and anticancer etc. as few reports are based on such studies. Therefore, in this review, the important secondary metabolites extracted from the genus *Eremostachys* viz., flavonoids, isoflavonoids, iridoid glucosides (chemotaxonomic markers), phenylethanoid glycoside, acids, hydrocarbons, essential oils, terpenes, diterpenoids and sterols etc. are summarized along with chemical structure. The traditional uses and pharmacological applications of this genus *Eremostachys* reported in the literature are compiled in tabular form. Unfortunately, only a few species (viz. *E. laciniata*, *E. azerbaijanica*, *E. glabra*, and *E. macrophylla*) have been majorly studied so far, however; most of the species of this genus are still need to be explored. The genus *Eremostachys superba* Royle ex Benth is an only endangered species in India, having an ornamental value as very few studies on their medicinal properties are reported in literature.

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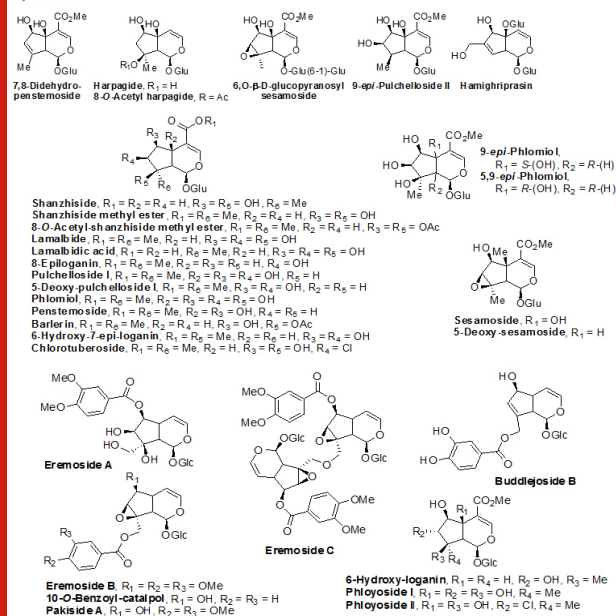
**Conflicts of Interests:** Authors declare no conflicts of interests to disclose.

**Data Availability Statement:** The database generated and /or analysed during the current study are not publicly available due to privacy, but are available from the corresponding author on reasonable request.

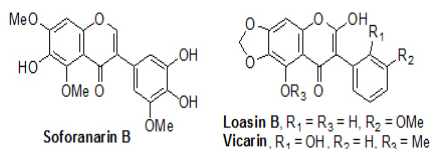
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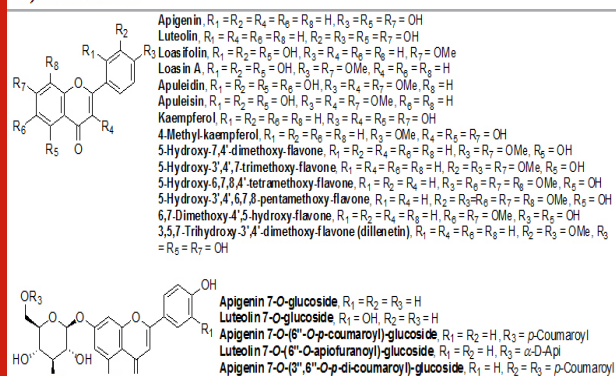
## iv) Iridoid:



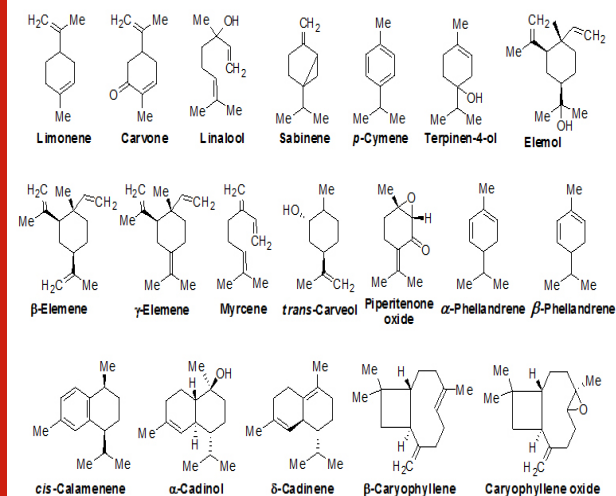
## v) Isoflavonoids:



## vi) Flavonoids:



## vii) Terpene and Essential oils:



- Isolation and functional expression of cDNAs encoding sesquiterpene synthases, including the enantiomeric (+)- and (-)-Germacrene D Synthases from *Solidago canadensis* L. Proceedings (poster or lecture-abstract) of the annual fall meeting, German Society for Biochemistry and Molecular Biology (GBM), Munster (Westfalen), Germany, September, 19-22, (www.gbm-online.de).
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